

Swim England
London

London Region Long Course Summer Championships 2026

25th and 26th April
2nd, 3rd and 4th May
at the London Aquatics Centre

Officials and Volunteers
Event Manual

WELCOME

Hello and welcome to the team for the SE London Summer Championships 2026.

These Championships will take place at the London Aquatics Centre on Queen Elizabeth Olympic Park on the 25th and 26th April and 2nd, 3rd, and 4th May 2026.

It is great to have you as part of the team. Thank you in advance for giving your time to make this event a success. Please take the time to read this handbook prior to the event. We hope it contains all the information you will need, if you have any further questions contact me at alan.thurlow@londonswimming.org.

I am aware some of you have volunteered at this event in the past, or at other events at this venue, but for some of you this is your first event at the venue. I hope you all have a fantastic time whether you are with us for a session or for the full weekend.

If you have any changes in your availability or have any questions, please update the Swim Meets application as soon as you possibly can. Otherwise, I look forward to seeing you all at the event.

Alan Thurlow
Meet Promoter

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EVENT INFORMATION

MANAGEMENT TEAM

Role	Name
Meet Promoter	Alan Thurlow
Lead Referee & Technical Director (25 th April)	Alan Thurlow
Lead Referee & Technical Director (26 th April)	Diane Gamble
Lead Referee & Technical Director (2 nd May)	Hannah Davies
Lead Referee & Technical Director (3 rd May)	Nik Takev
Lead Referee & Technical Director (4 th May)	Diane Gamble
Meet Manager	Nick Hallam
Chief Recorder	Sally-Anne Hawley
Field of Play Manager	Angela Eguakhide

CONTACT INFORMATION

Swim England London	Venue Contact
<p>Alan Thurlow alan.thurlow@londonswimming.org</p>	<p>London Aquatics Centre Queen Elizabeth Olympic Park London E20 2ZQ www.londonaquaticscentre.org</p>

GETTING TO THE LAC

Public transport is the best and easiest way to get to and from the Park, either by train, underground, bus or cycle.

The Elizabeth Line, Central and Jubilee underground lines, London Overground and Network Rail all stop at Stratford Station, which is just a 10-minute walk from the centre.

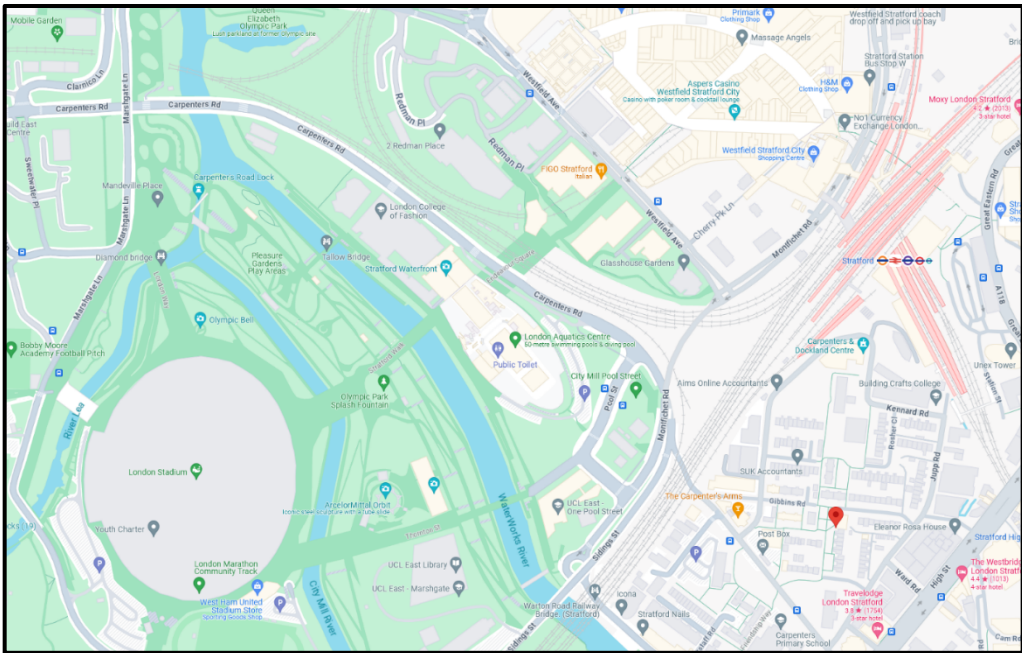
Meanwhile, the London Overground also stops at Hackney Wick, which is a 15-minute walk.

For cyclists, there are more than 140 cycle racks outside the centre.

If, however, you're coming from farther afield, trains from central London (St Pancras International & Kings Cross stations) take just seven minutes to reach Stratford International, which is just a five-minute stroll to the centre.

If you choose to drive, the suggested parking location is one of the Westfield Shopping Centre car parks with Car Park B providing the closest walking access to LAC.

If you elect to park at the London Aquatic Centre, please visit www.londonaquaticscentre.org/about/find-us/ for information. It is no longer free-of-charge. Please park considerately within a marked bay or in a Disabled Space with the correct permit. The car park is monitored regularly, and you will get a parking ticket if you do not comply. It is also small and has limited spaces. Please do not leave yourself no time to find alternative parking in Westfield should the car park be full on your arrival.



CLOTHING/UNIFORM

Officials are required to provide and wear their own:

- White polo shirt,
- Full-length black trousers
- White or black shoes and a black belt if required. (open-toe footwear such as flip-flops, sliders, or similar are not safe for officials on poolside duty).

Volunteers are required to provide and wear their own:

- Red or dark-coloured t-shirt or polo shirt – NOT WHITE,
- Black or dark-coloured trousers/shorts/leggings,
- Suitable comfortable non-slip footwear- preferably trainers.

Please consider that it will be warm/humid on pool deck and select your attire accordingly.

