

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 16 Female 25-29 400 LC Meter IM**

Name	Age	Team	Seed Time	Finals Time	FINA	Points
1 Byrne, Meghan	26	Tower Hamlets SC	4:51.28	5:20.08	563	10
	32.77	1:11.59 (38.82)	1:54.07 (42.48)	2:36.34 (42.27)		
	3:21.82 (45.48)	4:07.89 (46.07)	4:44.03 (36.14)	5:20.08 (36.05)		

Event 16 Female 30-34 400 LC Meter IM

1 Cannon, Gemma	34	Deben SC	6:08.34	6:12.71	356	10
	38.63	1:27.39 (48.76)	2:16.46 (49.07)	3:05.11 (48.65)		
	3:58.44 (53.33)	4:52.24 (53.80)	5:33.10 (40.86)	6:12.71 (39.61)		

Event 16 Female 40-44 400 LC Meter IM

1 Ha, Sophia	40	Frognal Masters Swimming Club	6:26.57	6:30.21	311	10
	38.31	1:23.71 (45.40)	2:19.95 (56.24)	3:16.04 (56.09)		
	4:09.64 (53.60)	5:02.74 (53.10)	5:48.29 (45.55)	6:30.21 (41.92)		

Event 16 Female 50-54 400 LC Meter IM

1 MacKenzie, Karen	53	Team Luton Swimming	6:36.44	6:49.00	270	10
	41.72	1:35.04 (53.32)	2:24.26 (49.22)	3:14.65 (50.39)		
	4:14.50 (59.85)	5:16.19 (1:01.69)	6:02.41 (46.22)	6:49.00 (46.59)		

Event 16 Female 55-59 400 LC Meter IM

1 Prior, Judy	56	Enfield Swim Squad	6:30.34	6:42.88	282	10
	45.76	1:39.16 (53.40)	2:30.41 (51.25)	3:19.40 (48.99)		
	4:17.03 (57.63)	5:14.55 (57.52)	5:59.70 (45.15)	6:42.88 (43.18)		
2 Adams, Zorika	56	Camden Swiss Cottage SC	7:38.03	7:42.92	186	9
	56.38	2:06.87 (1:10.49)	3:05.00 (58.13)	4:01.57 (56.57)		
	5:03.63 (1:02.06)	6:05.03 (1:01.40)	6:54.68 (49.65)	7:42.92 (48.24)		

Event 16 Female 65-69 400 LC Meter IM

1 Knowles, Elizabeth	66	Camden Swiss Cottage SC	8:23.86	8:09.11	157	10
	56.67	2:06.61 (1:09.94)	3:08.22 (1:01.61)	4:09.94 (1:01.72)		
	5:13.11 (1:03.17)	6:19.65 (1:06.54)	7:14.49 (54.84)	8:09.11 (54.62)		

Event 16 Open/Male 25-29 400 LC Meter IM

1 Vu, Victor	28	Southwark Aquatics SC	6:12.51	5:36.71	373	10
	33.04	1:11.48 (38.44)	1:56.20 (44.72)	2:40.77 (44.57)		
	3:27.85 (47.08)	4:16.33 (48.48)	4:56.71 (40.38)	5:36.71 (40.00)		

Event 16 Open/Male 30-34 400 LC Meter IM

1 Shone, Matthew	33	Newham & University of East Lo	5:34.19	5:32.35	388	10
	33.91	1:14.33 (40.42)	2:00.92 (46.59)	2:46.00 (45.08)		
	3:31.04 (45.04)	4:17.45 (46.41)	4:55.43 (37.98)	5:32.35 (36.92)		

Event 16 Open/Male 45-49 400 LC Meter IM

1 Rahmede, Christoph	47	Newham & University of East Lo	5:44.05	5:55.26	318	10
	35.06	1:18.02 (42.96)	2:02.41 (44.39)	2:47.15 (44.74)		
	3:39.20 (52.05)	4:33.82 (54.62)	5:15.34 (41.52)	5:55.26 (39.92)		

