

SE LONDON WINTER CHAMPIONSHIPS 2024

QUALIFYING AND CONSIDERATION TIMES

SHORT COURSE

	MALE				FEMALE			
	Junior		Senior		Junior		Senior	
	QT	CT	QT	CT	QT	CT	QT	CT
50m Freestyle	25.50	26.90	24.60	25.90	28.60	30.10	27.60	29.00
100m Freestyle	55.40	58.30	54.60	57.50	1:01.80	1:05.00	59.20	1:02.30
200m Freestyle	2:02.90	2:09.30	2:00.20	2:06.40	2:11.50	2:18.30	2:09.40	2:16.20
400m Freestyle	4:26.70	4:40.50	4:12.40	4:25.60	4:40.00	4:54.50	4:35.50	4:49.70
800m Freestyle	9:22.30	9:51.40	9:00.00	9:28.10	9:39.10	10:09.00	9:32.20	10:01.80
1500m Freestyle	17:48.40	18:43.70	17:00.50	17:53.50	17:51.00	18:46.40	17:35.50	18:30.20
50m Backstroke	30.20	31.80	29.80	31.40	33.00	34.70	32.30	34.00
100m Backstroke	1:04.70	1:08.00	1:02.50	1:05.80	1:08.90	1:12.50	1:06.30	1:09.70
200m Backstroke	2:21.90	2:29.20	2:16.10	2:23.10	2:29.00	2:36.60	2:24.70	2:32.20
50m Breaststroke	33.20	34.90	32.00	33.70	36.80	38.70	35.20	37.10
100m Breaststroke	1:13.20	1:17.00	1:09.70	1:13.40	1:18.90	1:23.00	1:17.90	1:22.00
200m Breaststroke	2:41.90	2:50.30	2:33.10	2:41.10	2:52.40	3:01.30	2:50.10	2:58.90
50m Butterfly	27.80	29.30	25.40	26.70	31.00	32.60	29.20	30.70
100m Butterfly	1:01.70	1:04.90	1:00.30	1:03.40	1:09.50	1:13.10	1:07.30	1:10.80
200m Butterfly	2:20.50	2:27.70	2:18.90	2:26.10	2:36.20	2:44.20	2:32.70	2:40.60
100m Individual Medley	1:05.00	1:09.19	1:01.00	1:04.05	1:10.00	1:13.50	1:09.00	1:12.45
200m Individual Medley	2:24.80	2:32.30	2:14.60	2:21.60	2:31.90	2:39.80	2:26.40	2:34.00
400m Individual Medley	5:04.00	5:19.70	4:55.00	5:10.30	5:20.60	5:37.10	5:10.00	5:26.00

LONG COURSE

	MALE				FEMALE			
	Junior		Senior		Junior		Senior	
	QT	CT	QT	CT	QT	CT	QT	CT
50m Freestyle	26.30	27.62	25.40	26.67	29.30	30.77	28.30	29.72
100m Freestyle	56.90	59.75	56.10	58.91	1:03.10	1:06.26	1:00.60	1:03.63
200m Freestyle	2:05.70	2:11.99	2:03.00	2:09.15	2:14.10	2:20.81	2:12.10	2:18.71
400m Freestyle	4:31.90	4:45.49	4:17.90	4:30.79	4:45.00	4:59.25	4:40.50	4:54.52
800m Freestyle	9:32.50	10:01.13	9:10.60	9:38.13	9:49.00	10:18.45	9:42.20	10:11.31
1500m Freestyle	18:07.50	19:01.88	17:20.50	18:12.52	18:10.10	19:04.61	17:54.90	18:48.64
50m Backstroke	30.90	32.45	30.50	32.03	33.60	35.28	32.90	34.55
100m Backstroke	1:05.90	1:09.19	1:03.80	1:06.99	1:10.10	1:13.61	1:07.50	1:10.88
200m Backstroke	2:24.20	2:31.41	2:18.50	2:25.43	2:31.20	2:38.76	2:27.00	2:34.35
50m Breaststroke	34.10	35.81	33.00	34.65	37.60	39.48	36.10	37.91
100m Breaststroke	1:14.90	1:18.65	1:11.50	1:15.08	1:20.50	1:24.53	1:19.50	1:23.48
200m Breaststroke	2:45.10	2:53.36	2:36.50	2:44.33	2:55.40	3:04.17	2:53.20	3:01.86
50m Butterfly	28.50	29.93	26.10	27.41	31.60	33.18	29.80	31.29
100m Butterfly	1:02.90	1:06.05	1:01.50	1:04.58	1:10.60	1:14.13	1:08.40	1:11.82
200m Butterfly	2:22.70	2:29.83	2:21.20	2:28.26	2:38.20	2:46.11	2:34.80	2:42.54
200m Individual Medley	2:27.50	2:34.88	2:17.50	2:24.38	2:34.50	2:42.23	2:29.10	2:36.55
400m Individual Medley	5:09.70	5:25.19	5:00.90	5:15.94	5:26.00	5:42.30	5:15.60	5:31.38

Junior is 16 & Under

Senior is 17 & Over