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**GoCardless**

 **Swim England**  
Swimming

# NATIONAL COUNTY TEAM CHAMPIONSHIPS

5 October 2025 | Ponds Forge, Sheffield

## Entry Pack

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## Introduction

This document contains the required information needed to enter GoCardless Swim England National County Team Championships 2025. Please ensure you read this document carefully as some information may be new to you. Details on how to enter online are included in this document.



## Contacts

Swim England	Venue
Events Officer	
Jade Smith Email: <a href="mailto:NationalEvents@swimming.org">NationalEvents@swimming.org</a>	<a href="#"><u>Ponds Forge International Sports Centre</u></a> Sheaf Street Sheffield Yorkshire S1 2BP
Designated Welfare Officer	
Amelia Stewart Email: <a href="mailto:safeguarding@swimming.org">safeguarding@swimming.org</a>	Tel: 0114 2233400

## Event Website

[GoCardless Swim England National County Team Championships](#)



## Key Dates & Timings

Eligible Athletes View - open	12 noon, Wednesday 3 September 2025
Eligible Athletes View - close	12 noon, Tuesday 16 September 2025
Entries OPEN	12 noon, Wednesday 17 September 2025
Team Key Information Form Submission	12 noon, Wednesday 17 September 2025
Online pre-event Team Managers Meeting	12 noon <b>OR</b> 18:00, Wednesday 24 September 2025
Entries CLOSE	12 noon, Wednesday 1 October 2025
Team Managers Meeting	10:00, Sunday 5 October 2025
Final Name Changes only	Up until end of Team Managers Meeting, Sunday 5 October 2025
Technical Officials Meeting*	11:00, Sunday 5 October 2025

\* All timings are approximate and subject to change

## Competition Timings - Sunday 5 October\*

Opening Ceremony	12:30
Competition Starts	13:00

\* All timings are approximate and subject to change



## Privacy Policy and Photography Consent

All individuals entering Swim England events are asked to complete a photography / video consent form for close up and identifiable images or videos prior to attending the event.

### PHOTOGRAPHY CONSENT FORM

Please be aware that more general images or videos of the event will also be taken. These images or videos may be used by Swim England on its website and social media channels to promote this event and events in the future, or by our commercial partners/supporting organisations for advertising purposes. If you have any concerns, please contact [nationalevents@swimming.org](mailto:nationalevents@swimming.org).

*Photographs and/or videos will be taken and stored in accordance with Swim England [Privacy Policy](#) (See Policy SE 1046) and [Wavepower](#) and retained for a period 5 years.*



## Travel Insurance

Affiliated Swim England clubs and members thereof have the benefit of third party and personal accident insurance effected by Swim England. However, this does not include travel insurance for trips in the UK or abroad, in particular, there is no cover for travel or accommodation costs for the cancellation of an event.

Some clubs and members may already have the benefit of their own group or personal travel insurance. For those that do not have travel insurance for this event and wish to get a Sport Travel Insurance quote please contact Howden directly on 0121 698 8052. Alternatively, you can seek cover from another insurance provider.

Unfortunately, non-Swim England members do not have the benefit of third party and personal accident insurance effected by Swim England and would therefore need to seek insurance coverage separately.



## Code of Ethics and Code of Conduct

Everyone attending Swim England events and activities plays a role in shaping a positive and respectful sporting environment. We ask all participants to uphold the values of **One Swim England** — We include, We are ambitious, We collaborate, We do what's right — and to lead by example both in and out of the water being respectful, responsible and supportive throughout the event.

Our expectations are grounded in the **Swim England Code of Ethics**, which sets out the principles that guide behaviours across the sport, and the **Codes of Conduct**, which define role-specific standards of behaviours. These documents help ensure that everyone can enjoy positive, inclusive and safe experience.

- **One Swim England Values:** [View One Swim England Strategy and Values](#)
- **Code of Ethics:** [View Swim England Handbook \(p.17\)](#)
- **Codes of Conduct:** [View role-specific codes of conducts \(Wavepower, from p.104\)](#)

Thank you for helping to uphold the standards, where everyone feels welcome, supported and inspired to achieve.

## Team Key Information Form

<b>Team Key Information Form Deadline:</b>	<b>12 noon, Wednesday 17 September</b> at the latest
<p><b>SUBMIT TEAM KEY INFORMATION FORM <a href="#">HERE</a></b></p> <p>All counties/teams must complete the Team Key Information Form. Please complete and submit at the earliest opportunity.</p>	

A Team Manager Handbook will be circulated to all Team Managers after 17 September.

