



## Henry Benjamin National Memorial Trophy Winners 2016

Since 2016, the Henry Benjamin National Memorial Trophy has been awarded for the winners of the men's 4x200m Freestyle at the National Winter Championships (25m).

| YEAR | NAMES  | CLUB                    | TIME    |
|------|--|-------------------------|---------|
| 2016 | Jay Lelliott, Julian Chan Quee Lin, Tom Derbyshire, Calum Jarvis | Loughborough University | 7:03.78 |

## Henry Benjamin National Memorial Trophy Winners 1970 - 2006

Between 1970 and 2006, the Henry Benjamin National Memorial Trophy was awarded to the club gaining the most points at the ASA National Long Course Championships.

| YEAR | CLUB                   |
|------|------------------------|
| 1970 | City of Southampton SC |
| 1971 | St James's SC          |
| 1972 | City of Southampton SC |
| 1973 | City of Southampton SC |
| 1974 | Modernians SC          |
| 1975 | Modernians SC          |
| 1976 | City of Coventry SC    |
| 1977 | City of Coventry SC    |
| 1978 | Beckenham SC           |
| 1979 | Beckenham SC           |
| 1980 | Beckenham SC           |
| 1981 | Leeds Central SC       |
| 1982 | Wigan Wasps SC         |
| 1983 | City of Coventry SC    |
| 1984 | Salford Triple 'S' SC  |
| 1985 | City of Leeds SC       |
| 1986 | City of Leeds SC       |
| 1987 | Beckenham SC           |
| 1988 | City of Birmingham SC  |
| 1989 | City of Leeds SC       |
| 1990 | City of Leeds SC       |
| 1991 | City of Leeds SC       |
| 1992 | City of Leeds SC       |
| 1993 | City of Leeds SC       |
| 1994 | City of Leeds SC       |
| 1995 | City of Leeds SC       |
| 1996 | City of Leeds SC       |
| 1997 | City of Leeds SC       |
| 1998 | Bath University        |
| 1999 | Bath University        |
| 2000 | Bath University        |
| 2001 | Bath University        |



|      |                         |
|------|-------------------------|
| 2002 | Bath University         |
| 2003 | City of Leeds SC        |
| 2004 | Loughborough University |
| 2005 | Loughborough University |
| 2006 | Swansea Performance     |