ARRIVAL

If you arrive before 7:30am for your first shift, please enter by the main reception door on the lower/ground level of the Stadium side of the building. If you arrive after 7:30am, please enter by the doors on the Upper Concourse level that will also be receiving coaches, swimmers and spectators.

If you are an official, please ensure your license card is on show when you arrive. This must be on clear display at all times whilst you are at the venue.

Volunteers should proceed to the Sports Information Desk, to the left of the entrance door, to collect your poolside pass before proceeding down the stairs to the Main Studio where facilities are located for all volunteers.

You must clearly display your photo ID at all times or you may be subject to questions and delay from facilities staff.

SPORTS INFORMATION DESK

The Sport Information Desk will be located inside the LAC, adjacent to the Spectators/Athlete entrance on the Gallery Level on the Stadium side of the building. The desk will be available primarily for accreditation collection for coaches and volunteers.

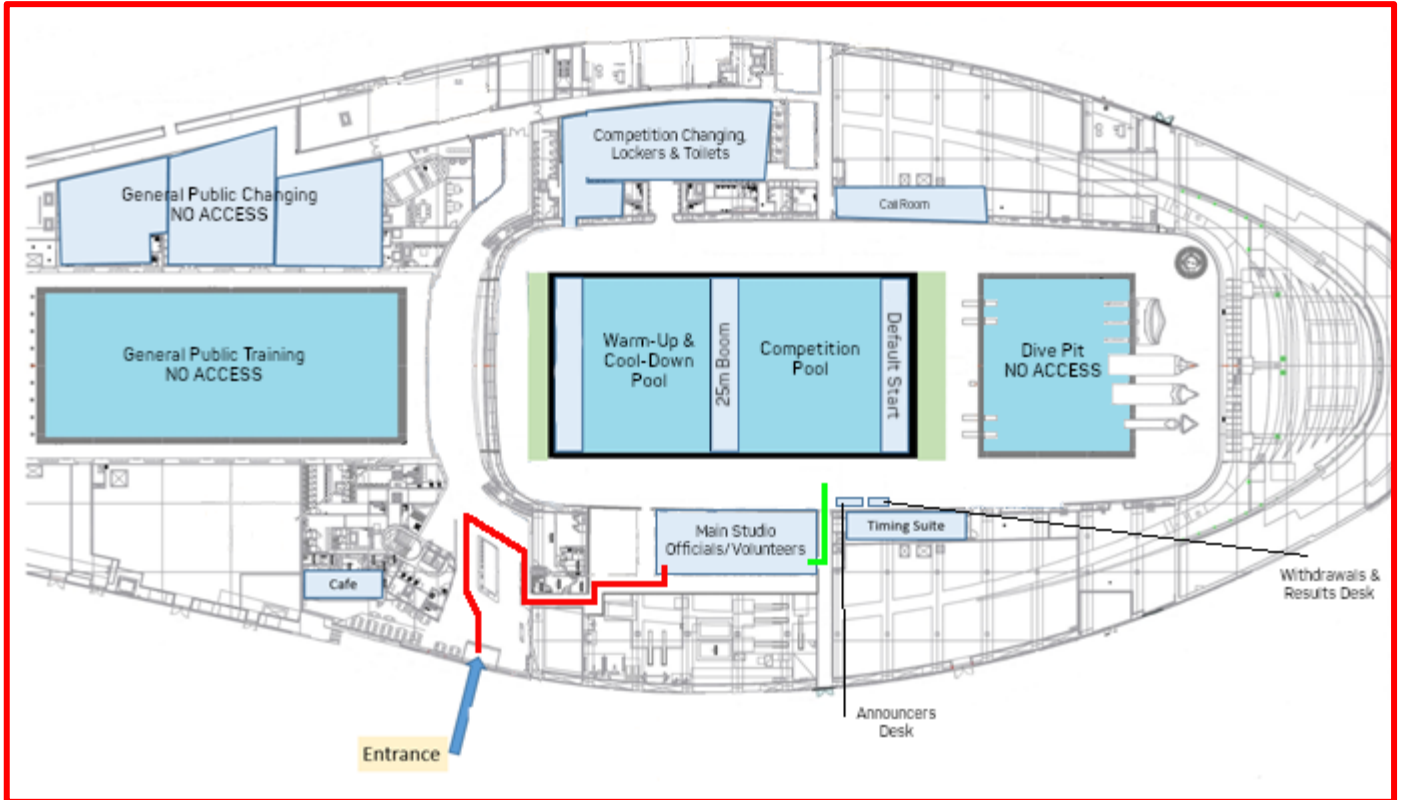
START LISTS AND RESULTS

Start lists and results are available via the Meet Mobile app or the Swim Results app both of which can be downloaded and used on phones/tablets of all kinds from the Apple AppStore or from Google Play Store. A hard copy of the start lists and results will be posted on the athletes side of the entrance to the gym.

