

London Region Spring Open Meet 2020 Summary of Key Times

Gala No.	Event No.	Officials Reporting Time	Withdrawal Closes	Warm Up Starts	Warm Up Finishes	Event Starts	Estimated Finish	Session Duration	Day Duration	Catering for Officials
Saturday, 14 March LAC	1	101 to 106	8:15 am	8:10 am	8:00 am	8:50 am	9:00 am	11:30 am	2:30	8am Coffee
	2	201 to 206	12:15 pm	12:10 pm	12:00 pm	12:50 pm	1:00 pm	3:30 pm	2:30	11:45am Lunch
	3	301 to 305	4:00 pm	3:55 pm	3:45 pm	4:35 pm	4:45 pm	6:30 pm	1:45	6:45 3:30pm Coffee
Sunday, 15 March LAC	4	401 to 406	8:15 am	8:10 am	8:00 am	8:50 am	9:00 am	11:30 am	2:30	8am Coffee
	5	501 to 506	12:15 pm	12:10 pm	12:00 pm	12:50 pm	1:00 pm	3:30 pm	2:30	11:45am Lunch
	6	601 to 605	4:00 pm	3:55 pm	3:45 pm	4:35 pm	4:45 pm	6:30 pm	1:45	6:45 3:30pm Coffee