

Roadmap for the Return to Competition

Each club is responsible for determining when it is appropriate for the club and its athletes to progress to the next Stage of the Return to Competition Roadmap. The health, wellbeing and safety of all athletes, coaches, officials and volunteers is paramount.

	Stage 0	Stage 1 No earlier than 12 April	Stage 2 No earlier than 1 June	Stage 3 No earlier than 1 September
Situation	Pools are closed.	Pools re-open. Government guidelines and social distancing apply. Increasing number of pools open.	Government guidelines and social distancing in place with significant number of pools open for long enough to enable athletes to have achieved a consistent training block.	Government guidelines allow for competition guidance to be followed and a significant number of athletes are in suitable condition to compete in-person having undertaken a consistent training block and virtual competition opportunities.
Activity	Level X Diving Dryland. No pool training. Coaching can be delivered virtually (no face- to-face contact).	Level X Diving Dryland. Clubs resume initial return to water training. Clubs increasing training levels. Publication of competition guidance for in-person activity.	Level X Diving Dryland. Level X Diving Pool.	A segmented re-introduction of in-person competition to ensure that it can be delivered safely and effectively. <i>Stage 3a – e.g. Single club with independent officials from outside the club.</i> <i>Stage 3b – e.g. Two clubs.</i> <i>Stage 3c – e.g. Three clubs.</i>