CATERING

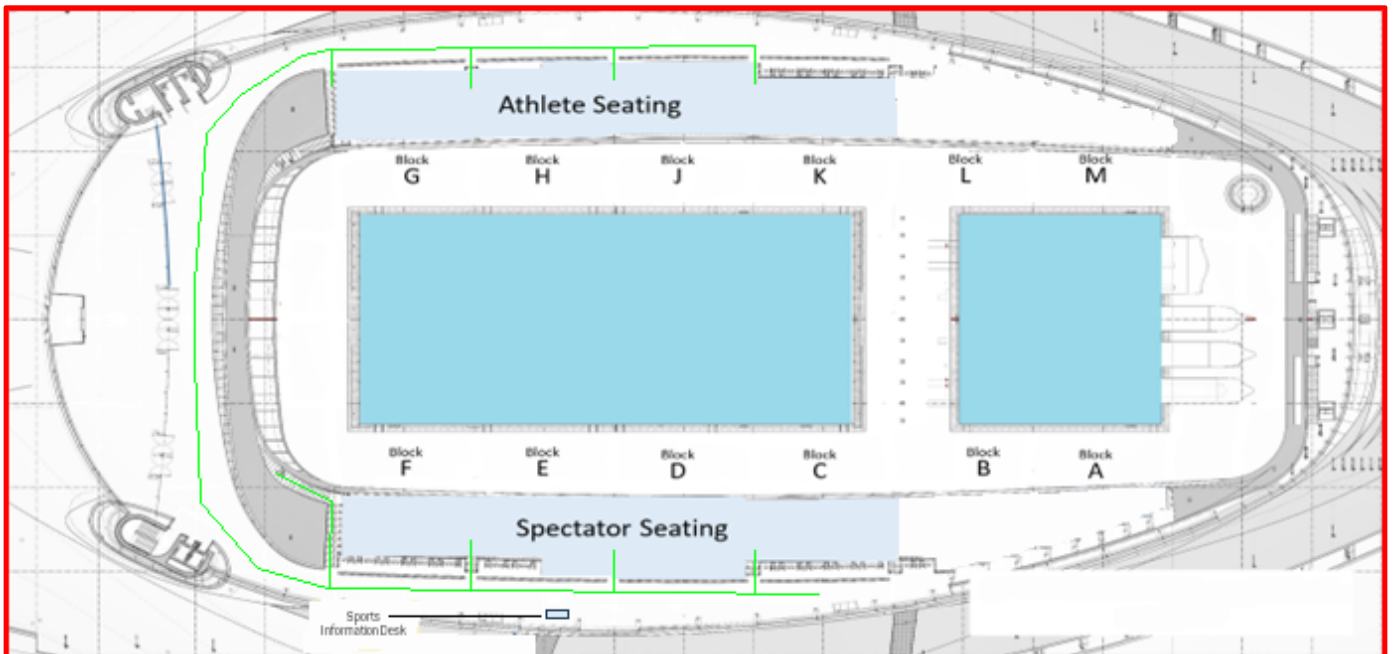
Refreshments will be available for officials and volunteers in the Main Studio. Please bring your personal refillable bottle as there will be water re-fill points on venue. Lunch will be provided at the venue for volunteers and officials.

LAC LOWER/GROUND VENUE PLAN



The pool will be in long course configuration. Swim down will be in the Training pool and the Dive Pit at various times of the day.

LAC UPPER/GALLERY VENUE PLAN



EVENT SCHEDULE

Day 1 25 April - LAC	Day 2 26 April - LAC
Session 1 HEATS 101 Open/Boys 11 & Over 200 Fly 102 Girls 11 & Over 100 Fly 103 Open/Boys 11 & Over 50 Breast 104 Girls 11 & Over 50 Back 105 Open/Boys 11 & Over 100 Free 106 Girls 11 & Over 400 IM (HDW) 107 Open/Boys 11 & Over 1500 Free (HDW)	Session 3 HEATS 201 Girls 11 & Over 200 IM 202 Open/Boys 11 & Over 200 Breast 203 Girls 11 & Over 50 Free 204 Open/Boys 11 & Over 50 Fly 205 Girls 11 & Over 100 Back 206 Open/Boys 11 & Over 400 Free (HDW) 207 Girls 11 & Over 800 Free (HDW)
Session 2 FINALS 101 Open/Boys 11 & Over 200 Fly 102 Girls 11 & Over 100 Fly 103 Open/Boys 11 & Over 50 Breast 104 Girls 11 & Over 50 Back 105 Open/Boys 11 & Over 100 Free 108 Girls 4x200 Free Team (HDW) 109 Women 4x200 Free Team (HDW)	Session 4 FINALS 201 Girls 11 & Over 200 IM 202 Open/Boys 11 & Over 200 Breast 203 Girls 11 & Over 50 Free 204 Open/Boys 11 & Over 50 Fly 205 Girls 11 & Over 100 Back 208 Open/Boys 4x100 Free Team (HDW) 209 Open/Men 4x100 Free Team (HDW)

Day 3 2 May - LAC	Day 4 3 May - LAC	Day 5 4 May - LAC
Session 5 HEATS 301 Girls 11 & Over 200 Fly 302 Open/Boys 11 & Over 100 Fly 303 Girls 11 & Over 50 Breast 304 Open/Boys 11 & Over 50 Back 305 Girls 11 & Over 100 Free 306 Open/Boys 12 & Over 400 IM (HDW) 307 Girls 11 & Over 1500 Free (HDW)	Session 7 HEATS 401 Open/Boys 11 & Over 200 IM 402 Girls 11 & Over 200 Breast 403 Open/Boys 11 & Over 50 Free 404 Girls 11 & Over 50 Fly 405 Open/Boys 11 & Over 100 Back 406 Girls 11 & Over 400 Free (HDW) 407 Open/Boys 11 & Over 800 Free (HDW)	Session 9 HEATS 501 Open/Boys 11 & Over 200 Free 502 Girls 11 & Over 200 Free 503 Open/Boys 11 & Over 100 Breast 504 Girls 11 & Over 100 Breast 505 Open/Boys 11 & Over 200 Back 506 Girls 11 & Over 200 Back 507 Open/Boys 4x100 Medley Team (HDW) 508 Girls 4x100 Medley Team (HDW)
Session 6 FINALS 301 Girls 11 & Over 200 Fly 302 Open/Boys 11 & Over 100 Fly 303 Girls 11 & Over 50 Breast 304 Open/Boys 11 & Over 50 Back 305 Girls 11 & Over 100 Free 308 Open/Boys 4x200 Free Team (HDW) 309 Open/Men 4x200 Free Team (HDW)	Session 8 FINALS 401 Open/Boys 11 & Over 200 IM 402 Girls 11 & Over 200 Breast 403 Open/Boys 11 & Over 50 Free 404 Girls 11 & Over 50 Fly 405 Open/Boys 11 & Over 100 Back 408 Girls 4x100 Free Team (HDW) 409 Women 4x100 Free Team (HDW)	Session 10 FINALS 501 Open/Boys 11 & Over 200 Free 502 Girls 11 & Over 200 Free 503 Open/Boys 11 & Over 100 Breast 504 Girls 11 & Over 100 Breast 505 Open/Boys 11 & Over 200 Back 506 Girls 11 & Over 200 Back 509 Open/Men 4x100 Medley Team (HDW) 510 Women 4x100 Medley Team (HDW)

MEDICAL

The closest hospitals to the LAC are:

- Homerton University Hospital – 1.8 miles
- The Royal London – 2.9 miles

Pool staff will administer primary survey and first aid where necessary.

