

## **East Midland Region**

### **Rules for Regional Junior & Senior Swimming Records**

1. The region shall maintain a list of swimming records for long and short course and for open and junior age classification in individual events. The open classification will have no age limits; in the junior classification the swimmer must be under 16 years of age on the day of the swim.
2. The region shall maintain a list of swimming records for long course open classification team events for 4x100m freestyle, 4x100m medley and 4x200m freestyle.
3. Swimmers claiming the records shall:
  - a) have represented a East Midland Region club when recording the time concerned, or have been swimming for a representative team for which they had been nominated by a East Midland club or County;
  - b) have made the performance concerned in an open licensed competition, which must have been timed electronically;
  - c) notify the Records Secretary (or other nominated regional officer) within 28 days of the event on the official form.
  - d) provide proof of their time by submission of a result sheet or other document judged sufficient for the purpose. It will not be necessary to submit proof of a time set in the following events:
    - Regional Bagcat & Youth Championships
    - Regional Long Course Championships
    - Any other licensed competition organised by the Region
4. A list of records will be published on the East Midland Swimming Web Site.
5. A certificate will be issued to the swimmer in recognition of the time being registered as an East Midland Region record.

Note: Following the creation of the East Midland Region (Oct 2005) the records will be treated as follows:  
The final ASA Midland District Records will stand as standard times.  
Times from the ASAMD records (30<sup>th</sup> Sept 2005), held by a swimmer in the East Midland Region will be accredited with that record.  
Where times were set by swimmer outside the East Midland Region, these will be standard times and only accredited to a swimmer when equalled or broken.