## Online Pre-event Team Managers Briefing

One representative from every county due to participate at the event is encouraged to attend an online pre-event briefing to hear all the key event information.

Only one of the online meetings needs to be attended, as the same information will be conveyed. There is no requirement to sign up in advance. Although this is not a mandatory briefing, we strongly encourage participation.

<b>Pre-event online briefing</b>		<b>12:00 OR 18:00, Wednesday 24 September 2025</b>	
<b>Option 1</b>	<b>Wednesday 24 September</b>	<b>12:00</b>	<b><a href="#">JOIN MEETING HERE</a></b>
<b>Option 2</b>	<b>Wednesday 24 September</b>	<b>18:00</b>	<b><a href="#">JOIN MEETING HERE</a></b>

The usual Competition Day Team Manager's meeting will take place as detailed in the schedule on page [p.3](#) and below.



## How To Enter

### Entry Deadlines

Eligible Athletes View - open	12 noon, Wednesday 3 September 2025
Eligible Athletes View - close	12 noon, Tuesday 16 September 2025
Entries OPEN	12 noon, Wednesday 17 September 2025
Team Key Information Form Submission	12 noon, Wednesday 17 September 2025
Entries CLOSE	12 noon, Wednesday 1 October 2025

Final name changes will be permitted up to the end of the Team Managers meeting on **Sunday 5 October**. Seeding will remain unchanged as result of any entries and/or name changes made **after Wednesday 1 October**.

### Entry Process

County Athlete Entries	<b>SUBMIT ENTRIES</b> <a href="#">HERE</a>
Relay Team Declarations	<b>SUBMIT ENTRIES</b> <a href="#">HERE</a>

All individual and relay members must be included in the online entry system. **Relay selections may only be made from the submitted list.**

Final alterations to the team, if any, must be done by **12 noon, Wednesday 1 October**. No further changes after this date will be permissible with the exception of name changes on medical grounds.

### Uploading an accreditation photo

All competitors are required to upload a photo of themselves for accreditation purposes before an entry can be submitted. **If a competitor does not have a photo they will not be granted accreditation and will not be sent an accreditation pass.**

See *Accreditation* section for further information on Accreditation process.

Photos should be uploaded via the [BIOGS PAGE](#).

If the photo is deemed to be unsuitable (either on the grounds of poor quality or wrong identity) entry into the event may not be permitted.

### Entry Confirmation

All confirmed county team entries can be viewed online:	<a href="#">CONFIRMED ENTRIES</a>
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**All confirmed county team entries will be published online.**

Counties should check their entries carefully and should contact National Events with any errors and name changes as soon as possible to [nationalevents@swimming.org](mailto:nationalevents@swimming.org).



## Accreditation

Accreditation must be worn at all times inside the venue within accredited areas. Checks will be carried out at the event and entry may be denied without the accreditation pass. Accreditations are issued on an individual and event basis and are non-transferrable.

### Competitors

**County competitors' accreditations will be emailed after all entries have closed to the key contact email address provided at the time of entry. All accreditations must be printed in advance and brought to the event.**

The following guidelines should be followed to ensure competitor accreditation is correct:

- Competitor accreditation must be printed in advance and brought to the event.
- Once printed, the accreditation should be folded twice so that the photo is visible on the front and back.
- Lanyards and pouches will be available for collection at the event.
- A £10 charge will be applied to replace any lost or forgotten accreditations.

### Coaches, Team Managers and Chaperones

Counties are entitled to up to five event accreditation passes for Team staff. Teams must follow the guidance as set out in the current version of [Wavepower](#) and individuals may only act in one role at the event:

<b>Poolside Accreditation Pass Charge</b>	<b>£6</b>
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Coaches, team managers and chaperones requiring access to poolside must have a poolside accreditation pass in advance of the event. Clubs/teams must follow the guidance as set out in the current version of [Wavepower](#) and individuals may only act in one role at the event and fulfil the following criteria:

- 1. DBS:** You must have a valid Disclosure and Barring Service (DBS) with Barred List check.
- 2. Safeguarding Certificate:** All coaches, team managers and chaperones are required to have an approved and in date safeguarding certificate recorded with the Swim England's Membership department.
- 3. Minimum Qualification/Requirements (specific to the role):** Coaches must have a qualification in line with the Swim England [Coaching Policy](#). Team Managers must have the appropriate Team Manager module for the competition and Chaperones must only be in attendance on a 1:1 support basis for an athlete as per the [Team Manager, Coach and Chaperone Policy](#).

