

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 1 Female 25-29 800 LC Meter Free**

Name	Age	Team	Seed Time	Finals Time	FINA	Points
1 Sturt, Jordon	28	Kings Cormorants SC	10:51.85	11:15.94	368	10
33.58	1:11.22 (37.64)	1:50.61 (39.39)	2:31.91 (41.30)			
3:14.12 (42.21)	3:56.95 (42.83)	4:39.67 (42.72)	5:24.62 (44.95)			
6:09.13 (44.51)	6:53.93 (44.80)	7:38.52 (44.59)	8:23.08 (44.56)			
9:06.38 (43.30)	9:51.33 (44.95)	10:34.12 (42.79)	11:15.94 (41.82)			
2 Szenes, Ibolya	26	Otter SC	10:42.06	11:28.68	348	9
35.03	1:15.58 (40.55)	1:57.46 (41.88)	2:40.13 (42.67)			
3:23.81 (43.68)	4:07.42 (43.61)	4:51.87 (44.45)	5:37.27 (45.40)			
6:23.07 (45.80)	7:08.13 (45.06)	7:53.05 (44.92)	8:37.72 (44.67)			
9:23.16 (45.44)	10:08.28 (45.12)	10:52.55 (44.27)	11:28.68 (36.13)			

Event 1 Female 30-34 800 LC Meter Free

1 Cordeaux, Grace	30	Out to Swim London	10:42.78	10:44.82	424	10
35.57	1:14.69 (39.12)	1:55.27 (40.58)	2:35.85 (40.58)			
3:17.00 (41.15)	3:57.95 (40.95)	4:39.33 (41.38)	5:20.50 (41.17)			
6:02.14 (41.64)	6:43.01 (40.87)	7:24.31 (41.30)	8:05.23 (40.92)			
8:46.10 (40.87)	9:26.53 (40.43)	10:06.60 (40.07)	10:44.82 (38.22)			
2 Cannon, Gemma	34	Deben SC	10:50.41	10:57.23	401	9
36.02	1:15.75 (39.73)	1:56.86 (41.11)	2:38.09 (41.23)			
3:20.22 (42.13)	4:01.42 (41.20)	4:43.19 (41.77)	5:24.79 (41.60)			
6:06.74 (41.95)	6:48.85 (42.11)	7:30.78 (41.93)	8:12.39 (41.61)			
8:54.14 (41.75)	9:35.73 (41.59)	10:17.48 (41.75)	10:57.23 (39.75)			

Event 1 Female 35-39 800 LC Meter Free

1 Keen, Emma	36	Out To Swim	11:33.42	11:06.04	385	10
35.45	1:15.68 (40.23)	1:58.27 (42.59)	2:40.78 (42.51)			
3:23.00 (42.22)	4:05.17 (42.17)	4:47.87 (42.70)	5:31.66 (43.79)			
6:14.55 (42.89)	6:57.66 (43.11)	7:42.80 (45.14)	8:25.96 (43.16)			
9:08.65 (42.69)	9:49.50 (40.85)	10:28.84 (39.34)	11:06.04 (37.20)			
2 Conway, Fiona	36	Loughborough Town SC	11:49.20	12:07.63	295	9
40.31	1:24.16 (43.85)	2:10.28 (46.12)	2:56.39 (46.11)			
3:43.00 (46.61)	4:28.75 (45.75)	5:15.12 (46.37)	6:01.13 (46.01)			
6:47.41 (46.28)	7:33.64 (46.23)	8:19.66 (46.02)	9:05.58 (45.92)			
9:51.38 (45.80)	10:37.16 (45.78)	11:23.12 (45.96)	12:07.63 (44.51)			

Event 1 Female 40-44 800 LC Meter Free

1 Bates, Wendy	44	Seagulls Swimming Club	11:49.62	12:03.13	301	10
39.82	1:24.61 (44.79)	2:10.47 (45.86)	2:56.35 (45.88)			
3:42.37 (46.02)	4:28.12 (45.75)	5:13.84 (45.72)	5:59.67 (45.83)			
6:45.53 (45.86)	7:31.64 (46.11)	8:17.46 (45.82)	9:03.32 (45.86)			
9:49.10 (45.78)	10:34.92 (45.82)	11:20.06 (45.14)	12:03.13 (43.07)			

Event 1 Female 45-49 800 LC Meter Free

1 Tsang, Alaine	45	Newham & University of East Lo	12:24.67	12:26.84	273	10
39.17	1:23.79 (44.62)	2:10.77 (46.98)	2:58.48 (47.71)			
3:47.39 (48.91)	4:34.16 (46.77)	5:22.84 (48.68)	6:09.57 (46.73)			
6:58.38 (48.81)	7:45.85 (47.47)	8:34.58 (48.73)	9:21.44 (46.86)			
10:09.97 (48.53)	10:56.91 (46.94)	11:44.20 (47.29)	12:26.84 (42.64)			
2 Green, Kirsty	49	Hillingdon Swimming Club	13:10.85	13:43.72	203	9
48.41	1:38.62 (50.21)	2:29.62 (51.00)	3:20.60 (50.98)			
4:11.60 (51.00)	5:02.94 (51.34)	5:54.54 (51.60)	6:46.74 (52.20)			
7:38.86 (52.12)	8:31.74 (52.88)	9:23.07 (51.33)	10:16.67 (53.60)			
11:08.62 (51.95)	12:00.93 (52.31)	12:52.64 (51.71)	13:43.72 (51.08)			

Event 1 Female 50-54 800 LC Meter Free

1 Partridge, Jessica	51	Stroud Masters SC	10:04.40	10:21.07	475	10
35.60	1:12.71 (37.11)	1:51.03 (38.32)	2:29.20 (38.17)			
3:08.12 (38.92)	3:47.15 (39.03)	4:26.40 (39.25)	5:05.69 (39.29)			
5:45.12 (39.43)	6:24.76 (39.64)	7:04.49 (39.73)	7:44.20 (39.71)			
8:23.91 (39.71)	9:03.62 (39.71)	9:43.00 (39.38)	10:21.07 (38.07)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****(Event 1 Female 50-54 800 LC Meter Free)**

2	Edwards, Rona	53	Newcastle SwimTeam	11:25.00	11:25.78	353	9
	37.32	1:18.89 (41.57)	2:02.14 (43.25)	2:45.27 (43.13)			
	3:28.93 (43.66)	4:12.58 (43.65)	4:56.94 (44.36)	5:40.87 (43.93)			
	6:24.86 (43.99)	7:08.25 (43.39)	7:52.06 (43.81)	8:35.63 (43.57)			
	9:19.75 (44.12)	10:03.34 (43.59)	10:45.82 (42.48)	11:25.78 (39.96)			
3	Baker, Pippa	50	Crawley SC	11:28.91	11:27.80	350	8
		1:17.36 ()		2:44.42 ()			
		4:12.85 ()		5:40.74 ()			
		7:07.86 ()	7:51.83 (43.97)	8:35.77 (43.94)			
	9:19.94 (44.17)	10:03.59 (43.65)	10:47.01 (43.42)	11:27.80 (40.79)			
4	Usher, Samantha	54	Wycombe District SC	11:24.60	11:32.56	342	7
	38.55	1:21.27 (42.72)	2:04.62 (43.35)	2:48.57 (43.95)			
	3:32.47 (43.90)	4:16.41 (43.94)	5:00.74 (44.33)	5:44.65 (43.91)			
	6:28.73 (44.08)	7:12.58 (43.85)	7:56.66 (44.08)	8:40.48 (43.82)			
	9:24.21 (43.73)	10:07.99 (43.78)	10:51.18 (43.19)	11:32.56 (41.38)			
5	Shivik, Maida	52	Camden Swiss Cottage SC	12:17.36	12:11.81	290	6
	41.56	1:27.32 (45.76)	2:13.38 (46.06)	2:59.20 (45.82)			
	3:45.29 (46.09)	4:31.35 (46.06)	5:17.24 (45.89)	6:03.72 (46.48)			
	6:50.00 (46.28)	7:36.48 (46.48)	8:22.92 (46.44)	9:09.45 (46.53)			
	9:55.93 (46.48)	10:42.21 (46.28)	11:28.18 (45.97)	12:11.81 (43.63)			
6	Prance, Joanna	50	Rushmoor Royals SC	12:53.43	12:48.84	250	5
	40.75	1:26.94 (46.19)	2:15.43 (48.49)	3:04.19 (48.76)			
	3:53.47 (49.28)	4:42.32 (48.85)	5:31.67 (49.35)	6:20.71 (49.04)			
	7:09.91 (49.20)	7:59.13 (49.22)	8:48.27 (49.14)	9:37.09 (48.82)			
	10:26.17 (49.08)	11:15.22 (49.05)	12:03.76 (48.54)	12:48.84 (45.08)			

Event 1 Female 55-59 800 LC Meter Free

1	Prior, Judy	56	Enfield Swim Squad	11:21.15	11:48.01	321	10
	40.32	1:24.24 (43.92)	2:08.57 (44.33)	2:53.34 (44.77)			
	3:37.62 (44.28)	4:22.34 (44.72)	5:06.63 (44.29)	5:51.71 (45.08)			
	6:36.45 (44.74)	7:21.34 (44.89)	8:06.14 (44.80)	8:50.83 (44.69)			
	9:35.50 (44.67)	10:20.10 (44.60)	11:04.76 (44.66)	11:48.01 (43.25)			
2	Rooke-Allden, Marianne	55	Croydon Amphibians SC	12:42.44	12:57.73	242	9
	42.45	1:29.23 (46.78)	2:17.80 (48.57)	3:06.88 (49.08)			
	3:56.97 (50.09)	4:46.81 (49.84)	5:36.87 (50.06)	6:26.18 (49.31)			
	7:16.03 (49.85)	8:05.22 (49.19)	8:55.17 (49.95)	9:43.77 (48.60)			
	10:32.76 (48.99)	11:21.17 (48.41)	12:09.83 (48.66)	12:57.73 (47.90)			
3	Day, Claudine	55	Redhill & Reigate SC	14:56.36	15:54.99	130	8
	53.12	1:52.83 (59.71)	2:52.40 (59.57)	3:53.26 (1:00.86)			
	4:53.04 (59.78)	5:53.44 (1:00.40)	6:54.00 (1:00.56)	7:54.53 (1:00.53)			
	8:55.14 (1:00.61)	9:56.07 (1:00.93)	10:55.97 (59.90)	11:56.72 (1:00.75)			
	12:57.32 (1:00.60)	13:58.36 (1:01.04)	14:58.42 (1:00.06)	15:54.99 (56.57)			

