

Swim England Diving Pathway Conference

26th – 28th February 2023

Tickets are now available for a three-day diving pathway conference.

The Swim England Diving Pathway Conference will take place on Sunday 26, 27 & 28 February at the the Jurys Inn, East Midlands Airport, Castle Donington, Derby

A number of presentations, workshops and practical sessions will be delivered throughout the conference by key coaches, Swim England and British Swimming management and Sports Science staff

The conference will cover a wide range of topics including a practical Gymnastic and Acrobatics training for diving session, a technical session from Alexei Evangulov British Diving Head Coach and Swim England Diving Pathway Update.

Suzie Collins, Swim England Diving Programme Lead, said the conference is a fantastic opportunity to bring together coaches from all levels of the sport to share best practice from our leading coaches, performance support staff and Swim England and British Diving teams as well as looking at some of the challenges

We haven't run a Pathway conference since 2019 so we are really looking to seeing everyone and sharing knowledge from across the sport.

Day 1 – Sunday 26th February

Time	Workshop
13:30pm	Welcome & Scene Setting Connie Ford & Julian Bellan
14:30pm	Strength & Conditioning for Diving Speakers: Cameron Owen - British Diving Strength & Conditioning Coach
15:30pm	Coffee break
15:45pm	British Diving Technical Update Part 1 Speakers: Alexei Evangulov - British Diving Head Coach
16:45	Day 1 Close

Day 2 – Monday 27th February

Time	Workshop
09:00am	Diving Pathway Update Speakers: Connie Ford & Julian Bellan
10:00am	Psychological Safety in Diving Speakers: Emma Wood – EIS & British Diving Performance Psychologist
11:00am	Coffee Break
11:15pm	Dive Progressions & List Composition Speakers: Julian Bellan – Olympic Diving Pathway Lead
12:30pm	Lunch
13:30pm	Gymnastics & Acrobatics for Diving Speaker: Tom Owens – City of Sheffield Diving Club & British Diving Coach
14:15 pm	Female Athlete Health & Diving Speaker: Victoria Downie – EIS & British Diving Female Athlete Health Lead

15:15	Coffee Break
15:30	<p>The Swim England Coaching Plan 2022-25 – Transforming Lives through Inspirational Coaching</p> <p>The launch of our Swim England Coaching Plan which will outline our direction of travel over the next three years.</p> <p>Speakers: Lindsay Trimmings – Swim England Head of Coaching Jo John – Swim England Coach Development Manager Lisa Wright – Swim England Coach Engagement Officer</p>
16:30	Summary & Day 2 Close

Tuesday 28th February

Time	Workshop
09:30	<p>Setting Standards and Supporting Coaches</p> <p>One of the key objectives of our new Swim England Coaching Plan is that our coaches are held to the highest standards of best practice and that they feel valued and supported in their role. This session will explain the key Swim England governance policies and procedures that all coaches need to be aware of, including how to work effectively with your club committees. Clarity will also be provided around how you as coaches can get support from your National Governing Body.</p>
10:30	<p>The Coach Learning Journey</p> <p>The Swim England Coaching Team will lead you through the suite of Coach learning opportunities available to Swimming Coaches over the next few years.</p> <p>Speakers: The Swim England Coaching Team Lindsay Trimmings – Swim England Head of Coaching Jo John – Swim England Coach Development Manager Lisa Wright – Swim England Coach Engagement Officer</p>
11:00	Coffee break
11:15pm	<p>British Diving Technical Update Part 2</p> <p>Speakers: Alexei Evangulov - British Diving Head Coach</p>
12:45pm	Lunch
13:45pm	Conference Close

Please note this is a draft timetable and may be subject to some small changes.