



# AQUA SPRASH

FESTIVAL



# AQUASPLASH

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## INTRODUCTION TO THE RESOURCE

The Aquasplash Festival resource is designed to assist organisers in planning and delivering an aquatic festival.

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**The information contained within this resource, is designed for both experienced and non-experienced aquatic organisers, is practical, provides templates, ideas, plus additional guidance on how to include young people with a disability. Using good practice from this guide, it will be down to the Aquasplash Festival organiser to bring this resource to life and to share the successes and lessons learnt with other Aquasplash Festival organisers.**

## WHAT IS AQUASPLASH?

Aquasplash is an aquatic festival aimed at 5-11 year olds and is designed to cater for both non-swimmers and swimmers. It is based upon recognising and celebrating the skills achieved at swimming lessons and is a fun, inclusive, multi-skill and multi-event activity designed to encourage young people to:

- **Demonstrate their skills as individuals and teams.**
- **Experience a fun based festival in a co-ordinated environment.**
- **Be signposted to other aquatic activities in the community.**

## THREE CHALLENGES OF AQUASPLASH FESTIVALS

### To provide:

- **High quality delivery of Aquasplash Festivals linked to skills learnt in swimming lessons and adopting principles of sportsmanship.**
- **Meaningful community club links established through Aquasplash Festivals.**
- **Five new young leaders involved in every Aquasplash Festival and achieving a Young Leaders Award or the British Swimming Timekeeper Award.**

## WHERE AQUASPLASH FITS WITHIN A LOCAL CLUB STRUCTURE

Aquasplash is intended to be an integral part of a pathway for a young person to progress from swimming lessons into other aquatic opportunities. It is hoped that local swimming clubs will consider the benefits of being involved and choose to participate in the planning and delivery of these festivals in partnership with other members of local swimming development groups.

*“Aquasplash activities should reflect a fun, inclusive and multi-skill approach which enables a young person to demonstrate and celebrate the skills they have learnt in swimming lessons”.*

*Please see further sections and appendices for more information, including promotional information that may be helpful for festival organisers to share with local clubs.*

# PLANNING AN AQUASPLASH FESTIVAL

## THE ACTIVITIES

All activities for Aquasplash are based upon the principles of asa (Amateur Swimming Association), Scottish Swimming and Swim Wales teaching programmes.

The activities have been compiled by persons with experience in running festivals and knowledge of fun and multi-skill based activities for young people.

An Aquasplash Festival is made up of a mixture of any of the five multi-skill activity areas listed below:

- Multi skills through either asa National Plan for Teaching Swimming (NPTS), Scottish Swimming Learn To Swim Programme and Swim Wales Water Dragon programme.
- Diving skills through Flip n Fun (requires 1.8m depth of pool) or Scottish Swimming Dive Skills.
- Water polo through asa and Swim Wales mini-polo! Programme or Scottish Swimming Polo Skills programme.
- Synchronised swimming through asa and Swim Wales Aquafun programme or Scottish Swimming Synchro Skills programme.
- Life saving through the Royal Life Saving Society UK (RLSS UK) to integrate Rookie Lifesaving Skills into the Aquasplash Festivals.

**Suggested activities for an Aquasplash Festival are provided in the activity cards. It will be down to the festival organiser and others to select activities appropriate to the skill level and young people attending the festival.**

In terms of planning an Aquasplash Festival, the following are areas to be considered:

## ENVIRONMENT

It is down to you to create a welcoming and fun based learning environment for young people and it will require creativity with a swimming pool environment. You could:

- Consult young people on the environment e.g. use of music, space, atmosphere, lighting and signs to create a young people friendly environment (see section on additional areas to consider).
- Use banners/signs to welcome young people e.g. school banner, or similar.
- Be creative in celebrating achievements by participants e.g. cheering, scoring system, music etc.

## ROLES AND RESPONSIBILITIES

There are a number of people who can help plan and deliver an aquatic festival:

- A festival organiser could invite and involve a local swimming club to plan and deliver the festival (consider an incentive for the club in doing this, for example, training vouchers, free promotional information, visit into a school for further signposting opportunities). This also provides an opportunity for a familiar face to be a point of contact for new people wishing to try out a club session.
- A festival organiser could involve a local swimming development group to be part of the planning and delivery of the event.
- Young leaders could be involved in the planning and delivery of the festival.