Event 1 Female 60-64 800 LC Meter Free

1	Harris, Helen	60	Larkfield SC	11:52.54	12:10.16	292	10
	41.09	1:27.59 (46.50)	2:13.25 (45.66)	2:59.69 (46.44)			
	3:45.27 (45.58)	4:31.63 (46.36)	5:17.71 (46.08)	6:04.33 (46.62)			
	6:50.69 (46.36)	7:37.57 (46.88)	8:24.11 (46.54)	9:10.77 (46.66)			
	9:56.59 (45.82)	10:42.48 (45.89)	11:26.92 (44.44)	12:10.16 (43.24)			
2	Welham, Sue	62	St Albans Masters SC	11:59.55	12:13.17	289	9
	41.37	1:26.60 (45.23)	2:13.91 (47.31)	3:01.37 (47.46)			
	3:47.86 (46.49)	4:34.53 (46.67)	5:20.74 (46.21)	6:07.26 (46.52)			
	6:53.22 (45.96)	7:39.77 (46.55)	8:26.13 (46.36)	9:12.48 (46.35)			
	9:58.35 (45.87)	10:44.51 (46.16)	11:29.63 (45.12)	12:13.17 (43.54)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 1 Female 65-69 800 LC Meter Free**

1	Baker, Frances	66	Spencer Swim Team	12:41.88	12:29.38	270	10
	42.35	1:28.34 (45.99)	2:15.66 (47.32)	3:02.51 (46.85)			
	3:50.26 (47.75)	4:37.12 (46.86)	5:25.06 (47.94)	6:12.33 (47.27)			
	6:59.84 (47.51)	7:46.78 (46.94)	8:34.48 (47.70)	9:21.38 (46.90)			
	10:09.34 (47.96)	10:57.04 (47.70)	11:43.83 (46.79)	12:29.38 (45.55)			
2	Perry, Sara	69	Cally Masters Islington	12:37.31	12:55.72	244	9
	42.59	1:29.75 (47.16)	2:17.58 (47.83)	3:05.77 (48.19)			
	3:54.65 (48.88)	4:43.48 (48.83)	5:32.70 (49.22)	6:21.66 (48.96)			
	7:11.07 (49.41)	8:00.44 (49.37)	8:50.30 (49.86)	9:39.45 (49.15)			
	10:29.74 (50.29)	11:19.54 (49.80)	12:09.05 (49.51)	12:55.72 (46.67)			
3	Hartle, Catherine	68	City of Sheffield Swim Squad L	12:50.60	13:05.93	234	8
	44.69	1:32.13 (47.44)	2:21.96 (49.83)	3:11.18 (49.22)			
	4:00.61 (49.43)	4:50.19 (49.58)	5:39.46 (49.27)	6:29.01 (49.55)			
	7:18.48 (49.47)	8:07.86 (49.38)	8:57.52 (49.66)	9:47.12 (49.60)			
	10:36.08 (48.96)	11:26.03 (49.95)	12:16.35 (50.32)	13:05.93 (49.58)			

Event 1 Open/Male 30-34 800 LC Meter Free

1	Canipet, Patrick	31	Camden Swiss Cottage SC	10:41.55	10:44.01	346	10
	35.98	1:15.77 (39.79)	3:15.98 (2:00.21)	2:36.26 ()			
		3:55.67 ()	4:36.00 (40.33)				
		6:38.95 ()	7:21.02 (42.07)	8:02.89 (41.87)			
	8:43.77 (40.88)	9:25.32 (41.55)	10:05.27 (39.95)	10:44.01 (38.74)			
2	Chadwick, Matthew	32	City Of Ely Amateur Swimming C	10:41.46	10:51.18	334	9
	34.77	1:14.05 (39.28)	1:54.59 (40.54)	2:35.69 (41.10)			
	3:17.31 (41.62)	3:58.56 (41.25)	4:40.70 (42.14)	5:22.59 (41.89)			
	6:04.43 (41.84)	6:46.06 (41.63)	7:27.43 (41.37)	8:09.27 (41.84)			
	8:50.26 (40.99)	9:31.95 (41.69)	10:13.20 (41.25)	10:51.18 (37.98)			
3	Batten, Callum	33	Otter SC	10:43.26	11:09.24	308	8
	34.56	1:14.09 (39.53)	1:55.21 (41.12)	2:37.50 (42.29)			
	3:19.26 (41.76)	4:02.30 (43.04)	4:44.86 (42.56)	5:27.88 (43.02)			
	6:10.49 (42.61)	6:53.26 (42.77)	7:36.05 (42.79)	8:19.35 (43.30)			
	9:02.00 (42.65)	9:44.87 (42.87)	10:27.16 (42.29)	11:09.24 (42.08)			

Event 1 Open/Male 35-39 800 LC Meter Free

1	Romero, Alejandro	37	Tower Hamlets SC	10:11.61	10:11.97	403	10
	34.53	1:11.76 (37.23)	1:49.36 (37.60)	2:27.81 (38.45)			
	3:05.90 (38.09)	3:44.80 (38.90)	4:23.18 (38.38)	5:02.67 (39.49)			
	5:41.52 (38.85)	6:21.00 (39.48)	6:59.90 (38.90)	7:39.39 (39.49)			
	8:18.55 (39.16)	8:57.48 (38.93)	9:35.70 (38.22)	10:11.97 (36.27)			
2	Warner, Adam	36	Enfield Swim Squad	10:24.61	10:32.79	364	9
	33.90	1:11.29 (37.39)	1:49.96 (38.67)	2:29.88 (39.92)			
	3:10.26 (40.38)	3:50.77 (40.51)	4:31.44 (40.67)	5:13.08 (41.64)			
	5:52.86 (39.78)	6:33.20 (40.34)	7:14.17 (40.97)	7:55.40 (41.23)			
	8:36.40 (41.00)	9:16.54 (40.14)	9:54.95 (38.41)	10:32.79 (37.84)			
3	Castro, Diogo	38	Out To Swim	17:08.91	17:30.46	79	8
	51.48	1:52.49 (1:01.01)	2:57.56 (1:05.07)	4:02.89 (1:05.33)			
	5:09.81 (1:06.92)	6:16.17 (1:06.36)	7:24.35 (1:08.18)	8:30.36 (1:06.01)			
	9:38.07 (1:07.71)	10:45.44 (1:07.37)	11:53.26 (1:07.82)	13:00.66 (1:07.40)			
	14:09.91 (1:09.25)	15:17.01 (1:07.10)	16:25.65 (1:08.64)	17:30.46 (1:04.81)			

Event 1 Open/Male 40-44 800 LC Meter Free

1	Gill, James	44	City of Cambridge SC	10:01.71	10:04.07	419	10
	33.46	1:10.48 (37.02)	1:47.92 (37.44)	2:25.68 (37.76)			
	3:03.32 (37.64)	3:41.27 (37.95)	4:19.70 (38.43)	4:58.35 (38.65)			
	5:36.75 (38.40)	6:15.95 (39.20)	6:54.65 (38.70)	7:33.79 (39.14)			
	8:11.71 (37.92)	8:50.12 (38.41)	9:27.59 (37.47)	10:04.07 (36.48)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****(Event 1 Open/Male 40-44 800 LC Meter Free)**

2	Reed, Richard	42	Portsmouth Northsea SC	10:40.60	10:40.55	351	9
	35.35	1:14.15 (38.80)	1:53.78 (39.63)	2:34.09 (40.31)			
	3:14.35 (40.26)	3:55.16 (40.81)	4:35.79 (40.63)	5:16.73 (40.94)			
	5:57.37 (40.64)	6:38.10 (40.73)	7:18.21 (40.11)	7:59.41 (41.20)			
	8:39.68 (40.27)	9:20.88 (41.20)	10:01.77 (40.89)	10:40.55 (38.78)			
3	Hatton, Nick	41	Swim Wales	11:55.63	12:16.39	231	8
	40.24	1:25.76 (45.52)	2:11.79 (46.03)	2:57.97 (46.18)			
	3:44.33 (46.36)	4:31.14 (46.81)	5:17.34 (46.20)	6:04.45 (47.11)			
	6:51.28 (46.83)	7:38.42 (47.14)	8:25.44 (47.02)	9:13.46 (48.02)			
	10:00.31 (46.85)	10:47.47 (47.16)	11:33.57 (46.10)	12:16.39 (42.82)			

Event 1 Open/Male 45-49 800 LC Meter Free

1	Gooding, Jonathan	47	St Albans Masters SC	10:16.83	10:31.56	366	10
	33.78	1:11.20 (37.42)	1:49.83 (38.63)	2:29.41 (39.58)			
	3:08.74 (39.33)	3:49.44 (40.70)	4:29.48 (40.04)	5:10.02 (40.54)			
	5:50.72 (40.70)	6:32.16 (41.44)	7:12.58 (40.42)	7:53.20 (40.62)			
	8:33.42 (40.22)	9:14.66 (41.24)	9:53.98 (39.32)	10:31.56 (37.58)			

Event 1 Open/Male 50-54 800 LC Meter Free

1	Morgan, Christopher	54	Newham & University of East Lo	10:16.71	11:07.87	310	10
	37.83	1:18.67 (40.84)	1:59.52 (40.85)	2:41.39 (41.87)			
	3:23.43 (42.04)	4:05.66 (42.23)	4:47.75 (42.09)	5:29.85 (42.10)			
	6:12.42 (42.57)	6:55.16 (42.74)	7:37.86 (42.70)	8:20.66 (42.80)			
	9:03.24 (42.58)	9:46.04 (42.80)	10:27.69 (41.65)	11:07.87 (40.18)			

Event 1 Open/Male 55-59 800 LC Meter Free

1	Dixon, Peter	58	Tower Hamlets SC	9:21.63	9:44.75	462	10
	32.10	1:07.88 (35.78)	1:44.10 (36.22)	2:20.51 (36.41)			
	2:57.47 (36.96)	3:34.21 (36.74)	4:11.46 (37.25)	4:48.45 (36.99)			
	5:25.76 (37.31)	6:02.84 (37.08)	6:40.07 (37.23)	7:17.01 (36.94)			
	7:54.51 (37.50)	8:32.19 (37.68)	9:09.35 (37.16)	9:44.75 (35.40)			

