



Swim England Artistic Swimming National Age Group and Youth Championships

23 February 2026

Event Management Team

Role	Name
Technical Director	Maria Ramos
Meet Director	Ian Atkinson
Chief Referee	Erica Moo
Chief Recorder	Paul Davis
Field of Play Manager	Rhiannon Williams
Lead Events Officer	Jade Williams

No Use of Mobile Phones in Changing areas

Swim England members are reminded that the use of mobile phones or devices in changing rooms is prohibited throughout the event.

This follows an update to Swim England's safeguarding policy and procedures document, [Wavepower](#).

[Keep it in Your Locker](#) campaign raises awareness of the change, which has been introduced to help protect members from instances of inappropriate photos or video footage being taken.



Keep phones in lockers and
out of the changing room.



Music/Coach Card Deadline

Music and Coach Card Deadline

12 Noon 25 February

Key Timings

Pre-event Information Meeting	Online meeting (20 mins) <i>see below for times options</i>
Athlete Registration Opens	07:00, Saturday 7 March 2026
Team Managers Meeting*	07:40 Saturday 7 March 2026 08:10, Sunday 7 March 2026
Judges Meeting*	08:00, Saturday 7 March 2026 08:25, Sunday 7 March 2026

**Please note that timings subject to last minute changes.*

- **Figures:** register at least 30 minutes before their warmup
- **Duet and Teams:** must declare the names of the competitors **within 1 hour** of the figure results becoming available.
- **Athlete Registration desk** will be located in the changing village near the vanity area
- **Team managers meeting** will take place in the judges room which is down the corridor where the café is. This will be signposted.

Athlete Areas

- Changing rooms are to be used by athletes for changing only and prep only. A reminder, no camera or video recording devices are allowed in the changing area.
- Athlete Seating is available on poolside but NOT on the spectator balcony.
- The changing village will have allocated spaces for clubs where athletes can change and prepare for competition.
- Kettles are not permitted to be brought into the venue. However, Aerosols are allowed. Hot water will be available at the café.
- Any questions or issues please go to the athlete services desk, throughout the competition.

Warm Up

- Warm up areas will be allocated in the main competition pool to adhere to the venues pool loading capacities and to ensure safety of all athletes. Warm ups for Figures, Combo and Free Team will all be split into two sessions. For Combo and Free Team there will be 1 x General Warm up and 1 x Deck/Dive.
- Deck/Dive will be in start order to ensure everyone gets at least one entry – this will be managed by Athlete Services.
- Coaches are responsible for the safety of swimmer in the warm up sessions.
- Acros and lifts are permitted after width swimming and in the confines of a clubs allocated water space, however due to space flyers are not allowed on top of lifts.

Reminders:

- **All width swimming must start from athlete seating/window side of the pool –**
 - ✗ there should be no diving in from the spectator side
- The smaller Twyver Pool can be used by competitors for cool down only, it is 1.8m deep and has a max capacity of 30.
- Coaches must be aware of other clubs and have briefed swimmers on the safe warm up plan
- Timings and instructions from the Warm Up Marshal must be followed at all times, please listen for whistles and verbal instructions over the PA.
- Failure to comply with safety requirements and instructions from event staff, may result in clubs being removed from the warm up session.

Warm Up

- Figures

Figures warm up will be split into two which is allocated by club.

- 15 min warm up - 5 mins all widths – 10mins general

- Solos/Duets – Deck & Dive

- Coaches to find suitable, safe water space
- 20 min warm up - 5 mins all widths – 15 mins general

- Combo/Free Team– Deck & Dive

- Clubs will be allocated to a space and area within the correct session.
- Combo 2 x 20min session 5 mins all width – 15 mins general
 - group 1 pool warm up first whilst group 2 have 1 x deck & dive in start order
 - group 2 pool warm up second whilst group 1 have 1 x deck & dive in start order
- Free Team 2 x 20mins -min warm up - 5 mins all widths – 15 mins general
 - group 1 pool warm up first whilst group 2 have 1 x deck & dive in start order
 - group 2 pool warm up second whilst group 1 have 1 x deck & dive in start order

Figure Warmups (Youth)

Warm up 1 (8.00-8.15)

Aquaoaks	
Aqualina	
Atlantis	
City of Birmingham	
Potters bar	
Cheltenham	
Chelmsford	
City of Bristol	
City of Preston	
City of Salford	
Hythe	
London	
Kingston	

Warm up 2 (8.15-8.30)

Bramcote	
Denton	
City of Leeds	
Norwich	
Portsmouth and District	
Portsmouth Victoria	
Reading Royals	
Rushmoor	
Stockport Metro	
Walsall	
Oxford and Witney	
Rugby	

Figure Warmups (12 & U)

Warm Up 1 (11.35- 11.50)

Aquaoaks

Aquavision

Aqualina

Atlantis

City of

Birmingham

Bramcote

Hythe

City of Salford

Denton

Gateshead

Potters bar

Warm Up 2 (11.50-12.05)

London

City of Leeds

Portsmouth Victoria

Reading Royals

Rugby

Rushmoor

Stockport Metro

Walsall

Chelmsford

Kingston

Technical Controllers Feedback

After Each event - there will be the opportunity for 1 Coach OR Team Manager from each Club to receive feedback from an assigned Difficulty Controller as to the reason and explanation for any Base Marks given.

This will happen immediately after each event has concluded in the judges room which is down the corridor near the café.

This short meeting will be to give feedback to the club as to which movement has led to a Base Mark in that routine/event.

- If you have any issues with team costumes, please inform the referee as soon as possible.
- Please send any medical certificates *before the event* to **national.events@swimming.org**. Any medical emergencies or certificates that happen during the event. please go to athlete services asap
- No jewellery is permitted during this competition

Spectator Info

Spectator tickets are still available



<https://www.swimmingresults.org/events/seasnag26tickets/>

Merchandise



No pre orders for this event but will be on sale from 11am on Saturday 7 March from the front of house desk.
(subject to availability)