## DATES/TIMES

Aquasplash Festivals work well when they complement existing swimming lessons e.g. it is the ideal length of time for a school swimming lesson. Aquasplash could take place during a block of lessons to build and develop confidence, or at the end of a block of swimming lessons to celebrate the skills that have been learnt. However, it could also be:

- Hosted at a local club at a weekend/ after school.
- Hosted at a separate time during the curriculum and seen as a special event.
- Hosted at a facility to tie in with a school or community sporting event.
- Preceding/link to summer or half term activity sessions.
- Linked to local club recruitment sessions.

## BOOKING THE FACILITY

This should be booked as much in advance as possible to benefit from preferential booking rates and also to secure the time within the pools. The pool where young people have lessons is the ideal venue to ensure continuity, but you could also consider a pool which young people access after swimming lessons, private schools with pools or mobile pools.

Also ask facility managers where there are gaps in bookings – and capitalise on these! You will also need to ensure that specialist equipment for people with a disability is available if required e.g. hoists, appropriate changing areas.

## AQUASPLASH EQUIPMENT

Once you have selected your activities (see next section), ensure you have the appropriate equipment required. You may be able to negotiate with the facility provider and/or local clubs in gaining the equipment you need for the event. Equipment you could use includes: swim discs, floats, woggles/noodles, egg flips, sinkable objects, hoops, balls, mini-polo! sets, different size balls, slalom/seaweed. See further information for more details.

## NUMBERS FOR AQUASPLASH FESTIVALS

Aquasplash is designed to allow flexibility in numbers and activities making it easy for an organiser to adapt and put together a mix of multi-skill activities to suit the number of young people. An Aquasplash Festival could run with a minimum of 8 people and a maximum of 40 (depending upon the size of the pool and ratios of swimmers v teachers/lifeguards and volunteers). Extra consideration to ratios may be needed where pupils need the additional support of carers.

## AGE OF PARTICIPANTS

Aquasplash Festivals are primarily targeted at pupils aged 5-11 years. However, this resource along with all activities should be adapted where appropriate to meet the needs of all young people involved. All activities will need to be fully inclusive for participants of all abilities.

## FINANCING THE AQUASPLASH FESTIVAL

There is no national budget available to fund the cost of Aquasplash Festivals. This funding will need to be agreed locally. Organisers may wish to consider links into other funding sources such as: government education funding/funded programmes, Local Authority summer/half term activities, lottery awards etc. Organisers will need to ensure appropriate budget for the event including provision for pool hire, marketing, refreshments, thank you's for volunteers, teachers and

**The environment and content for an Aquasplash Festival is up to you to create locally, depending upon the needs and motivations of young people. The key point is to build upon the key skills learnt in swimming lessons and embed the activities as part of swimming lessons for the future.**

young leaders. Local businesses or other partners may be willing to fund an event as a community programme.

## MARKETING OF THE FESTIVAL

Think about producing exciting, young people and disability friendly information about the festival. It may also be useful to produce information for parents and schools about the festival (see appendix section for example poster) or perhaps inviting parents/guardians along to the event.

## SWIMMING STAFF TO RUN THE AQUASPLASH FESTIVAL

Ideally, current swimming teaching staff should run the festival to ensure that skills learnt in lessons are built upon and also that teachers are developing their skills. To support this process you could consider:

- **Offering continued professional development (CPD) to teachers in the lead up to the festival.**
- **Recruiting specialist teachers in water polo, synchro, diving and Rookie Life Saving Skills.**
- **How young leaders may be able to assist in the planning and delivery of the event.**
- **Using carers as required to guide and input into including young people with a disability.**

## HEALTH AND SAFETY

Refer to the Facility Operating Procedures for all information specific to the venue being used. Plan in advance how you will move groups/people within the pool environment whilst maintaining control at all times.

