## The Swim England T-30 Challenge 2018 Conditions

1. The Swim England Council reserves full powers over all Swim England Championships and Competitions.
2. The Masters T-30 Challenge shall be managed by the Swim England Masters Working Group whose decision on any matter relating to the T-30 Challenge shall be final.
3. The individual competition shall be open to any swimmer. It is not necessary to be registered with a national governing body.
4. The team competition shall be open (a) to all swimming clubs affiliated to their national governing body and (b) ad hoc groupings with some common element (e.g. triathlon club and leisure centre groups). It is not necessary for team members in (b) above to be registered with a national governing body.
5. There is no restriction on the type of costume to be worn providing it does not give buoyancy.
6. All competitors must be aged 18 years or over on the day of their swim.
7. All entries must be submitted by the date stipulated on the Swim England website.
8. All competitors shall swim for 30 minutes. The winners of each section shall be those who have swum the greatest distance in that time. (Distances shall be rounded down to the nearest 5 meters). Teams will be amalgamated for the distance swum in 120 minutes.
9. Swims must be made:
9.1 in a pool at least 25 meters or yards in length;
9.2 in the year of the competition.
10. Swim must be achieved in fair conditions and must be certified as accurate by a suitable responsible person. Note: In order to create, as far as possible, fair and comparable conditions for this competition, it is recommended that swim organisers adopt the following basic points:
10.1 each swimmer should have his or her own timekeeper/ recorder;
10.2 recorders should note swimmers' 'split' times (using the lap chart published with the entry form).
10.3 Chain or circle swimming should be avoided and steps should be taken to prevent slipstreaming.
10.4 Have an official in overall control who shall signal the start and end of the 30 minutes.
11. Age Groups
11.1 the age groups for individual event shall be, for men and women (ages at 31 December in the year of the competition) and so on in 5-years bands as necessary;

S 18-24 years
A 25-29 years B $30-34$ years C $35-39$ years D $40-44$ years
E $\quad 45-49$ years $F \quad 50-54$ years G $\quad 55-59$ years H $60-64$ years
J 65-69 years K 70-74 years L 75-79 years M 80-84 years
11.2 the age groups for team events shall be, for single sex and mixed teams (total age of all four swimmers): and so on in 40-year increments

| $72-99$ years | $100-119$ years | $120-159$ years |
| :--- | :--- | :--- |
| $160-199$ years | $200-239$ years | $240-279$ years |
| $280-319$ years |  |  |

11.3 The combined age of the team members at midnight 31 December in the year of the competition must fall within the age band given in 11.2 above and all team members must be at least 18 years of age on the day of the swim.
12. Team Events
12.1 The results of team events shall be calculated from the aggregate distances covered in the individual event by the swimmers comprising each team. Teams can only include swimmers who have entered the individual event \& shall comprise:
12.1.1 four women; or
12.1.2 four men; or
12.1.3 For mixed sex teams two men and two women.
12.1.4 A competitor's distance may be included in only two teams, one all-women or all men's team and in one mixed team.
13. Medals will be awarded to the top three male and Female Swimmers in each age group. Team events will be awarded Medals to the overall top three male, female and mixed teams in each age group
14. All competitors will be issued an electronic commemorative certificate.
15. Any matter not provided for in these conditions shall be referred to and decided by the Swim England Masters Working group.

## Contact

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