School Swimming and Water Safety

First Assessment Lesson

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| Name of Pupil | Enters the water without hesitation | Moves freely around the pool | Can blow bubbles with face in water | Can submerge fully to pick up an object | Can float on back | Can float on front | Can travel around pool using a combination of arms and legs | Can swim 10metres backstroke | Can swim 10 metres front crawl or breaststroke |
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