



**BRITISH  
MASTERS  
SWIMMING**

# BRITISH MASTERS CHAMPIONSHIPS

13-15 June 2025 | London Aquatics Centre

## CONFIRMATION PACK



WILL JOHNSTON  
PHOTOGRAPHY





## Contents

Key Information.....	3
Swim England .....	3
Venue.....	3
Privacy policy and photography consent .....	3
Travel insurance .....	3
Venue Information.....	4
By Train.....	4
Parking.....	4
Accessible Parking .....	4
Café .....	5
Welcome Desk .....	5
Security .....	5
Entries .....	5
Competitor Communications – WhatsApp - UPDATED .....	5
Competition Information .....	6
Event Schedule .....	6
Event Conditions .....	6
Formation of Heats.....	6
Clear Deck and Venue Flows .....	6
Marshalling.....	6
Pool Information .....	7
Warm Up & Swim Down .....	7
Warm Up Periods .....	8
Warm Up Marshals.....	10
Start Sheets & Results – UPDATED .....	10
Starting Blocks .....	10
Competitor Information.....	11
Withdrawals.....	11
Relay Team Declaration .....	11
Withdrawal and Team Declaration Deadlines .....	11
Resolution Desk .....	12
Medal Presentations.....	12
The Cupar Trophy .....	12
Records.....	12
Change of Club .....	12
Para Swimmers Support Staff .....	12
Swimwear.....	13
Personal Conduct.....	13
Spectator Information.....	13
General Event Information .....	13
First Aid.....	13
Event Merchandise.....	14
Swim England Merchandise .....	14
Event Photography .....	14
Mobile Phones .....	15
Thank You .....	15



## Key Information

Swim England	Venue
<b>National Events Team</b> Email: <a href="mailto:nationalevents@swimming.org">nationalevents@swimming.org</a>	<b>London Aquatics Centre</b> <b>Queen Elizabeth Olympic Park, London E20 2ZQ</b>
<b>Entries</b>	
<b>Entries Administrator:</b> Bernie Buck Email: <a href="mailto:mastersrecorder@swimenglandvolunteers.org">mastersrecorder@swimenglandvolunteers.org</a>	<a href="#">Website</a> Tel: 0208 5363150
<b>Event Website</b>	
All Key Championships information can be found on: <a href="#">Event Website</a>	



## Privacy policy and photography consent

All individuals entering Swim England events are asked to complete a photography/video consent form for close up and identifiable images or videos prior to attending the event.

**[PHOTOGRAPHY CONSENT FORM](#)**

*Photographs and/or videos will be taken and stored in accordance with Swim England [Privacy Policy](#) (See Policy SE 1046) and [Wavepower](#) and retained for a period 5 years.*

## Travel insurance

Affiliated Swim England clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular, there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please contact Howden directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

Unfortunately, non-Swim England members do not have the benefit of third party and personal accident insurance effected by Swim England and would therefore need to seek insurance coverage separately.