Membership Check	<a href="#">MEMBERSHIP CHECK</a>
Apply for Accreditation – England	<a href="#">Apply for Accreditation</a>
Apply for Accreditation – Scottish, Welsh & Overseas	<a href="#">Apply for Accreditation</a>

### Lost or Forgotten Accreditation Passes

A £10 charge will be applied on all lost or forgotten passes if a competitor arrives at the event without their accreditation.

Accreditation checks will be carried out at the event and entry into the event may be denied without the accreditation pass.

## Schedule of Events

<b>EVENT 1</b>	101. FEMALE 16/17	100m FREESTYLE
<b>EVENT 2</b>	102. OPEN/MALE 16/17	100m FREESTYLE
<b>EVENT 3</b>	103. FEMALE 12/13	100m BREASTSTROKE
<b>EVENT 4</b>	104. OPEN/MALE 12/13	100m BREASTSTROKE
<b>EVENT 5</b>	105. FEMALE 14/15	100m BUTTERFLY
<b>EVENT 6</b>	106. OPEN/MALE 14/15	100m BUTTERFLY
<b>EVENT 7</b>	107. FEMALE 16/17	100m BACKSTROKE
<b>EVENT 8</b>	108. OPEN/MALE 16/17	100m BACKSTROKE
<b>EVENT 9</b>	109. FEMALE 12/13	100m FREESTYLE
<b>EVENT 10</b>	110. OPEN/MALE 12/13	100m FREESTYLE
<b>EVENT 11</b>	111. FEMALE 14/15	100m BREASTSTROKE
<b>EVENT 12</b>	112. OPEN/MALE 14/15	100m BREASTSTROKE
<b>EVENT 13</b>	113. FEMALE 16/17	100m BUTTERFLY
<b>EVENT 14</b>	114. OPEN/MALE 16/17	4 X 50m MEDLEY TEAM
<b>EVENT 15</b>	115. FEMALE 12/13	4 X 50m MEDLEY TEAM
<b>EVENT 16</b>	116. OPEN/MALE 14/15	4 X 50m MEDLEY TEAM
<b>EVENT 17</b>	117. OPEN/MALE 16/17	100m BUTTERFLY
<b>EVENT 18</b>	118. FEMALE 12/13	100m BACKSTROKE
<b>EVENT 19</b>	119. OPEN/MALE 12/13	100m BACKSTROKE
<b>EVENT 20</b>	120. FEMALE 14/15	100m FREESTYLE
<b>EVENT 21</b>	121. OPEN/MALE 14/15	100m FREESTYLE
<b>EVENT 22</b>	122. FEMALE 16/17	100m BREASTSTROKE
<b>EVENT 23</b>	123. OPEN/MALE 16/17	100m BREASTSTROKE
<b>EVENT 24</b>	124. FEMALE 12/13	100m BUTTERFLY
<b>EVENT 25</b>	125. OPEN/MALE 12/13	100m BUTTERFLY
<b>EVENT 26</b>	126. FEMALE 14/15	100m BACKSTROKE
<b>EVENT 27</b>	127. OPEN/MALE 14/15	100m BACKSTROKE
<b>EVENT 28</b>	128. FEMALE 16/17	4 X 50m MEDLEY TEAM
<b>EVENT 29</b>	129. OPEN/MALE 12/13	4 X 50m MEDLEY TEAM
<b>EVENT 30</b>	130. FEMALE 14/15	4 X 50m MEDLEY TEAM
<b>EVENT 31</b>	131. MIXED	6 X 50m MIXED FREESTYLE TEAM

## Competition Information

### Conditions

Event Conditions can be viewed on p.14.