## RECRUITING YOUNG PEOPLE FOR AQUASPLASH FESTIVALS

Ideally young people will be invited to an Aquasplash Festival as an end to swimming lessons or during a block of lessons. Organisers may also recruit young people through:

- **An intra-school based mini-festival.**
- **Joining up with another school(s) that uses the same facility for school lessons (e.g. on the same day of the week).**
- **Joining up with schools within the same area.**

## WELFARE AND SAFEGUARDING

Please ensure all swimming teachers and young leaders have CRB and Disclosure checks completed in line with the appropriate policy of safeguarding and child protection via asa, Scottish Swimming or Swim Wales. See appendices for photograph and physical contact consent forms. Goggles should not be worn for diving activities.

## PROMOTING SPORTSMANSHIP

Think about how Aquasplash Festivals may be able to promote the principles of sportsmanship. The behaviours and attitudes of the festival organisers and swimming teachers should be considered and how they set an example for the participants and young leaders.

There are many other logistical areas to plan and prepare for an Aquasplash Festival. Please see Appendix 1 for a festival organiser's checklist.



## YOU COULD ALSO DO:

The following suggestions are a great way of adding value to the event.

- 1** Invite a local accredited club to host a lane/area of the pool for Aquasplash. This way a club has ownership and involvement before and during the event and can work in partnership with other local clubs in the delivery of an event and be a familiar face/contact for young people should they then progress to a club.
- 2** Work in partnership with the facility provider to train swimming teachers in the planning and delivery of an Aquasplash Festival for future programmes to then take place.
- 3** Plan a Young Leaders Award or British Swimming Timekeeper Award prior to the Aquasplash Festival and use the Aquasplash event as the practical/real life planning part of the syllabus.
- 4** Consult with young people on their choice of activities to make up an Aquasplash Festival via questionnaires, interactive based research.
- 5** Align Swimming teacher CPD programmes around the activities planned for Aquasplash e.g. running a diving CPD for swimming teachers two/three weeks in advance of the Aquasplash Festival.
- 6** Provide disability only Festivals for young people in special schools.
- 7** Gain funding to have a local photographer at the Festival to promote and celebrate the event locally or even utilise a Sports/Arts College – it could be used as a project.
- 8** Invite a school ambassador/leader to share their experiences or act as a role model on the bus journey to/from the venue or at the festival.
- 9** Provide young people with healthy eating tips and guidance prior to/after the event.
- 10** Organise lottery/equivalent funding applications to fund teacher CPD courses.

# DELIVERING AN AQUASPLASH FESTIVAL

## AQUASPLASH SCORING

A points system will add fun and competition to the festival and points can be allocated for completing a race/activity.

Additional points could also be awarded for fair play/sportsmanship, for non-swimmers participating (and to ensure integration of non-swimmers and swimmers) and/or for demonstrating high level of skill, team work etc.

**Be clear with young people about how points will be awarded. Suggested point scoring for activities is included in the activity cards.**

## TIMINGS FOR ACTIVITIES

**This will be down to the festival organiser to plan in conjunction with ability of the swimmers, the pool space and time available.**

An Aquasplash Festival could reflect the length of time of a lesson e.g. 30 minutes and it should challenge all the levels of swimmers appropriately and be achievable. Some festival organisers have planned a meaningful 1 hour session whereby young people either spend longer on each activity or have the opportunity to experience more activities.

The key here is to ensure that the time spent on Aquasplash activities reflects a multi-skill approach and allows a young person to demonstrate and celebrate the skills they have learnt in a supportive and fun environment.

Two suggested options to consider:



**30 minutes**

2 minute warm up including briefing to teachers.  
4 x 5 minute activities from the Aquasplash menu.  
2 minute change round between activities.



**40-45 minutes**

5 minute warm up including briefing to children and teachers.  
**EITHER:**  
4 x 7-8 minute activities from the Aquasplash menu.  
2 minute change round between activities.  
**OR**  
5 x 6-7 minute of activities selected from the Aquasplash menu.  
2 minute change around between activities.

## TEACHERS CHALLENGE

To have young people active in the water for almost all of the sessions, e.g. 25 mins out of a 30 min lesson, 40 mins out of a 45 min session (this will require excellent planning and communication across teachers).

Young leaders actively involved in the planning and delivery of the event with supportive feedback being provided.

Older/more able swimmers (perhaps a club swimmer) could be used to demonstrate the tasks and remind the swimmers what they are doing with each 'event'.



