Swim England Qualifications

SEQ **LEVEL 2**

Coaching Open Water Swimming

QUALIFICATION SUMMARY

(QAN): 603/4433/7

VERSION 2023/7

Welcome to the SEQ Level 2 Coaching Open Water Swimming Qualification Summary

About Swim England Qualifications

We develop the country's leading qualifications for the swimming industry.

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments.
Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- provide a high ratio of practical poolside experience alongside essential theory and knowledge
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: register.ofqual.gov.uk or via Qualification Wales: qiw.wales

Equal Opportunities

Swim England fully supports the principles of equal opportunities and is committed to satisfying these in all activities and published materials. A copy of our Equality and Diversity Policy is available on the Swim England Qualifications website.

Contents

01 Introduction to the qualification

1.1 About this qualification

Qualification title:	SEQ Level 2 Coaching Open Water Swimming
Qualification number:	603/4433/7
Total qualification time:	60 (50 guided learning hours (GLH))
Qualification level:	2

1.2 Purpose of the qualification

The SEQ Level 2 Coaching Open Water Swimming Qualification has been designed to provide you with the specialist knowledge needed to deliver open water swimming sessions.

Successful completion of this qualification will give you the skills needed to work as a coach and effectively and independently plan, prepare, deliver, monitor and evaluate a series of open water training sessions.

1.3 Structure of the qualification

The SEQ Level 2 Coaching Open Water Swimming Qualification consists of the following learning outcomes.

SEQ Level 2 Coaching Open Water Swimming Qualification	
Learning Outcomes	**Content covering**
1. Understand the demands of open water swimming	• What open water swimming is • Differences between pool and open water
2. Be able to carry out the legal responsibilities of coaching in open water swimming	• Legal requirements • Risk assessments
3. Know about the roles and responsibilities of coaching open water swimming	• Roles and responsibilities
4. Understand the equipment needed for coaching open water swimming	• Swimming equipment
5. Be able to demonstrate coaching positions for open water swimming	• Coaching positions
6. Understand the opportunities available to open water swimmers	• Benefits of open water swimming • Event types • Barriers to open water swimming • Participant goals • Progression opportunities
7. Be able to plan for coaching open water swimming	• Session overviews • Session plans
8. Be able to coach open water skills	• Coaching skills • Event tactics • Preparation and recovery
9. Be able to develop session management skills	• Motivational techniques • Interpersonal skills • Adaptation skills
10. You must carry out self-evaluation of own performance	• Evaluating own performance

1.4 Entry requirements

Learners must:
- be 18 years of age or older on the first day of the course
- have experience of open water swimming.

And must hold one of the following:
- SEQ Level 2 Teaching Swimming (or ASA equivalent)
- STA Level 2 Award in Teaching Swimming
- Swim England Assistant Swimming Coach
- Swim England Swimming Coach Certificate
- ASA Level 2 Certificate in Coaching Swimming
- 1st 4sport Level 2 Certificate in Coaching Triathlon
- RLSS Pool to Pond Award.

1.5 Progression

On completion of this qualification, you could work as a coach in an appropriate environment to develop your experience and knowledge within open water swimming.

02 Assessment

2.1 Assessment methods

You will be required to demonstrate the knowledge and understanding you have learnt through this qualification.

Evidence may be generated through a variety of assessment methods, including, but not limited to: questioning, professional discussion, assignments or practical observation.

2.2 Grading

There is no grading criteria for this qualification. You will be awarded either a pass or refer.

2.3 Registration

Upon registration with Swim England Qualifications, you have 12 months to successfully complete a qualification. If you require an extension to your registration, please contact your Approved Training Centre. Please be aware that each individual case will be viewed on its own merits.

03 Contact points

Swim England Qualifications

Pavilion 3

SportPark

3 Oakwood Drive

Loughborough University

LE11 3QF

T: 01509 640 493

E: info@swimenglandqualifications.com

W: swimenglandqualifications.com

Swim England
Qualifications