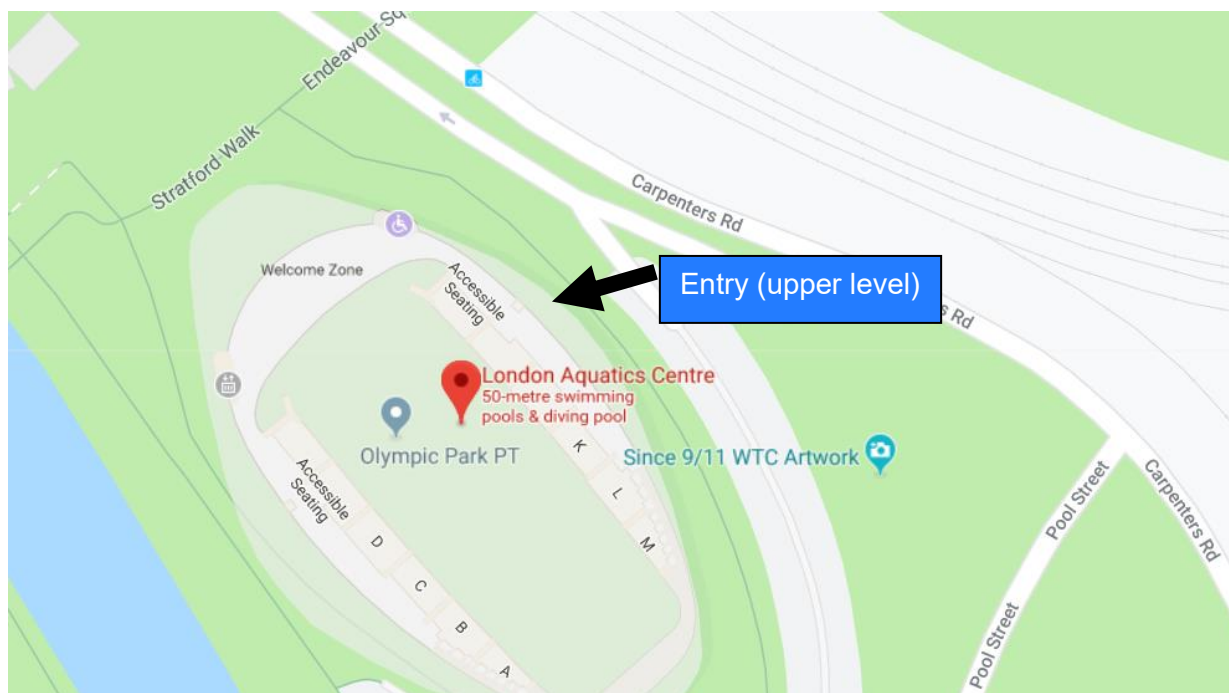
## Venue Information

### London Aquatics Centre

Queen Elizabeth Olympic Park  
Stratford  
London  
E20 2AQ

### Venue Access

Event entrance for all attending is via the upper-level side entrance of the Aquatics Centre (the side parallel to Carpenters Road, not the river side).



### By Train

The Elizabeth Line, Central and Jubilee underground lines, London Overground and Network Rail all stop at Stratford Station, which is just a 10-minute walk from the centre. Meanwhile, the London Overground also stops at Hackney Wick, which is a 15-minute walk. For cyclists, there are more than 140 cycle racks outside the centre.

If, however, you're coming from farther afield, trains from central London (St Pancras International & Kings Cross stations) take just seven minutes to reach Stratford International, which is just a five-minute stroll to the centre.

### Parking

Public transport is the best and easiest way to get to the venue and we strongly discourage all those coming to the event from travelling to the venue by car as there is no available event venue parking.

### Accessible Parking

A limited amount of accessible parking bays is available at the venue. Accessible parking is free with a badge but please note you will have to enter your registration number into the system at reception.

## Café

The venue has a café on site that serves a range of food and refreshments.

## Welcome Desk

The event Welcome Desk will be located on the upper level of the venue on the balcony as you enter the venue.

## Security

Spectators and competitors are asked to be extra vigilant and take care not to leave their belongings unattended. Any concerns should be reported to event or venue staff.



## Entries

All submitted Individual entries can be viewed [here](#).

All submitted Relay entries can be viewed [here](#)

The Draft Programme can be viewed [here](#)

If you believe that your name is missing, please contact [mastersrecorder@swimenglandvolunteers.org](mailto:mastersrecorder@swimenglandvolunteers.org) by midday, Wednesday 4 June 2025.

**Please Note: We will not be making any amendments to entry times, events or Clubs.**



## Competitor Communications – WhatsApp - UPDATED

We will be using WhatsApp communications Channel for the British Masters Championships 2025.

This channel will be the official source for updates and important information throughout the event. To join, simply scan the QR code below.



Updates and important information will also be delivered through venue announcements during the competition.

QR codes linking to the Start Lists / Results website will be available on venue.



## Competition Information

### Event Schedule

The event schedule is available to view [here](#).