Event 1 Open/Male 60-64 800 LC Meter Free

1	Lelean, Adam	64	Diss Otters SC	11:09.02	11:30.05	281	10
	38.53	1:21.15 (42.62)	2:04.65 (43.50)	2:48.30 (43.65)			
	3:32.26 (43.96)	4:16.55 (44.29)	5:00.42 (43.87)	5:44.77 (44.35)			
	6:28.37 (43.60)	7:12.70 (44.33)	7:56.36 (43.66)	8:40.29 (43.93)			
	9:23.79 (43.50)	10:07.35 (43.56)	10:50.15 (42.80)	11:30.05 (39.90)			

Event 1 Open/Male 65-69 800 LC Meter Free

1	Banwell, Mark	65	City Of Ely Amateur Swimming C	12:44.36	12:14.98	232	10
	38.16	1:22.31 (44.15)	2:07.05 (44.74)	2:54.06 (47.01)			
	3:40.91 (46.85)	4:28.40 (47.49)	5:15.56 (47.16)	6:03.43 (47.87)			
	6:50.57 (47.14)	7:38.49 (47.92)	8:25.73 (47.24)	9:13.44 (47.71)			
	9:59.83 (46.39)	10:46.50 (46.67)	11:31.56 (45.06)	12:14.98 (43.42)			

Event 2 Open/Male 18-24 100 LC Meter Fly

1	Angell, James	24	Epsom District SC	1:05.37	1:06.34	414	10
	28.40	1:06.34 (37.94)					

Event 2 Open/Male 25-29 100 LC Meter Fly

1	Thomas, Luke	29	Otter SC	1:02.68	1:03.03	482	10
	29.01	1:03.03 (34.02)					
---	Lau, Quentin	29	Tower Hamlets SC	1:16.28	DQ		
	8.3 Arms not brought forward simultaneously over the water						
	31.51	DQ (37.27)					

Event 2 Open/Male 30-34 100 LC Meter Fly

1	Bugakov, Anatoly	33	Hackney Anaconda	1:04.83	1:05.60	428	10
	29.29	1:05.60 (36.31)					

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****(Event 2 Open/Male 30-34 100 LC Meter Fly)**

2	Strachan, Andrew	31	Out to Swim London	1:08.23	1:05.75	425	9
	29.24		1:05.75 (36.51)				

Event 2 Open/Male 40-44 100 LC Meter Fly

1	Giltinane, Brendan	40	Basingstoke Bluefins SC	1:00.48	1:00.93	534	10
	27.92		1:00.93 (33.01)				
2	Handley, Alex	44	Rochford & District SC	1:05.09	1:05.61	428	9
	29.56		1:05.61 (36.05)				

Event 2 Open/Male 45-49 100 LC Meter Fly

1	Barraclough, John	45	Newcastle SwimTeam	1:17.20	1:14.79	289	10
	32.64		1:14.79 (42.15)				
2	Rahmede, Christoph	47	Newham & University of East Lo	1:12.54	1:14.80	288	9
	34.90		1:14.80 (39.90)				

Event 2 Open/Male 50-54 100 LC Meter Fly

1	Acland, Adam	50	Teddington SC	1:06.16	1:07.65	390	10
	30.34		1:07.65 (37.31)				

Event 2 Open/Male 55-59 100 LC Meter Fly

1	Wallace, Ian	56	Newham & University of East Lo	1:09.26	1:20.40	232	10
	37.24		1:20.40 (43.16)				

Event 2 Open/Male 60-64 100 LC Meter Fly

1	Benson, Clive	63	Spencer Swim Team	1:10.39	1:09.50	360	10
	31.99		1:09.50 (37.51)				

Event 2 Open/Male 65-69 100 LC Meter Fly

1	Banwell, Mark	65	City Of Ely Amateur Swimming C	1:21.41	1:21.72	221	10
	37.81		1:21.72 (43.91)				
---	Meerlo, Ashley	66	Hackney Anaconda	1:16.13	DQ		
	8.3 Arms not brought forward simultaneously over the water		DQ (50.54)				
	34.08						

Event 2 Open/Male 70-74 100 LC Meter Fly

1	Ayres, Mark	70	Hemel Hempstead SC	1:29.35	1:31.29	158	10
	40.66		1:31.29 (50.63)				

Event 3 Female 18-24 100 LC Meter Fly

1	Struc, Cassandra	21	Hillingdon Swimming Club	1:07.82	1:11.27	464	10
	32.25		1:11.27 (39.02)				
2	Ambrose, Sarah	24	Otter SC	1:16.88	1:13.53	422	9
	34.12		1:13.53 (39.41)				
3	Counsell, Holly	18	Lewes SC	1:14.85	1:15.65	388	8
	34.26		1:15.65 (41.39)				

Event 3 Female 25-29 100 LC Meter Fly

1	Goff, Hattie	26	Otter SC	1:11.35	1:13.88	416	10
	34.08		1:13.88 (39.80)				
2	Bennett, Lucy	29	Basingstoke Bluefins SC	1:24.19	1:16.58	374	9
	33.36		1:16.58 (43.22)				
3	Edwards, Ciara	25	Hackney Anaconda	1:15.95	1:17.81	356	8
	33.40		1:17.81 (44.41)				

Event 3 Female 30-34 100 LC Meter Fly

1	Kelly, Kayrine	31	Forth Valley Tridents	1:04.74	1:05.77	590	10
	30.02		1:05.77 (35.75)				
2	Steenbergen, Michanne	34	Otter SC	1:21.09	1:14.77	401	9
	33.96		1:14.77 (40.81)				

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 3 Female 35-39 100 LC Meter Fly**

1	Phillips, Marian	37	Cally Masters Islington	1:22.55	1:21.66	308	10
	35.09		1:21.66 (46.57)				

Event 3 Female 40-44 100 LC Meter Fly

1	Waters, Rebecca	44	Tigersharks	1:21.38	1:33.28	207	10
	35.23		1:33.28 (58.05)				

Event 3 Female 45-49 100 LC Meter Fly

1	Jaeggi, Christine	45	Newham & University of East Lo	1:12.62	1:12.30	444	10
	33.76		1:12.30 (38.54)				
2	Pandya, Roopa	48	Camden Swiss Cottage SC	2:01.58	2:06.72	82	9
	57.22		2:06.72 (1:09.50)				

Event 3 Female 50-54 100 LC Meter Fly

1	Ware, Michelle	53	Woking SC	1:08.17	1:09.85	492	10
	32.68		1:09.85 (37.17)				

Event 3 Female 55-59 100 LC Meter Fly

1	Rooke-Allden, Marianne	55	Croydon Amphibians SC	1:28.39	1:37.41	181	10
	43.03		1:37.41 (54.38)				

Event 4 Open/Male 18-24 50 LC Meter Breast

1	Williams, Rhys	19	Rushmoor Royals SC	35.29	34.64	420	10
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Event 4 Open/Male 25-29 50 LC Meter Breast

1	Barnard, Toby	25	Newham & University of East Lo	36.67	34.58	422	10
2	Radaelli, Giacomo	26	AC East London	38.68	37.59	328	9
3	Chowdhury, Shagor	25	Barking & Dagenham Aquatics Cl	39.06	38.53	305	8
4	Sutherland, Luke	28	Greenwich Royals SC	39.45	39.18	290	7

Event 4 Open/Male 30-34 50 LC Meter Breast

1	Bozkurt, Can	31	Hackney Anaconda	29.29	30.89	592	10
2	Liu, Kim	33	Otter SC	31.86	32.40	513	9
3	Patel, Josh	33	Otter SC	33.53	33.97	445	8
4	Kearney, David	33	Leyton SC	38.46	39.23	289	7

Event 4 Open/Male 35-39 50 LC Meter Breast

1	Gillespie, Craig	39	Otter SC	31.75	31.58	554	10
2	Sheklashvili, Irakli	35	Hackney Anaconda	33.31	33.00	486	9
3	Deriglazov, Leon	39	Camden Swiss Cottage SC	36.41	35.70	384	8
4	Mehtha, Sanjay	37	Enfield Swim Squad	38.51	36.42	361	7
5	Potvin, Stephen	35	Otter SC	36.83	36.67	354	6

Event 4 Open/Male 40-44 50 LC Meter Breast

1	Dunn, Ed	40	Lewes SC	35.95	35.88	378	10
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Event 4 Open/Male 45-49 50 LC Meter Breast

1	Bennell, Martin	49	Basingstoke Bluefins SC	29.77	30.20	634	10
2	Hillis, Gordon	45	Rushmoor Royals SC	40.76	39.96	273	9

Event 4 Open/Male 50-54 50 LC Meter Breast

1	Hughes, Bryn	51	Basingstoke Bluefins SC	33.93	34.42	428	10
2	O'Brien, Sean	53	Basingstoke Bluefins SC	36.83	37.87	321	9
3	Tsochatzis, Emmanouil	51	Frognal Masters Swimming Club	44.41	43.81	207	8

Event 4 Open/Male 55-59 50 LC Meter Breast

1	Hodgson, Michael	59	Woking SC	31.04	31.82	542	10
2	Cunningham, John	56	Tower Hamlets SC	32.15	32.87	492	9
3	Nelhams, Michael	55	Teddington SC	33.18	32.99	486	8
4	Proctor, Christopher	57	Barnet Cophthall SC	36.73	36.59	356	7
5	Lee, Edmond	59	Out to Swim London	43.35	43.60	210	6

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****(Event 4 Open/Male 55-59 50 LC Meter Breast)**

6	Wijay, Logan	59	Kings Cormorants SC	43.66	44.74	195	5
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Event 4 Open/Male 60-64 50 LC Meter Breast

1	King, Graham	63	Hadleigh and Sudbury Swimming	37.66	37.11	341	10
2	Leone, Paul	62	Mid Sussex Marlins	37.37	37.20	339	9
3	Oddy, Keith	63	Metropolitan Police SC	37.63	37.21	339	8
4	Refson, Jonathan	61	Potters Bar SC	35.79	37.39	334	7
5	Fresher, Martyn	64	City Of Ely Amateur Swimming C	35.98	37.63	327	6
6	Partridge, Mark	63	Stroud Masters SC	36.32	38.60	303	5