### Division List

Division 1	Division 2
1. Kent	1. Scotland North
2. Yorkshire	2. Cheshire
3. Derbyshire	3. Cambridgeshire
4. Surrey	4. Dorset
5. Essex	5. Norfolk
6. Scotland West	6. Swim Wales West
7. Somerset	7. Suffolk
8. Lancashire	8. Gloucestershire
9. Devon	9. Hertfordshire
10. Northumberland & Durham	10. Leicestershire
11. Scotland East	11. Lincolnshire
12. Warwickshire	12. Bedfordshire
13. Hampshire	13. Nottinghamshire
14. Sussex	14. Northamptonshire
15. Worcestershire	15. Wiltshire
16. Swim Wales East	16. Cumbria
17. Berkshire & South Buckinghamshire	17. Cornwall
18. Middlesex	18. Shropshire
19. Staffordshire	
20. Oxford & North Buckinghamshire	



## Warm up

Warm up is split into two sessions, each at 40 minutes, to allow competitors the optimal preparation ahead of competition. Each county will be allocated a lane for the warmup and counties will be required to manage their own lanes and competitor's access. Further information will be made available in the event Team Managers Pack.

All timings are approximate and subject to change. Lane allocation has been made at random.

<b>Division 1 (Scoreboard end)</b>			
<b>Warm up 1</b>	<b>10:00</b>	<b>Access to changing rooms</b>	
	<b>10:45</b>	<b>Warm up starts</b>	
	<b>11:25</b>	<b>Warm up closes</b>	
<b>LANE 0</b>	Essex	<b>LANE 5</b>	Hampshire
<b>LANE 1</b>	Devon	<b>LANE 6</b>	Worcestershire
<b>LANE 2</b>	Berkshire & South Buckinghamshire	<b>LANE 7</b>	Swim Wales East
<b>LANE 3</b>	Scotland West	<b>LANE 8</b>	Somerset
<b>LANE 4</b>	Yorkshire	<b>LANE 9</b>	Scotland East
<b>Warm up 2</b>	<b>10:45</b>	<b>Access to changing rooms</b>	
	<b>11:30</b>	<b>Warm up starts</b>	
	<b>12:10</b>	<b>Warm up closes</b>	
<b>LANE 0</b>	Oxford & North Buckinghamshire	<b>LANE 5</b>	Sussex
<b>LANE 1</b>	Surrey	<b>LANE 6</b>	Staffordshire
<b>LANE 2</b>	Lancashire	<b>LANE 7</b>	Derbyshire
<b>LANE 3</b>	Warwickshire	<b>LANE 8</b>	Middlesex
<b>LANE 4</b>	Kent	<b>LANE 9</b>	Northumberland & Durham

<b>Division 2 (diving pit end)</b>			
<b>Warm up 1</b>	<b>10:05</b>	<b>Access to changing rooms</b>	
	<b>10:50</b>	<b>Warm up starts</b>	
	<b>11:30</b>	<b>Warm up closes</b>	
<b>LANE 0</b>	Scotland North	<b>LANE 5</b>	Swim Wales West
<b>LANE 1</b>	Wiltshire	<b>LANE 6</b>	Suffolk
<b>LANE 2</b>	Dorset	<b>LANE 7</b>	Bedfordshire
<b>LANE 3</b>	Norfolk	<b>LANE 8</b>	Cumbria
<b>LANE 4</b>	Gloucestershire	<b>LANE 9</b>	Cornwall
<b>Warm up 2</b>	<b>10:50</b>	<b>Access to changing rooms</b>	
	<b>11:35</b>	<b>Warm up starts</b>	
	<b>12:15</b>	<b>Warm up closes</b>	
<b>LANE 0</b>	Cambridgeshire	<b>LANE 5</b>	Lincolnshire
<b>LANE 1</b>	Hertfordshire	<b>LANE 6</b>	Northamptonshire
<b>LANE 2</b>	Leicestershire	<b>LANE 7</b>	Nottinghamshire
<b>LANE 3</b>	Cheshire	<b>LANE 8</b>	
<b>LANE 4</b>	Shropshire	<b>LANE 9</b>	

## Late Arrival

Should a county team arrive late for the start of the event, there will be no allowances made for a warmup. One point will be awarded for each event that is missed during the competition.

## Changing Rooms

Changing rooms are available for competitors on male and female basis. Please note the changing rooms access times listed as part of the warmup section (p. 9) and note the specific session access time. Competitors are encouraged to change swiftly, as facilities are limited and a large of volume of competitors is expected at the competition.

## Mobile Phones

Swim England members are reminded that the use of mobile phones or devices in changing rooms for any purpose is prohibited throughout the event. This follows an update to Swim England's safeguarding policy and procedures document, [Wavepower](#).



