

AQUATICS GB PARA WINTER MEET 2024

Hosted by Swim England



Sandwell Aquatics Centre | 23 - 24 November 2024

MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
50m FREESTYLE			
S1	02:20.36	02:01.22	01:42.08
S2	01:51.43	01:36.23	01:21.04
S3	01:38.25	01:24.85	01:11.46
S4	01:19.75	01:08.88	00:58.00
S5	01:05.52	00:56.58	00:47.65
S6	01:02.85	00:54.28	00:45.71
S7	01:00.24	00:52.02	00:43.81
S8	00:55.70	00:48.11	00:40.51
S9	00:52.71	00:45.52	00:38.34
S10	00:51.06	00:44.10	00:37.14
S11	00:56.96	00:49.19	00:41.42
S12	00:50.58	00:43.68	00:36.78
S13	00:51.06	00:44.10	00:37.14

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m FREESTYLE			
S1	04:58.83	04:18.08	03:37.33
S2	03:54.59	03:22.60	02:50.61
S3	03:23.92	02:56.11	02:28.30
S4	02:53.67	02:29.99	02:06.30
S5	02:27.44	02:07.34	01:47.23
S6	02:18.56	01:59.66	01:40.77
S7	02:12.20	01:54.17	01:36.14
S8	02:06.92	01:49.61	01:32.30
S9	01:54.91	01:39.24	01:23.57
S10	01:51.41	01:36.22	01:21.02
S11	02:03.53	01:46.68	01:29.84
S12	01:55.92	01:40.11	01:24.30
S13	01:51.43	01:36.23	01:21.04
S14	01:52.82	01:37.43	01:22.05
200m FREESTYLE			
S1	10:14.48	08:50.69	07:26.90
S2	08:45.93	07:34.21	06:22.50
S3	07:18.75	06:18.92	05:19.09
S4	06:02.65	05:13.20	04:23.74
S5	05:22.87	04:38.84	03:54.82
S14	04:07.28	03:33.56	02:59.84

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
400m FREESTYLE			
S6	10:43.32	09:15.60	07:47.87
S7	10:06.23	08:43.56	07:20.90
S8	09:43.35	08:23.80	07:04.26
S9	09:11.72	07:56.48	06:41.25
S10	08:42.96	07:31.65	06:20.34
S11	09:50.63	08:30.09	07:09.55
S12	09:01.09	07:47.31	06:33.52
S13	08:44.00	07:32.54	06:21.09
50m BACKSTROKE			
S1	02:18.12	01:59.28	01:40.45
S2	01:57.13	01:41.16	01:25.18
S3	01:38.47	01:25.04	01:11.62
S4	01:30.18	01:17.88	01:05.58
S5	01:09.12	00:59.70	00:50.27

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BACKSTROKE			
S1	04:52.16	04:12.32	03:32.48
S2	04:13.75	03:39.15	03:04.54
S6	02:39.98	02:18.17	01:56.35
S7	02:29.91	02:09.47	01:49.02
S8	02:17.61	01:58.84	01:40.08
S9	02:11.38	01:53.47	01:35.55
S10	02:05.82	01:48.66	01:31.50
S11	02:25.22	02:05.42	01:45.62
S12	02:12.02	01:54.02	01:36.02
S13	02:03.99	01:47.08	01:30.18
S14	02:05.14	01:48.07	01:31.01
50m BREASTSTROKE			
SB1	02:52.52	02:29.00	02:05.47
SB2	02:03.02	01:46.25	01:29.47
SB3	01:42.28	01:28.33	01:14.38

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BREASTSTROKE			
SB4	03:22.31	02:54.72	02:27.14
SB5	03:07.29	02:41.75	02:16.21
SB6	02:51.95	02:28.50	02:05.06
SB7	02:34.70	02:13.61	01:52.51
SB8	02:27.93	02:07.76	01:47.58
SB9	02:23.77	02:04.16	01:44.56
SB11	02:34.68	02:13.59	01:52.50
SB12	02:20.95	02:01.73	01:42.51
SB13	02:18.53	01:59.64	01:40.75
SB14	02:18.05	01:59.23	01:40.40
50m BUTTERFLY			
S1	04:19.91	03:44.47	03:09.02
S2	01:56.51	01:40.62	01:24.74
S3	01:43.38	01:29.28	01:15.18
S4	01:29.06	01:16.91	01:04.77
S5	01:07.36	00:58.18	00:48.99
S6	01:07.12	00:57.97	00:48.82
S7	01:03.62	00:54.95	00:46.27

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BUTTERFLY			
S8	02:16.47	01:57.86	01:39.25
S9	02:08.15	01:50.68	01:33.20
S10	01:59.13	01:42.89	01:26.64
S11	02:13.45	01:55.25	01:37.06
S12	02:04.96	01:47.92	01:30.88
S13	01:58.36	01:42.22	01:26.08
S14	01:59.20	01:42.94	01:26.69
150m IM			
SM1	10:44.34	09:16.47	07:48.61
SM2	07:28.43	06:27.28	05:26.13
SM3	06:27.49	05:34.65	04:41.81
SM4	05:10.57	04:28.22	03:45.87

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MQS - Open

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
200m IM			
SM5	06:06.41	05:16.45	04:26.48
SM6	05:46.57	04:59.31	04:12.05
SM7	05:26.02	04:41.56	03:57.10
SM8	05:09.25	04:27.08	03:44.91
SM9	04:50.53	04:10.91	03:31.30
SM10	04:36.50	03:58.79	03:21.09
SM11	05:03.95	04:22.50	03:41.06
SM12	04:47.91	04:08.65	03:29.39
SM13	04:29.94	03:53.13	03:16.32
SM14	04:40.50	04:02.25	03:24.00