## DELIVERING AN AQUASPLASH FESTIVAL

### THREE AQUASPLASH MODELS TO CONSIDER:

Depending upon the pool space, pool depth, preferred activities and swimming teacher expertise, you may choose as few or as many disciplines and activities as you wish! The following models are based upon having three or four disciplines per Aquasplash Festival, but this is completely down to you to determine based upon need.

#### OPTION 1:

### AQUASPLASH EXTREME!

- Young people are split into four groups. Each group spends 10 minutes per activity and then moves round to another area of the pool for the next activity.
- At the end of the Aquasplash Festival, each swimmer will have experienced three activities and used different spaces/depths within the pool.

Waterpolo Skills

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Lifesaving Skills

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Diving Skills

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Multi Skills

#### OPTION 2:

### AQUASPLASH SAME TIME!

- Young people are split into three groups. Each group does the same discipline and activity (selected from the Aquasplash menu) for 10 minutes. After 10 minutes, pupils stay in the same area of the pool but experience another Aquasplash discipline and activity (selected from the Aquasplash menu) and so on, until 3 activities have been completed.

N.B. ACTIVITY TIMES CAN BE LENGTHENED  
IF SESSIONS ARE 45 MINS - 1 HOUR.

Group 1

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Group 2

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Group 3

#### OPTION 3:

### AQUASPLASH FREESTYLE!

- You design your own Aquasplash environment! This option allows you the flexibility to come up with new and innovative ways of using pool space, timings, groupings and running a festival.
- Be creative in developing a young people friendly Aquasplash Festival and share any examples of how you did this with other festival organisers.

You/local organisers  
to create young-people  
friendly environment  
using appropriate  
equipment and  
markers

(Please refer to Appendix 1 on the tasks required for the day of the festival).



# TOP TIPS

## IN DELIVERING A SUCCESSFUL AQUASPLASH FESTIVAL

All activities should be challenging but achievable and above all, FUN. Think about how activities could be adapted/made inclusive by adjusting distances, directions, equipment used, timing, and repetition of activities. Include something/a challenge for everyone!

Create a young person friendly environment - learn young people's names, use different coloured hats, wrist bands, cartoon characters etc to allocate people to teams. Ask the young people about what a great festival would look like.

Try out activities in lesson times and use different pieces of equipment to see which suits the different activities. Learn from the young people too in observing how they use equipment in the activities you devise.

Be safe at all times. Use appropriate equipment/ floatation aids for the groups, assess levels first, ensure appropriate ratios of teachers: pupils and use helper/support in the water where needed.

Use the young people to help tidy up after the festival. Think about a game or activity that involves collecting up equipment and allocate extra points for neatly stacked/tidied equipment - definitely the best way to clear equipment and even clear the pool!

### YOU COULD ALSO THINK ABOUT...

- How music and lighting could be used to create a young person friendly activity?
- How and where could young leaders be involved in the planning and delivery of the event? e.g. moving swimmers around the pool space, recording information, counting/ recording achievements.
- What information can you provide in advance to assist the smooth running of the Aquasplash event? e.g. an information pack so swimming teachers and school teachers/others understand expectations, logistics, timings, principles of sportsmanship etc.
- How can you organise pool space creatively? Lane ropes are a traditional and usual way of dividing a pool up, but what else could be used to do this that would be safe but appealing to young people and help in creating a festival environment e.g. flags, weighted objects, hoops, lifesaving/other equipment?

## INVOLVING YOUNG PEOPLE WITH A DISABILITY

The key point to remember is that teaching methods are the same for all swimmers. Inclusion of swimmers is very much encouraged in the belief that all disabled swimmers should have the opportunity to achieve their full potential and experience the same opportunities as their non-disabled peers.

Swimmers with a disability cover the same range of abilities as non disabled swimmers, from non-swimmers to elite performers. Their interests range from social to competitive swimming, together with many other water-based activities, Aquasplash Festivals are a great way of providing a fun but challenging environment for disabled swimmers.