Event 4 Open/Male 65-69 50 LC Meter Breast

1	Holme, Philip	67	Barnet Cophall SC	36.48	38.18	313	10
2	Pirrie, David	69	Hemel Hempstead SC	37.07	39.21	289	9
3	Wright, Terry	65	Bracknell & Wokingham SC	39.48	43.75	208	8

Event 4 Open/Male 70-74 50 LC Meter Breast

1	Woodward, Dorian	74	Greenwich Royals SC	46.56	47.41	163	10
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Event 4 Open/Male 75-79 50 LC Meter Breast

1	Webster, Michael	78	Out to Swim London	48.36	52.79	118	10
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Event 5 Female 18-24 50 LC Meter Breast

1	Cookson, Elisha	22	City of Cambridge SC	33.00	33.84	639	10
2	Cameron, Isabelle	19	City Of Peterborough SC	32.51	34.07	626	9
3	Logunova, Anastasiia	20	AC East London	44.14	42.76	317	8
4	Kayani, Amina	22	Bor of Waltham Forest (Gators)	1:01.50	1:00.96	109	7

Event 5 Female 25-29 50 LC Meter Breast

1	Doughty, Anna	27	Greenwich Royals SC	36.10	37.54	468	10
2	Niel, Eleanor	25	Newmarket & Dist SC	38.72	39.09	415	9

Event 5 Female 30-34 50 LC Meter Breast

1	Ransome, Ashley	31	Hatfield SC	31.99	32.24	739	10
2	Chan, Janet	31	Otter SC	36.22	37.18	482	9
3	Turner, Sarah	31	Otter SC	37.99	38.41	437	8
4	Gendreau, Eliane	33	Otter SC	44.01	41.51	346	7
5	Hole, Katriona	30	Greenwich Royals SC	44.16	43.13	309	6

Event 5 Female 35-39 50 LC Meter Breast

1	Hayward, Laura	35	Hinckley SC	37.75	38.47	435	10
2	Kershaw, Hannah	38	City Of Ely Amateur Swimming C	39.76	39.17	412	9
3	McKay, Heather	39	Barnet Cophall SC	39.51	39.66	397	8
4	Dinsdale-Young, Alice	38	Otter SC	40.17	41.04	358	7
5	Durno, Kimberley	39	Newham & University of East Lo	41.36	41.51	346	6

Event 5 Female 40-44 50 LC Meter Breast

1	Shatalova, Maria	41	Camden Swiss Cottage SC	38.18	38.13	447	10
2	Mercer, Sarah	42	South Downs Trojan Swimming Cl	41.96	42.32	327	9
3	Moore, Sarah	41	Biggleswade SC	45.66	43.64	298	8

Event 5 Female 45-49 50 LC Meter Breast

1	Wiggins, Fiona	45	Crystal Palace Masters Swimmin	42.56	43.39	303	10
2	Avery, Victoria	49	Cranleigh SC	43.29	44.22	286	9
3	Green, Kirsty	49	Hillingdon Swimming Club	49.66	50.02	198	8

Event 5 Female 50-54 50 LC Meter Breast

1	Sacre, Sandra	52	Lewes SC	44.02	42.56	321	10
2	Williams, Alex	52	Saxon Crown (Lewisham) SC	50.15	51.32	183	9

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 5 Female 55-59 50 LC Meter Breast**

1	Goodman, Amanda	56	Basildon and Phoenix SC	38.88	39.79	393	10
2	Day, Claudine	55	Redhill & Reigate SC	52.11	1:00.91	109	9

Event 5 Female 60-64 50 LC Meter Breast

1	Maidment, Suzanne	60	Spencer Swim Team	46.22	45.05	271	10
2	Leduc, Isabelle	60	Chiswick Masters	55.95	53.81	159	9
3	Peet, Ann	60	Transplant Swimming UK SC	51.86	54.35	154	8
4	Nisbet, Trixie	62	Lewes SC	55.03	55.96	141	7

Event 5 Female 70-74 50 LC Meter Breast

1	Barton, Judith	70	Poole SC	50.06	54.35	154	10
2	Lehman, Toni	74	Lewes SC	1:08.20	1:12.28	65	9

Event 5 Female 75-79 50 LC Meter Breast

1	Lelean, Sally	75	Diss Otters SC	56.61	1:00.12	114	10
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Event 5 Female 80-84 50 LC Meter Breast

1	Alden, Judy	80	Barnet Cophthall SC	51.52	52.18	174	10
2	Crosse, Kay	80	Carrick Masters	1:18.98	1:25.93	39	9

Event 6 Female 25-29 200 LC Meter IM

1	Byrne, Meghan	26	Tower Hamlets SC	2:18.80	2:28.79	609	10
				31.33	1:10.05 (38.72)	1:54.58 (44.53)	2:28.79 (34.21)
2	Molnar, Ana-Maria	28	Hackney Anaconda	2:55.28	2:57.72	357	9
				38.09	1:26.74 (48.65)	2:16.91 (50.17)	2:57.72 (40.81)

Event 6 Female 30-34 200 LC Meter IM

1	Clarke, Sarah-Louise	32	Loughborough Town SC	3:17.84	3:16.10	266	10
				41.24	1:32.10 (50.86)	2:28.86 (56.76)	3:16.10 (47.24)

Event 6 Female 35-39 200 LC Meter IM

1	Durno, Kimberley	39	Newham & University of East Lo	3:04.90	3:07.21	305	10
				39.36	1:32.33 (52.97)	2:21.66 (49.33)	3:07.21 (45.55)

Event 6 Female 40-44 200 LC Meter IM

1	Davis, Hayley	42	Otter SC	2:46.73	2:42.38	468	10
				34.20	1:16.23 (42.03)	2:04.70 (48.47)	2:42.38 (37.68)
2	Poole, Victoria	41	Newham & University of East Lo	2:46.94	2:49.68	410	9
				35.12	1:20.85 (45.73)	2:11.30 (50.45)	2:49.68 (38.38)
3	Shatalova, Maria	41	Camden Swiss Cottage SC	3:01.78	3:00.66	340	8
				38.15	1:26.65 (48.50)	2:16.81 (50.16)	3:00.66 (43.85)
4	Waters, Rebecca	44	Tigersharks	2:58.46	3:06.45	309	7
				36.15	1:26.09 (49.94)	2:20.33 (54.24)	3:06.45 (46.12)

Event 6 Female 50-54 200 LC Meter IM

1	Baker, Pippa	50	Crawley SC	2:58.94	3:03.59	324	10
				39.10	1:28.26 (49.16)	2:22.41 (54.15)	3:03.59 (41.18)
2	Taylor, Kirsty	50	Haringey Aquatics	3:20.86	3:24.05	236	9
				43.27	1:34.97 (51.70)	2:36.23 (1:01.26)	3:24.05 (47.82)
3	Cowie, Alison	53	Basildon and Phoenix SC	3:41.97	3:54.90	154	8
				55.42	1:57.55 (1:02.13)	3:01.77 (1:04.22)	3:54.90 (53.13)

Event 6 Female 55-59 200 LC Meter IM

1	Adams, Zorika	56	Camden Swiss Cottage SC	3:39.59	3:40.45	187	10
				54.62	1:51.45 (56.83)	2:53.57 (1:02.12)	3:40.45 (46.88)

Event 6 Female 65-69 200 LC Meter IM

1	Baker, Frances	66	Spencer Swim Team	3:22.15	3:38.60	192	10
				53.39	1:48.77 (55.38)	2:53.65 (1:04.88)	3:38.60 (44.95)
2	Knowles, Elizabeth	66	Camden Swiss Cottage SC	3:41.30	3:48.25	168	9
				55.35	1:54.76 (59.41)	2:55.77 (1:01.01)	3:48.25 (52.48)

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 6 Open/Male 25-29 200 LC Meter IM**

1	Rogers, Matthew	26	Otter SC	2:06.21	2:12.07	643	10
	27.37	1:02.16 (34.79)	1:39.16 (37.00)	2:12.07 (32.91)			
2	Thomas, Luke	29	Otter SC	2:18.99	2:22.76	509	9
	29.26	1:07.30 (38.04)	1:48.54 (41.24)	2:22.76 (34.22)			
3	Hunt-cosh, James	27	Out to Swim London	2:30.35	2:31.47	426	8
	30.52	1:08.62 (38.10)	1:53.83 (45.21)	2:31.47 (37.64)			
4	Cotton, Oscar	25	Greenwich Royals SC	2:28.20	2:34.19	404	7
	30.84	1:12.05 (41.21)	1:57.36 (45.31)	2:34.19 (36.83)			

Event 6 Open/Male 30-34 200 LC Meter IM

1	Veasey, Augustus	30	Out To Swim	2:15.66	2:23.68	499	10
	29.00	1:06.33 (37.33)	1:48.89 (42.56)	2:23.68 (34.79)			
2	Canipet, Patrick	31	Camden Swiss Cottage SC	2:40.60	2:41.64	350	9
	34.80	1:17.43 (42.63)	2:05.45 (48.02)	2:41.64 (36.19)			
3	Juarez Rocha, Humberto	32	Cally Masters Islington	2:35.59	2:42.33	346	8
	31.05	1:12.82 (41.77)	2:03.07 (50.25)	2:42.33 (39.26)			

Event 6 Open/Male 35-39 200 LC Meter IM

1	Peh, Fraser	36	Otter SC	2:20.82	2:23.57	500	10
	28.57	1:05.81 (37.24)	1:47.64 (41.83)	2:23.57 (35.93)			

Event 6 Open/Male 40-44 200 LC Meter IM

1	Hargreaves, Tom	40	Hackney Anaconda	2:24.04	2:26.78	468	10
	30.08	1:08.60 (38.52)	1:51.01 (42.41)	2:26.78 (35.77)			
2	Flockhart, Douglas	43	Otter SC	2:28.65	2:37.76	377	9
	31.08	1:13.15 (42.07)	2:00.81 (47.66)	2:37.76 (36.95)			
3	Lewis, Mark	44	Team Luton Swimming	2:44.79	2:52.26	289	8
	33.05	1:22.26 (49.21)	2:11.62 (49.36)	2:52.26 (40.64)			
4	Sarvari, Tibor	43	Crawley SC	3:28.84	3:30.37	159	7
	41.13	1:40.04 (58.91)	2:39.77 (59.73)	3:30.37 (50.60)			

