

# Extend your expertise in disability swimming

## Changing perceptions – changing practice

Swimming is by far the favourite sport of many disabled children and adults and we want to help you inspire these individuals to join in with the fun in the pool. Capture their imagination, challenge their perceptions, help them discover new activities and develop new skills.



## How?

- Develop your disability awareness with a free Institute of Swimming (IoS) online seminar
- Additional seminars are available including 'Integrating Disabled Swimmers into a Mainstream Coaching Environment', 'Working with Children with Educational Difficulties', 'Integrating Swimmers with a Physical & Sensory Impairment into Mainstream Swimming Lessons' and 'Working with Disabled Young People with a Severe Physical Impairment'
- Make the most of resources available from the ASA including a new Disability Swimmer ID toolkit - a reference for teachers and coaches to help identify the potential ability of a swimmer

## Why?

- To widen your career prospects and open up new avenues of earning potential
- To enhance your expertise, skills and knowledge and make you a better teacher or coach
- To encourage wider participation and provide greater opportunities for the disabled community to improve their swimming ability
- To make the most of the increased interest and opportunities generated by the Paralympic Games

## Who can help?

- For training including access to Institute of Swimming seminars visit [www.theiosonline.com](http://www.theiosonline.com) or email [iosadmin@swimming.org](mailto:iosadmin@swimming.org)
- For initial assessment and guidance, signpost swimmers to their nearest Disability Swimming Hub Club – specialist clubs that work in partnership with the ASA to provide an assessment opportunity for any swimmer with a disability, and then signpost to the most appropriate environment
- You can also signpost to 'Swimlink' sessions available for young people to bridge the gap between learning to swim and progressing onto a club and progressing into a mainstream coaching environment
- For details visit [www.swimming.org](http://www.swimming.org) or email [disability@swimming.org](mailto:disability@swimming.org)
- For general enquiries about participation refer to [www.swimming.org/go/disability](http://www.swimming.org/go/disability)



England

[www.swimming.org](http://www.swimming.org)



Scotland

[www.scottishswimming.com](http://www.scottishswimming.com)



NOFIO CYMRU  
SWIM WALES

Wales

[www.welshasa.co.uk](http://www.welshasa.co.uk)

The ASA are the governing body for swimming in England. Scottish Swimming and Swim Wales can help with support for disability swimming in these home nations.

