

# CPD course for supporting SEND swimming

## Background

Slated Row School is a Lead Inclusion School representing Buckinghamshire for Inclusion 2020, a programme led by Youth Sport Trust on behalf of a consortium of organisations (including Activity Alliance, the British Paralympic Association, Nasen and Swim England) and funded by the Department for Education.

The Swim England School Swimming Assessment Tool was used by school and pool providers across Buckinghamshire, identifying the need for additional training to support teachers and swimming-qualified staff in building their confidence to deliver school swimming lessons to SEND pupils.

## Objective

Slated Row aimed to develop a bespoke CPD course for teachers and swimming-qualified staff to gain the confidence, knowledge and skills required to support SEND pupils in the water during school swimming lessons.

## Challenge

- Finding a low-cost pool to host the training.

## Approach

The PE Lead at Slated Row worked alongside a teaching assistant, with a background in teaching swimming to children with autism, and Swim England's School Swimming Programme Manager to develop the course content.

The course content was based on the Swim England National Curriculum Training Programme, where elements were taken and tailored to focus on teaching the core aquatic skills to SEND pupils.

The use of a range of activities and resources were explored, ensuring every school swimming lesson could be adapted to support the individual needs of SEND pupils.

Before preparation for accreditation, the course was piloted with a range of teachers and swimming-qualified staff.

## Results

Since attending the pilot training, teachers and swimming-qualified staff have displayed greater confidence when working with SEND pupils.

Since participating in the reformed school swimming, a child with cerebral palsy has shown improved stability.

INCLUSION 2020



"Since attending the course, my swimming lessons have been much more engaging and full of fun. I have seen lots of small successes. In a matter of weeks one of my students went from sitting on the pool side to getting into the pool safely and blowing bubbles in the water. I now look forward to teaching my swimming sessions and love to watch my pupils growing in confidence and having a great time."

Ruth Arrenberg, Teacher

A more confident, knowledgeable and skilled workforce to teach swimming to SEND pupils

Fun and engaging school swimming lessons for SEND pupils

Faster progression in core aquatic skills

🔍 Find out more:

For more information, please contact [schoolswimming@swimming.org](mailto:schoolswimming@swimming.org) or visit the Inclusion Hub at [swimming.org/schools](https://swimming.org/schools)