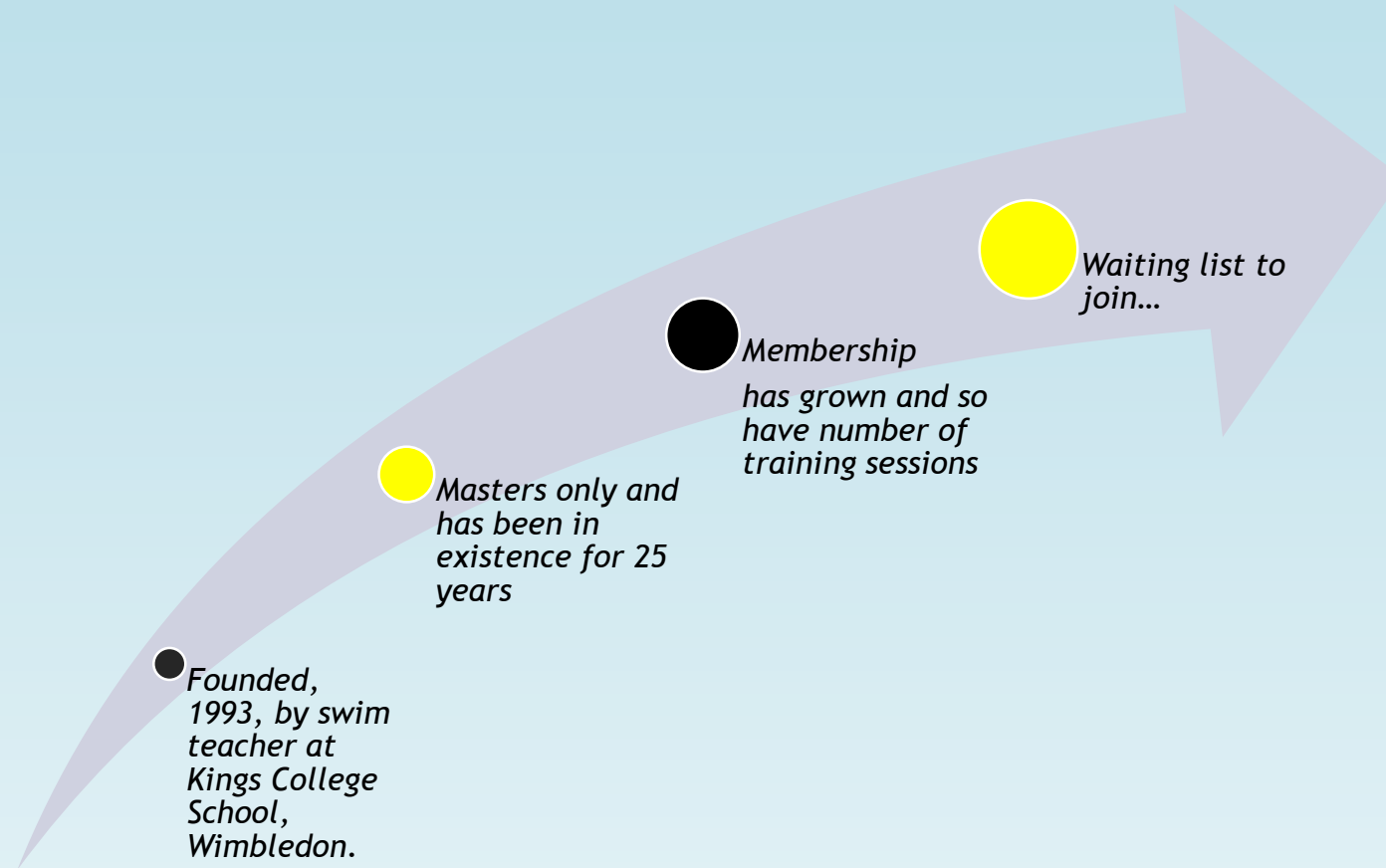


What are the key ingredients for a successful Masters Club ?

SWIM ENGLAND MASTERS CONFERENCE NOV 10TH 2018
CHRISTINE GOODAIR, KINGS CORMORANTS SWIMMING CLUB, WIMBLEDON.

The Club – a little history/background



Key Ingredients.....



End Result...