**Please Note: The schedule may be subject to last minute changes, but competitors will be informed via the WhatsApp channel and announcements if changes do occur.**

### Event Conditions

The British Masters Championship event conditions can be found [here](#).

### Formation of Heats

All events are Heat Declared Winner within each individual age classification.

In each event, with the exception of the 50m events, competitors will be seeded according to their entry time and will compete against those with similar times from the various age groups taking part in the event. For 50m and Team events competitors will be seeded in age groups as far as possible; this is at the discretion of event management, who retain the right to amend seeding based on entries.

### Clear Deck and Venue Flows

We will be operating a clear deck policy and therefore require all competitors and coaches to sit upstairs in the spectator balconies when not competing or using the warm up and swim down facilities.

Please make your way down to the pool deck **four heats** before you are due to race, and you must return to the balconies once your race or swim down is complete. Lifts are available for those who have difficulty with stairs.

Access to the deck can be made through the changing rooms.

You must follow the instructions of the Field of Play volunteers. Non-compliance will be reported to the management team and in such cases the swimmer may be excluded from the competition.

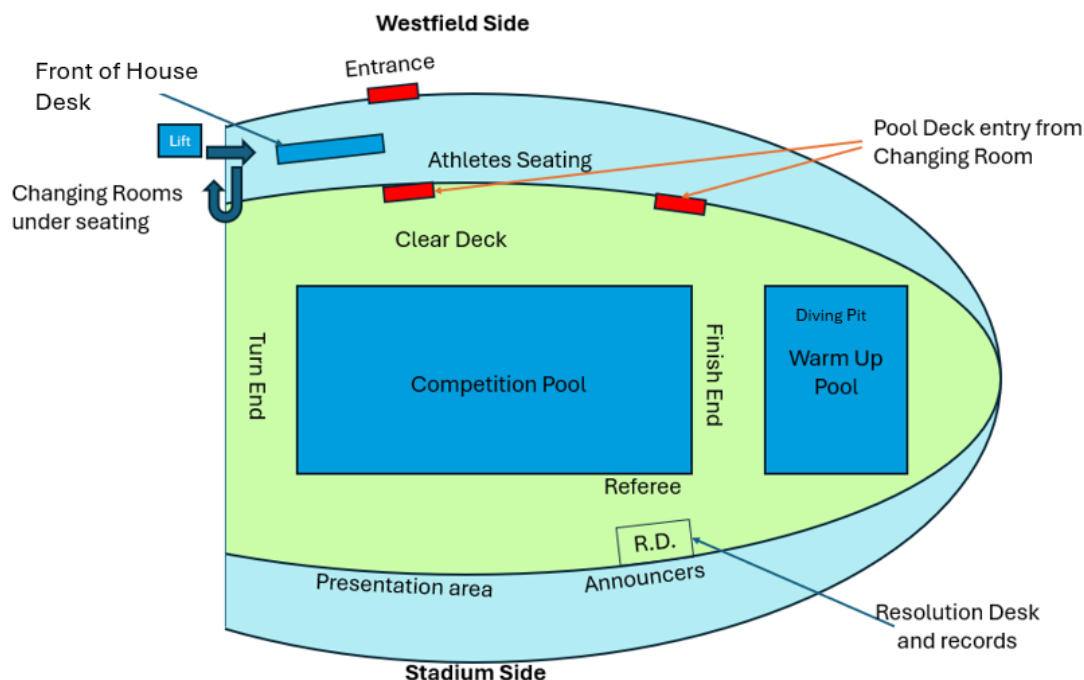
### Marshalling

You should only arrive at the pool side within four heats of your race. Please stay at the side until the heat before yours has started.

**Please Note: Should you miss your heat for whatever reason, you will not be able to swim in a later heat.**

## Pool Information

The competition will take place in the main 50m competition pool. Warm up will take place in the competition pool, as well as the diving pit. All 50m events, EXCEPT 50m BACKSTROKE, will start at the Turn End of the pool. 50m Backstroke will start at the Diving Pool End due to the calibration of the Backstroke ledges.



