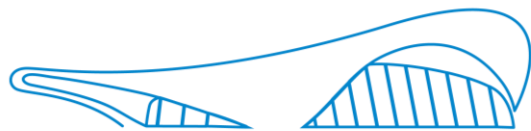




Diving Skills 2026

Under Swim England regulations
& World Aquatics technical rules



LONDON
AQUATICS CENTRE

Queen Elizabeth Olympic Park
Stratford
E20 2AQ

Saturday 7th March
10am – 7.30pm

E-programme

Swim England London Region
President: Debbie Harris
Chairman: Alex Harrison

Welcome

Welcome to the 2026 Swim England London Region Diving Skills, a qualifying event for this year's Swim England Diving National Skills Finals to be held in Southampton on July 18th and 19th.

I would like to thank all the athletes, coaches, officials and other volunteers for supporting today's meet. The London Aquatics Centre (LAC) is a spectacular venue and I am delighted that we are able to host and welcome so many of you at this Olympic legacy venue.

While a number of you will have attended the LAC and other skills events before, please take time to familiarise yourself with the information provided in this programme.

I look forward to seeing you on March 7th. If you have any questions please do not hesitate to contact me: beth.ackroyd@londonswimming.org

Beth Molyneaux, Swim England London Region Diving Committee Chair

Event Management

| | |
|-----------------------|---------------------------------------|
| Beth Molyneaux | Chief Referee |
| Josh Devine | Event Director |
| Francisco Diaz Romero | Chief Recorder |
| James Warrener | Regional Aquatics Development Officer |

Key Times

| | |
|---------------------------------|-------|
| Technical & judges' meeting | 09.50 |
| Session one pool training start | 10.00 |
| Session one competition start | 10.40 |

Venue, Spectator & Admission Information

Athlete, coach and spectator entry is through the 'upper level' spectator gallery doors on the Westfield side of the venue. Not via main reception on the ground floor. Find us [here](#). Location tag on what3words [here](#).

Athlete, team and spectator seating is on the Westfield side of the venue. Please ensure an appropriate adult/team manager is seated with your team at all times.

Spectator seating for family and friends is also on the Westfield side of the venue, in the seating area overlooking the diving pool.

Spectators are required to purchase an event wrist band upon entry to the venue to be able to access the viewing area. The dive dry-land gym is unavailable throughout the meet.

| Spectator Wrist Band Price | |
|---------------------------------|-------|
| General Admission | £5.00 |
| Concession (Under 16 & Over 65) | £3.00 |
| Children (Under 5) | Free |

Public transport is recommended. However there is limited car parking at the LAC. Nearby Westfield shopping centre has plenty of availability. Click [here](#) for prices and times.

Meet Merchandise

Event T-shirts and hoodies, provided by Fine Designs UK, will be available to purchase on the spectator walkway of the Westfield side of the venue.

Photography, Safeguarding & Welfare

Flash photography is not permitted during the performance of a dive as this can be distracting to the diver and could lead to an accident. The use of cameras and mobile devices is prohibited in changing rooms. Keep it in your locker [here](#). Further guidance can be found [here](#) in Wavepower, Swim England's safeguarding policy and procedures. London Region welfare contacts [here](#).

Emergency & Evacuation

In the unlikely event of an emergency it may be necessary to evacuate the building. Please follow instructions from the venue's staff and meet organisers. For your safety, familiarise yourself with the nearest emergency exit. If you have children with you please be aware of their whereabouts at all times.

Acknowledgements

The London Region Management Board and Diving Committee would like to express thanks and appreciation to the participating clubs, officials, chaperones and other volunteer supporters, without whom this meet would not be possible.

Special thanks are extended to the Everyone Active staff and management at the LAC and to Aquatics GB High Performance and Dive London Aquatics Club for supporting the meet by providing pool availability.

London Team Trophy

The top two divers from each 'London' club finishing in the top 12 in each event shall score points towards the London team trophy.

