



ASA Northwest Region

**MASTERS
OPEN DISTANCE CHAMPIONSHIPS**

(Under ASA Rules and ASA Masters Swimming Rules)

**Incorporating the 18 to 24 years Age Group Distance
Championships**

**PALATINE LEISURE CENTRE
St Annes Road, Blackpool, Lancashire, FY4 2AP**

Saturday 25th February 2012

Entries Close: Thursday 2nd February 2012

EVENT CONDITIONS

1.0 Introduction

- 1.1 The ASANW Region reserves full powers over all ASANW Championships.
- 1.2 The Championships shall be competed for annually under the Laws, Rules, and Regulations of the ASA, the FINA Masters Swimming Rules, and any additional conditions and promoter's rules. They shall be open to eligible competitors as defined.
- 1.3 The Masters Swimming Open Distance Championships incorporating the 18-24 years age group shall be managed by Swimnorthwest Swimming Management Group with powers delegated to a Competition Manager

2.0 The Championships

- 2.1 The Championships will take place at Palatine Pool Blackpool on Saturday 25th February 2012.

3.0 Eligibility

- 3.1 Entries may only be accepted from competitors registered as members of the ASA, SASA or WASA or competitors from one of the Countries affiliated to FINA.
- 3.2 Competitors in Masters Events must be aged 25 years or over at midnight on 31st December in the year of competition
- 3.3 Competitors in the 18 – 24 years age group event must be aged over 18 years on 25th February 2012 and under 25 years at midnight on 31st December in the year of competition
- 3.4 A competitor may enter as many events as they wish
- 3.5 A competitor may represent only one Club in the Championships. If entered as an Individual for one Club they may not represent another Club should Team Events be included in the programme.

4.0 Disability Competitors

- 4.1 A competitor who has a permanent disability shall not be disqualified in a case where his disability prevents him from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or his representative before the race takes place. Notification shall be by a medical certificate issued by the Medical Officer of the ASA, SASA or Swim Wales.
- 4.2 A competitor in possession of a current Functional Ability Card ('FAC') issued by the ASA, SASA, or Swim Wales showing the exemptions afforded to the competitor shall not be disqualified provided that FAC has been notified to the referee by the swimmer or his representative before the race takes place.

5.0 The Events

5.1 Individual Events

The individual events for men and women shall be:

Freestyle	400m (combined with summer sprint competition see awards), 800m, 1500m
Individual Medley	400m

5.2 Team Events

At present Team Events are not included in the schedule. 4x100m and 4x200m relay events may be considered based on expressed interest to enter and time availability.

Should your Club wish to enter a Team Event please contact the Competition Manager: Alan Rowson alan@rowson.co.uk

5.3 Age Groups and sexes will be combined in Heats

5.4 The 18-24 years age-group individual championships will be swum concurrently and seeded with the corresponding Masters individual events.

6.0 Submission of Entries

6.1 The closing date for entries shall be Thursday 2nd February 2012

6.2 Event entry fees are as follows

1500m events	£10
800m events	£8
400m events	£6

6.3 Entries must be made on the current form and accompanied by the entry fee and if you require acknowledgement of receipt of entry either (1) enclose a stamped addressed envelope for the return of acknowledgement, also mark clearly on the back of the envelope to the organiser that SAE included or (2) provide an email address to which acknowledgement of receipt can be emailed. Acceptance of an entry is at the discretion of the promoter. Incomplete or inaccurate entries, particularly those not accompanied by the correct entry fee, may not be accepted.

6.4 Entry standards or restrictions on numbers may be applied if required subject to available pool time.

6.5 If you enter more than one event please mark on your entry form the preferred order of events you wish to swim as you may be asked not to swim all events.

7.0 Awards.

7.1 Medals or other awards as determined by the Swimming Management Group shall be presented. These will be awarded to first three swimmers in each of the events after all the swimmers times have been adjusted using the Masters Age adjustment formula. The formula current at the time of competition will be used. The current conversion factor is "(Square Root of (98-Age) x (98+Age)) divided by 94.757585".

- 7.2 The 400 freestyle will also be included in the summer sprint competition. The medals or awards for the 400 freestyle will be awarded after the results of the winter and summer competitions have been merged and adjusted by the Masters Age adjustment formula. The same formula will be used for the 400m Freestyle event in both competitions.
- 7.3 The Top Lady and Top Gentleman swimmer for 2012 will be recognised as the swimmer who breaks a British Masters Record by the greatest percentage margin. In the event of no record being broken, then the top swimmer will be the swimmer who comes closest in percentage terms to a British Masters Record. The results of this distance competition and the sprint competition in summer will be amalgamated for this award. The British Masters Records for these purposes are the ASA short course records at 31 December 2011.