SECURITY / HEALTH & SAFETY

London Aquatics Centre has a sophisticated and sensitive Fire Alarm System. The alarm system has a two-tone siren followed by a voice command instructing an emergency evacuation with the follow words:

"Attention please. Attention Please. Please leave the building immediately. Please leave the building by the nearest available exit. Do not use the lifts". This message will be repeated continuously.

On hearing this message, please leave the building by one of the exits marked with a green sign and

muster outside the main front doors. If you exit on the car park side of the building, please turn right and walk round the building to the Muster Station.

To help ensure the building is clear, a member of the event team will conduct a head count and report any missing personnel to a member of staff. Re-entry to the facility will only be permitted after the "All Clear" from the senior fire officer in attendance or the centre duty manager.

In all other cases of emergency, we will follow the instructions of the venue staff. We will complete the race in the water if at all possible.

Please be extra vigilant and take care not to leave your belongings unattended.

We are committed to working in a safe environment where everyone has a duty to look after themselves and each other. If you see something you consider to be a risk, don't ignore it but report it to venue management.

EXPENSES

Claims will only be considered if submitted using the published SE London Region Expense Claim Form, completed in full **AND SUBMITTED WITHIN ONE MONTH OF THE COMPLETION OF THE MEET.**

Claim Forms may be downloaded from the SE London Region meet website.

<https://www.swimming.org/london/se-london-summer-championships-2026/>

Claim Forms, accompanied by supporting receipts/tickets, must be submitted by email to Kelly Stannard, Swim England London Administrator by email at kelly.stannard@londonswimming.org.

NO EXPENSES WILL BE CONSIDERED OR PAID ON THE DAY(S) OF THE MEET NOR WILL EXPENSES BE PAID IN CASH OR REIMBURSED IN KIND.

EXPENSES POLICY

All claims are subject to compliance with the Swim England London Expense Policy for Officials and Volunteers which may be downloaded from the meet website.

<https://www.swimming.org/london/se-london-summer-championships-2026/>

THANK YOU

Swim England London would like to thank you for giving up your time to volunteer at this event. We really appreciate you being part of our team and want to thank you for the help you have given us.

We look forward to working with you throughout this event, hope you enjoy the experience, and look forward to working with you again next year.

TECHNICAL OFFICIALS

This section is intended to provide technical officials with role-specific information and will try to avoid duplication with any other event publication. It is hoped that you will take some time to read this section in readiness for the event. You may have officiated at other regional or national events before and you may therefore be familiar with this type of document, but there will be new event-specific information contained herein.

Links to relevant documents are included as, in the past, there have been occasions when it has been necessary to change some details, but this has not been replicated in all publications.

If you have any change to your availability, or the information you supplied on application, please contact us at your earliest opportunity by updating your availability on the Swim-Meets application (please ensure you add your full availability if you change anything, as the application does not retain what you are not changing, it will simply delete it altogether!)

MEET PROCEDURE

The latest Championship Conditions, Schedule and documents can be found here –

<https://www.swimming.org/london/se-london-summer-championships-2026/>

This is a Long Course meet. Swim down will be available in the training pool and the diving pit at different times during the event.

There will be no formal awards ceremony podium/presentation in 2026.

REFEREE AND STARTER

The Referee and Starter for this competition will be on the Timing Suite side of the pool. Prompt and accurate communication, primarily by radio between the Timing Suite and the Referee will be crucial in ensuring the smooth running of the competition.

EVENT TIMINGS

Can be found earlier in this document and any updates will be posted online at the address given above.

TECHNICAL BRIEFINGS

Upon your arrival in the Studio, or prior to each session briefing, please 'tick' your name on the posted officials' register. Duties will be allocated prior to each session, and you will be advised of your allocated duty during the session briefing.

Session briefings for officials will take place promptly in the Studio as follows:

Date	Session Number	Briefing
Saturday 25 th April	1	8:15 AM
Saturday 25 th April	2	2:30 PM
Sunday 26 th April	3	8:15 AM
Sunday 26 th April	4	2:30 PM
Saturday 2 nd May	5	8:15 AM

Date	Session Number	Briefing
Saturday 2 nd May	6	2:30 PM
Sunday 3 rd May	7	8:15 AM
Sunday 3 rd May	8	2:30 PM
Monday 4 th May	9	8:15 AM
Monday 4 th May	10	2:00 PM

PLEASE MAKE EVERY EFFORT TO ENSURE YOU ARRIVE ON TIME FOR THE BRIEFING, THAT YOU HAVE CHANGED INTO YOUR UNIFORM AND HAVE ALL YOUR EQUIPMENT TO HAND IN READINESS.

Officials' Debrief Sessions, if deemed necessary, will be called at the sole discretion of the Referee.

CHANGING ROOMS

Changing facilities for all volunteers will be available in the venue changing village. After walking along the corridor between the competition pool and the training pool, turn right into the competition pool changing area and use the indicated facilities.

Lockers are available in the competition pool changing area for your belongings and require a pound coin which is returnable.