Team points shall be awarded as follows: 1st – 20 points; 2nd – 15 points; 3rd – 12 points; 4th – 10 points; 5th – 8 points; 6th – 7 points; 7th – 6 points; 8th – 5 points; 9th – 4 points; 10th – 3 points; 11th – 2 points; 12th – 1 point.

Age Categories: Female & Open

Ages recorded at 31 December in the year of competition

E1 – 8 years

E2 – 9 years

D1 – 10 years

D2 – 11 years

C1 – 12 years

C2 – 13 years

B – 14/15 years

A – 16/18 years

Conditions

| Age Category | Height | Skills | Dive No | Degree of Difficulty | Qualification Standard |
|--------------|-------------------------|--|---------|----------------------------|------------------------------|
| E1 (8) | Section 1 (Poolside) | 1. Plain header (3-bubble rip) | 101A | 1.0 | E1 Female 240 E1 Open 240 |
| | | 2. Armswing back jump tucked | 200C | 1.0 | |
| E2 (9) | | 3. Forward dive tucked | 101C | 1.0 | E2 Female 240 E2 Open 240 |
| | | 4. Armswing forward jump pike | 100B | 1.0 | |
| D1 (10) | Section 2 (1m) | 5. 2-bounce forward jump straight | 100A | 1.0 | D1 Female 255 D1 Open 250 |
| | | 6. T armswing back jump straight | 200A | 1.0 | |
| D2 (11) | Section 3 (3m) | 7 – 8. 1 dive from List A and 1 dive from List B (in any order) | | DD to count DD to count | D2 Female 255 D2 Open 250 |
| | | 9. Forward fall straight | 10A | 1.2 | |
| | | 10. Forward tuck to pike roll | 11C | 1.2 | |
| | | 11. Back fall straight (hands on thighs) | 20A | 1.4 | |
| | | 12. Crouched back tuck roll | 21C | 1.3 | |

List A (1m): 101C, 101B, 103C, 103B, 401C, 401B

List B (1m): Standing back fall straight 20A (1.0), 201C, 201B, 301C, 301B

Group E and Group D – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start.

Back take-offs are to be performed with a T-start armswing.

Group E – Inward dives may be performed starting with the arms above the head (no armswing) OR a T-start armswing.

Group D – Inward dives are to be performed with a T-start armswing.

| Age Category | Height | Skills | Dive No | Degree of Difficulty | Qualification Standard |
|--------------|-------------------|---|---------|----------------------|------------------------------|
| C1 (12) | Section 1 (1m) | 1. Hurdle step forward jump straight | 100A | 1.0 | C1 Female 230 C1 Open 230 |
| | | 2. T armswing back jump straight | 200A | 1.0 | |
| C2 (13) | Section 2 (3m) | 3 – 5. Three dives from List C (Three groups must be covered) | | DD to count | C2 Female 230 C2 Open 230 |
| | | 6. Forward line-up from line-up list | | DD to count | |
| | | 7. Back line-up from line-up list | | DD to count | |
| | | 8 – 10. Three dives from List D (Three groups must be covered) | | DD to count | |

List C (1m): 101C, 101B, 103C, 103B, 401C, 401B, 201C, 201B, 301C, 301B

Line-up list (3m): 10A, 11C, 20A, 21C

List D (3m): 101C, 101B, 103C, 103B, 401C, 401B, 403C, 201C, 201B, 301C, 301B, 20A*, 21C*

*Back line-up tariffs 1.0

Group C – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

Back take-offs are to be performed with a T-start armswing.

