

Regional Coaches Conferences 2020 (09:15 – 16:45)

09:15 – 09:30

1) Intro and (OADF Recap) – ACCESS Video etc. (15 mins)

Delivered by National Talent Team

09:30 – 10:45

2) Implementation of the OADF and Club Awards into our Club Programmes (60 mins)

- Case study from a club (e.g Wycombe) to talk through how they have implemented OADF. (Do we need to do a piece of work with the other PC's on this and use some of their time?)

Written and Delivered by Programme Coach (PC's)

Break 10:45 – 11:00

11:00 – 12:15

1) Developing the Characteristics of the Future Performance Potential PERSON (60 mins)

- How can the coach/ athlete and parent work together to develop the FPP Person Characteristics?
- Scenario based learning

Written by Sport Psychologist – who would deliver?

Lunch 12:15 – 13:00

13:00 – 14:00

2) Athlete Transition through the Daily Training Environment Pathway (60 mins)

- Present British Swimming data on typical number of different programmes (2/3) that swimmers have progressed through before reaching the Olympic team.
- Highlight the importance of 'right athlete, right environment'.
- Bring in a retired or current athlete who has been through 2/3 (ideally 3 programmes) to talk about how managing these transitions has been important to their success.

Delivered by Talent Team plus Elite Athlete

14:00 – 16:00

3) Getting Better, Better

Delivered by UK Coaching

16:00 – 16:30

4) Coaches Corner

- Group discussions to help club coaches 'problem solve' key areas of concern

Delivered by National Talent Team, Supported by Senior Coach and Sport Psychologist and Club Development Officer

16:30 – 16:45

5) Conference Close (Update on 2020 Activity for Coaches)

Delivered by National Talent Team