Event 16 Open/Male 60-64 400 LC Meter IM

1 Lelean, Adam	64	Diss Otters SC	6:26.70	6:46.60	212	10
	48.95	1:43.18 (54.23)	4:24.96 (2:41.78)	3:28.00 ()		
	6:05.18 (2:37.18)	5:21.58 ()	6:46.60 (1:25.02)			

Event 17 Female 18-24 200 LC Meter Breast

1 Cameron, Isabelle	19	City Of Peterborough SC	2:34.00	2:41.56	617	10
	35.84	1:17.20 (41.36)	1:59.47 (42.27)	2:41.56 (42.09)		

Event 17 Female 25-29 200 LC Meter Breast

1 Renton, Molly	25	Camden Swiss Cottage SC	3:00.01	3:06.67	400	10
	42.65	1:29.75 (47.10)	2:17.85 (48.10)	3:06.67 (48.82)		
2 Molnar, Ana-Maria	28	Hackney Anaconda	3:16.50	3:18.08	334	9
	44.90	1:35.85 (50.95)	2:27.38 (51.53)	3:18.08 (50.70)		

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 17 Female 30-34 200 LC Meter Breast**

1	Western, Jaye	31	Flitwick Dolphins SC	3:03.34	3:08.85	386	10
	42.58	1:31.00 (48.42)	2:19.29 (48.29)	3:08.85 (49.56)			
2	Gendreau, Eliane	33	Otter SC	3:25.11	3:22.62	312	9
	46.21	1:37.44 (51.23)	2:29.31 (51.87)	3:22.62 (53.31)			

Event 17 Female 35-39 200 LC Meter Breast

1	Durno, Kimberley	39	Newham & University of East Lo	3:07.87	3:11.53	370	10
	43.32	1:32.29 (48.97)	2:21.82 (49.53)	3:11.53 (49.71)			
2	Kershaw, Hannah	38	City Of Ely Amateur Swimming C	3:14.22	3:17.70	336	9
	46.92	1:38.47 (51.55)	2:28.82 (50.35)	3:17.70 (48.88)			

Event 17 Female 45-49 200 LC Meter Breast

1	Wiggins, Fiona	45	Crystal Palace Masters Swimmin	3:23.66	3:28.84	285	10
	49.59	1:44.11 (54.52)	2:37.96 (53.85)	3:28.84 (50.88)			
2	Green, Kirsty	49	Hillingdon Swimming Club	3:49.50	3:51.02	211	9
	55.02	1:53.22 (58.20)	2:52.71 (59.49)	3:51.02 (58.31)			
3	Louise Barrios, Helen	49	Ruislip Northwood Masters SC	4:03.94	3:52.59	206	8
	52.04	1:52.77 (1:00.73)	2:53.12 (1:00.35)	3:52.59 (59.47)			

Event 17 Female 50-54 200 LC Meter Breast

1	Shivik, Maida	52	Camden Swiss Cottage SC	3:42.30	3:36.05	258	10
	50.48	1:46.22 (55.74)	2:41.45 (55.23)	3:36.05 (54.60)			
2	Cowie, Alison	53	Basildon and Phoenix SC	4:06.93	4:13.82	159	9
	58.48	2:02.97 (1:04.49)	3:08.59 (1:05.62)	4:13.82 (1:05.23)			

Event 17 Female 60-64 200 LC Meter Breast

1	Maidment, Suzanne	60	Spencer Swim Team	3:41.63	3:38.68	248	10
	50.24	1:46.77 (56.53)	2:42.88 (56.11)	3:38.68 (55.80)			
2	Andrews, Helen	60	Portsmouth Northsea SC	3:53.08	3:56.36	197	9
	53.38	1:53.88 (1:00.50)	2:56.06 (1:02.18)	3:56.36 (1:00.30)			
3	Nisbet, Trixie	62	Lewes SC	4:22.06	4:38.94	119	8
	1:02.35	2:12.49 (1:10.14)	3:27.69 (1:15.20)	4:38.94 (1:11.25)			

