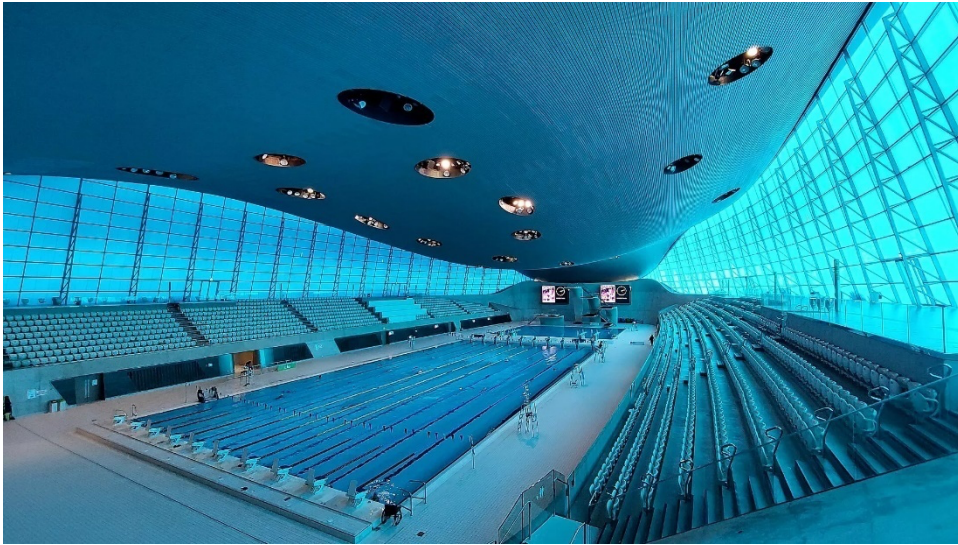


LONDON REGION MASTERS LONG COURSE COMPETITION 2026



ENTRY PACK AND GENERAL MEET CONDITIONS

16 MAY 2026

LONDON AQUATICS CENTRE

1 WELCOME

Welcome to the 2026 Swim England London Region Masters Long Course Competition. Please read this document fully and carefully, it contains important information for those wishing to enter this event.

2 INTRODUCTION

- 2.1 This document contains the required information needed to enter the London Region Masters Long Course Competition 2026. Please ensure you read this document fully as some information may be new to you.
- 2.2 All entries must be made online, including payment. Details on how to enter online are included in this document or are available for download from the Meet Page on the Swim England London website.

3 CONTACTS

- 3.1 London Region Masters Events Team Email: Masters.Chairman@LondonSwimming.org
- 3.2 Venue: London Aquatics Centre, Queen Elizabeth Olympic Park, Stratford, London E20 2AQ.
- 3.3 London Aquatics Centre website including travel and transport information: <https://www.londonaquaticscentre.org/>. Public transport is the best and easiest way to get to and from the centre.

4 KEY DATES

Phase 1 - Entries Open	0800, Saturday, 28 February 2026
Phase 2 - Entries Open	0800, Saturday, 14 March 2026
Phase 1 and 2 - Entries Close	2359, Wednesday, 29 April 2026

5 TRAVEL AND ACCOMMODATION

- 5.1 Competitors are advised to book flexible/ refundable travel and accommodation as entries will not be confirmed until after entries close.

6 PHOTOGRAPHY

- 6.1 By submitting an entry, entrants are accepting that their photograph and video images may be taken and used to promote the sport by Swim England London, and/or made available for download and purchase. Races may be live streamed. All photography will conform to the "Swim England Photography and Photographing Swimmers Policy".

7 MOBILE PHONES IN CHANGING ROOMS

- 7.1 In line with Swim England and WavePower, any use by any person of a mobile phone or device is prohibited from the point of entry to a changing room until after exiting the changing room. In practice this means that any mobile phone or device must be in a bag or pocket, it must not be visible. There are no exemptions to this rule.