Inward dives are to be performed with a T-start armswing.

| Age Category | Height | Dives | Degree of Difficulty | Qualification Standard |
|--------------|----------------|--|----------------------|------------------------|
| B (14/15) | Section 1 (1m) | 1 – 5. Either 3 dives from List E + 2 dives from List F OR 2 dives from List E + 3 dives from List F (in either case, at least 2 groups must be covered from each list) | DD to count | Female 280 Open 280 |
| | Section 2 (3m) | 6 – 10. 5 dives from List G (at least 3 groups must be covered) | DD to count | |

List E (1m): 101C, 101B, 103C, 103B, 104C, 401C, 401B, 402C, 403C – repeats permitted (1.0) *

List F (1m): 201C, 201B, 202C, 203C, 301C, 301B, 5122D, 5221D – repeats permitted (1.0) *

List G (3m): 101C, 101B, 103C, 103B, 105C, 401C, 401B, 403C, 403B, 201C, 201B, 203C, 203B, 301C, 301B, 303C – repeats permitted (1.0) *

*Dives of the same number on the same board are considered to be a repeat, even if they are in a different shape.

Group B and Group A – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

Back take-offs are to be performed with a T-start armswing.

Inward dives are to be performed with a T-start armswing.

Groups E and D are run in a 'circuit' format with groups of competitors simultaneously competing on poolside, 1m and 3m, enabling 12 rounds to be completed in the same amount of time as four.

Groups C and B are run in a 'circuit' format with groups of competitors simultaneously competing on 1m and 3m, enabling 10 rounds to be completed in the same amount of time as five.

The winner is the diver with the highest combined points total from ALL stations added together.

Group A has separate 1m and 3m events.

| Age Category | Height | Dives | Degree of Difficulty | Qualification Standard |
|--------------|----------|--|----------------------|------------------------|
| A (16/18) | 1m event | 3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) Minimum 4 groups to be covered (no repeats) | DD to count | Female 170 Open 170 |
| | 3m event | 3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) Minimum 4 groups to be covered (no repeats) | DD to count | Female 175 Open 175 |

Timetable

| Technical meeting (poolside) 09.50 – 10.00 | | | |
|---|---|---------------|---|
| Session | Event(s) | Training | Competition |
| 1 | B Female, B Open A Female, A Open E Female, E Open | 10.00 – 10.35 | 10.40 – 13.40 Starting on 1m (far side): B Female and B Open Starting on 3m: A Female and A Open ---- When A Female and A Open have competed their 3m event, E Female and E Open will compete their event: 3m > poolside > 1m (far side) ---- A Female and A Open can train on 'nearside' 1m after their 3m event. They will compete their 1m event on these boards when Group E has competed |
| | Followed by E1, E2, B and A results and medal presentations | | |
| 2 | C Female, C Open | 13.40 – 14.10 | 14.15 – 16.45 |
| | Followed by C1 and C2 results and medal presentations | | |
| 3 | D Female, D Open | 16.45 – 17.15 | 17.20 – 19.30 |
| | Followed by D1 and D2 results and medal presentations | | |
| 'Nearside' boards are closest to the recorder table and 'far side' furthest | | | |

Session 1

B Female (14/15) – starting on 1m (far side)

| | Diver | YoB | Club | Score | Rank |
|----|-------------------------|------|------|-------|------|
| 1 | Poppy Knight (guest) | 2012 | ADCR | | |
| 2 | Hannah Munnelly (guest) | 2012 | BROC | | |
| 3 | Kirsty Matthams (guest) | 2012 | CDT | | |
| 4 | Isabel Wright (guest) | 2011 | DCRM | | |
| 5 | Peyton Mitchell (guest) | 2012 | DCRM | | |
| 6 | Ava Smith | 2012 | DLAC | | |
| 7 | Bianca Mattioli | 2012 | DLAC | | |
| 8 | Amy Pinnegar | 2012 | HCDC | | |
| 9 | Erin Ruggles | 2012 | HCDC | | |
| 10 | Freya Swaisland | 2011 | HCDC | | |
| 11 | Maya Philpot (guest) | 2012 | MDT | | |
| 12 | Natalie Crocker | 2012 | SWLD | | |
| 13 | Lily Bryant (guest) | 2011 | SDA | | |