### Safety considerations for involving young people with a disability in Aquasplash Festivals:

- **Ensure that any participants with balance problems are offered assistance when walking on a wet poolside.**
- **Swimmers with lower limb impairment may need assistance.**
- **Extra care may be needed when a participant with paraplegia or those with minimum control of their lower limbs are entering the water as unnoticed abrasions can be caused and can take a long time to heal.**
- **Park wheelchairs parallel to the pool and ensure that the brakes are on.**
- **Be aware of swimmers who may have seizures. 1:1 spotters are required for epileptics.**
- **When assisting someone who is out of the water always ensure that the helper is nearest to the water.**

Teachers should be aware of hidden conditions that might present unexpected problems e.g. asthma, epilepsy, diabetes, cystic fibroses, etc. Specific knowledge about the individual will determine whether there is a need for a watchful parent, spotter etc.

**Swimmers with a disability require the same opportunities as their peers. Extra time, support and skill adaptation may be needed e.g. “buddying up” opportunities with others.**

The teaching activities used are the same for all, with the techniques adapted to suite the individual. The most important factor to remember is two people are not identical and the teacher must consider how the individual's physique, mobility and application affects the swimming technique.

## INVOLVING YOUNG LEADERS/OTHERS

The following are suggested areas on where and how you could involve young leaders in assisting with an Aquasplash Festival.

- **Administration:**
  - **Plan and organise the arrivals and registration process for young people and teachers for the Aquasplash Festival (don't forget car parking).**
  - **Observe/plan an activity at the Aquasplash event. Develop a scoring system for the activity and identify what you may give bonus points for too!**
  - **Develop awards to distribute on the day (if appropriate).**
- **Timing/recording:**
  - **Record if the swimming teacher achieves the teachers' challenge of keeping the young people in the water for almost all of the session e.g. 25 mins out of a 30 min lesson?**
  - **Record the number of items collected (if appropriate to the activity), the total time a swimmer spent undertaking an activity within the session.**
  - **Coordination of the lanes and reminding swimmers what is required.**

### • Peer observation:

- **Observe a teacher delivering a session and think about how you may adapt the session for a smaller/larger group or for a young person with a disability. You could even do your own session plan for the activity.**
- **Think of an alternative game using the same equipment – this will add to the Aquasplash menu of activities.**

## YOUNG LEADERS AWARDS

asa and Swim Wales offer a Young Aquatic Organiser Award for young leaders aged 14-19 years who want to help out at an aquatic event. The 5 hour theory session trains students to plan an aquatic event, followed by a 2 hour practical delivering the event and is completed by a 3 hour club placement.

This course can be run parallel to or as a follow on to the British Swimming Timekeeper Award, which is a maximum 3 hour course for 14 years and above. This course consists of a 1 ½ hour theory session about the role of a Timekeeper, followed by a 1 hour practical using a stopwatch in a swimming event.

Scottish Swimming offers the Young Aquatic Leaders Certificate which is aimed at 14-18 year olds who want to develop their leadership skills and be involved in aquatic events. This course contains both practical and theory sessions. The British Swimming Timekeeper Award and the Scottish Swimming Young Aquatic Support Award runs alongside this course.



## EVALUATING AN AQUASPLASH FESTIVAL

It is recommended that each Aquasplash Festival is appropriately monitored and evaluated and could include completing an evaluation with:

Participants  
(demographic information but  
also their experiences on the day)

Parents/Guardians

Swimming teachers

Local organising group

Facility management

Young leaders

**EVALUATIONS ARE BEST DONE ON  
THE DAY OF THE FESTIVAL.**

### **YOU COULD ALSO:**

Organise a lunch/coffee/tea for all the swimming teachers after the event as a thank you and a way of doing an organised de-brief and evaluation.

Consider a wider impact study to evaluate the festival e.g. how many young people continue aquatic opportunities after the festival, leisure centre attendance figures, swimming club take up etc.

**Please see the appendices for example monitoring and evaluation forms.**

# SIGNPOSTING YOUNG PEOPLE AFTER AN AQUASPLASH FESTIVAL

The following opportunities are suggested for organisers to guide/signpost people, following the Aquasplash Festival:

## FOR YOUNG PEOPLE (PARTICIPANTS):

- Direct to a local accredited and appropriate club (asa, Scottish Swimming and Swim Wales will be able to assist with guidance here and/or assist in referring to an appropriate disability club).
- Encourage involvement in Schools Swimming Association events.
- Direct to the RLSS UK web site ([lifesavers.org.uk](http://lifesavers.org.uk)) for more information on all Rookie courses and products.
- In partnership with leisure providers, give out discount vouchers/leisure cards for public swimming sessions or money off swimming lessons as an incentive follow up activity from Aquasplash (could include incentives for parents also).
- Produce an aquatic directory for young people to take away with them from the festival which details clubs/activities/facilities for further aquatic activities.