Event 17 Female 65-69 200 LC Meter Breast

1	Perry, Sara	69	Cally Masters Islington	3:45.60	3:49.06	216	10
	51.89	1:50.10 (58.21)	2:49.50 (59.40)	3:49.06 (59.56)			

Event 17 Female 75-79 200 LC Meter Breast

1	Lelean, Sally	75	Diss Otters SC	4:22.78	4:46.77	110	10
	1:04.79	2:18.16 (1:13.37)	3:32.63 (1:14.47)	4:46.77 (1:14.14)			

Event 17 Open/Male 25-29 200 LC Meter Breast

1	Rogers, Matthew	26	Otter SC	2:15.12	2:21.07	703	10
	30.78	1:06.57 (35.79)	1:43.29 (36.72)	2:21.07 (37.78)			
2	Au, Alfield	27	Cally Masters Islington	3:12.80	3:13.36	273	9
	42.98	1:32.80 (49.82)	2:23.80 (51.00)	3:13.36 (49.56)			

Event 17 Open/Male 30-34 200 LC Meter Breast

1	Woodcock, Dean	34	City of Bristol SC	2:44.21	2:42.58	459	10	
	36.27	1:18.23 (41.96)	2:00.46 (42.23)	2:42.58 (42.12)				
2	Veasey, Augustus	30	Out To Swim	2:37.39	2:46.02	431	9	
	35.43	1:17.24 (41.81)	2:00.97 (43.73)	2:46.02 (45.05)				
3	Georgiev, Ivan	34	AC East London	3:25.05	3:27.64	220	8	
	44.53	1:38.53 (54.00)	2:34.91 (56.38)	3:27.64 (52.73)				
---	Torrie, William	34	Greenwich Royals SC	3:20.03	DQ			
	7.1	Head did not break the surface before the hands turned inward at the widest part of th						
	45.55	1:36.50 (50.95)	2:31.72 (55.22)	DQ (56.48)				

Event 17 Open/Male 35-39 200 LC Meter Breast

1	Gillespie, Craig	39	Otter SC	2:36.98	2:39.72	484	10
	34.96	1:16.25 (41.29)	1:58.23 (41.98)	2:39.72 (41.49)			

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2	Unsworth, Chris	35	Out To Swim	2:49.70	2:52.24	386	9
	38.20	1:21.60 (43.40)	2:06.50 (44.90)	2:52.24 (45.74)			

Event 17 Open/Male 40-44 200 LC Meter Breast

1	Baker, Max	41	Saxon Crown (Lewisham) SC	3:35.08	3:36.13	195	10
	48.83	1:42.01 (53.18)	2:38.16 (56.15)	3:36.13 (57.97)			

Event 17 Open/Male 50-54 200 LC Meter Breast

1	Milana, Luca	54	Spencer Swim Team	3:05.77	3:13.87	271	10
	42.72	1:32.11 (49.39)	2:22.39 (50.28)	3:13.87 (51.48)			

Event 17 Open/Male 55-59 200 LC Meter Breast

1	Smoothy, Paul	58	Guildford City Swimming Club	3:00.77	3:07.06	301	10
	41.88	1:28.97 (47.09)	2:17.83 (48.86)	3:07.06 (49.23)			
2	Lee, Edmond	59	Out to Swim London	3:38.33	3:33.95	201	9
	49.71	1:45.40 (55.69)	2:39.96 (54.56)	3:33.95 (53.99)			
3	Wijay, Logan	59	Kings Cormorants SC	3:59.68	3:59.06	144	8
	55.06	1:57.21 (1:02.15)	3:00.45 (1:03.24)	3:59.06 (58.61)			
---	Nelhams, Michael	55	Teddington SC	2:43.66	DQ		
	7.7	Did not touch at the turn or finish with both hands; separated; simultaneously					
	38.11	1:20.92 (42.81)	2:05.06 (44.14)	DQ (43.83)			

