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**CROSSWORD ONE**

|  |  |
| --- | --- |
| **Down** | **Across** |
|  |  |
| 1. A swimming pool is full of…..(5) | 1. After swimming you should….your hair (4) |
| 2. Put on a swim cap to cover your....(4) | 5. Make sure your.....into the water is safe (5) |
| 4. If you see someone in danger in the water you should shout for....(4) | 7. The pool can be separated to make a fast and slow....(4) |
| 6. Backstroke, front crawl, butterfly and ............(12) | 9. Kick these to aid movement through the water....(4) |
| 8. To stay afloat in a pool you can.....water (5) | 16. Another diving position....(4) |
| 10. The flag for a lifeguard area on the beach is red and......(6) | 17. ....should be taken when walking around the pool side (4) |
| 12. If you are at the beach you can swim in the ...(3) |  |
| 13. A method of entry into the water (4) |  |
| 15. The arm brushes the...in back crawl (3) |  |