[Keep it in Your Locker](#) campaign raises awareness of the change, which has been introduced to help protect members from instances of inappropriate photos or video footage being taken.

## Anti-Doping

Anti-Doping Rules	<a href="#">Anti-Doping Rules</a>
Swim England – further support	<a href="mailto:antidoping@swimming.org">antidoping@swimming.org</a>
Information on medications	UKAD website, <a href="#">click here</a>
Medications check	Global DRO, <a href="#">Medications Check</a>
How to apply for TUE	UKAD website, <a href="#">click here</a>
National TUE Pool check	UKAD website, <a href="#">click here</a>

By entering this event the athlete consents to report to Doping Control, if requested, at any time during this event and agrees to abide by the British Swimming Anti-Doping Rules (2021), which Swim England is signed up to.

If an athlete is tested through doping control at an event, they should ensure they provide detail of all medications (prescribed or over the counter and including dosage) and supplements taken within the last 7 days in advance of the test on the Doping Control Form. Any previously disclosed medications or supplements to the athlete's club and/or talent programme are still required to be included on the doping control form.

### Medications

- Medication should be checked via Global DRO (see above).
- If the medication being taken is prohibited in or out of competition, a Therapeutic Use Exemption (TUE) may be required.

### Therapeutic Use Exemption (TUE)

- If an athlete IS WITHIN the National TUE Pool they are required to obtain a TUE before using a prohibited medication or method. Athletes can check if they are within the National TUE Pool via UKAD website (see above) and by selecting 'aquatics'.
- If an athlete is NOT within the National TUE Pool but using a prohibited medication or method and is subject to doping control they are required to apply for a retroactive TUE as soon as possible after doping control. A retroactive TUE must be submitted to UKAD (UK Anti-Doping) within five (5) working days of the testing taking place.

All athletes are subject to 'Strict Liability' which means an athlete is wholly responsible for any banned substance found in their system, no matter how it got there.

## Technical Official Requirement

**Division 1:** teams 1 to 11 (inclusive) are required to bring one technical official and teams 12 to 20 (inclusive) are required to bring two technical officials.

**Division 2:** teams 1 to 7 (inclusive) are required to bring one technical official and teams 8 to 19 are required to bring two technical officials

Division 1		Division 2	
One Official		One Official	
1	Oxfordshire & North Buckinghamshire	1	Nottinghamshire
2	Staffordshire	2	Shropshire
3	Scotland East	3	Suffolk
4	Scotland West	4	Wiltshire
5	Somerset	5	Scotland North
6	Surrey	6	Swim Wales West
7	Sussex		
8	Swim Wales East		
9	Warwickshire		
10	Worcestershire		
11	Yorkshire		
Two Officials		Two Officials	
12	Middlesex	8	Cambridgeshire
13	Berkshire & South Buckinghamshire	9	Cheshire
14	Derbyshire	10	Dorset
15	Devon	11	Cornwall
16	Essex	12	Bedfordshire
17	Hampshire	13	Cumbria
18	Kent	14	Gloucestershire
19	Lancashire	15	Hertfordshire
20	Northumberland & Durham	16	Leicestershire
		17	Lincolnshire
		18	Norfolk
		19	Northamptonshire



## General Information

### Event Hub

All updates and additional information will be uploaded to the [Swim England Swimming Hub](#).