## FOR YOUNG LEADERS:

- Offer further young leader awards or opportunities.
- Other teaching/coaching awards.
- Volunteer placements within a local club.
- Volunteer placements within other/similar events/Youth Games/UK Schools Games events.

## FOR SWIMMING TEACHERS:

- Offer further CPD workshops.
- Shadowing/observing other festivals.
- Shadowing/observing others.
- Self-evaluation and future planning.

**In monitoring and evaluating an Aquasplash Festival, the following are aspirations to achieve the three Aquasplash Challenges and achieve the 'perfect' Aquasplash Festival:**

## FOR THE PARTICIPANTS:

- Aquasplash Festival which is planned based upon the results of a web-based survey done at school to identify aquatic activities that young people want to do.
- Teachers have planned a co-ordinated festival programme that is fun and exciting, reflects the skills learnt in swimming lessons and is inclusive of all children.
- Young people are given the opportunity to demonstrate and celebrate their skills.
- An exciting pool environment is created that is safe but makes a young person want to go back there after the festival has finished.
- An exciting mix of activities which has allowed a young person to work individually and part of a team and understand the principles of sportsmanship.
- To have a photo in the local paper about the Aquasplash event the week after the event.
- Local clubs in attendance and participants know when and where club sessions are, if they wish to attend.

An exciting mix of activities which has allowed a young person to work individually and part of a team and understand the principles of sportsmanship.



## FOR THE YOUNG LEADERS:

- Five young leaders trained in a Young Leaders Award prior to the event and act as mentors to five other young leaders identified to assist with the festival on the day.
- Personal development plan agreed for young leaders including discount vouchers from a Local Authority/other provider to access further training.
- Young leaders logged onto a local volunteer database to receive information on further volunteering opportunities and put in touch with local clubs who are looking for young leaders.

## FOR THE SWIMMING TEACHERS:

- New resources and ideas are provided to inspire future swimming lessons.
- Opportunities for team working.
- Opportunities to celebrate the achievements of young peoples' skills being developed.
- Opportunities to mentor a young leader and act as a role model.
- Opportunities to conduct and receive peer reviews to develop standards of teaching (see asa, Scottish swimming, Swim Wales templates for further information).
- Opportunities to lead, plan and deliver future events.

## FOR THE FESTIVAL ORGANISER:

- Empowered young leaders taking responsibility for the planning and delivery of the festival.
- Established links with local clubs who are committed to providing exit routes for young people and leaders.
- Offers of support for others to assist in the planning and delivery of future events.
- Access to resources already produced rather than developing their own.

Teachers have planned a co-ordinated festival that is fun and exciting, reflects the skills learnt in swimming lessons and is inclusive of all children.

- Cascading learning from an Aquasplash Festival to other festival organisers in the region/nationally through conferences and workshops.

## FOR THE LOCAL SWIMMING DEVELOPMENT GROUP:

- To consider its role in the planning and delivery of Aquasplash Festivals in the future.
- To use an Aquasplash Festival as a catalyst/tool to assess need/demand to develop further aquatic disciplines/activities within the area to meet the needs of young people.
- To oversee and address facility hire costs for Aquasplash Festivals.

## FOR LOCAL AQUATIC CLUBS:

- To increase membership via young people.
- Opportunities to develop/expand into offering different disciplines.
- Form/build on links with facility managers and Local Authorities/ others.
- Involving young leaders at the club with an opportunity of being involved in the planning and delivery of a festival.

- Actively involving club teachers and coaches in a festival.
- Profiling the club.
- Talent identifying young people with potential.
- Actively inputting at local swimming development group meetings.



See asa, Scottish Swimming, Swim Wales templates for further information for opportunities to conduct and receive peer reviews to develop standards of teaching:

[www.britishswimming.org](http://www.britishswimming.org)

[www.scottishswimming.com](http://www.scottishswimming.com)

[www.welshasa.co.uk](http://www.welshasa.co.uk)



## SUMMARY AND ACKNOWLEDGEMENTS

British Swimming is grateful for the contributions and input from individuals in ensuring this resource is based upon best practise and would like to thank the following people for their contributions:

### LINDA FREEMAN

For researching and writing the Aquasplash Festival toolkit and activity cards.