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|----|----------------------------|------|------|--|--|
| 14 | Rebecca Nash (guest) | 2011 | SDA | | |
| 15 | Isobel Stefanovic (guest) | 2012 | SD | | |
| 16 | Poppy Roberts (guest) | 2012 | SD | | |
| 17 | Skye Walter (guest) | 2011 | SD | | |
| 18 | Lara Cushway (guest) | 2012 | STAR | | |
| 19 | Louisa Dovey (guest) | 2011 | STAR | | |
| 20 | Martha Abel-Mackay (guest) | 2011 | STAR | | |
| 21 | Ella Klaustrup (guest) | 2011 | TWDC | | |
| 22 | Maddison Steadman (guest) | 2011 | TWDC | | |
| 23 | Rosa Bates (guest) | 2011 | TWDC | | |
| 24 | Elin Tait (guest) | 2011 | SD | | |

B Open (14/15) – starting on 1m (far side)

| | Diver | YoB | Club | Score | Rank |
|---|----------------------------|------|------|-------|------|
| 1 | Asher Butterfield (guest) | 2012 | ADCR | | |
| 2 | Anthony Marton (guest) | 2011 | BROC | | |
| 3 | Samuel Maguire (guest) | 2012 | DCRM | | |
| 4 | Benjamin Fennemore (guest) | 2012 | LDC | | |
| 5 | Jayden Burr (guest) | 2012 | LDC | | |
| 6 | Max Duggan (guest) | 2011 | LDC | | |
| 7 | Leo McInnes (guest) | 2011 | SDA | | |

A Female (16/18) – 3m event

| | Diver | YoB | Club | Score | Rank |
|---|------------------------|------|------|-------|------|
| 1 | Eva Tsang (guest) | 2009 | CDT | | |
| 2 | Yuting Wang (guest) | 2010 | CDT | | |
| 3 | Yuzu Baxendale (guest) | 2010 | CDT | | |
| 4 | Arriana Green (guest) | 2010 | LDC | | |
| 5 | Daisy Monaghan (guest) | 2010 | LDC | | |
| 6 | Hannah Massey (guest) | 2010 | SD | | |
| 7 | Olivia Tieu | 2010 | HCDC | | |
| 8 | Freya Sisson (guest) | 2010 | SDA | | |

A Open (16/18) – 3m event

| | Diver | YoB | Club | Score | Rank |
|---|------------------------|------|------|-------|------|
| 1 | Jack Halls (guest) | 2009 | CDT | | |
| 2 | James Connery (guest) | 2010 | CORB | | |
| 3 | Reuben Young | 2010 | DLAC | | |
| 4 | Lincoln Otten (guest) | 2010 | SDA | | |
| 5 | Eddison Clarke (guest) | 2010 | STAR | | |
| 6 | James Barnes (guest) | 2008 | STAR | | |

E Female (8/9)

| | Diver | YoB | Club | Score | Rank |
|---|-------------------------|------|------|-------|------|
| 1 | Misha Colton (guest) | 2017 | ADCR | | |
| 2 | Madeleine Wood (guest) | 2017 | ASC | | |
| 3 | Cosima Humphrey (guest) | 2017 | CDT | | |
| 4 | Octavia Steer (guest) | 2018 | CDT | | |

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|----|-----------------------------|------|------|--|--|
| 5 | Lyla Hill (guest) | 2017 | CORB | | |
| 6 | Ines Hernandez Chmurowicz | 2017 | DLAC | | |
| 7 | Reeva Brown | 2018 | DLAC | | |
| 8 | Ella-Grace McCardle (guest) | 2017 | SD | | |
| 9 | Jessica Low (guest) | 2017 | SD | | |
| 10 | Una Grimes (guest) | 2017 | STAR | | |
| 11 | Georgie Rogers (guest) | 2017 | TWDC | | |
| 12 | Reva Chhaya (guest) | 2017 | TWDC | | |
| 13 | Bennie Trower | 2017 | DLAC | | |

E Open (8/9)

| | Diver | YoB | Club | Score | Rank |
|---|----------------------|------|------|-------|------|
| 1 | Edward Nason (guest) | 2017 | ASC | | |
| 2 | Anton Reilly (guest) | 2017 | CDT | | |
| 3 | Albus Walter (guest) | 2017 | SD | | |
| 4 | Ray Simpson (guest) | 2018 | SD | | |