8 SPECTATORS

- 8.1 Spectators must prebook entry. Entry can be purchased on the day at the door using the provided QR code. However, there will be no cover from inclement weather. There will be no entry other than by using the online ticketing system.
- 8.2 Please book spectator tickets via the London Region Masters 2026 Competition Page:
- 8.3 <https://www.swimming.org/london/se-london-region-masters-competition-2026/>

- 8.4 Entry is £5 per day for adults (16+). Entry for those under 16 is free but they must be accompanied by an adult at all times.

9 HOW TO ENTER

- 9.1 For all up-to-date event information, including links to key documents, please visit the London Region Masters 2026 Competition Page:

9.2 <https://www.swimming.org/london/se-london-region-masters-competition-2026/>

- 9.3 Entry Fees:

Individual entry fee (per event)	£15.00
Team entry fee (per event)	£24.00

- 9.4 There are no Qualifying or Considerations times for the event. Entry times MUST appear on British Event Rankings, including Masters Rankings, for the course entered or the equivalent country link for swimmers subject to other National Governing Bodies, and swum since 01 January 2022.
- 9.5 Entries will be processed on a 'first-come, first-served' basis.
- 9.6 There are no times required on British Ranking for team events.
- 9.7 All events are open to Para-swimmers and Para swimmers have the opportunity to take part in the competition with their own multi-classifications results. Medals will be determined using British Paralympic Points.
- 9.8 Para swimmers do need a time listed on the British Event Rankings or the equivalent country link for swimmers subject to other National Governing Bodies. Times must be obtained since 1 January 2022 in a long course or short course event.
- 9.9 Para-swimming will be integrated into the programme, with medals available for classified competitors S1 to S14 in the below events:

Stroke/Distance	Range of Classifications
Freestyle – 50m & 100m	S1 - S14 (inclusive)
Freestyle – 200m	S1 - S5 (inclusive) & S14
Freestyle – 400m	S6 – S14 (inclusive)
Backstroke – 50m	S1 – S5 (inclusive)
Backstroke – 100m	S1, S2 & S6 – S14 (inclusive)
Breaststroke – 50m	SB1 – SB3 (inclusive)
Breaststroke – 100m	SB4 – SB9 & SB11 – SB14 (inclusive)
Butterfly – 50m	S1 – S7 (inclusive)
Butterfly – 100m	S8 – S14 (inclusive)
Individual Medley – 200m	SM5 – SM14 (inclusive)

- 9.10 Para swimmers should enter events as individuals (not via their club) to ensure classification codes are captured in the entry process.
- 9.11 Entries will be split across two phases, subject to availability.
- 9.11.1 Phase 1: Open to London Region swimmers only
- Swimmer must be a Club Compete Member of and competing for a London Region club with times on British Event Rankings.
 - Competitors may register for a maximum of eight individual events.
- 9.11.2 Phase 2: Open to all swimmers, plus team events
- Open to all UK Club Compete Members registered with times on British Event

Rankings or international swimmers with equivalent competitive membership and times recorded on their equivalent national database. Please provide evidence of such times to the promoter by email before the closing date.

- Competitors may register for a maximum of eight individual events, including Phase 1 competitors.

- 9.12 Team events are open to all swimmers.
- 9.13 All entries are to be submitted online via the London Region Masters 2026 Entry Portal the link to which can be found on the meet page:
- 9.14 <https://www.swimming.org/london/se-london-region-masters-competition-2026>
- 9.15 All pertinent and helpful documents can be found on the meet page.
- 9.16 All entries must be made online, and payment must be made in full to complete the entry process (before the closing date).
- 9.17 Payment is by credit or debit card only, please follow the instructions on the entry portal.
- 9.18 All entrants will receive an email from the entry system confirming your entry.
- 9.19 Please ensure you make the payment immediately **after** you have selected your events for entry. Your entry will not be processed until your payment has been made.
- 9.20 If after you have submitted your entry, you find you have missed an event, you may go back and make additional entries, as long as it does not exceed the maximum cap as per the Competition Conditions.
- 9.21 Entries can be withdrawn, with a full refund, up to the closing date on the entry portal. Entries can be withdrawn after the closing date but no refunds will be made.
- 9.22 Entries will be confirmed after the closing date and all successfully submitted entries will be published online and can be viewed via the London Region Masters 2026 Competition Page.
- 9.23 Please be aware, in the event of over-subscription of events, entries will be processed on a “first come, first served” basis. Any rejected entries arising from this process will be refunded in full.
- 9.24 Please contact London Region Masters Events Team if you have any issues.