## Warm Up & Swim Down

Warm up will take place in the competition pool and diving pit prior to each session. Warm up and swim down facilities will also be available in the Diving pit throughout the competition. Swimmers are reminded to follow the instructions given below and any additional instructions from event staff. This will ensure we can give all competitors the best warm up facilities available.

- Diving is prohibited in all warm up sessions except in designated sprint lanes.
- Restrict your warm ups to the session in which you are competing.
- Practise backstroke starts in designated sprint lanes only.
- When resting / stopping keep to the corners of the lane.
- When entering the water, do not jump in.
- Choose the lane where the swimmers best match your speed.
- Be conscious that others are also warming up.
- Please note that fins, bungees, hand paddles and snorkels are not allowed at this event.

If you are not swimming until the end of a session, you may like to wait until the competition has started and warm up in the diving pit.

## Warm Up Periods

<u>Warm Up Schedule Session 1</u>	
<b>Mixed Warm Up for 1 hour</b>	
<b>All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise.</b>	
<b>07:45</b>	<b>Lane 0 - Dive Lane throughout from both ends - Stay to the right limit 20m only</b>
	<b>Lane 1 - Protected lane for 70yrs +</b>
	<b>Lanes 2 to 9 - General Warm Up - Slowest in lane 2 to Fastest in lane 9</b>

<u>Warm Up Schedule Session 2</u>		
<b>Split Warm Up</b>		
<b>All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise</b>		
Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only		
Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9		
11:55	Male - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:10	Male - Under 45yrs (15 Minutes)	
12:25	Female - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:40	Female - Under 45yrs (15 Minutes)	

<u>Warm Up Schedule Session 3</u>		
<b>Split Warm Up</b>		
<b>All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise</b>		
Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only		
Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9		
16:15	Male - 50yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
16:30	Male - Under 50yrs (15 Minutes)	
16:45	Female - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
17:00	Female - Under45 yrs (15 Minutes)	

<u>Warm Up Schedule Session 4</u>		
<b>Split Warm Up</b>		
<b>All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise</b>		
Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only		
Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9		
07:45	Female – All Ages (15 Minutes)	Lane 1 Protected for 70yrs +
08:15	Male – All Ages (15 Minutes)	Lane 1 Protected for 70yrs +

**Warm Up Schedule Session 5****Split Warm Up****All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise**

Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only

Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9

11:45	Female - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:00	Female - Under45 yrs (15 Minutes)	
12:15	Male - 50yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:30	Male - Under 50yrs (15 Minutes)	

**Warm Up Schedule Session 6****Split Warm Up****All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise**

Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only

Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9

15:45	Female - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
16:00	Female - Under45 yrs (15 Minutes)	
16:15	Male - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
16:30	Male - Under 45yrs (15 Minutes)	

**Warm Up Schedule Session 7****Split Warm Up****All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise**

Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only

Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9

07:45	Male - 50yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
08:00	Male – Under 50yrs (15 Minutes)	
08:15	Female - 40yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
08:30	Female - Under 40yrs (15 Minutes)	

**Warm Up Schedule Session 8****Split Warm Up****All Warm Ups - Odd lanes Clockwise, Even Number lanes Anti Clockwise**

Lane 0 - Dive Lane throughout from both ends - Stay to the right, limit 20m only

Lanes 2 to 9 - General Warm Up - Slowest in 2 to Fastest in lane 9

12:05	Female - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:20	Female – Under 45yrs (15 Minutes)	
12:35	Male - 45yrs and over (15 Minutes)	Lane 1 Protected for 70yrs +
12:50	Male - Under 45yrs (15 Minutes)	

These arrangements have been made to make the best use of warm up facilities, given the number of swimmers in each session. The diving pit will be available throughout the meet, with six lanes. There will be signs indicating the direction of swimming in each lane, please adhere to these and no diving.

The Meet Director may change warm up timings at their discretion. Competitors will be informed via the WhatsApp channel and venue announcements if changes do occur.

## **Warm Up Marshals**

Please follow the guidance of Warm up marshals at all times.