8.0 Competition Programme

<u>Session 1</u>		<u>Saturday 25 February</u>		<u>Warm up 9.00am</u>		<u>Start time to be notified</u>	
EVENT	101	1500m Freestyle		Male and Female	swum as mixed heats		
EVENT	102	400m Freestyle		Male and Female	swum as mixed heats		
<u>Session 2</u>		<u>Saturday 25 February</u>		<u>Warm up & Start time to be notified</u>			
EVENT	201	400m Individual Medley		Male and Female	swum as mixed heats		
EVENT	202	800m Freestyle		Male and Female	swum as mixed heats		

9.0 Safety

- 9.1 I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in Masters Swimming events or any other associated activities. Accordingly I hereby certify that I am physically fit and well to participate in any such training and events.
- 9.2 I am aware of and appreciate the inherent risks involved in such training and competition including the possibilities of injury and accident. I undertake always to conduct myself in a responsible and professional manner.
- 9.3 I undertake at all times to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose me or fellow swimmers to unnecessary risk of injury.
- 9.4 I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards safety.
- 9.5 I acknowledge that British Swimming, the ASA, or anybody affiliated thereto, cannot be held responsible for any loss or damage to personal belongings and that I must take all reasonable steps against any such loss or damage.
- 9.6 I hereby agree to abide by and be governed by the rules of the ASA and all other laws and regulations applicable including the ASA Safety
- 9.7 I have read and understand the above provisions and agree to abide by them.
- 9.8 Please note that the submission of your entry will confirm your acceptance of the above.

ADDITIONAL MEET INFORMATION

Facility

PALATINE LEISURE CENTRE, St Annes Road, Blackpool, Lancashire, FY4 2AP. This is an 8 lane pool with electronic timing and an additional smaller pool (approximately 12.5 metres by 6.5 metres) for warm up and swim down.

Session Start Times

The swimming programme will be reviewed following the closure of entries. Session Start times will be published on the Swimnorthwest website www.swimming.org/NorthWest/ as soon as possible after the closing date.

A decision as to the possibility of including Team Events will also be made following the closing date.



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OPEN MASTERS & 18-24 AGE GROUP DISTANCE CHAMPIONSHIPS 2012
 (Under ASA Laws & ASA Masters Rules)
PALATINE LEISURE CENTRE. St Annes Road, Blackpool, Lancashire, FY4 2AP
Saturday 25th February 2012

ENTRY FORM

FORENAMES: SURNAME:
 FEMALE / MALE (Delete as appropriate)

DoB:* ASA No.* CLUB:
 Your age group (25-29 etc.) will be calculated from your birth date. Entries may be rejected if ASA number is incorrect.

ADDRESS:
 POST CODE:

TEL No: E-MAIL ADDRESS:

Event number	Event name	Entry Time	Preference
101	400 Freestyle		
202	800 Freestyle		
101	1500 Freestyle		
201	400 Individual Medley		

Please enter an accurate time. Declaration of incorrect times is not acceptable and the promoter reserves the right to adjust seeding where necessary and take further action if deemed necessary.
 If the competition is oversubscribed some entries may have to be declined, see condition 6.4 and 6.5 if you enter more than one event please mark on your entry form the preferred order of events you wish to swim.

I hereby declare that the above particulars are correct and that I am an eligible competitor in accordance with the laws of the Amateur Swimming Association and will abide by the conditions laid down by the Association for this competition. I have read and understood the disclaimer associated with this form and agree to abide by and be governed by its provisions.

Signature of Competitor.....Date.....

Section A		FEES
Entry Fee for 1500m, freestyle	£10.00	
Entry Fee for 800m freestyle	£8.00	
Entry Fee for 400m freestyle	£6.00	
Entry Fee for 400m Individual Medley	£6.00	
Total Entry Fees		

Please complete all sections of this form, including your registration number, and return the form with a cheque payable to "ASA North West Region" for your entry fee for events entered.

If you require confirmation of receipt of entry enclose a SAE with your entry or ensure a current email address is indicated on your entry form.

Entries to: North West Masters Entries, 77 Cecil Avenue, Sale, Manchester, M33 5BG

CLOSING DATE RECEIPT OF ENTRIES: Thursday 2nd February 2012