

**British Gas ASA National Youth Championships
Ponds Forge International Sports Centre, Sheffield
Tuesday 3rd – Saturday 7th August 2010**

Programme of Events

Tuesday 3 rd August 2010	Wednesday 4 th August 2010	Thursday 5 th August 2010	Friday 6 th August 2010	Saturday 7 th August 2010
Session One – Heats 8.00am	Session Four – Heats 8.30am	Session Seven – Heats 9.00am	Session Ten – Heats 9.00am	Session Thirteen – Heats 9.00am
Girls 400m I.M. Boys 400m Freestyle Girls 200m Butterfly Boys 100m Backstroke Girls 100m Freestyle Boys 200m Breaststroke Girls 200m Backstroke Boys 4 x 100m Free Team	Boys 200m Butterfly Girls 400m Freestyle Boys 100m Freestyle Girls 200m Breaststroke Boys 200m I.M. Girls 4 x 100m Free Team	Girls 200m Freestyle Boys 200m Backstroke Girls 100m Butterfly Boys 4 x 200m Free Team	Girls 50m Freestyle Boys 200m Freestyle Girls 100m Backstroke Boys 100m Butterfly Girls 200m I.M. Boys 100m Breaststroke Girls 100m Breaststroke Girls 4 x 200m Free Team	Boys 50m Freestyle Boys 400m I.M. Girls 4 x 100m Medley Team Boys 4 x 100m Medley Team
Session Two – Heats 2.30pm	Session Five – Heats 1.30pm	Session Eight – Heats 1.30pm	Session Eleven – Heats 2.30pm	
Girls 1500m Freestyle HDW	Boys 1500m Free HDW	Girls 800m Free HDW	Boys 800m Freestyle HDW	
Session Three - Semi-finals & Finals 5.30pm	Session Six - Semi-finals & Finals 5.30pm	Session Nine - Semi-finals & Finals 5.30pm	Session Twelve - Semi-finals & Finals 5.30pm	Session Fourteen Semi-finals & Finals 2.30pm
Girls 14/15 400m I.M. – Final Girls 16/17 400m I.M. - Final Boys 15/16 200m Breast – SF Boys 17/18 200m Breast – SF Girls 14/15 200m Butterfly – SF Girls 16/17 200m Butterfly - SF Boys 15/16 400m Freestyle – Final Boys 17/18 400m Freestyle – Final Girls 14/15 100m Freestyle – SF Girls 16/17 100m Freestyle - SF Boys 15/16 100m Backstroke - SF Boys 17/18 100m Backstroke - SF Girls 14/15 200m Backstroke – SF Girls 16/17 200m Backstroke – SF Boys 4 x 100m Free Team - Final	Boys 15/16 100m Backstroke – Final Boys 17/18 100m Backstroke - Final Girls 14/15 400m Freestyle – Final Girls 16/17 400m Freestyle – Final Boys 15/16 200m Butterfly – SF Boys 17/18 200m Butterfly – SF Girls 14/15 200m Butterfly – Final Girls 16/17 200m Butterfly - Final Boys 15/16 200m I.M. – SF Boys 17/18 200m I.M. - SF Girls 14/15 100m Freestyle – Final Girls 16/17 100m Freestyle – Final Boys 15/16 200m Breast – Final Boys 17/18 200m Breast – Final Girls 14/15 200m Backstroke – Final Girls 16/17 200m Backstroke – Final Boys 15/16 100m Freestyle – SF Boys 17/18 100m Freestyle - SF Girls 14/15 200m Breast – SF Girls 16/17 200m Breast – SF Girls 4 x 100m Free Team - Final	Boys 15/16 200m Butterfly – Final Boys 17/18 200m Butterfly – Final Girls 14/15 200m Freestyle – SF Girls 16/17 200m Freestyle – SF Boys 15/16 200m Back – SF Boys 17/18 200m Back – SF Girls 14/15 200m Breast – Final Girls 16/17 200m Breast – Final Boys 15/16 100m Freestyle – Final Boys 17/18 100m Freestyle - Final Girls 14/15 100m Butterfly – SF Girls 16/17 100m Butterfly – SF Boys 15/16 200m I.M. – Final Boys 17/18 200m I.M. - Final Boys 4 x 200m Free Team - Final	Girls 14/15 50m Freestyle – SF Girls 16/17 50m Freestyle – SF Girls 14/15 100m Backstroke – SF Girls 16/17 100m Backstroke - SF Boys 15/16 100m Butterfly – SF Boys 17/18 100m Butterfly - SF Girls 14/15 200m Freestyle – Final Girls 16/17 200m Freestyle – Final Boys 15/16 200m Freestyle – SF Boys 17/18 200m Freestyle - SF Girls 14/15 100m Breast – SF Girls 16/17 100m Breast - SF Boys 15/16 200m Back – Final Boys 17/18 200m Back – Final Girls 14/15 200m I.M. – SF Girls 16/17 200m I.M. – SF Boys 15/16 100m Breast – SF Boys 17/18 100m Breast – SF Girls 14/15 100m Butterfly – Final Girls 16/17 100m Butterfly – Final Girls 14/15 50m Freestyle – Final Girls 16/17 50m Freestyle – Final Girls 4 x 200m Free Team – Final	Boys 15/16 50m Freestyle – SF Boys 17/18 50m Freestyle - SF Boys 15/16 400m I.M. – Final Boys 17/18 400m I.M. – Final Girls 14/15 100m Backstroke – Final Girls 16/17 100m Backstroke - Final Boys 15/16 100m Breast – Final Boys 17/18 100m Breast - Final Girls 14/15 100m Breast – Final Girls 16/17 100m Breast - Final Boys 15/16 200m Freestyle – Final Boys 17/18 200m Freestyle - Final Girls 14/15 200m I.M. – Final Girls 16/17 200m I.M. – Final Boys 15/16 100m Butterfly – Final Boys 17/18 100m Butterfly - Final Boys 15/16 50m Freestyle – Final Boys 17/18 50m Freestyle - Final Boys 4 x 100m Medley Team – Final Girls 4 x 100m Medley Team – Final