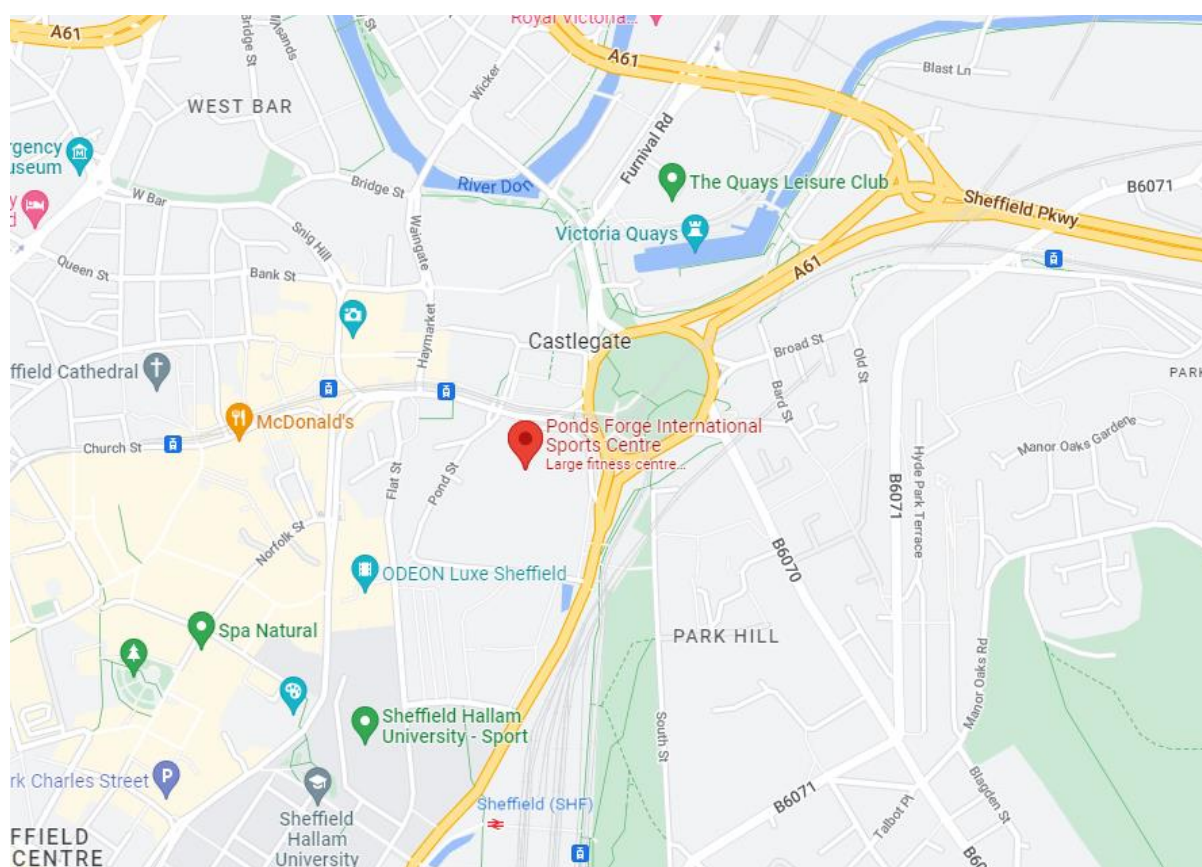


### Venue Information

#### [Ponds Forge International Sports Centre](#)

Sheaf Street  
Sheffield  
Yorkshire  
S1 2BP

Tel: 0114 2233400



### Food and Drink

There will be provision to buy food and drink at the venue. The venue cafe offers a range of food and drink, including quick snacks and healthy meals.

### Clean Air Zone

Sheffield City Council operates a Clean Air Zone (CAZ) 24 hours a day, 365 days a year and covers an area of the city centre within the A4540 Middleway.

- Further information can be found [here](#).
- Check if your vehicle qualifies for Clean Air Zone [here](#).

### Car Parking

Parking at Ponds Forge is not available to event attendees, except for those with a blue badge, as the venue is still open to the public. Therefore, we recommend using public transport to get to the venue where possible. Should blue badge users intend to park at Ponds Forge, please note they must comply with the venue's car park management service (ParkingEye). Tickets can be purchased from the machines located at the entrance to the lift lobbies.

We recommend parking just across the road at Castle Gate Q-Park, Broad Street. At Q Park you need to collect a ticket and take it to Ponds Forge reception, there you can either scan it in the Q Park machine or collect a hard copy voucher. This entitles you to up to 50% off parking at the Q Park.

### Coach Parking

Coach Parking will be arranged on a **pre-booked basis only** and teams will be asked to register via the Key Team Information Form (p.4).

### Spectators Tickets

**PLEASE NOTE:** Due to the nature of this popular and exciting event and counties travelling with a strong cohort of supporters, the venue spectator capacity only allows for a limited amount of spectator tickets.

Please book early to avoid disappointment.

Tickets can be pre-ordered online ahead of the event with online sales opening from **12 noon on Wednesday 3 September** and will remain open subject to availability.

All spectator seating is purchased on an unreserved seating basis.

<b>Adult</b>	<b>£11</b>
<b><a href="#">BUY EVENT TICKETS ONLINE HERE</a></b>	

\*Children under 5 free of charge.