A Female (16/18) – 1m event

| | Diver | YoB | Club | Score | Rank |
|---|------------------------|------|------|-------|------|
| 1 | Eva Tsang (guest) | 2009 | CDT | | |
| 2 | Yuting Wang (guest) | 2010 | CDT | | |
| 3 | Yuzu Baxendale (guest) | 2010 | CDT | | |
| 4 | Olivia Tieu | 2010 | HCDC | | |
| 5 | Arriana Green (guest) | 2010 | LDC | | |
| 6 | Daisy Monaghan (guest) | 2010 | LDC | | |
| 7 | Emma Mills (guest) | 2009 | MDT | | |
| 8 | Freya Sisson (guest) | 2010 | SDA | | |
| 9 | Hannah Massey (guest) | 2010 | SD | | |

A Open (16/18) – 1m event

| | Diver | YoB | Club | Score | Rank |
|---|------------------------|------|------|-------|------|
| 1 | Jack Halls (guest) | 2009 | CDT | | |
| 2 | James Connery (guest) | 2010 | CORB | | |
| 3 | Reuben Young | 2010 | DLAC | | |
| 4 | Lincoln Otten (guest) | 2010 | SDA | | |
| 5 | Eddison Clarke (guest) | 2010 | STAR | | |
| 6 | James Barnes (guest) | 2008 | STAR | | |

Session 2

C Female (12/13)

| | Diver | YoB | Club | Score | Rank |
|---|---------------------------|------|------|-------|------|
| 1 | Jasmine Westall (guest) | 2013 | ADCR | | |
| 2 | Molly Tomlinson (guest) | 2014 | ADCR | | |
| 3 | Pippa Griffin (guest) | 2014 | ADCR | | |
| 4 | Ruby Royall (guest) | 2013 | ADCR | | |
| 5 | Aurelia-Jai Hogan (guest) | 2013 | ASC | | |
| 6 | Melodie Meeds (guest) | 2013 | CDT | | |

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|----|----------------------------------|------|------|--|--|
| 7 | Naomi Rojee (guest) | 2014 | CDT | | |
| 8 | Phoebe Carter-Burch (guest) | 2013 | CDT | | |
| 9 | Sophie Macey (guest) | 2014 | DCRM | | |
| 10 | Ava Beer | 2013 | DLAC | | |
| 11 | Betty Tickle | 2013 | DLAC | | |
| 12 | Olivia Canto | 2014 | DLAC | | |
| 13 | Safwa Sandford | 2013 | DLAC | | |
| 14 | Beatrice Toanca | 2014 | HCDC | | |
| 15 | Nicole Puscasu | 2014 | HCDC | | |
| 16 | Emma Wood (guest) | 2014 | LDC | | |
| 17 | Scarlett Mason (guest) | 2013 | LDC | | |
| 18 | Alice Mercer (guest) | 2013 | MDT | | |
| 19 | Amelie Gardner (guest) | 2013 | MDT | | |
| 20 | Izzy Smith (guest) | 2013 | MDT | | |
| 21 | Aurelie Tanner (guest) | 2013 | SDA | | |
| 22 | Emily Barnard (guest) | 2014 | SDA | | |
| 23 | Emma Etheridge (guest) | 2014 | SDA | | |
| 24 | Erin Miller (guest) | 2014 | SDA | | |
| 25 | Evie Taylor (guest) | 2014 | SDA | | |
| 26 | Isabelle Taylor (guest) | 2014 | SDA | | |
| 27 | Taliyah Clarke (guest) | 2014 | SDA | | |
| 28 | Tosia Marszalek (guest) | 2013 | SDA | | |
| 29 | Amelia Eddy (guest) | 2013 | SD | | |
| 30 | Amelie Richardson (guest) | 2014 | SD | | |
| 31 | Bethany Cripps (guest) | 2014 | SD | | |
| 32 | Daisy Roberts (guest) | 2014 | SD | | |
| 33 | Halle Watson (guest) | 2014 | SD | | |
| 34 | Prudence Halfacre (guest) | 2014 | SD | | |
| 35 | Eira Robertson Rodriguez (guest) | 2014 | TWDC | | |
| 36 | Kara Syslak (guest) | 2014 | TWDC | | |