PLEASE NOTE: as in many public buildings, absolute security of the lockers cannot be guaranteed, and any valuables are left at your own risk. However, lockers are considered to be a more secure location than the Main Studio area.

THE TIMING SUITE AREA WILL NOT BE AVAILABLE AS A STORAGE AREA FOR PERSONAL BAGS/COATS.

ACCREDITATION

The control of access to certain restricted areas will be overseen by facilities staff under the guidance of the event management team.

Your British Swimming Officials License card will act as your accreditation/identification and access onto the pool deck.

If you are a trainee Judge Level 1, you must apply for a volunteers' poolside pass, selecting your role in the application. Your poolside pass will then be available at the Sports Information Desk for collection.

OPERATING PROTOCOL

All the points mentioned below are to add to the image of the Technical Official. You are part of the event, and your actions will either enhance the Event presentation or detract from the occasion:

THIS SECTION DOES NOT SEEK TO PROVIDE DETAILED TECHNICAL INFORMATION OR INTERPRETATION OF RULES/GUIDELINES - YOU ARE ALL QUALIFIED, LICENSED AND WITH VARYING LEVELS OF EXPERIENCE IN THE ROLES TO BE UNDERTAKEN.

OFFICIALS DUTIES

INSPECTOR OF TURNS(IOT)/TIMEKEEPER (AS APPROPRIATE)

All Inspectors at the start end - who have a participating athlete in their assigned lane - should stand at the commencement of the short series of whistle blasts from the Referee.

On the Referee's long whistle (first whistle in Backstroke), move to a position close to the rear of the starting platform. When the start signal is given, immediately step onto the upstand and move forward to the side of the starting platform to observe that the athlete in your assigned lane complies with the applicable technical rules following the start.

On the second whistle in Backstroke, if your athlete is using a backstroke ledge, step onto the upstand to check at least one toe on each foot of the athlete is in contact with the timing pad. Step back off the upstand when you are satisfied.

If you are satisfied that you have not observed any rule infraction after the start, turn or finish, step off the upstand and immediately return to your chair/bench and sit down (or step back).

If an infraction has been observed, remain standing on the upstand, beside the starting platform and look towards the Chief Inspector of Turns.

As the athlete in your assigned lane reaches 15m from the turn/finish, move to the edge of the pool (on the upstand) to observe the turn or finish, stepping off the upstand and sitting down when your duties are complete.

Again, if a rule infraction is seen remain standing and look towards the Chief Inspector of Turns.

For 400m, 800m and 1500m events, Inspectors of Turn at either the starting or turning end of the pool will be operating lap cards. These cards should be handheld throughout the race and not left freestanding on the upstand. Please hold the Lap cards in such a way that the swimmers can see them when they come into and leave each turn (10-15 metres in both direction) but not in front of or touching the timing pads. The Lap cards should also be visible to the Referee, who will be checking that they are turned correctly. IOTs at the start end should ask their swimmer which side of the block they would like the lap cards to be shown and, if the cards are being shown at the turn end, communicate this information to the IOT at the turn end of your lane.

When your swimmer approaches 2 lengths and 5m from the finish IOTs at the start end will ring the bell provided until the swimmer has completed their turn and returned past 5m.

BACKSTROKE

At these Championships, backstroke start ledges will be in use. If you require a refresh or have not used backstroke ledges before, please raise this at your briefing where the referee will arrange a tutorial. It is always best to ask if you are not sure.

When the event prior to backstroke has been completed, and whilst the athletes in that event are leaving the pool, Inspectors of Turn should install the ledge remembering to check it is at the zero '0' setting before returning to their seats and recording the time of the race that has just finished.

If an athlete is using the ledge, at least one toe of each foot must be in contact with the face of the touchpad. Observe that the athlete is complying with the rules.

THEY ARE NOT REQUIRED TO HAVE BOTH FEET ON THE LEDGE.

If they are conforming with the rules, please step backwards away from the pool edge but remain on the upstand. This will indicate to the Referee that the athlete in your assigned lane has complied with the rule requirements.

If they are not, instruct the athlete to ensure that a toe from each foot using the ledge is in contact with the face of the touchpad. Once this has been done, step off the upstand as above.

After you have observed the start of the race, please remove the backstroke ledge completely from the starting platform and place it on the floor behind the upstand.

THE REFEREE IS LOOKING FOR OFFICIALS STILL STANDING AT THE EDGE OF THE POOL, ON THE UPSTAND, AS AN INDICATION OF AN INFRACTION REPORT.

If you have an infraction to report remain standing near the starting platform await the Chief Inspector of Turns (CIOT) they will pass this information to the referee by radio. Please do not discuss any details of the infraction with them. A reserve official (if available) or CIOT will be appointed to your lane whilst you report to the referee.

These actions should be completed immediately - DO NOT WAIT UNTIL THE END OF THE RACE TO MAKE A REPORT.

CHIEF INSPECTOR OF TURNS

The primary role of this duty is to observe the IOTs at the relevant end of the pool. You will be equipped with a radio to give early notice to the Referee of an incoming report from an IOT. If stationed at the start/finish end of the pool, take a stopwatch with you and start it for each race.

Please stand when the first IOT stands at the start, turn or finish of a race, returning to your seat when all IOTs have sat down. The actions of the Chief Inspector of Turn will guide the Referee as to potential reports.

Should an IOT remain standing, if available, appoint a Reserve Official to act on the lane and speak to the standing IOT. Direct the IOT to go to the Referee to report the infraction and inform the Referee immediately using the radio of an impending report. Should there not be a Reserve Official, you should be prepared to stand in for an IOT.

If not committed to any other role, in the absence of a Finish Judge, the Chief Inspector of Turn should record a finish order for each race or agree with the Reserve Official who will undertake this duty.

JUDGES OF STROKE

Two Stroke Judges either side - At ***the*** start of a race Judges of Stroke should stand at the commencement of the Referee's short series of whistle blasts.