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
50m FREESTYLE			
S1	01:52.93	01:37.53	01:22.13
S2	01:58.67	01:42.49	01:26.30
S3	01:28.70	01:16.61	01:04.51
S4	01:21.22	01:10.15	00:59.07
S5	01:14.89	01:04.68	00:54.46
S6	01:11.61	01:01.85	00:52.08
S7	01:09.61	01:00.12	00:50.62
S8	01:05.80	00:56.83	00:47.86
S9	01:00.10	00:51.91	00:43.71
S10	01:00.32	00:52.10	00:43.87
S11	01:04.24	00:55.48	00:46.72
S12	00:58.63	00:50.64	00:42.64
S13	00:58.43	00:50.46	00:42.50

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m FREESTYLE			
S1	04:03.06	03:29.91	02:56.77
S2	04:16.32	03:41.37	03:06.42
S3	03:12.76	02:46.48	02:20.19
S4	02:54.42	02:30.63	02:06.85
S5	02:54.42	02:30.63	02:06.85
S6	02:35.89	02:14.63	01:53.38
S7	02:32.26	02:11.50	01:50.74
S8	02:20.05	02:00.95	01:41.86
S9	02:12.44	01:54.38	01:36.32
S10	02:07.91	01:50.47	01:33.02
S11	02:24.65	02:04.93	01:45.20
S12	02:09.38	01:51.74	01:34.10
S13	02:06.15	01:48.95	01:31.74
S14	02:04.48	01:47.50	01:30.53
200m FREESTYLE			
S1	08:45.84	07:34.14	06:22.43
S2	10:19.21	08:54.77	07:30.34
S3	07:10.06	06:11.41	05:12.77
S4	06:17.37	05:25.91	04:34.45
S5	06:07.64	05:17.51	04:27.38
S14	04:32.16	03:55.05	03:17.94

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
400m FREESTYLE			
S6	11:10.05	09:38.68	08:07.31
S7	10:47.42	09:19.13	07:50.85
S8	10:23.50	08:58.48	07:33.46
S9	10:08.70	08:45.69	07:22.69
S10	09:40.98	08:21.75	07:02.53
S11	10:47.88	09:19.53	07:51.18
S12	09:37.15	08:18.45	06:59.74
S13	09:40.62	08:21.45	07:02.27
50m BACKSTROKE			
S1	02:26.37	02:06.41	01:46.45
S2	02:10.64	01:52.82	01:35.01
S3	01:52.95	01:37.55	01:22.14
S4	01:45.56	01:31.16	01:16.77
S5	01:21.62	01:10.49	00:59.36

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BACKSTROKE			
S1	05:20.39	04:36.70	03:53.01
S2	04:52.78	04:12.85	03:32.93
S6	02:55.05	02:31.18	02:07.31
S7	02:54.83	02:30.99	02:07.15
S8	02:38.64	02:17.01	01:55.38
S9	02:31.23	02:10.61	01:49.98
S10	02:26.74	02:06.73	01:46.72
S11	02:41.61	02:19.57	01:57.54
S12	02:30.57	02:10.04	01:49.50
S13	02:22.21	02:02.82	01:43.42
S14	02:24.76	02:05.02	01:45.28
50m BREASTSTROKE			
SB1	02:58.42	02:34.09	02:09.76
SB2	02:21.53	02:02.23	01:42.93
SB3	02:01.55	01:44.98	01:28.40

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BREASTSTROKE			
SB4	03:49.70	03:18.38	02:47.06
SB5	03:41.30	03:11.12	02:40.94
SB6	03:20.95	02:53.55	02:26.14
SB7	03:21.17	02:53.74	02:26.30
SB8	02:55.85	02:31.87	02:07.89
SB9	02:36.18	02:14.88	01:53.58
SB11	02:55.52	02:31.58	02:07.65
SB12	02:40.89	02:18.95	01:57.01
SB13	02:43.02	02:20.79	01:58.56
SB14	02:38.44	02:16.84	01:55.23
50m BUTTERFLY			
S1	01:52.49	01:37.15	01:21.81
S2	02:08.19	01:50.71	01:33.23
S3	01:41.35	01:27.53	01:13.71
S4	01:28.48	01:16.42	01:04.35
S5	01:25.29	01:13.66	01:02.03
S6	01:16.01	01:05.64	00:55.28
S7	01:12.58	01:02.68	00:52.78

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
100m BUTTERFLY			
S8	02:33.71	02:12.75	01:51.79
S9	02:26.41	02:06.44	01:46.48
S10	02:24.06	02:04.41	01:44.77
S11	02:45.37	02:22.82	02:00.27
S12	02:18.84	01:59.91	01:40.98
S13	02:17.74	01:58.96	01:40.18
S14	02:19.33	02:00.33	01:41.33
150m IM			
SM1	08:16.85	07:09.10	06:01.34
SM2	10:28.01	09:02.37	07:36.74
SM3	06:13.56	05:22.62	04:31.68
SM4	06:13.56	05:22.62	04:31.68

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MQS - Female

	"GROUP A 10 - 13"	"GROUP B 14 - 17"	"GROUP C 18+"
200m IM			
SM5	07:10.91	06:12.15	05:13.39
SM6	06:28.70	05:35.69	04:42.69
SM7	06:23.35	05:31.07	04:38.80
SM8	05:55.28	05:06.83	04:18.38
SM9	05:36.01	04:50.19	04:04.37
SM10	05:18.67	04:35.22	03:51.76
SM11	05:48.55	05:01.02	04:13.49
SM12	05:18.03	04:34.66	03:51.30
SM13	05:11.17	04:28.74	03:46.30
SM14	05:10.18	04:27.88	03:45.58