

SE London Summer Championships 2026

Summary of Key Times

	Gala No.	Event No.	Officials Briefing	Withdrawals Close for Finals	Withdrawals Close Heats and Relays	Warm Up Starts	Event Starts	Estimated Finish	Session Duration	Day Duration	Comments
Saturday, 25 April	1	101 - 107	8:15 am		8:10 am	8:00 am	9:00 am	1:25 pm	3:55	5:50	Including a 30 min break and warm up at about 11:05
	2	Finals & Relays	2:30 pm	1:00 pm	2:25 pm	2:15 pm	3:15 pm	5:10 pm	1:55		
Sunday, 26 April	3	201 - 207	8:15 am		8:10 am	8:00 am	9:00 am	1:30 pm	4:00	5:55	Including a 30 min break and warm up at about 11:25
	4	Finals & Relays	2:30 pm	1:00 pm	2:25 pm	2:15 pm	3:15 pm	5:10 pm	1:55		
Saturday, 2 May	5	301 - 307	8:15 am		8:10 am	8:00 am	9:00 am	1:50 pm	4:20	6:15	Including a 30 min break and warm up at about 11:10
	6	Finals & Relays	2:30 pm	1:00 pm	2:25 pm	2:15 pm	3:15 pm	5:10 pm	1:55		
Sunday, 3 May	7	401 - 407	8:15 am		8:10 am	8:00 am	9:00 am	1:55 pm	4:25	6:25	Including a 30 min break and warm up at about 11:40
	8	Finals & Relays	2:30 pm	1:00 pm	2:25 pm	2:15 pm	3:15 pm	5:15 pm	2:00		
Monday, 4 May	9	501 - 506	8:15 am		8:10 am	8:00 am	9:00 am	1:15 pm	4:15	6:40	Including a 30 min break and warm up at about 12:00
	10	Finals & Relays	2:00 pm	1:00 pm	1:55 pm	1:45 pm	2:45 pm	5:10 pm	2:25		