School Swimming

First Lesson Assessment Form

School: Term:

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| Name of Pupil | Enter the water without hesitation | Move freely around the pool | Blow bubbles with face in water | Submerge fully to pick up an object | Float on back | Float on front | Travel around pool using a combination of arms and legs | Swim 10m Backstroke | Swim 10m front crawl or breaststroke |
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