



The OCS 21st Open International Guernsey Masters Meet

Friday 20th, Saturday 21st, Sunday 22nd April 2012
Beau Sejour Centre, St Peter Port, Guernsey, Channel Islands
Promoted by The Guernsey Swimming Club LBG

Entry Form 2012

Please use BLOCK CAPITALS

Title _____ First Name _____ Surname _____

Address _____

Post Code _____

Date of Birth ____ / ____ / ____ Gender Male Female

Email _____ Telephone _____

Club Name _____ Swimmer Reg Number _____

Session 1 Friday 20th April @ 6pm		
Event		Time
1	Mens 200m Freestyle/NL/Freistil	
2/3	50m Backstroke/Dos/Rucken	
4/5	100m Breaststroke/Brasse/Brust	
6	Ladies 400m Freestyle/NL/Freistil	

Session 3 Sat 21st April @ TBC		
Event		Time
16	Mixed 200m Backstroke/Dos/Rucken	
17/18	50m Breaststroke/Brasse/Brust	
19/20	100m Butterfly/Papillon/Schmetterling	
21	Ladies 200m Freestyle/NL/Freistil	
22	Mens 400m Freestyle/NL/Freistil	

Session 2 Sat 21st April @ 10am		
Event		Time
7/8	100m Freestyle/NL/Freistil	
9	Mixed 200m Breaststroke/Brasse/Brust	
10	4 x 50m Mixed Freestyle Relay	
11/12	50m Butterfly/Papillon/Schmetterling	
13	Mixed 200m IM/4 Nages/Lagen	
14/15	4 x 50m Freestyle Relay	

Session 4 Sun 22nd April @ 9.30am		
Event		Time
23	Mixed 200m Butterfly/Papillon/Schmetterling	
24/25	100m Backstroke/Dos/Rucken	
26/27	4 x 50m IM Relay	
28/29	100m IM/4 Nages/Lagen	
30/31	50m Freestyle/NL/Freistil	

- ♦ **Please submit times, even an approximation, of the events you wish to enter**
- ♦ A maximum of 10 events can be entered excluding relays
- ♦ Swimmer must be aged 18 years or older by 20th April 2012 to enter
- ♦ Relay section should be completed by Club Representative on behalf of the team
- ♦ Those with readable email addresses will be sent a draft program in PDF by 25th March 2012
- ♦ Entry Fee £3.00 plus £3.00 for each swim to include a free illustrated program and bottled water - relay team entries are still free
- ♦ Awards for first three in each age group in each event comprise Guernsey £2, £1, and 50p coins in a case
- ♦ Special awards for new GB, Euro and World records
- ♦ **CLOSING DATE 18th MARCH 2012**

Relay Options <input checked="" type="checkbox"/>	Mixed Freestyle	Ladies Freestyle	Mens Freestyle	Ladies Medley	Mens Medley
120/159 yrs					
160/199 yrs					
200/239 yrs					
240/279 yrs					

- ♦ Relay section to be completed by Club Representative - One entry form per club
- ♦ Relay entries are free
- ♦ A swimmer may be in one age group only in each event.
- ♦ One club in each age group
- ♦ Other age groups will be accepted for record attempts but no medals will be given

I confirm that I am fit to compete in masters swimming and I will be responsible for my own safety and insurance. I exonerate the ASA, Guernsey Swimming Club LBG, the officials, the sponsors and the meet organizer from any liability for injury to me, either as a result of my medical condition or as a result of any accident. I declare I am eligible to swim and accept the promoter's conditions.

Signed _____ Date _____

Total Entries	£3.00 x _____ + £3.00 =	£
Sunday Lunch	£16.75 (adult) x _____ + £7.50 (child) x _____ =	£
Polo Shirts	£9.00 x _____ =	£
Grand Total		£

Cheques made payable to GUERNSEY MASTERS (SWIMMING)
Please complete and return entry and lunch and shirt forms (if applicable) with cheque to
Howard Marsh, Hazeldean, Guelles Road, St Peter Port, Guernsey, GY1 2DE
Tel: (+) 44 1481 721441, Email: guernseymasters@cwgsy.net



**The OCS 21st Open International
Guernsey Masters Meet**

Friday 20th, Saturday 21st, Sunday 22nd April 2012
Beau Sejour Centre, St Peter Port, Guernsey, Channel Islands
Promoted by The Guernsey Swimming Club LBG

Lunch & Shirt Form 2012
Please use BLOCK CAPITALS

Sunday 22nd April 2012
12.30pm for 13.00pm

Sautéed Garlic Mushrooms with Smoked Pancetta

Served in a puff pastry case

Tomato Buffalo Mozzarella and Basil Plate

Glazed with pesto and balsamic essence

Cream of Vegetables Soup

XXX

Traditional Roast Sirloin of Beef

Accompanied with Yorkshire pudding and red wine gravy

Sole Florentine

Filled with spinach and served with a creamy cheese sauce

Sweet Potato and Chick Pea Stew

Slowly braised with shallots, carrots, leeks and tomato herb sauce

XXX

Apple Strudel with Custard Sauce

Lemon and Lime Cheesecake with Fruit Sorbet

Trio of English and Continental Cheese served with Grapes, Celery and Biscuits

XXX

Coffee and Chocolate Mints

£16.75 per adult, £7.50 per child under 11 years, (choice as per adult menu)
Children under 2 years are Free. Please inform if high chairs are required.
Please inform of any dietary requests

TO AVOID DISAPPOINTMENT PLEASE RETURN FORMS AS SOON AS POSSIBLE AS NUMBERS FOR LUNCH ARE LIMITED

Club Name _____

Full Name (Swimmer first)	Starter	Main	Dessert	Childs Meal (✓)

Polo Shirts (White)	Small	Medium	Large	Extra Large
£9.00 each				

PLEASE SEE ENTRY FORM FOR PAYMENT DETAILS