School: Term: Teacher:

School Swimming Award 2

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| pinky-red-star.png  All outcomes must be achieved to pass the award, with or without aids, equipment or support | Pupil Name |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Enter the water safely (jump, steps, swivel) | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Move into a stretched floating position using aids, equipment or support | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Regain an upright position from floating on the front | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Regain an upright position from floating on the back | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Push and glide in a horizontal position to/from the pool wall | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Travel on the back and front for five metres | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Have an understanding of the water safety code | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1. Exit deep water safely | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Date passed: | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Award given: | |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Where participants are physically unable to ever achieve an outcome, the Award should be granted based

on the achievement of the remaining outcomes or suitable adaptation to meet the needs of the individual