C Open (12/13)

| | Diver | YoB | Club | Score | Rank |
|----|-------------------------|------------|-------------|--------------|-------------|
| 1 | Albert Cottrell (guest) | 2013 | ADCR | | |
| 2 | Edward Salter (guest) | 2013 | ADCR | | |
| 3 | Flynn Othen (guest) | 2013 | ADCR | | |
| 4 | Hamish Darrah (guest) | 2014 | ADCR | | |
| 5 | Makar Smyk (guest) | 2013 | ADCR | | |
| 6 | Matthew Basham (guest) | 2013 | ADCR | | |
| 7 | Oliver Salter (guest) | 2013 | ADCR | | |
| 8 | Ethan Nolan (guest) | 2014 | ASC | | |
| 9 | Digby Bord (guest) | 2014 | CDT | | |
| 10 | Oliver Tebbutt (guest) | 2014 | CORB | | |
| 11 | Robert Caia (guest) | 2014 | CORB | | |
| 12 | Alfred Gladwell (guest) | 2014 | DCRM | | |
| 13 | Fox Donald | 2014 | DLAC | | |
| 14 | Adam Sargood | 2013 | HCDC | | |
| 15 | Drake Sanusi | 2014 | HCDC | | |

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|----|--------------------------|------|------|--|--|
| 16 | George Lees-Earl | 2014 | HCDC | | |
| 17 | Joseph Baker | 2014 | HCDC | | |
| 18 | Andrew Blueman (guest) | 2013 | SD | | |
| 19 | Arthur Coxhead (guest) | 2014 | SD | | |
| 20 | Reuben Foster (guest) | 2014 | SD | | |
| 21 | George Forster (guest) | 2014 | STAR | | |
| 22 | William Davidson (guest) | 2014 | STAR | | |
| 23 | Archie Hardaker (guest) | 2014 | TWDC | | |

Session 3

D Female (10/11)

| | Diver | YoB | Club | Score | Rank |
|----|-----------------------------|------------|-------------|--------------|-------------|
| 1 | Ada Butterfield (guest) | 2015 | ADCR | | |
| 2 | Connie Petter (guest) | 2016 | ADCR | | |
| 3 | Livi Knight (guest) | 2015 | ADCR | | |
| 4 | Pippa Othen (guest) | 2015 | ADCR | | |
| 5 | Ava Rogers (guest) | 2015 | ASC | | |
| 6 | Lyra Coulthard (guest) | 2015 | ASC | | |
| 7 | Sophie Wyand-Mara (guest) | 2015 | ASC | | |
| 8 | Gabriella Aldridge (guest) | 2015 | CDT | | |
| 9 | Hallie Tonet (guest) | 2015 | CORB | | |
| 10 | Angel Boynton | 2015 | DLAC | | |
| 11 | Aria Stannard | 2016 | DLAC | | |
| 12 | Blu Anjos | 2016 | DLAC | | |
| 13 | Cadence Ngan | 2016 | DLAC | | |
| 14 | Eva Lebow | 2015 | DLAC | | |
| 15 | Isla O'Hanlon | 2015 | DLAC | | |
| 16 | Primrose Rice | 2015 | DLAC | | |
| 17 | Raina Jackson | 2016 | DLAC | | |
| 18 | Sandie Bishop | 2016 | DLAC | | |
| 19 | Willow Yang | 2016 | DLAC | | |
| 20 | Leah Edwards-Vogt (guest) | 2015 | LDC | | |
| 21 | Madeleine Revell (guest) | 2016 | MDT | | |
| 22 | Abigail Sutcliffe (guest) | 2015 | SDA | | |
| 23 | Alana Pulsford (guest) | 2015 | SDA | | |
| 24 | Aria Osborn-Jenkins (guest) | 2015 | SDA | | |
| 25 | Chloe Davis (guest) | 2016 | SDA | | |
| 26 | Lily Rogers (guest) | 2015 | SDA | | |
| 27 | Pearl Dolman (guest) | 2016 | SDA | | |
| 28 | Sophie Fry (guest) | 2016 | SDA | | |
| 29 | Tirana Kacie-Malaj (guest) | 2015 | SDA | | |
| 30 | Alice Fortt (guest) | 2015 | SD | | |
| 31 | Chloe Velleman (guest) | 2016 | SD | | |
| 32 | Daphne Simpson (guest) | 2015 | SD | | |
| 33 | Eliza De Cruz(guest) | 2016 | SD | | |
| 34 | Ella Suckling (guest) | 2016 | SD | | |
| 35 | Emily Barber (guest) | 2015 | SD | | |
| 36 | Isla Kennedy (guest) | 2015 | SD | | |