We need your help to make this event a success and are looking for warm up marshals at the start of each session to create a safe and pleasant warm up. If you can help, please email Swim England Events Team ([nationalevents@swimming.org](mailto:nationalevents@swimming.org)) to register. For those new to this role, a briefing will be provided for all warm up marshals prior to commencing the role.

Thank you in advance for your assistance in providing a safe environment for swimmers to warm up.

## **Start Sheets & Results – UPDATED**

Start sheets and results for all events will only be available to view online.

The WhatsApp Channel, along with the venue announcements, will communicate when Start sheets and results are available and can be viewed on the event result website [here](#).

QR codes (as below) linking to the event result websites will be available throughout the venue.



Start sheets will be available for viewing approximately 30 minutes prior to the commencement of the session apart from Sessions 4 & 7, which will be available the evening before.

## **Starting Blocks**

There will be a full set of starting blocks in the competition pool. These are the “track-start” design. Backstroke ledges will be available; however, they do not need to be used if you are not comfortable doing so.



## Competitor Information

### Withdrawals

Withdrawal From

[Withdraw HERE](#)

To withdraw for any event please use the above online form. A QR code to the online withdrawal form will also be available around the venue.

Entry fee refunds will **NOT** be made for withdrawals, unless on medical grounds with a supporting doctor's note to be presented. This must be emailed to [nationalevents@swimming.org](mailto:nationalevents@swimming.org).

**Please Note:** A competitor who does not present themselves to compete in an event, without complying with the correct withdrawal procedure will be withdrawn from all their remaining events including relays.

Competitors wishing to be reinstated, may be permitted to compete in the remaining events, even if the start list has been finalised, subject to the following:

- The Administration Charge of £10 being paid before the cut off time for withdrawals for the session in which they wish to compete
- There is a planned empty lane in which they can compete
- The Recorders have sufficient time to insert the competitor
- Such a decision will be at the sole discretion of the Meet Director

### Relay Team Declaration

Relay Team Declaration Form

available from 12:00 noon, Monday 9 June 2025

[Team Declaration HERE](#)

Please be reminded that all swimmers in relay teams must have registered using the online entry form. Swimmers not registered will not be allowed to swim.

### Withdrawal and Team Declaration Deadlines

The deadline for all withdrawals and team declarations are as follows:

SESSION	SESSION START TIMES	TEAM DECLARATION & WITHDRAWAL CUT OFF TIMES
<b>SESSION 1</b> Friday 13 June	09:00	0745 – Friday 13 June
<b>SESSION 2</b> Friday 13 June	13:00	09:00 – Friday 13 June
<b>SESSION 3</b> Friday 13 June	17:00	13:00 – Friday 13 June
<b>SESSION 4</b> Saturday 14 June	09:00	17:30 – Friday 13 June
<b>SESSION 5</b> Saturday 14 June	12:50	09:00 – Saturday 14 June
<b>SESSION 6</b> Saturday 14 June	16:50	13:00 – Saturday 14 June
<b>SESSION 7</b> Sunday 15 June	09:00	17:30 – Saturday 14 June
<b>SESSION 8</b> Sunday 15 June	13:30	09:00 – Sunday 15 June

## Resolution Desk

The Resolution Desk will manage all competition queries including, but not limited to, Withdrawals, Team Declarations and Record Applications.

The Resolution Desk can be found just outside the entrance to the **Timing Suite** from poolside and will be staffed from 07:45 on each day of competition.

## Medal Presentations

Medals shall be awarded to the first, second and third placed competitors in each age group for each event. Medals will be available to collect from the event Welcome Desk, positioned on the concourse inside the pool hall, next to the entrance into the venue, half an hour after the race. The swimmer will need to provide their name, club and event at the medal desk in order to collect it.

Please collect your medals early, session by session. Do not leave them all until the end.

A Record Breaking Medal shall also be awarded to those competitors who achieve a British, European or World record. These will be presented to the athletes on the concourse, above the timing suite, inside the pool hall.