All ticket holders will be issued with a wristband(s) from the Welcome Desk on presentation of their ticket booking confirmation - digital or paper format is accepted.

### Event Merchandise

Event Merchandise will be available to purchase at the event. Further details of available merchandise will be published in the Team Manager Handbook.

## Conditions

1. The Swimming Leadership Group (“the Group”) reserves full powers over the National County Team Championships (“the Competition”), including but not limited to cancelling, postponing or changing the Competition venue and/or format due to reasons beyond its reasonable control.
2. The Competition shall be held under the Swim England Regulations and Technical Rules.
3. There will be one National competition comprising the 33 English counties (as structured at 1 May 2005) from the eight Regions of Swim England, the 4 administrative Districts of Scotland and 2 of Wales making a total of 39 teams. All 39 teams will be referred to as “county” in the following conditions.
4. All affiliated counties are eligible and entry shall be by invitation and acceptance of invitation.
5. The Competition will take place at Ponds Forge International Sports Centre, Sheaf Street, Sheffield, on Sunday 5 October 2025 and will be based on submitted times – the fastest time recorded in British Rankings Database will be offered by the Online Entry System. The team events will be seeded using times from the previous year’s results. The Competition will be run in two divisions, using 2 x 25m 10-lane pools concurrently. Division I (“Div I”) will swim in the ‘Scoreboard end’ pool and will comprise of the top 16 counties from last year’s Div I competition and top 4 from Division II (“Div II”) competition. Div II will swim in the ‘Diving Pit end’ pool and will comprise of the bottom 4 counties from last year’s Div I competition and 5th - 19th places from Div II competition.
6. For the following year’s event, the last four teams from Div I may be relegated to Div II and the top four teams from Div II may be promoted to Div I.
7. Age as of 31 December 2025.
8. Age Groups and Categories:
  - 8.1. Open/Male and Female 12/13 years
  - 8.2. Open/Male and Female 14/15 years
  - 8.3. Open/Male and Female 16/17 years
9. The Female category is for birth sex females in accordance with Swim England Transgender and Non-Binary Competition Policy. By entering the ‘Female’ category, a swimmer confirms that their birth sex is female.
10. A member of a County team shall be a member of a club within that county.
  - 10.1. Swimmers who are members of more than one club in different counties, are eligible to compete for the County in whose County Championship they competed in during 2025. Swimmers eligible to compete for either an English County team or a representative Scottish District or Welsh Area team shall be free to select for which team they will compete.
  - 10.2. Any swimmer whose eligibility is not determined shall be eligible for selection for the County to which their club, of longest unbroken membership, is affiliated.
11. The order of events for this competition is as published in a separate document.
12. Initial Entries should be received no later than 12 noon on Wednesday 1 October 2025.
  - 12.1. All individual and relay members must be included in the online entry system. Relay selections may only be made from the submitted list.
  - 12.2. Final name changes will be permitted up to the end of the team managers meeting on Sunday 5 October 2025.

13. Events shall be:
  - 13.1. Individual: 100m Backstroke, Breaststroke, Butterfly and Freestyle in Open/Male and Female in all age groups.
  - 13.2. Team: 4 x 50m Medley Team in Open/Male and Female in all age groups.
  - 13.3. 6 x 50m Mixed Freestyle Team: one open/male, one female from each age group swum in any order.
14. Over the top starts will be used except for the backstroke events.
15. Each county is allowed a maximum of 30 swimmers in their team and is allowed one swimmer in each individual event and one team in the team events. There is no swimming out of age group. Swimmers are limited to two individual swims, plus the relay events. All events in the two separate divisions will be decided on a Heat Declared Winner basis.
16. Points for both team and individual events shall be 20 descending down to 1 point in order of finishing (both Divisions). In the event of a tie in points between teams, the higher placed of the teams (involved in the tie) in the Mixed Freestyle Team race shall be declared the winner. In the case of a tie in this event, the team having the most first places and so on in succession, shall be declared the winner. NB: No points shall be awarded for a disqualification.
17. Counties are required to provide one or two licensed technical officials as detailed in the Entry Pack.
18. All counties must comply with the requirements of the Swim England Supervisory Requirements [here](#).
19. The Swim England Swimming Leadership Group shall determine any dispute, question, or other matter, for which these conditions do not provide. On the day of the event the Meet Director shall act as promoter.