### PENNY MOORFIELD

And the Wirral Local Authority Children and Young Peoples Department: Senior Competition Manager (Wirral).

### VICCI WEBLEY

Competition Manager (Wyre Forest & North Worcestershire).

### PAULINE PICK

Total Swimming.

### SIMON LISTER AND CATHY CARR

Pro-Active West London & London Swimming for Aqua Extreme programme.

### ADRIAN LOLE AND ELOUISE GREENWOOD

Royal Life Saving Society.

### MEMBERS OF THE SCHOOL COMPETITION WORKING GROUP

Including Russell Sparks from Swim Wales, Eilidh McCal from Scottish Swimming, Rachel Washington, Rebecca Burrows, Norman Leighton, Karen Thorpe, Carole Barough, Ann Burgess and Susan Barlow from asa.

### CHRIS WHETTON

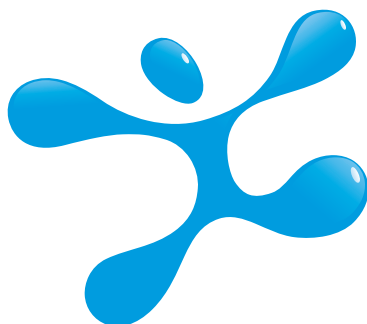
From besq Ltd for the production of the Aquasplash Festival DVD.

### ANDREW JAMES

From Bridgfordian Ltd for the production of the Aquasplash Festival DVD.

### IMAGINATE CREATIVE

For design and production of the Aquasplash toolkit.



## FURTHER INFORMATION

- **Amateur Swimming Association**  
Harold Fern House, Derby Square,  
Loughborough, Leicestershire  
LE11 5AL  
Tel: 01509 618700  
[www.britishswimming.org](http://www.britishswimming.org)

- **Scottish Swimming**  
National Swimming Academy,  
University of Stirling, Stirling,  
FK9 4LA  
Tel: 01786 466520  
[www.scottishswimming.com](http://www.scottishswimming.com)

- **Swim Wales**  
Wales National Pool Swansea  
Sketty Lane Swansea SA2 8QG  
Tel: 01792 513636  
[www.welshasa.co.uk](http://www.welshasa.co.uk)

### YOUNG LEADERS AWARDS

- **asa:** The Young asa Officials Award (YAODA) is aimed at 14-19 yr olds who are developing their leadership and coaching skills and wish to become involved in either the administration, teaching, coaching and/or officiating of aquatic activities.  
**Please see [www.britishswimming.org](http://www.britishswimming.org) for further details.**
- **British Swimming Timekeeper Award:** The Timekeeper course is for anyone over 14 years old and is an ideal introduction for young officials wanting to help out at club and school competitions.  
**Please see [www.britishswimming.org](http://www.britishswimming.org) for further details**
- **Scottish Swimming:** Young Aquatic Leaders Certificates is aimed at 14-18 year olds who want to develop their leadership skills and be involved in aquatic events. Opportunities to become involved in teaching/coaching,

officiating and event organising will be available through this course.

**Please see [www.scottishswimming.com](http://www.scottishswimming.com) for further details.**

### SWIM SHOPS

- **asa:**  
[www.awards.sportcentric.com](http://www.awards.sportcentric.com)
- **Scottish Swimming:**  
[www.scottishswimming.com/shop](http://www.scottishswimming.com/shop)
- **Swim Wales:**  
[www.welshasa.co.uk/shop.asp](http://www.welshasa.co.uk/shop.asp)
- Resources and ideas on equipment for use at festivals.