For Freestyle, Backstroke, Butterfly and Individual Medley:

- Take up positions at 7m (Lag) and 15m (Lead) from the start end on each side of the pool. The Judge positioned at the 15m mark judges when the swimmers' heads break the surface. Do not move until all swimmers have surfaced.

THEN for Backstroke and Butterfly:

- Track the swimmers, Lead Judge to 5m from the other end, observing them up to and including the turn assisting the Inspectors of Turn, with the Lag Judge to stop at 15m from the other end
- Positions are then reversed with the process being repeated for every subsequent length.
- In 50m events, track the full length of the pool as above.

For Freestyle:

- In the 50m event, after the signal to start is given the Lag Judge moves down the pool to stand next to the Lead Judge at 15m from the start, the Lead Judge does not move.
- In all other distances, after the start signal is given the Lag Judge moves to 15m from the start end and the Lead Judge moves down the pool to 15m from the turn end. Both stay in those positions until the final length when, once the swimmers are past the 15m mark after the final turn the Lead Judge walks back to join the other judge at 15m from the start end.
- 800m and 1500m start and finish in the same manner but chairs will be provided at the 15m

stations (if possible).

For Individual Medley:

- The Judges of Stroke will walk the pool during the freestyle leg

For Breaststroke:

- The Judges of Stroke should initially position themselves at 5m (Lag) and 7m (Lead) from the start end of the pool
- Follow the swimmers for the whole length of the pool to 5m and 7m from the other end observing them up to and including the turn assisting the Inspectors of Turn.
- Lag and Lead are then reversed, tracking the swimmers back to 5m and 7m from the original end.

One Stroke Judge either side - At the start of a race Judges of Stroke should stand at the commencement of the Referee's short series of whistle blasts.

THEN for Backstroke, Butterfly and Individual Medley:

- The judges - at each side of the pool – should take up positions at 15m from the start. The judge will observe the athletes' head breaking the surface of the water, after which they move forward with the swimmers observing them up to and including the turn assisting the Inspectors of Turn and so on until the distance is complete.

For Freestyle:

- In the 50m event, after the signal to start is given, the Judge does not move.
- In all other distances, after the start signal is given the Judge on the opposite side to the referee moves to the 15m mark from the turn end and the Judge on the referee's side of the pool stays at the 15m mark from the start end. Both stay in those positions until the final length when, once the swimmers are past the 15m mark after the final turn, the Judge on the opposite side of the pool to the referee walks back to the 15m mark from the start end.
- 800m and 1500m start and finish in the same manner but chairs will be provided at the 15m stations (if possible).

For Breaststroke:

- The Judges of Stroke should initially position themselves 7m from the start end of the pool to be able to observe the leg actions of the athlete and the arm action as the head breaks the surface.
- Follow the swimmers for the whole length of the pool to 5m from the other end and including the turn, assisting the Inspectors of Turn and so on until the distance is complete.

Your priority at the start is the 15m mark except breaststroke.

You primarily have responsibility to observe the athletes in your half of the pool in the race and your relative position along the poolside will be influenced by the distribution of the athletes across the width and length of the pool.

The Judges of Stroke on the side opposite the Referee will be equipped with radios to provide communication with the Referee.

Should you observe a rule violation, inform the Referee as soon as possible either by word of mouth or radio. The remaining Judge of Stroke will then take responsibility for the length of the pool. If a Reserve Official is available, they should take the reporting Official's position.

FINISH JUDGES (IF REQUIRED)

As Finish Judge, you should move into a position to carry out your duty, opposite the referee, no later than when the leading athlete in the race reaches 15m from the finish. After recording your finish order, wait to see whether the Referee needs to consult you.

If the result is confirmed, return to your chair, and sit down.

CHIEF TIMEKEEPER (CTK)

The Chief Timekeeper will be positioned close to the Referee and will be equipped with a Radio to permit swift, clear and effective communication with the Referee.

They should be in possession of two stopwatches, starting them at the start of the race, with the primary duty to record the times of the first and last athlete in case the Referee requires that information.

The Referee may ask you to obtain the manual time of a particular lane. Please do with haste but with consideration to your safety and the safety of those around you. When you have located the time, report it clearly to the Referee using the radio, then return to your position.

Look out for IOTs who may not have started their watch at the beginning of the race, or who may have stopped their watch by mistake before the completion of the race. Be prepared to hand over one of your watches to that official so they may continue with their duties for that race.

RESERVE OFFICIALS

When appointed, Reserve Officials shall sit alongside the Chief Inspector of Turn at each end of the pool.

Your primary duty is to act as a replacement, carrying out the relevant duty of an official who has left the deck for any reason e.g., making a disqualification report, or to take a comfort break.

If stationed at the finish end of the pool, you must take a stopwatch with you on to the deck and start it for each race.

DISQUALIFICATIONS

In the event of an alleged rule violation, the observing (qualified) official shall report the facts verbally to the race Referee as soon as possible. The CIOT will inform the Referee by radio that you are on route to see them.

Having reported the facts to the race Referee, when directed proceed to fully complete an Aquatics GB disqualification report form, supplies of which will be located close to the Referees position.

In addition to decisions being made in accordance with World Aquatics swimming rules/World Para swimming rules, it is extremely important that your reports are discussed only with the referee. Should any other person approach and question you regarding reports or decisions, please do not enter into a discussion; politely refer them to the race referee. Should a decision require further explanation, e.g. a coach requesting further detail on a disqualification, it is the race referee who will undertake that duty.

TRAINEE OFFICIALS

Remember to ask lots of questions to make the most out of being mentored. At the end of the session ensure your mentor completes your log book and then both parties should see the referee.

If an infraction needs to be reported, the qualified official will need to make the report bringing the trainee with them so they can see the process. After making the report to the referee the mentor/trainee can discuss the report and what was witnessed.