10 HEALTH DECLARATION

- 10.1 Please read the following information carefully:
- 10.1.1 I am aware of the need to seek appropriate medical advice if I have any concerns as to the state of my health. I have not been informed by any medical practitioner and I do not have any knowledge of any medical condition which would make it inadvisable for me to participate in the London Region Masters Competition (“the Competition”). Accordingly, I declare that I am physically fit and well to participate in the Competition.
- 10.1.2 I am aware of and appreciate the inherent risks involved in such training and competition including the possibility of injury and accident. I undertake to always conduct myself in a responsible and professional manner.
- 10.1.3 I undertake at all times during the Competition to use my best endeavours to train and compete in a safe and proper manner and not to do anything which would expose myself or fellow swimmers to unnecessary risk of injury.
- 10.1.4 I further undertake at all times to take all reasonable safety measures for the protection of myself and fellow swimmers and to inform the Referee of any concerns I may have as regards to safety.
- 10.1.5 I hereby agree to abide by and be governed by the rules and regulations of Swim England and the Event Conditions.
- 10.2 Submission of an entry will confirm that you have read and understood the above provisions and agree to abide by them.

11 COMPETITOR INFORMATION

- 11.1 Please view the Event Schedule below and online.
- 11.2 The withdrawal process is outlined on the London Region Masters 2026 Competition Page.
- 11.3 Warm up will take place in the competition pool prior to each session. There are no other warm up or swim down facilities available.
- 11.4 Heat sheets will be posted at the pool before the start of each session and be available on-line via *Meet Mobile*. There will not be a printed programme available on the day, swimmers are advised to bring a copy of the events Schedule with them to the meet or use *Meet Mobile*.
- 11.5 Events will not be called. Swimmers must monitor the schedule and arrive at the Marshalling Area no more than two events prior to their events. Swimmers are responsible for making sure they are checked in at the correct lane for their event in time for the race (see heat sheets posted on the day).
- 11.6 Swimmers are reminded that to qualify for a British, European or World Masters record, their swimwear must be compliant with the World Aquatics requirements.
- 11.7 For safety and security reasons, the wearing of jewellery is not permitted while in the water during warm up and/ or competition. This includes watches, necklaces, chains, bangles, wrist bands, earrings (except studs), and rings (except wedding bands). London Swimming will not be responsible for any jewellery brought to events and will not be liable if such jewellery is lost or damaged.

12 SWIM ENGLAND TRANSGENDER AND NON-BINARY COMPETITION POLICY

- 12.1 Swim England has updated its Transgender and Non-Binary Competition Policy which became effective from 01 September 2023. Under the policy competitions, such as this meet, where the results will be submitted to Rankings, the event must be held with the following categories:
 - 12.1.1 **Female**—Swimmers with a birth sex of female and categorised as female in the Swim England on-line membership system OR
 - 12.1.2 **Open/ Male**—Swimmers with a birth sex of male, trans or non-binary swimmers and any swimmers not eligible for the female category.
- 12.2 For the avoidance of doubt, swimmers eligible for the Female category may not enter the Open/ Male category.
- 12.3 The word “Mixed” used in the Schedule of Events above means that Female and Open/Male category swimmers will swim together in the event.
- 12.4 Further details on the policy and the definitions can be found at:
- 12.5 <https://www.swimming.org/swimengland/transgender-competition-policy-update/>

13 CLEAR POOLSIDE POLICY

- 13.1 Swimmers must use the seats in the gallery and should only be on the pool side when going to and from the pool for warming up and to the marshalling area for their event.
- 13.2 Swimmers requiring assistance or reasonable adjustment to this policy should make themselves known to event organisers ahead of the event and to event marshals on the day.
- 13.3 Swimmers, please do not bring bags to the poolside, just bring what you need for your swim.