Event 6 Open/Male 45-49 200 LC Meter IM

1	Conway, James	47	Ware SC	2:28.43	2:36.78	384	10
	30.63	1:10.47 (39.84)	1:55.03 (44.56)	2:36.78 (41.75)			
2	Lewis, Grant	49	Llanelli Swimming Club	2:33.02	2:40.58	357	9
	31.66	1:14.61 (42.95)	2:01.18 (46.57)	2:40.58 (39.40)			
3	Southworth, Phil	45	Hillingdon Swimming Club	2:48.11	2:51.44	294	8
	35.18	1:22.36 (47.18)	2:09.62 (47.26)	2:51.44 (41.82)			
4	Rahmede, Christoph	47	Newham & University of East Lo	2:48.14	2:51.52	293	7
	35.37	1:19.62 (44.25)	2:11.81 (52.19)	2:51.52 (39.71)			
5	Carse, Michael	47	Barnet Copthall SC	2:59.99	3:00.85	250	6
	36.46	1:27.53 (51.07)	2:19.56 (52.03)	3:00.85 (41.29)			

Event 6 Open/Male 50-54 200 LC Meter IM

1	Milana, Luca	54	Spencer Swim Team	2:48.41	2:53.01	286	10
	35.01	1:20.37 (45.36)	2:11.36 (50.99)	2:53.01 (41.65)			

Event 6 Open/Male 55-59 200 LC Meter IM

1	Smoothy, Paul	58	Guildford City Swimming Club	2:47.65	2:54.01	281	10
	36.96	1:25.96 (49.00)	2:13.67 (47.71)	2:54.01 (40.34)			
2	Lee, Edmond	59	Out to Swim London	3:45.96	3:51.27	119	9
	55.79	1:58.84 (1:03.05)	2:57.13 (58.29)	3:51.27 (54.14)			

Event 6 Open/Male 60-64 200 LC Meter IM

1	Cuthbert, Paul	61	Watford SC	2:58.69	3:01.00	249	10
	37.43	1:25.58 (48.15)	2:20.05 (54.47)	3:01.00 (40.95)			
2	Williams, Simon	63	Otter SC	3:08.45	3:10.83	213	9
	36.43	1:25.83 (49.40)	2:25.67 (59.84)	3:10.83 (45.16)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 6 Open/Male 65-69 200 LC Meter IM**

1	Wright, Terry	65	Bracknell & Wokingham SC	3:03.56	3:09.02	219	10
		38.25	1:31.19 (52.94)	2:27.42 (56.23)	3:09.02 (41.60)		

Event 6 Open/Male 70-74 200 LC Meter IM

1	Haftel, Neil	71	Frognaal Masters Swimming Club	3:15.62	3:14.18	202	10
		37.69	1:30.97 (53.28)	2:29.57 (58.60)	3:14.18 (44.61)		

Event 6 Open/Male 75-79 200 LC Meter IM

1	Kelleher, Kieran	78	Swim Ireland	3:34.58	3:42.36	134	10
		47.92	1:48.73 (1:00.81)	2:54.33 (1:05.60)	3:42.36 (48.03)		
2	Preston, Christopher	75	Out To Swim	4:33.94	4:42.29	65	9
		1:06.94	2:16.16 (1:09.22)	3:43.71 (1:27.55)	4:42.29 (58.58)		

Event 7 Open/Male 18-24 50 LC Meter Back

1	Sproston, James	21	Erith & District SC	27.52	28.89	541	10
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Event 7 Open/Male 25-29 50 LC Meter Back

1	Sawkins, Andrew	28	Tower Hamlets SC	26.28	27.96	597	10
2	Lau, Quentin	29	Tower Hamlets SC	33.89	33.00	363	9

Event 7 Open/Male 30-34 50 LC Meter Back

1	Evans, George	31	Newham & University of East Lo	29.67	31.13	432	10
2	Kearney, David	33	Leyton SC	34.92	36.48	269	9

Event 7 Open/Male 35-39 50 LC Meter Back

1	Northover, Joe	36	Camden Swiss Cottage SC	26.72	29.11	529	10
2	Hughes, Michael	38	Greenwich Royals SC	32.35	32.04	397	9

Event 7 Open/Male 40-44 50 LC Meter Back

1	Espinasse, Olly	42	Basingstoke Bluefins SC	29.49	29.25	521	10
2	Small, Liam	40	Basingstoke Bluefins SC	28.01	29.48	509	9
3	Mills, Josh	40	Bexley Masters SC	33.21	33.79	338	8

Event 7 Open/Male 50-54 50 LC Meter Back

1	Fitzgerald, John	53	Spencer Swim Team	29.96	30.63	454	10
2	Squires, Andrew	54	Team Anglia Masters Swimming C	31.88	33.84	337	9

Event 7 Open/Male 55-59 50 LC Meter Back

1	Hodgson, Michael	59	Woking SC	30.15	31.63	412	10
2	Proctor, Christopher	57	Barnet Cophthall SC	33.36	34.88	307	9

Event 7 Open/Male 60-64 50 LC Meter Back

1	Attwood, Phil	61	Godalming Asc	37.41	39.81	207	10
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Event 7 Open/Male 65-69 50 LC Meter Back

1	Parkins, Alan	66	Crawley SC	33.94	35.28	297	10
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Event 7 Open/Male 70-74 50 LC Meter Back

1	Woollard, Ian	72	Barnet Cophthall SC	39.68	42.45	170	10
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Event 7 Open/Male 80-84 50 LC Meter Back

1	Curtis, Lee	81	Brighton Dolphin SC	50.06	57.21	69	10
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Event 8 Female 18-24 50 LC Meter Back

1	Ambrose, Sarah	24	Otter SC	37.14	36.27	406	10
2	Logunova, Anastasiia	20	AC East London	37.54	37.99	353	9
3	Kayani, Amina	22	Bor of Waltham Forest (Gators)	1:14.69	1:15.04	45	8

Event 8 Female 25-29 50 LC Meter Back

1	Shaw, Jessica	27	Otter SC	29.18	29.84	729	10
2	Moore, Rowena	29	Otter SC	33.66	32.87	545	9
3	Sturt, Jordon	28	Kings Cormorants SC	32.86	33.66	508	8

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4	Stanton, Nicole	29	Hackney Anaconda	34.40	33.76	503	7
5	Edwards, Ciara	25	Hackney Anaconda	35.89	34.83	458	6

Event 8 Female 30-34 50 LC Meter Back

1	Cumber, Helen	34	Metropolitan Police SC	33.82	33.40	520	10
2	Steenbergen, Michanne	34	Otter SC	34.96	34.12	487	9
3	Ping, Lei	34	Otter SC	34.69	36.30	405	8

Event 8 Female 35-39 50 LC Meter Back

1	Steggles, Amy	37	Diss Otters SC	39.18	40.01	302	10
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Event 8 Female 40-44 50 LC Meter Back

1	Cotton-Hunt, Jemma	43	Honiton SC	36.87	35.94	417	10
2	Smith, Sarah	44	City Of Ely Amateur Swimming C	36.42	36.41	401	9

Event 8 Female 45-49 50 LC Meter Back

1	Johnson, Kirsty	45	Bracknell & Wokingham SC	30.06	30.45	686	10
2	Summers, Emily	45	St Albans Masters SC	36.79	36.88	386	9
3	Tsang, Alaine	45	Newham & University of East Lo	38.97	39.47	315	8
4	Faulkner, Joy	48	Newham & University of East Lo	40.48	39.62	311	7
5	Green, Kirsty	49	Hillingdon Swimming Club	57.33	58.67	95	6

Event 8 Female 50-54 50 LC Meter Back

1	Ware, Michelle	53	Woking SC	31.68	33.04	537	10
2	Barrison, Helen	51	Barnet Cophthall SC	34.86	35.55	431	9
3	Cartwright, Emma	52	Otter SC	39.13	40.40	293	8
4	Taylor, Kirsty	50	Haringey Aquatics	42.84	44.21	224	7

Event 8 Female 55-59 50 LC Meter Back

1	Farrall, Katrina	56	Basildon and Phoenix SC	36.41	37.73	360	10
2	Day, Claudine	55	Redhill & Reigate SC	52.38	58.44	97	9

Event 8 Female 60-64 50 LC Meter Back

1	Challands, jo	64	Cally Masters Islington	50.61	50.31	152	10
2	Nisbet, Trixie	62	Lewes SC	54.28	55.08	115	9

Event 8 Female 70-74 50 LC Meter Back

1	Lehman, Toni	74	Lewes SC	1:09.46	1:12.61	50	10
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Event 8 Female 75-79 50 LC Meter Back

1	Lelean, Sally	75	Diss Otters SC	56.41	1:00.82	86	10
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Event 8 Female 80-84 50 LC Meter Back

1	Alden, Judy	80	Barnet Cophthall SC	52.53	52.28	135	10
2	Crosse, Kay	80	Carrick Masters	55.88	1:01.66	82	9

Event 9 Female 18-24 200 LC Meter Free

1	Tate, Hannah	22	City of Cambridge SC	2:24.69	2:25.55	458	10
				32.89 1:10.24 (37.35) 1:48.63 (38.39) 2:25.55 (36.92)			
2	Kayani, Amina	22	Bor of Waltham Forest (Gators)	4:22.36	4:27.96	73	9
				54.77 1:57.97 (1:03.20) 3:10.91 (1:12.94) 4:27.96 (1:17.05)			

Event 9 Female 25-29 200 LC Meter Free

1	Byrne, Meghan	26	Tower Hamlets SC	2:04.78	2:17.42	544	10
				31.70 1:06.97 (35.27) 1:42.42 (35.45) 2:17.42 (35.00)			
2	Goff, Hattie	26	Otter SC	2:19.61	2:21.48	499	9
				33.32 1:09.61 (36.29) 1:45.45 (35.84) 2:21.48 (36.03)			
3	Abdel Khalik, Esraa	29	Newham & University of East Lo	2:26.28	2:26.63	448	8
				33.89 1:10.65 (36.76) 1:49.10 (38.45) 2:26.63 (37.53)			
4	Lennon, Emily	25	Otter SC	2:37.82	2:33.79	388	7
				34.29 1:12.03 (37.74) 1:52.98 (40.95) 2:33.79 (40.81)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****(Event 9 Female 25-29 200 LC Meter Free)**

5	Gracey, Savannah	26	Newham & University of East Lo	2:42.45	2:41.86	333	6
	35.30	1:16.38 (41.08)	1:59.22 (42.84)	2:41.86 (42.64)			