RADIO GUIDE

The purpose of the radios is to ensure prompt and accurate communication between the race Referee and those officials with whom, due to distance around the pool, face-to-face contact is difficult.

It is not intended for the radios to be used for any other purpose – save for an emergency or safety issue.

RADIO ASSIGNMENT & CALL SIGNS

Radios and call signs will be assigned as follows:

ROLE	CALL SIGN
Technical Director	TD
AOE Referee (Control Room Supervisor)	Timing Control
Race Referee	Referee
Chief Inspector of Turns (Finish End)	Finish Inspector
Chief Inspector of Turns (Turn End)	Turn Inspector
Judge of Stroke (Opposite side of the pool to the Referee)	Stroke
Chief Timekeeper	Chief Timekeeper
Announcer	Announcer
Marshal	Marshal
First Aid	First Aid

RADIO PROTOCOL

Transmissions between technical officials should be restricted to messages regarding potential disqualification or other matters of urgency.

When initiating a message, wait one (1) second after pressing the PTT button to ensure that your whole message is sent.

Then follow this script:

[CALL SIGN] to [CALL SIGN], Report of Infraction coming for Lane [X]

or

[CALL SIGN] to [CALL SIGN], [urgent message, stating location]

When responding, always start your clear and concise response with:

[CALL SIGN] to [CALL SIGN].

RADIO USE

Swim England London have invested in a replacement and upgrade in their radio capability for Events. These radios are both digital and analogue and the communications channel will have been predetermined and preset prior to your arrival at the meet.

This is an abridged operator guide to ensure that the radios are kept in optimum condition and

correctly used.

RADIO ILLUSTRATION



1. ON/OFF/VOLUME CONTROL.

Rotate clockwise to turn on and increase volume.
Rotate anticlockwise to reduce volume and turn off.

2. CHANNEL CONTROL

This will be pre-set for you upon arrival. Do not use.

3. HEADSET SOCKET

4. PUSH-TO-TALK (PTT) BUTTON.

Press to speak and release to listen.

6. LED INDICATOR

Red Steady - Transmitting

Red Double Flash - Low Battery

Red Fast Flash - Error

Green Steady - Receiving

Amber Flash every 5-seconds - Radio in standby

8. MICROPHONE

- Ensure the radio is fully turned off.
- Ensure the contact plate on the radio and the pins on the headset plate are clean.
- Locate the upper locating spigot on the headset plate into the aperture above the radio contact plate.
- Pivot the headset plate onto the radio contact plate, then carefully tighten the locking screw clockwise until finger tight (do not overtighten or use any implement).
- To remove a headset, ensure the radio is fully turned off.
- Unscrew the locking screw of the headset plate by hand in an anti-clockwise direction.
- Ensure the headset is wound without knot and placed in the provided storage bag.



The headsets have a D-shaped earpiece format with a combined tie clip microphone and push-to-talk (PTT) button. The earpiece fits over the user's ear, then a rotating strain-relief clip is available to attach to your collar to ensure the attached cable does not pull on the earpiece during use nor will the earpiece become dislodged if the cable is tugged. The microphone and PTT button are combined and are designed to be clipped on or around a polo-shirt button placket area.

SWITCHING ON, RECEPTION, AND SWITCHING OFF

1. To switch on rotate the on/off/volume control (1) on the top of the radio clockwise, you will hear a click from the control.
2. When the radio has passed its diagnostic tests, it will emit a fanfare tone. If you have attached a headset, the fanfare tone will emit from the headset earpiece NOT the radio. If the tone

emits from the radio, the headset has not been correctly affixed.

3. The radio will enter standby mode. This is indicated by the LED flashing Amber once every 5 seconds, indicating the radio is ready for use.
4. Adjust the volume control (1) to select the desired volume level.
5. When receiving a valid signal the LED will illuminate steady green and audio will be emitted from the radio's speaker or headset earpiece (if attached).
6. When finished using the radio, switch off by turning the on/off/volume control (1) counter clockwise until it clicks and the radio will be switched off.

TRANSMITTING

1. Before transmitting, monitor the channel and make sure it is clear. If receiving a signal, wait until the signal stops before transmitting. The radio cannot transmit and receive simultaneously.
2. Press the PTT (Push To Talk) button (4) on the radio or on the headset to begin your transmission. To confirm transmission the LED illuminates red.
3. For best transmitted speech quality you must talk directly into the radio's microphone (8) or the headset microphone at around 4cm between your mouth and the radio.
4. When the transmission is finished, release the PTT button.

RADIO STORAGE & RETURN

A nominated official will direct you to collect and wear a radio (with an earpiece) dependent on the duty you have been assigned for the session. All radios must be returned to the charging cradles at the end of your duty.

All equipment will be sanitised before reuse. Please report any issues with the radio to the Technical Director.

PLEASE NOTE: RADIOS SHOULD NOT BE TAKEN OFF SITE AT ANY POINT.

FIELD OF PLAY (FOP) & NON-TECHNICAL VOLUNTEERS

This section is intended to provide FOP and Non-Tech volunteers with role-specific information. It is hoped that you will take some time to read this section in readiness for the event.

Links to relevant documents are included as, in the past, there has been occasion when it has been necessary to change some details, but this has not been replicated in all publications.

If you have any change to your availability, or the information you supplied on application, please contact us at your earliest opportunity by updating your availability on the Swim-Meets application (please ensure you add your full availability if you change anything, as the application does not retain what you are not changing, it will simply delete it altogether!)

MEET DOCUMENTS

The latest Championship Conditions, Schedule and documents can be found here - <https://www.swimming.org/london/se-london-summer-championships-2026/>

EVENT TIMINGS

Can be found earlier in this document and any updates will be posted online at the address given above.