Event 17 Open/Male 60-64 200 LC Meter Breast

1	Leone, Paul	62	Mid Sussex Marlins	3:11.86	3:11.72	280	10
	42.67	1:31.81 (49.14)	2:22.54 (50.73)	3:11.72 (49.18)			
2	Refson, Jonathan	61	Potters Bar SC	3:15.43	3:32.29	206	9
	44.59	1:38.35 (53.76)	2:34.60 (56.25)	3:32.29 (57.69)			
3	Catherall, Paul	64	Ruislip Northwood Masters SC	3:43.28	3:43.11	177	8
	49.00	1:45.46 (56.46)	2:44.87 (59.41)	3:43.11 (58.24)			

Event 17 Open/Male 65-69 200 LC Meter Breast

1	Banwell, Mark	65	City Of Ely Amateur Swimming C	3:51.73	3:42.84	178	10
	48.73	1:45.56 (56.83)	2:45.72 (1:00.16)	3:42.84 (57.12)			

Event 17 Open/Male 75-79 200 LC Meter Breast

1	Kelleher, Kieran	78	Swim Ireland	4:04.58	3:55.13	151	10
	54.11	1:53.93 (59.82)	2:55.26 (1:01.33)	3:55.13 (59.87)			

Event 18 Female 25-29 100 LC Meter Free

1	Byrne, Meghan	26	Tower Hamlets SC	1:00.93	1:02.10	577	10
	30.23	1:02.10 (31.87)					
2	Goff, Hattie	26	Otter SC	1:03.64	1:04.60	512	9
	31.07	1:04.60 (33.53)					
3	Stanton, Nicole	29	Hackney Anaconda	1:04.70	1:04.86	506	8
	31.13	1:04.86 (33.73)					
4	Doughty, Anna	27	Greenwich Royals SC	1:05.09	1:06.00	480	7
	31.23	1:06.00 (34.77)					
5	Abdel Khalik, Esraa	29	Newham & University of East Lo	1:06.46	1:06.37	472	6
	32.20	1:06.37 (34.17)					
6	Lennon, Emily	25	Otter SC	1:13.15	1:06.83	463	5
	31.78	1:06.83 (35.05)					
7	Edwards, Ciara	25	Hackney Anaconda	1:11.09	1:07.86	442	4
	32.46	1:07.86 (35.40)					
8	Rose, Emily	27	Diss Otters SC	1:04.33	1:08.56	429	3
	32.32	1:08.56 (36.24)					
9	Staurylaite, Gerda	26	Newham & University of East Lo	1:10.33	1:10.24	398	2
	32.45	1:10.24 (37.79)					
10	Gracey, Savannah	26	Newham & University of East Lo	1:14.66	1:12.03	369	1
	34.29	1:12.03 (37.74)					

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11	Ryan-Goff, Meris	29	Frognal Masters Swimming Club	1:16.20	1:13.08	354
	33.52				1:13.08 (39.56)	
12	Carton, Alanna	28	Tower Hamlets SC	1:35.13	1:37.32	150
	46.49				1:37.32 (50.83)	

Event 18 Female 30-34 100 LC Meter Free

1	Steenbergen, Michanne	34	Otter SC	1:07.14	1:04.61	512	10
	31.69				1:04.61 (32.92)		
2	Turner, Sarah	31	Otter SC	1:07.33	1:08.52	429	9
	31.26				1:08.52 (37.26)		

