



SEQ LEVEL 2

Outdoor Swimming Leader

QUALIFICATION SUMMARY

(QAN): 610/3510/5

Welcome to the SEQ Level 2 Outdoor Swimming Leader Qualification Summary

About Swim England Qualifications

We develop market-leading qualifications for the aquatic industry.

As the awarding organisation for the national governing body for swimming in England, we aim to ensure our qualifications are high quality and reflect the latest industry developments.

Our qualifications are designed to:

- create a professional, high quality and diverse workforce
- equip learners with real world know-how and skills for the next stage in their career development
- meet industry recognised standards and the needs of employers.

The full list of qualifications awarded by Swim England Qualifications can be found on the Ofqual Register of Regulated Qualifications: register.ofqual.gov.uk or via Qualification Wales: qiw.wales.

Equal Opportunities

Swim England Qualifications fully supports the principles of equal opportunities and is committed to satisfying these in all activities and published materials. A copy of our Equality and Diversity Policy is available on our website: swimenglandqualifications.com.



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1 Introduction to the qualification

1.1 Entry requirements

Learners must:

- be 18 years of age or older on the first day of the course
- have experience of open water swimming
- must be able to swim at least 800 metres continuously on their front in open water

It is the Approved Training Centre's responsibility to gather evidence of the learner having met the entry requirements for taking this qualification.

Where an entry requirement requires evidence of a learner's practical skills, the Approved Training Centre must evaluate learners confidence, commitment, and general skill level to be sufficiently satisfied that the practical entry requirements have been met. Whilst SEQ does not prescribe the form in which evidence is sought, examples such as testimonials or references from previous coaches, instructors, or peers could be deemed suitable for when making professional judgements prior to acceptance onto the qualification.

1.2 About this qualification

Qualification title:	SEQ Level 2 Outdoor Swimming Leader
Qualification number:	610/3510/5
Qualification Level:	2
Registration Period:	12 months from the first day of registration
Total Qualification Time (TQT):	28 hours
Guided Learning (GL):	21 hours

GL is the amount of time an individual spends being taught or instructed by a Swim England licensed Educator.

TQT is comprised of the following two elements:

1. the number of hours which we have assigned to a qualification for Guided Learning
2. an estimate of the number of hours an individual will reasonably be likely to spend in preparation, study or other form of participation in education or training, including assessment.

1.3 Who the qualification is for

This qualification is for experienced outdoor swimmers who want to build on their existing outdoor swimming knowledge and skills by leading others from within the water, a group of up to eight swimmers safely and effectively in sheltered water.

1.4 What the qualification could lead to

The qualification may also enable individuals to progress to other aquatic based qualifications or higher qualifications within sports and / or coaching open water.

It may also enable individuals to seek employment and / or progression within the wider sport and active leisure sector or a related industry.

1.5 Objective of the qualification

The objectives of the qualification are to either:

- prepare individuals that require more specific knowledge, skills and understanding
- prepare individuals to progress to a qualification in the same subject area but at a higher level
- give individuals personal growth and engagement in learning.

1.6 What the qualification covers

This qualification has been developed with key stakeholders in the aquatics and outdoor swimming sector. It covers the essential knowledge and leadership skills to enable individuals to confidently risk assess, plan, prepare and lead safe and effective outdoor swimming sessions from within the water, for groups of up to eight swimmers in sheltered water.

2 Structure of qualification

The SEQ Level 2 Outdoor Swimming Leader qualification includes three mandatory units which learners are required to complete and achieve.

SEQ Level 2 Outdoor Swimming Leader				
Unit number	Unit title	GLH	Level	Type
1	Understanding outdoor swimming	4 hours	2	Mandatory
2	Preparing for outdoor swimming	10 hours	2	Mandatory
3	Leading outdoor swimming	7 hours	2	Mandatory

The SEQ Level 2 Outdoor Swimming Leader qualification consists of the following Learning Outcomes and Assessment Criteria.

Unit 1: Understanding outdoor swimming	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
1.1 Know the different types of outdoor swimming environments	<ul style="list-style-type: none"> Describe the differences between swimming in an indoor pool and an outdoor environment Describe the potential benefits of outdoor swimming
1.2 Understand how to meet the needs of outdoor swimmers	<ul style="list-style-type: none"> Identify potential barriers to participation in outdoor swimming Describe how to overcome potential barriers to participation in outdoor swimming Identify activities or events outdoor swimmers can participate in

Unit 2: Preparing for outdoor swimming	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
2.1. Understand roles and responsibilities	<ul style="list-style-type: none"> Describe the role and responsibilities of an outdoor swimming leader Describe legal requirements associated with leading an outdoor swimming session Identify the benefits of insurance Describe the skills and qualities required by an outdoor swimming leader Describe support roles in delivering an effective session
2.2 Understand the dangers associated with outdoor swimming	<ul style="list-style-type: none"> Identify hazards associated with outdoor swimming Describe measures that can be put in place to maintain the safety of outdoor swimmers

2.3 Know the type of equipment required for outdoor swimming	<ul style="list-style-type: none"> Identify equipment required by an outdoor swimming leader Describe the purpose of equipment required by an outdoor swimming leader Identify equipment used by an outdoor swimmer Describe the purpose of equipment used by an outdoor swimmer
2.4 Know key outdoor swimming skills	<ul style="list-style-type: none"> Describe the key skills required by outdoor swimmers
2.5 Plan for an outdoor swimming session	<ul style="list-style-type: none"> Complete a location and activity specific risk assessment Produce an outdoor swimming session plan

Unit 3: Leading outdoor swimming	
Learning outcomes <i>The Learner will be able to...</i>	Assessment criteria <i>The Learner can...</i>
3.1 Lead an outdoor swimming session	<ul style="list-style-type: none"> Complete a daily risk assessment Lead a planned outdoor swimming session Use effective methods of communication Lead the outdoor swimming session effectively
3.2 Evaluate own performance as an outdoor swimming leader	<ul style="list-style-type: none"> Complete a self-evaluation of own performance Complete a personal development plan

3 Assessment

3.1 Assessment Summary

The purpose of assessment is to ensure that effective learning has taken place and to enable individuals the opportunity to demonstrate their learning through the achievement of all the learning outcomes and assessment criteria.

3.2 Assessment Process

The Approved Training Centre undertakes the assessment. This is referred to as internal assessment.

All evidence produced by the individual must be their own, and in English.

All Learning Outcomes and Assessment Requirements must be achieved.

3.3 Assessment Tasks

Assessment is made up of a number of activities that are set by Swim England Qualifications and include:

- Theoretical Questions**
- Location and activity specific risk assessment**
- Daily risk assessment**
- Session plan**
- Observation**
- Self-evaluation and personal development plan**

For Approved Training Centres that wish to develop their own assessment activities they should refer to the SEQ Level 2 Outdoor Swimming Leader Assessment Strategy.

4 Contact points

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5 Head office address

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