Record Breaking Athletes are requested to report to the Resolution Desk for instructions regarding the Record Breaking Medal Presentations.

## The Cupar Trophy

This will be awarded to the club, British or overseas, whose swimmers gain the most points as set out below: -

Placing	Individual Points	Team Points (Relays)
1 <sup>st</sup>	3	3
2 <sup>nd</sup>	2	2
3 <sup>rd</sup>	1	1

## Records

Whilst we aim to identify all World, European and British Records which are broken during the competition, remember that the ultimate responsibility for claiming a record lies with the athlete(s) concerned. If you set a record and it is not announced, please inform the Resolution Desk as soon as possible. All records will be checked by the Resolution Desk. After the competition, if you notice a record has not been identified, please notify [helen.akers@swimming.org](mailto:helen.akers@swimming.org).

## Change of Club

Athletes are reminded that they may only represent one club in both individual events and relay events during this competition. Changes to clubs represented will **NOT** be allowed after entry.

## Para Swimmers Support Staff

A competitor may have support staff in attendance on poolside, only if their code of exception has A, Y or T.

## Swimwear

All swimwear must comply with World Aquatics requirements. Competitors are not permitted to wear swimwear with a zipper or other fastening systems. This does not include drawstring etc. in jammers which are provided to maintain modesty. If you need more information, please refer to World Aquatics General Rule GR5 and By-Law BL8.

**Please Note: Only one suit may be worn.**

## Personal Conduct

We would like to remind competitors that inappropriate behaviour towards Swim England Event Staff, Volunteers and Technical Officials, is in conflict with the principles of Masters Competition.

If a competitor behaves in a manner likely to cause offence, action may be taken by the Meet Director, which may result in exclusion from the remainder of the competition if deemed appropriate.

Competitors are reminded that changing should not take place on the pool deck or in the stands.

Please take care when on poolside where at times the ground may be wet.



## Spectator Information

This is not a ticketed event and spectators are welcome free of charge.



## General Event Information

All event updates and additional information will be uploaded to the British Masters Championships web page [here](#).

## First Aid

There will be a paramedic and first responder present at these Championships. Pool staff will also be available to administer first aid where necessary. If medical assistance is required, please approach the nearest Swim England staff member, volunteer or member of venue staff, who will contact a first aider.

The nearest hospital and A&E to London Aquatics Centre is:

[Homerton University Hospital](#)

Homerton Row

Hackney

London

E9 6SR

S5 7AU

## Event Merchandise

A limited selection of event hoodies and t-shirts will be available to purchase at the event, subject to availability.



**Pre-ordered event hoodies and t-shirts** will be available for collection from the Front of House desk.

## Swim England Merchandise

A limited supply of Swim England merchandise will be available to purchase at the Front of House desk.



## Event Photography

Will Johnston Photography will be providing photography for the competition. You will be able to purchase photos via [Will Johnston Photography Website](https://www.willjohnstonphotography.com).



**W I L L J O H N S T O N**  
**P H O T O G R A P H Y**

Will Johnston Photography is proud to be the official photography provider for this event.

Photographs are available on our website:  
[willjohnstonphotography.com](https://www.willjohnstonphotography.com)

**Order within 48 hours of the event and save up to 20% on prints and gifts.**



email: [pictures@willjohnstonphotography.com](mailto:pictures@willjohnstonphotography.com)

telephone: 07984 165837

twitter: @whjohnston

[www.willjohnstonphotography.com](https://www.willjohnstonphotography.com)

## Mobile Phones

Swim England members and volunteers are reminded that the use of mobile phones or devices in changing rooms is prohibited throughout the event.



This follows an update to Swim England’s safeguarding policy and procedures document, [Wavepower](#).

Swim England’s Keep it in Your Locker campaign raises awareness of the change, which has been introduced to help protect members from instances of inappropriate photos or video footage being taken.

To find out more, and watch a video, please scan the QR code above or click [here](#).



## Thank You

We would like to thank all our volunteers, officials and event stakeholders for supporting the planning and delivery of the British Master Championships 2025.