### CLUB DIRECTORIES

To find information on your local clubs go to:

- **asa:** [www.britishswimming.org](http://www.britishswimming.org)  
Click on the "Clubs" tab on the top row. Click on the "Club information" tab on the left hand side. Choose the "Club" links and swim schools" bullet point. Here you will find links for asa affiliated clubs who have their own website. For a full list of swimming clubs in your area, please contact the asa regional office or asa Customer Services on 0871 2000928. There are also links to Disability Swimming clubs, Diving clubs, Masters Swimming clubs, Open Water Swimming clubs, Synchronised Swimming clubs and Water Polo clubs.
- **Scottish Swimming:**  
[www.scottishswimming.com](http://www.scottishswimming.com) and click on the clubs link where you will find clubs listed (all disciplines).
- **Swim Wales:** [www.welshasa.co.uk](http://www.welshasa.co.uk) and click on the region/club search, then click on the relevant region to see a list of clubs (all disciplines)

### SCHOOL SWIMMING IMPROVEMENT PROGRAMME

- Further information available via [www.britishswimming.org](http://www.britishswimming.org)

### DIVING

- 'Flip n Fun resources are available to purchase (£6.25 at date of print) to assist with planning for an Aquasplash Festival from [www.britishswimming.org](http://www.britishswimming.org) and click on Awards/Flip n Fun resources.'

### SCHOOLS SWIMMING ASSOCIATIONS

- [www.essa-schoolswimming.com](http://www.essa-schoolswimming.com)
- [www.scottishschoolswimming.co.uk](http://www.scottishschoolswimming.co.uk)

### ROYAL LIFE SAVING SOCIETY

- For information on all aspects of life saving from Rookie classes/festivals to Lifesaving awards, as well as help on becoming a lifeguard please visit [www.lifesavers.org.uk/rookie/](http://www.lifesavers.org.uk/rookie/)  
Tel: 01789 773994  
Email: [info@rlss.org.uk](mailto:info@rlss.org.uk)

### QUALIFICATIONS AND CURRICULUM AUTHORITY

- National Curriculum resources [www.nc.uk.net](http://www.nc.uk.net)

### GOVERNMENT'S CHARTER ON SWIMMING

- [www.teachernet.gov.uk/docbank/index.cfm?id=5885](http://www.teachernet.gov.uk/docbank/index.cfm?id=5885)



# AQUASPLASH RESOURCES

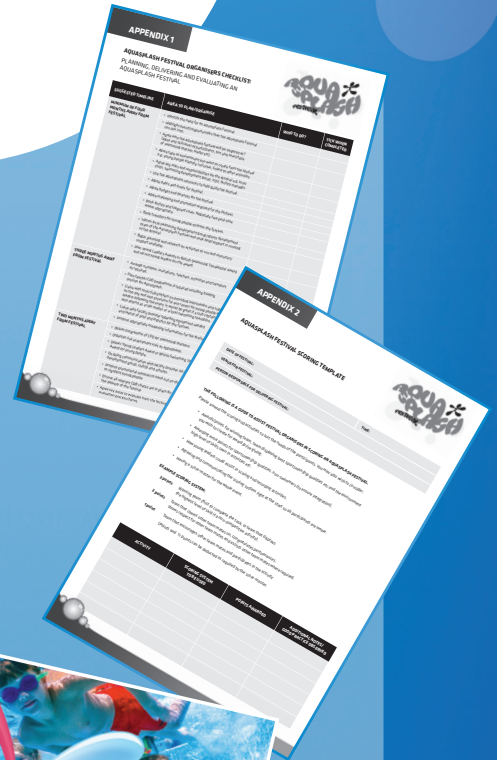
All appendices and supporting documents referenced in the this guide are available to download from [www.aquasplashfest.org](http://www.aquasplashfest.org)

## ONLINE APPENDICES:

- 1 Aquasplash Festival organisers checklist.
- 2 Aquasplash Festival scoring template.
- 3 Template for signing up young people for Aquasplash Festivals.
- 4 Example booking form used for Aquasplash Festivals.
- 5 Example photograph consent form.
- 6 Physical contact consent form.
- 7 Example of good practice in signposting young people after an Aquasplash Festival.
- 8 Example staff information/briefing sheet.
- 9 Monitoring and evaluation of an Aquasplash Festival.
- 10 Parent questionnaire.
- 11 Pupil questionnaire.
- 12 Sportsmanship.

## ALSO AVAILABLE ONLINE:

- 1 Aquasplash Festival promotional poster.
- 2 Aquasplash Festival participation certificate.



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SCOTTISH  
 swimming  
 everyone can swim!

AQUASPLASH  
 FESTIVAL