

## Coach Education Courses

Courses leading to an ASA/UKCC Qualifications delivered by the IOS

All Courses must be booked 10 days before the start of the Course

<b>Title:</b>	<b>ASA Level 1 Teaching Aquatics</b>
<b>Units:</b>	1&2
<b>Start Date:</b>	2 <sup>nd</sup> August 2010
<b>Full Dates:</b>	2 <sup>nd</sup> – 6 <sup>th</sup> August
<b>Times:</b>	TBC
<b>Venue:</b>	Highdown Sports Centre
<b>Venue Address:</b>	Sureley Row, Caversham, Reading, Berkshire, RG4 8NT
<b>Region:</b>	South East
<b>Tutor:</b>	Marion Toogood
<b>Prerequisites:</b>	Candidates must be at least 16 years of age at the start of the learning programme.
<b>Description:</b>	<p>If you are interested in supporting the teaching programme in a learn to swim environment utilising the ASA National Plan for Teaching Swimming, this certificate is suitable for you. Achievement of this certificate will qualify you to operate as a support teacher. It will provide you with the generic “how to teach/coach” skills common to all disciplines together with specific focus on movement literacy. The second part of the course will focus on aquatic teaching including the technical knowledge and practical skills which will allow you to actively support a more senior qualified/licensed aquatic teacher at any level, in the delivery of a pre-prepared session. You will be expected to have an understanding of the aquatic environment and a basic understanding of appropriate corrections to common aquatic faults.</p>
<b>Assessment:</b>	<p>Assessment is by the course tutor/assessor and will cover:</p> <ul style="list-style-type: none"> <li>• Practical coaching through the use of a continuous checklist plus one formal 15 minute assessment</li> <li>• Theoretical knowledge through the use of a multi choice knowledge test</li> <li>• Planning, preparation and other associated tasks through the completion of a candidate log book</li> <li>• Courses leading to an ASA qualification are subject to an internal and external verification process</li> </ul>
<b>Recommended Reading:</b>	For the recommended reading list for this, please visit <a href="http://www.britishswimming.org">www.britishswimming.org</a>
<b>Cost:</b>	£370
<b>Funding:</b>	Funding Opportunities available, please visit <a href="http://www.southeastswimming.org">www.southeastswimming.org</a>
<b>Further study:</b>	<p>This qualification may enable you to secure paid or voluntary work as a support teacher. The qualification is the first stage in a three level coaching structure. Unit 1 is transferable across all ASA disciplines so if you wish to take a Level 1 qualification in another discipline you would only be required to complete Unit 2 within the discipline. The next stage for you will be to progress onto the ASA Level 2 Certificate for Teaching Aquatics and/or Unit 2 of another discipline.</p>
<b>Course Syllabus:</b>	<p>Further information for this particular qualification can be found on the British Swimming website <a href="http://www.britishswimming.org">www.britishswimming.org</a></p>