Event 9 Female 35-39 200 LC Meter Free

1	Hibberd, Laura	36	Hillingdon Swimming Club	2:19.05	2:21.56	498	10
	32.95	1:08.79 (35.84)	1:45.24 (36.45)	2:21.56 (36.32)			
2	Dinsdale-Young, Alice	38	Otter SC	2:27.94	2:28.52	431	9
	34.35	1:12.07 (37.72)	1:50.46 (38.39)	2:28.52 (38.06)			
3	Conway, Fiona	36	Loughborough Town SC	2:50.06	2:53.34	271	8
	39.77	1:23.48 (43.71)	2:08.88 (45.40)	2:53.34 (44.46)			

Event 9 Female 40-44 200 LC Meter Free

1	Stevens, Katherine	44	Saxon Crown (Lewisham) SC	2:42.12	2:42.77	327	10
	36.57	1:17.86 (41.29)	2:00.95 (43.09)	2:42.77 (41.82)			
2	Doggett-Brookes, Aine	44	South Beds Masters Swimming Cl	2:49.94	2:50.50	285	9
	37.33	1:19.34 (42.01)	2:04.62 (45.28)	2:50.50 (45.88)			

Event 9 Female 45-49 200 LC Meter Free

1	Coster, Lizzie	47	Basingstoke Bluefins SC	2:19.55	2:20.44	510	10
	32.41	1:07.82 (35.41)	1:43.67 (35.85)	2:20.44 (36.77)			
2	Summers, Emily	45	St Albans Masters SC	2:23.83	2:27.89	437	9
	34.17	1:12.23 (38.06)	1:50.84 (38.61)	2:27.89 (37.05)			

Event 9 Female 50-54 200 LC Meter Free

1	Henry, Gail	52	Portsmouth Northsea SC	2:38.02	2:41.97	332	10
	36.90	1:17.46 (40.56)	1:59.79 (42.33)	2:41.97 (42.18)			
2	McDonald, Sarah	53	Otter SC	2:45.15	2:45.05	314	9
	37.56	1:19.91 (42.35)	2:03.98 (44.07)	2:45.05 (41.07)			

Event 9 Female 60-64 200 LC Meter Free

1	Beardsworth, Joanne	61	Harrogate District SC	2:26.43	2:27.73	438	10
	34.84	1:12.37 (37.53)	1:50.47 (38.10)	2:27.73 (37.26)			
2	Maidment, Suzanne	60	Spencer Swim Team	2:45.43	2:43.21	325	9
	38.49	1:19.22 (40.73)	2:01.18 (41.96)	2:43.21 (42.03)			
3	Shaw, Elizabeth	60	Otter SC	2:39.08	2:45.41	312	8
	38.12	1:19.69 (41.57)	2:03.11 (43.42)	2:45.41 (42.30)			
4	Harris, Helen	60	Larkfield SC	2:44.88	2:50.07	287	7
	38.72	1:21.63 (42.91)	2:05.73 (44.10)	2:50.07 (44.34)			
5	Jack, Linden	60	Biggleswade SC	2:55.12	2:59.77	243	6
	40.63	1:26.83 (46.20)	2:13.79 (46.96)	2:59.77 (45.98)			
6	Wood, Tiggi	62	Lewes SC	3:04.02	3:08.08	212	5
	40.59	1:27.03 (46.44)	2:16.21 (49.18)	3:08.08 (51.87)			

Event 9 Female 65-69 200 LC Meter Free

1	Baker, Frances	66	Spencer Swim Team	2:51.60	2:59.39	244	10
	40.71	1:26.29 (45.58)	2:13.51 (47.22)	2:59.39 (45.88)			
2	Hartle, Catherine	68	City of Sheffield Swim Squad L	2:59.15	3:10.12	205	9
	42.79	1:31.42 (48.63)	2:20.93 (49.51)	3:10.12 (49.19)			

Event 9 Female 70-74 200 LC Meter Free

1	Jones, Viv	72	Seagulls Swimming Club	2:52.18	2:53.44	270	10
	39.16	1:22.77 (43.61)	2:09.13 (46.36)	2:53.44 (44.31)			
2	Boxall, Barbara	71	Black Country n Potteries Mast	2:56.75	3:07.82	213	9
	41.36	1:27.58 (46.22)	2:18.06 (50.48)	3:07.82 (49.76)			
3	Hodge, Linda	70	Biggleswade SC	3:12.04	3:14.03	193	8
	42.95	1:32.27 (49.32)	2:23.58 (51.31)	3:14.03 (50.45)			

Event 9 Open/Male 25-29 200 LC Meter Free

1	Robinson, Harry	28	Otter SC	2:01.66	2:02.75	573	10
	27.42	58.40 (30.98)	1:30.28 (31.88)	2:02.75 (32.47)			

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2	Thomas, Luke	29	Otter SC	2:07.38	2:08.52	499	9
	28.96	1:01.41 (32.45)	1:35.20 (33.79)	2:08.52 (33.32)			
3	Vick, James	27	Erith & District SC	2:03.78	2:08.75	497	8
	28.60	1:00.70 (32.10)	1:34.58 (33.88)	2:08.75 (34.17)			
4	Morris, Alexander	27	Hackney Anaconda	2:02.62	2:11.72	464	7
	28.46	1:00.66 (32.20)	1:34.92 (34.26)	2:11.72 (36.80)			
5	Tikvica, Andro	29	AC East London	2:02.95	2:13.05	450	6
	29.78	1:02.52 (32.74)	1:36.42 (33.90)	2:13.05 (36.63)			

Event 9 Open/Male 30-34 200 LC Meter Free

1	Batten, Callum	33	Otter SC	2:25.35	2:33.54	293	10
	33.66	1:12.56 (38.90)	1:53.36 (40.80)	2:33.54 (40.18)			

Event 9 Open/Male 35-39 200 LC Meter Free

1	Romero, Alejandro	37	Tower Hamlets SC	2:12.82	2:14.91	432	10
	31.89	1:06.24 (34.35)	1:41.47 (35.23)	2:14.91 (33.44)			
2	Guyen, Yigit	39	Tower Hamlets SC	2:07.86	2:15.76	424	9
	30.47	1:03.72 (33.25)	1:39.32 (35.60)	2:15.76 (36.44)			
3	Warner, Adam	36	Enfield Swim Squad	2:22.09	2:22.92	363	8
	32.95	1:09.91 (36.96)	1:47.10 (37.19)	2:22.92 (35.82)			
4	Hughes, Michael	38	Greenwich Royals SC	2:23.48	2:23.02	362	7
	31.71	1:07.19 (35.48)	1:44.37 (37.18)	2:23.02 (38.65)			
5	Arandia, Lloyd Anthony	39	Out To Swim	2:28.47	2:31.54	304	6
	34.11	1:11.58 (37.47)	1:50.93 (39.35)	2:31.54 (40.61)			
6	Castro, Diogo	38	Out To Swim	3:55.51	3:55.45	81	5
	51.14	1:50.54 (59.40)	2:55.13 (1:04.59)	3:55.45 (1:00.32)			

Event 9 Open/Male 40-44 200 LC Meter Free

1	Reed, Richard	42	Portsmouth Northsea SC	2:22.08	2:25.63	343	10
	32.31	1:09.49 (37.18)	1:47.10 (37.61)	2:25.63 (38.53)			

Event 9 Open/Male 45-49 200 LC Meter Free

1	Turner, Ross	46	Rugby SC	2:19.91	2:19.59	390	10
	30.81	1:05.82 (35.01)	1:42.84 (37.02)	2:19.59 (36.75)			
2	Gilbert, Glen	49	Nene Valley SC	2:20.68	2:26.44	337	9
	31.78	1:07.84 (36.06)	1:45.78 (37.94)	2:26.44 (40.66)			
3	Rudd, Barnaby	48	Woking SC	2:34.36	2:44.44	238	8
	35.37	1:15.25 (39.88)	1:58.16 (42.91)	2:44.44 (46.28)			

Event 9 Open/Male 50-54 200 LC Meter Free

1	Morgan, Christopher	54	Newham & University of East Lo	2:22.10	2:34.10	289	10
	35.81	1:15.28 (39.47)	1:55.47 (40.19)	2:34.10 (38.63)			

Event 9 Open/Male 55-59 200 LC Meter Free

1	Dixon, Peter	58	Tower Hamlets SC	2:07.60	2:14.45	436	10
	30.88	1:05.08 (34.20)	1:40.35 (35.27)	2:14.45 (34.10)			
2	McQuaid, Sean	58	Barnet Copthall SC	2:12.71	2:22.48	366	9
	32.75	1:08.75 (36.00)	1:45.67 (36.92)	2:22.48 (36.81)			
3	Clash, Russell	56	Basingstoke Bluefins SC	2:19.89	2:25.97	341	8
	33.10	1:08.78 (35.68)	1:46.29 (37.51)	2:25.97 (39.68)			
4	Addison, David	55	Otter SC	2:35.53	2:39.23	262	7
	36.90	1:16.27 (39.37)	1:58.57 (42.30)	2:39.23 (40.66)			

Event 9 Open/Male 60-64 200 LC Meter Free

1	Reynolds, Mark	63	Barnet Copthall SC	2:09.46	2:20.48	382	10
	32.07	1:08.09 (36.02)	1:44.77 (36.68)	2:20.48 (35.71)			
2	Pavitt, Richard	64	Bracknell & Wokingham SC	2:23.90	2:23.78	357	9
	32.99	1:09.66 (36.67)	1:47.30 (37.64)	2:23.78 (36.48)			
3	Pinel, Ralph	64	Newham & University of East Lo	2:18.93	2:33.12	295	8
	35.05	1:12.80 (37.75)	1:52.20 (39.40)	2:33.12 (40.92)			

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1	Cartwright, Paul	65	Camden Swiss Cottage SC	2:41.00	2:36.33	277	10
	34.91	1:14.40 (39.49)	1:55.85 (41.45)	2:36.33 (40.48)			

