

The ASA Advanced Coaching Offer for Diving Candidate Information

Background Information

The ASA is investing approximately £10 million in coach education, development and support to ensure gold medal success in London 2012 and the legacy beyond. We have identified four key areas we aim to impact upon – **recruitment** of coaches into the industry, **training** of coaches in a formal capacity, **support** for coaches to develop and flourish **and retention of** coaches to create a professionally regulated workforce.

The Advanced Coaching Offer is the first programme to support proactive, talented, developing coaches in their quest to expand their coaching knowledge, skills and experience. In conjunction with the ASA Talent Development Team, the Advanced Coaching Offer for Diving has been devised to support up to 16 coaches across England over a 4 year period.

What is the Diving Advanced Coaching Offer?

The Advanced Coaching Offer aims to provide targeted support for diving coaches who have ambitions to undertake coaching as a professional opportunity, offering a structured process of mentoring, support and development through advanced experience in a number of appropriate environments.

The process that this programme will follow is outlined below:

- Coaches will apply for selection by **06 August 2010**
- 8 coaches across England will be selected based upon their application and eligibility.
- Each selected coach will be part of the programme for a minimum of 2 years

How will I benefit?

If successfully selected for the programme you will be enrolled for a minimum of 2 years, within that time you will have access to the following support mechanisms.

- Coaching at your High Performance Centre
- Targeted support from the allocated Mentor and ASA Talent Development Officer.
- Access to England Talent Programmes.
- Support/training in the area (s) identified for development.
- Opportunity to shape your future in aquatic coaching by observing/delivering coaching in an appropriate environment.

- Support in the creation of local feeder/mentoring networks

How will it be delivered?

The offer is as follows:

Each coach will receive a minimum of 2 visits per year from a mentor. Each visit will comprise of a choice of the following

- Observation / analyses / support / challenge of your coaching sessions
- 1-1 discussions for an hour prior to or after each coaching session

Entry Requirements

To be eligible to do this Advanced Coaching Offer you must meet the following criteria:

- Living in England
- Coach in a club environment for a minimum of 3 hours per week
- Hold a UKCC Level 2 Coaching Diving qualification or equivalent.
- Have an on-going commitment to self improvement
- Be willing to support other coaches in the region/discipline/locality.

Express your Interest

If you are interested in being selected for the Diving Advanced Coaching Offer for 2010 - 2012 please complete the Advanced Coaching Offer application form and return to:

Fiorna Cairns Smith
ASA Coaching Systems Officer
Benfield School Sports College
Benfield Road
Newcastle upon Tyne
NE6 4NU

by Friday 06 August 2010.

When will I know if I have been successful?

Successful applicants will be contacted within week starting 16 August 2010