

**SUSSEX COUNTY
AMATEUR SWIMMING ASSOCIATION**
(Founded 1895)



Sussex Senior Age Group and Masters Championships 2026

Under Swim England Laws and Regulations and World Aquatics Technical Rules of Swimming

Sunday 21st June 2026

To be held at:

The Triangle, Triangle Way, Burgess Hill, West Sussex, RH15 8WA

Programme of Events

Session 1 Warm Up 8:30 Start 09:15		Session 2 Warm Up 12.30 Start 13:00	
101	Mixed 400m Freestyle	201	Mixed 200m Freestyle
102	Mixed 200m Breaststroke	202	Female 100m Backstroke
103	Female 100m Butterfly	203	Male/Open 100m Backstroke
104	Male/Open 100m Butterfly	204	Female 50m Breaststroke
105	Female 50m Freestyle	205	Male/Open 50m Breaststroke
106	Male/Open 50m Freestyle	206	Female 25m Butterfly
107	Female 25m Backstroke	207	Male/Open 25m Butterfly
108	Male/Open 25m Backstroke	208	Female 25m Freestyle
109	Female 25m Breaststroke	209	Male/Open 25m Freestyle
110	Male/Open 25m Breaststroke	210	Mixed 200m Backstroke
111	Mixed 200m Butterfly	211	Female 100m Breaststroke
112	Female 100m Freestyle	212	Male/Open 100m Breaststroke
113	Male/Open 100m Freestyle	213	Female 50m Butterfly
114	Female 50m Backstroke	214	Male/Open 50m Butterfly
115	Male/Open 50m Backstroke	215	Mixed 200m Individual Medley
116	Female 100m Individual Medley	216	Mixed 4x50m Freestyle Relay
117	Male/Open 100m Individual Medley	217	Mixed Squadron Relay 8 x 25m (320+)
118	Mixed 4x50m Medley Relay		

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1. The Sussex County Masters and Senior Age Group Championships will be competed for annually. These Championships shall be open to eligible competitors who are members of Sussex Clubs affiliated to Swim England South East. Entry is subject to compliance with Rule 21 of the County Associations Rules. Swimmers must have not represented any other county in 2026, nor have competed in any other county's closed championships or competitions in 2026. Swimmers do have to be registered as members of Swim England to compete in this competition. Swimmers must compete for one club only.

2. The entry fees for the competition will be £7.50 per individual event for the 50m, 100m, 200m and 400m events. The 25m events are £3.50 per event. Relay events will have an entry fee of £13.00 for each team. There are no qualification times.

3. Entries Open on 20th April. Entries shall be made by Hy-Tek, for which appropriate files can be downloaded on the County website and/or provided by the Sussex Masters Manager. The Hy-tek entry files should be sent by email to the Entry Manager: masterentries@sussexswimming.org. The Entry Manager must receive all entries by 23:59hrs on 23rd May 2026.

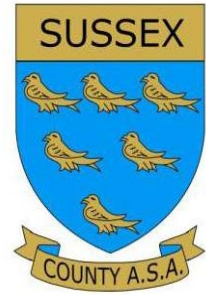
Payment should cover all entries from each club. Payment must be made by BACS - BACS payments must be received within three days of the closing date (i.e. by 23:59hrs on 26th May).

4. The competition is restricted by time, with a maximum session length of three hours. It may be necessary to restrict the number of entries in each event to allow for the sessions to be completed in time. Entries will therefore be accepted on a 'first come, first served' basis. Any events that need to be closed will be communicated via the County website.

5. Age Groups for the competition will be in accordance with standard Swim England Masters competitions, with your age being calculated as at 31 December in the year of the competition. Age groups will start at 18-24 years for the Senior age group championships and then at 5 year intervals for the Masters Championships (e.g. A 25-29, B 30-34, etc). Swimmers must be at least 18 years on the day of the competition to compete in the 18-24 years age group. Age groups for the relay events will be 72-99 years, 100-119 years, 120-159 years, 160-199 years, 200-239 years, 240-279 years, 280-319 and 320+ years. Relays will be mixed (2 male/open, 2 female in each relay team, in any order).

6. The Female category is for birth sex females in accordance with [Swim England's Transgender and Non-Binary Competition Policy](#). By entering the 'Female' category you confirm that your birth sex is female.

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7. All events will be heat declared winners. All swimmers of all ages will be seeded by time and heats will be swum together slowest to fastest.
8. The event will run as a 'sign out' competition; therefore, withdrawals should be made by swimmer and event. Withdrawals that are required on the day should be handed in on the appropriate withdrawal form to the Entry Manager no later than 10 minutes after the start of the warm up session.
9. A perpetual trophy will be awarded to the Top Club. Medals will be awarded for 1st, 2nd and 3rd positions in each age group for all individual and relay events.
10. Clubs may enter one or more teams in a team championship, but members shall swim for one team only. Team member's names should be inserted on the Hy-Tek entry file in the correct order in which they are going to swim, with reserves added if necessary. If reserves are required or the order of swimmers in relays is changed then a confirmed team list must be submitted, no later than fifteen minutes prior to the commencement of the gala, to the Meet Manager.
11. The relay events shall be open to teams of four, all of whom must comply with Condition 1 of the 'Championship General Conditions'.
12. Event 899 has been added as a dummy event for those who wish to add extra swimmers to the meet as relay reserves.