| | | | | | |
|----|-------------------------|------|------|--|--|
| 37 | Lucy Tam (guest) | 2016 | SD | | |
| 38 | Sienna Mitchell (guest) | 2016 | SD | | |
| 39 | Willow Sawyer (guest) | 2015 | SD | | |
| 40 | Freyja Mundy (guest) | 2016 | STAR | | |
| 41 | Isabella Ng (guest) | 2016 | STAR | | |
| 42 | Jessica Hunter (guest) | 2015 | STAR | | |
| 43 | Lily Bunn (guest) | 2015 | STAR | | |
| 44 | Lucy Freeman (guest) | 2015 | STAR | | |
| 45 | Lyla Holmwood (guest) | 2016 | TWDC | | |

D Open (10/11)

| | Diver | YoB | Club | Score | Rank |
|----|-----------------------------|------|------|-------|------|
| 1 | Adrian Rojee (guest) | 2016 | CDT | | |
| 2 | Arthur Willis (guest) | 2016 | CDT | | |
| 3 | James Hughes (guest) | 2015 | CDT | | |
| 4 | Sebastian Zanella (guest) | 2015 | CDT | | |
| 5 | Edward Robertson | 2015 | DLAC | | |
| 6 | Zachary Turbard | 2016 | DLAC | | |
| 7 | Cooper Quincey | 2015 | HCDC | | |
| 8 | Christopher Lleshaj (guest) | 2016 | LDC | | |
| 9 | Edward Slade (guest) | 2015 | LDC | | |
| 10 | Henry Martin (guest) | 2015 | LDC | | |
| 11 | William Saunders (guest) | 2015 | LDC | | |
| 12 | Dylan Valentine (guest) | 2016 | MDT | | |
| 13 | Luc Constantopoulos (guest) | 2015 | MDT | | |
| 14 | Jackson White | 2015 | SWLD | | |
| 15 | Albie Morgan (guest) | 2015 | SDA | | |
| 16 | Daniel Tull (guest) | 2016 | SDA | | |
| 17 | Madden Murphy (guest) | 2015 | SD | | |
| 18 | Ralph Parnell (guest) | 2016 | SD | | |
| 19 | Dylan Fountain (guest) | 2016 | STAR | | |
| 20 | Georgi Antonov (guest) | 2015 | TWDC | | |

Clubs & Codes

Albatross Diving Club Reading – ADCR
 Amersham Swimming Club – ASC
 Brocket Diving Academy - BROCC
 Cambridge Dive Team – CDT
 Corby Steel Diving Club - CORB
 Dacorum Diving Club – DCRM
 Dive London Aquatics Club – DLAC
 Havering Cormorants Diving Club – HCDC
 Luton Diving Club – LDC
 Maidstone Diving Team – MDT
 South West London Diving – SWLD
 Southampton Diving Academy – SDA
 Southend Diving – SD
 Star Diving Club Guildford – STAR
 Tunbridge Wells Diving Club – TWDC