Event 9 Open/Male 80-84 200 LC Meter Free

1	Dunn, Chris	80	Hatfield SC	2:35.37	2:40.78	255	10
	37.26	1:17.82 (40.56)	1:59.88 (42.06)	2:40.78 (40.90)			

Event 10 Open/Male 18-24 100 LC Meter Breast

1	Williams, Rhys	19	Rushmoor Royals SC	1:22.27	1:22.04	333	10
	38.77	1:22.04 (43.27)					

Event 10 Open/Male 25-29 100 LC Meter Breast

1	Rogers, Matthew	26	Otter SC	1:02.49	1:05.07	667	10
	30.12	1:05.07 (34.95)					
2	Hunt-cosh, James	27	Out to Swim London	1:14.63	1:17.62	393	9
	35.97	1:17.62 (41.65)					
3	Lau, Quentin	29	Tower Hamlets SC	1:26.71	1:23.62	314	8
	39.62	1:23.62 (44.00)					
4	Radaelli, Giacomo	26	AC East London	1:26.83	1:24.37	306	7
	39.07	1:24.37 (45.30)					
5	Sutherland, Luke	28	Greenwich Royals SC	1:27.70	1:27.33	276	6
	40.50	1:27.33 (46.83)					

Event 10 Open/Male 30-34 100 LC Meter Breast

1	Shone, Matthew	33	Newham & University of East Lo	1:09.50	1:13.31	467	10
	33.66	1:13.31 (39.65)					
2	Liu, Kim	33	Otter SC	1:10.77	1:14.98	436	9
	34.54	1:14.98 (40.44)					
3	Juarez Rocha, Humberto	32	Cally Masters Islington	1:21.91	1:21.15	344	8
	36.66	1:21.15 (44.49)					
4	Patel, Josh	33	Otter SC	1:15.00	1:22.27	330	7
	37.48	1:22.27 (44.79)					
5	Kearney, David	33	Leyton SC	1:27.01	1:30.27	250	6
	42.04	1:30.27 (48.23)					
6	Torrie, William	34	Greenwich Royals SC	1:30.16	1:35.00	214	5
	44.80	1:35.00 (50.20)					

Event 10 Open/Male 35-39 100 LC Meter Breast

1	Gillespie, Craig	39	Otter SC	1:10.39	1:10.76	519	10
	33.46	1:10.76 (37.30)					
2	Potvin, Stephen	35	Otter SC	1:21.08	1:25.45	294	9
	39.54	1:25.45 (45.91)					

Event 10 Open/Male 40-44 100 LC Meter Breast

1	Golden, Jared	41	Otter SC	1:14.70	1:17.48	395	10
	35.09	1:17.48 (42.39)					
2	Lewis, Mark	44	Team Luton Swimming	1:19.47	1:24.27	307	9
	39.79	1:24.27 (44.48)					

Event 10 Open/Male 45-49 100 LC Meter Breast

1	Conway, James	47	Ware SC	1:11.74	1:16.86	405	10
	35.13	1:16.86 (41.73)					
2	Southworth, Phil	45	Hillingdon Swimming Club	1:20.54	1:22.31	330	9
	38.61	1:22.31 (43.70)					
3	Carse, Michael	47	Barnet Copthall SC	1:27.67	1:28.35	266	8
	41.87	1:28.35 (46.48)					
4	Hillis, Gordon	45	Rushmoor Royals SC	1:30.66	1:32.34	233	7
	41.86	1:32.34 (50.48)					

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 8am****Event 10 Open/Male 50-54 100 LC Meter Breast**

1	Hughes, Bryn	51	Basingstoke Bluefins SC	1:14.29	1:15.13	433	10
	34.82		1:15.13 (40.31)				
2	Tsochatzis, Emmanouil	51	Frognal Masters Swimming Club	1:37.03	1:35.09	214	9
	44.85		1:35.09 (50.24)				

Event 10 Open/Male 55-59 100 LC Meter Breast

1	Nelhams, Michael	55	Teddington SC	1:13.38	1:15.62	425	10
	35.60		1:15.62 (40.02)				
2	Smoothy, Paul	58	Guildford City Swimming Club	1:22.33	1:25.78	291	9
	40.73		1:25.78 (45.05)				
3	Lee, Edmond	59	Out to Swim London	1:38.47	1:38.29	193	8
	48.11		1:38.29 (50.18)				

Event 10 Open/Male 60-64 100 LC Meter Breast

1	Leone, Paul	62	Mid Sussex Marlins	1:25.10	1:25.18	297	10
	40.49		1:25.18 (44.69)				
2	Oddy, Keith	63	Metropolitan Police SC	1:24.99	1:26.54	283	9
	40.53		1:26.54 (46.01)				
3	Fresher, Martyn	64	City Of Ely Amateur Swimming C	1:21.15	1:28.67	263	8
	39.91		1:28.67 (48.76)				
4	Refson, Jonathan	61	Potters Bar SC	1:22.83	1:28.80	262	7
	40.88		1:28.80 (47.92)				
5	Partridge, Mark	63	Stroud Masters SC	1:24.18	1:32.96	229	6
	42.15		1:32.96 (50.81)				

Event 10 Open/Male 65-69 100 LC Meter Breast

1	Hobsley, James	66	Barnet Cophthall SC	1:19.34	1:23.73	313	10
	38.11		1:23.73 (45.62)				
2	Pirrie, David	69	Hemel Hempstead SC	1:24.80	1:30.91	244	9
	42.50		1:30.91 (48.41)				
3	Holme, Philip	67	Barnet Cophthall SC	1:26.49	1:32.60	231	8
	42.91		1:32.60 (49.69)				
4	Wright, Terry	65	Bracknell & Wokingham SC	1:28.01	1:38.67	191	7
	45.95		1:38.67 (52.72)				

Event 10 Open/Male 70-74 100 LC Meter Breast

1	Ayres, Mark	70	Hemel Hempstead SC	1:34.36	1:36.82	202	10
	44.92		1:36.82 (51.90)				

Event 10 Open/Male 75-79 100 LC Meter Breast

1	Webster, Michael	78	Out to Swim London	1:53.53	2:03.63	97	10
	57.10		2:03.63 (1:06.53)				

Event 11 Female 18-24 100 LC Meter Breast

1	Cameron, Isabelle	19	City Of Peterborough SC	1:11.30	1:16.17	596	10
	35.45		1:16.17 (40.72)				
2	Logunova, Anastasiia	20	AC East London	1:38.71	1:42.06	248	9
	47.84		1:42.06 (54.22)				

Event 11 Female 25-29 100 LC Meter Breast

1	Doughty, Anna	27	Greenwich Royals SC	1:19.03	1:22.80	464	10
	37.85		1:22.80 (44.95)				
2	Niel, Eleanor	25	Newmarket & Dist SC	1:26.47	1:25.65	419	9
	41.49		1:25.65 (44.16)				

Event 11 Female 30-34 100 LC Meter Breast

1	Ping, Lei	34	Otter SC	1:20.40	1:22.48	470	10
	38.38		1:22.48 (44.10)				
2	Chan, Janet	31	Otter SC	1:21.34	1:25.30	424	9
	39.41		1:25.30 (45.89)				

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3	Gendreau, Eliane	33	Otter SC	1:36.90	1:32.66	331	8
	44.20				1:32.66 (48.46)		

Event 11 Female 35-39 100 LC Meter Breast

1	McKay, Heather	39	Barnet Cophall SC	1:27.51	1:26.64	405	10
	40.07				1:26.64 (46.57)		
2	Kershaw, Hannah	38	City Of Ely Amateur Swimming C	1:28.30	1:27.09	399	9
	42.02				1:27.09 (45.07)		
3	Durno, Kimberley	39	Newham & University of East Lo	1:27.80	1:30.19	359	8
	43.15				1:30.19 (47.04)		
4	Dinsdale-Young, Alice	38	Otter SC	1:30.78	1:30.56	355	7
	42.74				1:30.56 (47.82)		

Event 11 Female 40-44 100 LC Meter Breast

1	Shatalova, Maria	41	Camden Swiss Cottage SC	1:25.00	1:25.48	422	10
	40.44				1:25.48 (45.04)		
2	Poole, Victoria	41	Newham & University of East Lo	1:24.93	1:27.83	389	9
	42.77				1:27.83 (45.06)		

Event 11 Female 45-49 100 LC Meter Breast

1	Summers, Emily	45	St Albans Masters SC	1:27.41	1:27.80	389	10
	41.40				1:27.80 (46.40)		
2	Wiggins, Fiona	45	Crystal Palace Masters Swimmin	1:35.25	1:36.75	291	9
	45.31				1:36.75 (51.44)		
3	Avery, Victoria	49	Cranleigh SC	1:35.15	1:37.21	287	8
	44.85				1:37.21 (52.36)		
4	Green, Kirsty	49	Hillingdon Swimming Club	1:46.15	1:47.63	211	7
	52.17				1:47.63 (55.46)		

Event 11 Female 50-54 100 LC Meter Breast

1	Marletta, Simona	53	Haringey Aquatics	1:43.57	1:39.78	265	10
	47.39				1:39.78 (52.39)		
2	Shivik, Maida	52	Camden Swiss Cottage SC	1:43.05	1:40.01	263	9
	47.87				1:40.01 (52.14)		
3	Cowie, Alison	53	Basildon and Phoenix SC	1:51.89	1:59.64	154	8
	56.72				1:59.64 (1:02.92)		

Event 11 Female 55-59 100 LC Meter Breast

1	Goodman, Amanda	56	Basildon and Phoenix SC	1:25.92	1:29.81	364	10
	42.56				1:29.81 (47.25)		
2	Adcock, Sarah	59	City of Norwich SC	1:48.67	1:56.69	165	9
	53.50				1:56.69 (1:03.19)		

Event 11 Female 60-64 100 LC Meter Breast

1	Challands, jo	64	Cally Masters Islington	1:54.31	1:54.72	174	10
	53.30				1:54.72 (1:01.42)		
2	Leduc, Isabelle	60	Chiswick Masters	1:59.87	2:00.88	149	9
	56.36				2:00.88 (1:04.52)		
3	Nisbet, Trixie	62	Lewes SC	2:00.62	2:05.42	133	8
	58.59				2:05.42 (1:06.83)		

Event 11 Female 65-69 100 LC Meter Breast

1	Perry, Sara	69	Cally Masters Islington	1:43.33	1:45.21	226	10
	49.22				1:45.21 (55.99)		

Event 11 Female 70-74 100 LC Meter Breast

1	Barton, Judith	70	Poole SC	2:07.04	2:11.81	115	10
	1:01.00				2:11.81 (1:10.81)		
2	Lehman, Toni	74	Lewes SC	2:40.81	2:36.66	68	9
	1:11.63				2:36.66 (1:25.03)		

