

## Aquatic Skills Framework outcome changes 2018/19

Stage/Award	Outcome	Changed from	Changed to	Does this impact teaching and learning?
Learn to Swim Stage 10 Swimming	1	Complete a set lasting 1600 metres (either 16 x 100 metres, 8 x 200 metres, 4 x 400 metres) on a specific timed turnaround set by the teacher or coach (e.g. 2.30 minutes for 100 metres), focus on stroke technique and consistency.	Complete a set lasting 1,600 metres (either 16 x 100 metres, 8 x 200 metres, 4 x 400 metres) on a specific turnaround time agreed by the teacher/coach (e.g. 2.30 min for 100 metres); focus on stroke technique and consistency.	No