14 COACHES AND CHAPERONE PASSES

- 14.1 Coaches and Chaperones with a *Coaches Pass* will be allowed entry to poolside during the warm up if they are in possession of a pass issued by Swim England.
- 14.2 If a chaperone pass is required, the club (Chairman/ Secretary) should email Martyn Hudson at Swim England (martyn.hudson@swimming.org) with the members details (name

and Swim England number) and request they be added to the list of Chaperones. Once added the chaperone will remain on the list until removed.

- 14.3 **Coaches and Chaperone Passes** can be accessed through the member's individual page on the Swim England website:
- 14.3.1 Log on using the following link:
<https://www.swimmingresults.org/membershipcheck/#> and enter your membership number
- 14.3.2 When you have accessed your membership record, select Member Options at the bottom and enter your password to access your membership page
- 14.3.3 Once onto your individual membership page, select the option "Purchase accreditation for events click here"
- 14.3.4 You will then see a list of all the Counties and Regions using the on-line pass system
- 14.3.5 Select the London Region Masters event (do not select the London Region Summer Championships) and print your pass at home.
- 14.4 All passes are £5 per day. Applications for Chaperone and Coaches Passes will open on 1 April 2026.
- 14.5 Please note, if you are a swimmer entered in the competition and a coach you will not require a *Coaches Pass*.

15 SCHEDULE OF EVENTS

Session 1 - Warm up – 08:00 – Start 09:00			Session 2 - Warm up – 13:00 – Start 14:00		
1	Mixed	800m Freestyle	16	Mixed	400m Individual Medley
2	Open/Male	100m Fly	17	Mixed	200m Breaststroke
3	Female	100m Fly	18	Female	100m Freestyle
4	Open/Male	50m Breaststroke	19	Open/Male	100m Freestyle
5	Female	50m Breaststroke	20	Female	50m Fly
6	Mixed	200m Individual Medley	21	Open/Male	50m Fly
7	Open/Male	50m Backstroke	22	Female	100m Backstroke
8	Female	50m Backstroke	23	Open/Male	100m Backstroke
9	Mixed	200m Freestyle	24	Mixed	200m Fly
10	Open/Male	100m Breaststroke	25	Mixed	400m Freestyle
11	Female	100m Breaststroke	26	Female	50m Freestyle
12	Mixed	200m Backstroke	27	Open/Male	50m Freestyle
13	Mixed	4x50m Freestyle Relay	28	Mixed	4x50m Medley Relay
14	Open/Male	4x50m Freestyle Relay	29	Female	4x50m Medley Relay
15	Female	4x50m Freestyle Relay	30	Open/Male	4x50m Medley Relay

Lunch 12:30

Expected finish time: 17:15

Please note this schedule is subject to change.

16 EVENT CONDITIONS

- 16.1 The promoter is Michael Laniyan on behalf of Swim England London Region Masters, herein after called the "Promoter".
- 16.2 The Competition shall be held under Swim England Laws and Technical Rules of Masters Swimming the relevant World Para Swimming Rules and these Promoter's Conditions. These Rules apply to all age groups.

- 16.3 All competitors must be registered with a Swim England as Club Compete members or hold an equivalent competitive membership with Scottish Swimming or Swim Wales. Alternatively, competitors may have a competitive membership of a club which belongs to a swimming federation affiliated to World Aquatics. Temporary members are not eligible to enter these Championships.
- 16.4 All swimmers confirm by submitting their entry that they are registered as competitive with a World Aquatics affiliated organisation.
- 16.5 The age of competitors shall be determined as at midnight on 31 December 2026. All competitors must be 18 years or over on the first day of the Competition.
- 16.6 A competitor can only compete for one club in the competition and must be a registered member of that club on the day that they enter. Once entered into the Competition, a competitor may not change their club.