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1	Moores, Rowena	29	Otter SC	2:39.80	2:37.47	478	10
	35.22	1:14.15 (38.93)	1:55.65 (41.50)	2:37.47 (41.82)			

Event 12 Female 30-34 200 LC Meter Back

1	Cannon, Gemma	34	Deben SC	2:54.54	2:58.50	328	10
	42.68	1:27.93 (45.25)	2:13.97 (46.04)	2:58.50 (44.53)			

Event 12 Female 35-39 200 LC Meter Back

1	Hibberd, Laura	36	Hillingdon Swimming Club	2:37.60	2:40.89	448	10
	37.58	1:17.76 (40.18)	1:59.39 (41.63)	2:40.89 (41.50)			
2	Wright, Katie	35	Newham & University of East Lo	3:00.41	3:25.60	214	9
	46.78	1:38.12 (51.34)	2:32.35 (54.23)	3:25.60 (53.25)			

Event 12 Female 40-44 200 LC Meter Back

1	Davis, Hayley	42	Otter SC	2:41.07	2:41.28	445	10
	37.76	1:18.29 (40.53)	2:00.28 (41.99)	2:41.28 (41.00)			
2	Smith, Sarah	44	City Of Ely Amateur Swimming C	2:45.37	2:52.65	362	9
	39.01	1:22.53 (43.52)	2:07.96 (45.43)	2:52.65 (44.69)			

Event 12 Female 45-49 200 LC Meter Back

1	Tsang, Alaine	45	Newham & University of East Lo	3:02.72	3:02.74	305	10
	42.93	1:29.78 (46.85)	2:17.70 (47.92)	3:02.74 (45.04)			

Event 12 Female 50-54 200 LC Meter Back

1	Barrison, Helen	51	Barnet Cophthall SC	2:44.04	2:48.72	388	10
	39.18	1:22.04 (42.86)	2:06.02 (43.98)	2:48.72 (42.70)			

Event 12 Female 60-64 200 LC Meter Back

1	Welham, Sue	62	St Albans Masters SC	3:20.22	3:20.53	231	10
	47.89	1:38.31 (50.42)	2:30.18 (51.87)	3:20.53 (50.35)			

Event 12 Female 65-69 200 LC Meter Back

1	Baker, Frances	66	Spencer Swim Team	3:15.55	3:33.58	191	10
	51.29	1:45.98 (54.69)	2:40.42 (54.44)	3:33.58 (53.16)			
2	Knowles, Elizabeth	66	Camden Swiss Cottage SC	3:41.31	3:47.07	159	9
	53.23	1:51.39 (58.16)	2:48.70 (57.31)	3:47.07 (58.37)			

Event 12 Female 70-74 200 LC Meter Back

1	Hodge, Linda	70	Biggleswade SC	3:38.30	3:51.76	149	10
	52.16	1:50.85 (58.69)	2:53.07 (1:02.22)	3:51.76 (58.69)			

Event 12 Open/Male 30-34 200 LC Meter Back

1	Veasey, Augustus	30	Out To Swim	2:11.92	2:21.94	490	10
	31.92	1:07.51 (35.59)	1:45.03 (37.52)	2:21.94 (36.91)			

Event 12 Open/Male 35-39 200 LC Meter Back

1	Hughes, Michael	38	Greenwich Royals SC	2:49.15	2:51.24	279	10
	39.66	1:22.30 (42.64)	2:08.25 (45.95)	2:51.24 (42.99)			

Event 12 Open/Male 50-54 200 LC Meter Back

1	Squires, Andrew	54	Team Anglia Masters Swimming C	2:39.10	2:47.82	296	10
	38.02	1:19.62 (41.60)	2:03.54 (43.92)	2:47.82 (44.28)			

Event 12 Open/Male 65-69 200 LC Meter Back

1	Parkins, Alan	66	Crawley SC	2:58.66	2:59.86	240	10
	41.79	1:28.45 (46.66)	2:15.48 (47.03)	2:59.86 (44.38)			
2	Wright, Terry	65	Bracknell & Wokingham SC	3:03.18	3:15.30	188	9
	46.39	1:35.79 (49.40)	2:26.40 (50.61)	3:15.30 (48.90)			

Event 12 Open/Male 75-79 200 LC Meter Back

1	Shead, David	76	Lewes SC	3:29.18	3:35.89	139	10
	49.44	1:44.23 (54.79)	2:40.61 (56.38)	3:35.89 (55.28)			

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2	Wilson, Douglas	79	City of Cambridge SC	3:44.29	3:42.70	126	9
	52.01	1:48.08 (56.07)	2:46.55 (58.47)	3:42.70 (56.15)			
3	Kelleher, Kieran	78	Swim Ireland	3:45.08	3:56.55	105	8
	54.87	1:56.72 (1:01.85)	3:00.35 (1:03.63)	3:56.55 (56.20)			
4	Preston, Christopher	75	Out To Swim	4:10.10	4:14.03	85	7
	58.58	2:03.93 (1:05.35)	3:11.55 (1:07.62)	4:14.03 (1:02.48)			

Event 12 Open/Male 80-84 200 LC Meter Back

1	Dunn, Chris	80	Hatfield SC	3:08.82	3:11.66	199	10
	44.32	1:33.76 (49.44)	2:23.90 (50.14)	3:11.66 (47.76)			

Event 13 Mixed 100-119 4x50 LC Meter Free Relay

1	Otter SC	A	1:10.00	1:46.12	10
	1) Lawman, Lucas M24	2) Robinson, Harry M28	3) Shaw, Jessica W27	4) Ambrose, Sarah W24	
	24.34	48.99 (24.65)	1:15.98 (26.99)	1:46.12 (30.14)	
2	City of Cambridge SC	A	NT	1:50.76	9
	1) Tate, Hannah W22	2) Cookson, Elisha W22	3) Adam, George M26	4) Bryce-Magrath, Andrew M3	
	30.60	58.92 (28.32)	1:24.75 (25.83)	1:50.76 (26.01)	

Event 13 Mixed 160-199 4x50 LC Meter Free Relay

1	Otter SC	B	NT	1:57.53	10
	1) Flockhart, Douglas M43	2) Golden, Jared M41	3) Hobson, Gina W49	4) Dinsdale-Young, Alice W38	
	27.45	56.03 (28.58)	1:25.96 (29.93)	1:57.53 (31.57)	

Event 13 Mixed 200-239 4x50 LC Meter Free Relay

1	Basingstoke Bluefins SC	A	NT	1:44.08	10
	1) Hunt, Sarah W45	2) Turner, Fleur W50	3) Turner, Spencer M57	4) Bennell, Martin M49	
	27.35	54.55 (27.20)	1:19.81 (25.26)	1:44.08 (24.27)	
2	City Of Ely Amateur Swimmi	A	2:08.76	2:05.97	9
	1) Fresher, Martyn M64	2) Banwell, Mark M65	3) Smith, Sarah W44	4) Kershaw, Hannah W38	
	30.67	1:02.10 (31.43)	1:34.45 (32.35)	2:05.97 (31.52)	

Event 14 Open/Male 100-119 4x50 LC Meter Free Relay

1	Okehampton Otters SC	A	1:40.00	1:39.63	10
	1) Trigg, Sonny M31	2) Polling, Dom M29	3) Tyson, Jake M29	4) Pickering, Jack M28	
	24.41	47.16 (22.75)	1:13.20 (26.04)	1:39.63 (26.43)	

Event 14 Open/Male 120-159 4x50 LC Meter Free Relay

1	Tower Hamlets SC	B	1:38.23	1:39.73	10
	1) Iosip, Stefan M26	2) Sawkins, Andrew M28	3) Cunningham, John M56	4) Kirlew, Josh M27	
	24.36	48.89 (24.53)	1:16.00 (27.11)	1:39.73 (23.73)	
2	Otter SC	A	NT	1:49.60	9
	1) Golden, Jared M41	2) Patel, Josh M33	3) Thomas, Luke M29	4) Liu, Kim M33	
	29.60	56.97 (27.37)	1:23.47 (26.50)	1:49.60 (26.13)	
3	Greenwich Royals SC	A	NT	1:53.10	8
	1) Hughes, Michael M38	2) Cotton, Oscar M25	3) Torrie, William M34	4) Brooks, Andrew M25	
	27.20	53.82 (26.62)	1:27.16 (33.34)	1:53.10 (25.94)	

Event 14 Open/Male 160-199 4x50 LC Meter Free Relay

1	Tower Hamlets SC	A	1:36.20	1:35.67	10
	1) Brooks, Matthew M37	2) Lo, Jeffrey M31	3) Roberts, William M47	4) Bransby, Craig M52	
	22.96	46.48 (23.52)	1:11.35 (24.87)	1:35.67 (24.32)	
2	Basingstoke Bluefins SC	A	NT	1:45.49	9
	1) Small, Liam M40	2) Espinasse, Olly M42	3) Giltinante, Brendan M40	4) Hughes, Bryn M51	
	25.77	51.32 (25.55)	1:17.07 (25.75)	1:45.49 (28.42)	
3	Newham & University of Eas	A	1:52.37	1:52.69	8
	1) Leahy, Sean M36	2) Evans, George M31	3) Wallace, Ian M56	4) Pinel, Ralph M64	
	25.62	51.95 (26.33)	1:22.56 (30.61)	1:52.69 (30.13)	

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1	Otter SC	A			NT	1:57.72	10
	1) Szenes, Ibolya W26	2) Moores, Rowena W29	3) Turner, Sarah W31	4) Hobson, Gina W49			
	29.86	58.50 (28.64)	1:27.50 (29.00)	1:57.72 (30.22)			
2	Greenwich Royals SC	A			NT	2:13.44	9
	1) Falla, Lauren W40	2) Zmarjova, Anastassia W42	3) Hole, Katriona W30	4) Doughty, Anna W27			
	30.15	1:11.26 (41.11)	1:43.36 (32.10)	2:13.44 (30.08)			

Event 15 Female 160-199 4x50 LC Meter Free Relay

1	Newmarket & Dist SC	A			NT	2:09.20	10
	1) Edmonds, Anne W54	2) Liebenberg, Melanie W46	3) Sampher, Bethany W27	4) Walker, Emma W52			
	32.12	1:06.66 (34.54)	1:36.08 (29.42)	2:09.20 (33.12)			