

Swim England Regional Distance Development Programme (RDDP)

Key athlete eligibility criteria

- Up to 48 swimmers (24 male and 24 female) per region.
- 12-14 years of age by 31 December 2023.
- To reflect relative age, two selection bands will be implemented.
- Selection Band A – 1 January to 30 June – Selection Band B – 1 July to 31 December.
- Additional selections, if required can be made from either selection bands to meet the required number of swimmers selected.
- The top 4 long course ranked swimmers per age and gender in **800m and 1500m Freestyle**:
 - 4 male and 4 female 800m 12 years
 - 4 male and 4 female 1500m 12 years
 - 4 male and 4 female 800m 13 years
 - 4 male and 4 female 1500m 13 years
 - 4 male and 4 female 800m 14 years
 - 4 male and 4 female 1500m 14 years
- Times used for selection to the RDDP must be taken from the Swim England national long course rankings, and be achieved between 1 January 2023 and 6 August 2023.
- Further selections can be made from fourth, fifth etc. ranked positions until maximum numbers are achieved. Where swimmers have an equal ranking, selections will be prioritised based upon the highest World Aquatic point score.
- Any exceptional short course performances in the 800m and 1500m events can be considered at the discretion of the RDDP Head Coach.
- Swimmers will be selected for RDDP based on the region their club is affiliated to.
- Swimmers will be expected to commit fully to all aspects of the programme.
- Any swimmer(s) selected for the National Distance Swimming Project will not be eligible for selection to RDDP. Regions will back fill selections until maximum numbers are achieved.