17 EVENTS

- 17.1 All events will be swum with one competitor per lane.
- 17.2 The individual events shall be (for both men and women):
- 50m, 100m, 200m, 400m and 800m Freestyle
 - 50m, 100m and 200m Backstroke, Breaststroke and Butterfly
 - 200m and 400m Individual Medley
- 17.3 The team events shall be
- 4x50m Medley Relay (mixed, female and male)
 - 4x50m Freestyle Relay (mixed, female and male)
- 17.4 All events are Heat Declared Winner within each individual age classification. In each event, competitors will be seeded according to their entry time and will compete against those with similar times from the various age groups taking part in the event. In the mixed events Open/ Male and Female swimmers will swim together in the same heats. This is at the discretion of event management, who retain the right to amend seeding based on entries.
- 17.5 The age groups for individual Masters events shall be for men and women:
- 18-24 years, 25-29 years, 30-34 years, 35-39 years, 40-44 years, 45-49 years, 50-54 years, 55-59 years, 60-64 years, 65-69 years, 70-74 years, 75-79 years, 80-84 years and in five year bands as high as necessary.
- 17.6 The age groups for team events shall be:
- 72 years and above, 100-119 years, 120-159 years, 160-199 years, 200-239 years, 240-279 years, 280-319 years and in 40-year increments as high as necessary.

18 ENTRIES

- 18.1 All entries shall be received by the relevant closing deadlines, accompanied by the appropriate entry fee:
- Individual entry fee per event is £15.00.
 - Team entry fee per event is £24.00.
- 18.2 Refunds shall only be issued:
- 18.2.1 where the meet is cancelled; or
 - 18.2.2 where there is a significant change to the schedule that results in a change of venue or session for the event entered, meaning that the competitor cannot swim; or
 - 18.2.3 where, in accordance with these conditions, entries have been rejected for meet management purposes.

- 18.3 The event promoter reserves the right to close entries progressively before the published closing date or reject entries after entries close should the individual event or session reach maximum capacity.
- 18.4 Individual entries will be processed in two phases on a “first-come, first-served” basis:
- 18.4.1 Phase 1 – London Clubs Only
- Entries will be processed online with entry times held on British Event Rankings.
 - Entries open to London Region Club Compete swimmers only.
 - Entries will be open as per the timings outlined above.
 - Entries will be capped to eight individual events, maximum, per competitor.
 - Entries can be made by London Region swimmers who have entry times on British Event Rankings obtained since 1 January 2022, these entries will be processed after entries close and are dependent upon space being available.
- 18.4.2 Phase 2 – London, UK, Overseas and Team Entries
- Entries will be processed online with entry times held on British Event Rankings.
 - Entries open to all Club Compete (or equivalent) swimmers.
 - Entries will be open as per the timings outlined above.
 - Entries are open to all competitors (up to eight individual events maximum), including Phase 1 competitors.
 - Entries can be made by swimmers who have entry times on British Event Rankings obtained since 1 January 2022, these entries will be processed after entries close and are dependent upon space being available.
- 18.5 A confirmed list of entries will be available online. Competitors must check their entries and notify the event management of any errors.
- 18.6 A competitor entering an event must have a time recorded, on British Event Rankings, for that event. The time must have been achieved on or after the 1 January 2022, prior to the closing date of entries to the competition.
- 18.7 Competitors from other swimming federations affiliated to World Aquatics must have a time on British Event Rankings or the equivalent to British Event Rankings for the events they wish to enter and, if requested, should provide evidence from national rankings, international rankings or official results sheets within the qualifying period. The spaces available to international competitors may be capped. Please contact the event team on Masters.Chairman@LondonSwimming.org
- 18.8 Entry times will be taken from British Event Rankings and can be long course or short course times. No converted times will be accepted.
- 18.9 Start lists will be produced using competitor’s entry times.
- 18.10 Para Competitors with a swimming classification held on the British Swimming Classification Database and registered with Swim England, Scottish Swimming or Swim Wales may enter the number of events stated in 9.1.2 and must have a time listed in the rankings database achieved during the qualifying period. International Para Competitors shall supply classification details during the entry process. Para swimmers must enter as individuals (not via their club) in the entry process.
- 18.11 Competitors whose entries have been confirmed are expected to swim unless they have formally withdrawn in accordance with the withdrawal procedure that will be published in the Confirmation Pack.
- 18.12 We advise attendees to book flexible/ refundable travel and/or accommodation arrangements. Swim England are not responsible for accommodation/travel and other related costs incurred because of entries being rejected due to over-subscription of events.