FOP BRIEFINGS

Upon your arrival in the Main Studio, or prior to each session briefing, please 'tick' your name on the posted FOP register or locate a member of the Management Team and advise them that you have arrived. Duties will be allocated prior to each session and you will be advised of your allocated duty during the FOP briefing.

Session briefings for FOP & Non-Tech volunteers will take place promptly in the Timing Suite as follows:

Date	Session Number	Briefing
Saturday 25 th April	1	8:25 AM
Saturday 25 th April	2	2:25 PM
Sunday 26 th April	3	8:25 AM
Sunday 26 th April	4	2:25 PM
Saturday 2 nd May	5	8:25 AM
Saturday 2 nd May	6	2:25 PM
Sunday 3 rd May	7	8:25 AM
Sunday 3 rd May	8	2:25 PM
Monday 4 th May	9	8:25 AM
Monday 4 th May	10	2:10 PM

PLEASE MAKE EVERY EFFORT TO ENSURE YOU ARRIVE 15 MINUTES PRIOR TO BRIEFING, THAT YOU HAVE CHANGED INTO YOUR UNIFORM AND HAVE ALL YOUR EQUIPMENT TO HAND IN READINESS.

CHANGING ROOMS

Changing facilities for all volunteers will be available in the venue changing village. After walking along the entry level corridor between the pools and passing through the double doors turn right into the competition pool changing area and use the indicated facilities.

Lockers are available in the competition pool changing area for your belongings and require a pound coin which is returnable.

PLEASE NOTE: as in many public buildings, absolute security of the lockers cannot be guaranteed, and any valuables are left at your own risk. However, lockers are considered to be a more secure location than the Main Studio area.

THE TIMING SUITE WILL NOT BE AVAILABLE AS A STORAGE AREA FOR PERSONAL BAGS/COATS.

IDENTIFICATION

The photo ID for which you applied through the Meet web page will be issued to you on arrival at the Sports Information Desk. Please make sure these are on show at all times.

OPERATING PROTOCOL

All the points mentioned below are to add to the image of the Field of Play Volunteers. You are part of the event, and your actions will either enhance the Event presentation or detract from the occasion:

DUTIES

SPORTS INFORMATION REPRESENTATIVES

Based at the Sports Information Desk. The primary duties for these volunteers are:

- Greet all meet attendees
- If attendees are spectators, scan their tickets/electronic QR-Codes to establish that they have paid and issue them with the appropriate wristband to access the public areas of the venue.
- If attendees are coaches, team managers or chaperones/athlete assistants who need access to pool deck and Athletes Gallery:
 - Check that they have their accreditation on display,
 - If no accreditation, they need to step outside the venue to arrange the download of their pass from the Swim England Website. They need to then send an email attaching the pdf of their pass to alanthurlow@gmail.com. Please advise your FOP manager to arrange printing and transport to the gallery entrance. Only then can they be allowed into the venue.
- If attendees are officials, check they are displaying their British Swimming Licence and send them down to the Studio.
- If attendees are volunteers, trainee technical officials or Level 2 Teachers, check they are displaying their photo ID issued by SE London Swimming. If they are not, direct them to the accreditation desk to collect their pass.
- Providing general meet assistance and directions.
- Escalate any major issues to FOP Manager or Promotor for resolution.

POOLSIDE REFRESHMENTS

Based in the Main Studio, the primary duties for these volunteers are:

- Prepare refreshments (cold drinks, sweets, fruit) for Technical Officials and fellow FOP/Non-Tech Volunteers.
- On a regular cadence during the meet, walk a route around Timing Suite, Pool Deck and Sports Information Desk to ensure everyone has access to refreshments.

RACE MARSHALLS

Based either on pool-deck, in the Call Room, or both; the primary duties for these volunteers are:

- Using the provided Heat Sheets, check-in athletes for each race making sure that each athlete is aware of their heat number and their lane number.
- Direct athletes to go to their blocks in plenty of time to ensure that the meet proceeds between heats without delay.

MEDALS/AWARDS DISTRIBUTION

Based on pool-deck, the primary duties for these volunteers are:

- Using the provided Results Sheets, check-in athletes placed 1st, 2nd and 3rd in each age category in the event and issue a Gold, Silver or Bronze medal accordingly.
- Keep clear records of which athletes have and have not collected their medals.

RUNNERS

Based in the Timing Suite; the primary duties for these volunteers are:

- Distribute reports – Heat Sheets, Results Sheets etc. around the pool building.
- Results must be posted in the Spectator side of the Gallery.
- Heat Sheets must be distributed to Coaches, Team Managers, Officials and Marshalls.
- Act as a conduit for swift communication between organising and officiating members of the delivery team where radio communication is not possible.
- This role will involve a lot of walking, traversing many staircases and making your way around a wet pool deck. Comfortable shoes and a sure step are invaluable.

MEET RECORDER

Based in the Timing Suite; the primary duties for these volunteers are:

- Operate the Meet Management Software.
- Manage changes/withdrawals/additions in entries and relays.
- Seed the events in accordance with World Aquatics rules.
- Create Heat Sheets & Lane Timer Sheets and create Results Reports.
- Submit results to Swim England for inclusion in the Rankings Database.
- Maintain all meet paperwork for future reference if needed.

This role should be comfortable working with computers (spreadsheets and numbers) – under time pressure. Ideally, they should already be proficient in the use of the Meet Management software prior to the event.

AOE OPERATOR

Based in the Timing Suite; the primary duties for these volunteers are:

- Set up and test the Electronic Timing System elements in and around the pool.
- Operate the Electronic Timing System for the Meet.
- Set up and operate the Scoreboards for the Meet.

This role should be comfortable working with computers (spreadsheets and numbers) – under time pressure. They should already be proficient in the use of the Timing System and Scoreboard System hardware/software prior to the event

They must ensure the accuracy of results and bring questionable results to the attention of the Control Room Supervisor.