

Ask us about our

adult swimming lessons

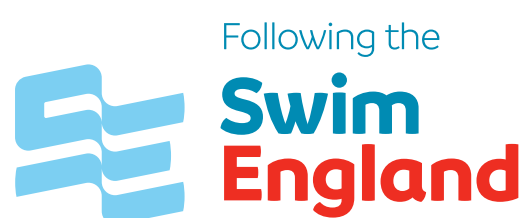
Adult-only classes run in small groups.

Be A Better Swimmer

- Learn new swimming skills.
- Develop your stamina.
- Enjoy sociable lessons with others at your level.
- Improve your stroke technique.
- Mark your progress and achievements with Swim England Awards.



Enquire today!



Learn to Swim
Programme