

Ask us about our adult swimming lessons

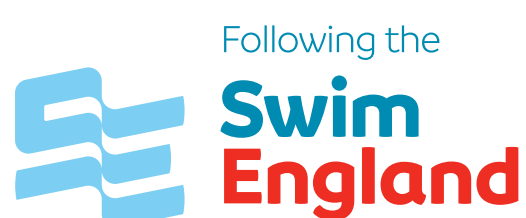
Adult-only classes run in small groups.

Be Water Confident

- No previous swimming experience needed.
- Learn new skills in a fun, sociable setting.
- Improve health and fitness.
- Gain confidence and be able to enjoy time in the water with family and friends.
- Mark your progress and achievements with Swim England Awards.



Enquire today!



Learn to Swim
Programme