19 WITHDRAWALS

- 19.1 Information about how to withdraw and the associated deadlines will be published in the meet page on the London Swimming website.

20 COMPETITORS WITH A PERMANENT DISABILITY

- 20.1 A competitor who has a permanent disability shall not be disqualified where the disability prevents them from complying with the rules of a particular stroke, provided that the disability has been notified to the referee by the competitor or their representative before the race takes place, supported by a Certificate of Exception or similar document issued by their federation or a copy of their entry on the British Swimming database identifying their disability.

21 AWARDS

- 21.1 Results will be decided on heat times, there will be no finals.
21.2 Medals shall be awarded to the first three placed individual competitors and teams in each age group.
21.3 Swimmers and clubs will be ranked for the competition according to their accumulated points as set out below.

22 SAFETY

- 22.1 All competitors must ensure that they observe all safety announcements and conduct themselves with safety in mind at all times. Competitors must follow the instructions of the warm up marshals, failure to do so may exclude them from the competition.

23 EVENT CANCELLATION

- 23.1 In the instance that the event is cancelled by the event Promoter:
- 23.1.1 Full refunds of entry fees to the Championships will be offered to all competitors. The promoter accepts no responsibility for any consequential costs.
 - 23.1.2 We advise attendees to book flexible/ refundable travel and/ or accommodation arrangements. Swim England are not responsible for accommodation/ travel and other related costs incurred as a result of event cancellation/ venue changes.

24 SUPPLEMENTARY CONDITIONS FOR MULTI-CLASSIFICATION PARA CHAMPIONSHIPS

These supplementary conditions are to be adhered to together with the conditions above for British Masters Championships.

- 24.1 Events open to all classified competitors S1 to S14 as shown in the table in paragraph 9.9 above
- 24.2 Eligibility:
- 24.2.1 S1-S10 - All competitors must have an authorised British Swimming or WPS Classification, which is held on the British Swimming or WPS Classification Database at the time of entry.
 - 24.2.2 S11-S13 - All competitors must have an authorised British Blind Sport (BBS), British Swimming or WPS Classification, which is held on the British Swimming or WPS Classification Database at the time of entry.
 - 24.2.3 S14 - All competitors must have an authorised Virtus or WPS Classification, which is held on the British Swimming or WPS Classification Database at the time of entry.
- 24.3 Medals
- 24.3.1 Medals shall be awarded on a multi-class timed final basis, to 1st, 2nd and 3rd placed competitors, based on the British Para-Swimming Points System. No Age Adjustments will be made.

24.3.2 WPS Rule 10.15.2 does not apply to this competition.

25 RECORDS

25.1 Records are not monitored and it is the swimmer's responsibility to note if a record has potentially been broken. If you break a record, please complete the application form available from the medal table at the event as soon as possible after the swim and hand it to the promoter so that the appropriate signatures can be obtained. Claiming a record after the meet may not be possible if the paperwork is not completed at the time. Record claims must be submitted within one month of the event.

26 OTHER

- 26.1 Any matters not provided for in these conditions shall be decided by the Promoter.
- 26.2 Please comply with the warm up arrangements and with any instructions given by the warm up marshals. Diving is only permitted in the sprint lanes; **you may be asked to leave the water if you dive into any other lane during the warm up.**
- 26.3 By entering this event, you agree to be bound by the Swim England Anti-doping Rules from the commencement of the event. You also agree to abide by the Swim England and UKAD Anti-Doping Rules. For further information, see [Swim England Anti-Doping](#).