Event 18 Female 35-39 100 LC Meter Free

1	Hibberd, Laura	36	Hillingdon Swimming Club	1:02.73	1:03.19	547	10
	30.14				1:03.19 (33.05)		
2	Dinsdale-Young, Alice	38	Otter SC	1:07.52	1:08.52	429	9
	32.70				1:08.52 (35.82)		
3	Keen, Emma	36	Out To Swim	1:10.72	1:10.89	388	8
	32.87				1:10.89 (38.02)		
4	Black, Catriona	37	Camden Swiss Cottage SC	1:11.49	1:12.34	365	7
	33.64				1:12.34 (38.70)		
5	Conway, Fiona	36	Loughborough Town SC	1:18.41	1:19.96	270	6
	38.51				1:19.96 (41.45)		
6	McCourt, Alexandra	35	Diss Otters SC	1:26.39	1:25.45	221	5
	40.85				1:25.45 (44.60)		

Event 18 Female 40-44 100 LC Meter Free

1	King, Carla	43	South Beds Masters Swimming Cl	1:03.89	1:05.18	499	10
	30.64				1:05.18 (34.54)		
2	Buzo, Eva	40	Otter SC	1:13.33	1:12.48	363	9
	33.25				1:12.48 (39.23)		
3	Doggett-Brookes, Aine	44	South Beds Masters Swimming Cl	1:17.58	1:18.18	289	8
	37.64				1:18.18 (40.54)		

Event 18 Female 45-49 100 LC Meter Free

1	Hunt, Sarah	45	Basingstoke Bluefins SC	1:00.03	1:00.51	624	10
	28.39				1:00.51 (32.12)		
2	Kenny, Sorrell	47	South Downs Trojan Swimming Cl	1:03.22	1:03.80	532	9
	30.29				1:03.80 (33.51)		
3	Neal, Michelle	46	Team Luton Swimming	1:10.23	1:11.72	374	8
	32.69				1:11.72 (39.03)		
4	Kapitanovova, Michaela	49	Cesky Svaz Plaveckych Sportu	1:16.19	1:15.27	324	7
	35.49				1:15.27 (39.78)		
5	Waltho-Smith, Clair	48	Ruislip Northwood Masters SC	1:29.81	1:28.92	196	6
	43.39				1:28.92 (45.53)		
6	Louise Barrios, Helen	49	Ruislip Northwood Masters SC	1:34.57	1:32.80	173	5
	45.39				1:32.80 (47.41)		
7	Pandya, Roopa	48	Camden Swiss Cottage SC	1:33.06	1:41.65	131	4
	49.33				1:41.65 (52.32)		

Event 18 Female 50-54 100 LC Meter Free

1	Turner, Fleur	50	Basingstoke Bluefins SC	1:01.33	1:01.68	589	10
	29.77				1:01.68 (31.91)		
2	Partridge, Jessica	51	Stroud Masters SC	1:07.58	1:08.64	427	9
	33.41				1:08.64 (35.23)		
3	Clarke, Kelly	54	Metropolitan Police SC	1:09.32	1:10.80	389	8
	33.32				1:10.80 (37.48)		
4	Cartwright, Emma	52	Otter SC	1:15.19	1:20.38	266	7
	37.69				1:20.38 (42.69)		

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5	Hopkins, Joy	51	Seagulls Swimming Club	1:17.60	1:21.14	258	6
	39.08				1:21.14 (42.06)		

Event 18 Female 55-59 100 LC Meter Free

1	Kelly-Onay, Lindsay	59	Wantage White Horses	1:14.14	1:14.96	328	10
	36.34				1:14.96 (38.62)		
2	King, Kate	58	Wycombe District SC	1:16.86	1:21.25	257	9
	37.94				1:21.25 (43.31)		
3	Day, Claudine	55	Redhill & Reigate SC	1:33.48	1:43.40	125	8
	49.57				1:43.40 (53.83)		

Event 18 Female 60-64 100 LC Meter Free

1	Beardsworth, Joanne	61	Harrogate District SC	1:09.19	1:08.85	423	10
	33.74				1:08.85 (35.11)		
2	Shaw, Elizabeth	60	Otter SC	1:13.53	1:17.60	295	9
	37.46				1:17.60 (40.14)		
3	Dill, Hayley	62	Camden Swiss Cottage SC	1:22.10	1:18.95	280	8
	36.97				1:18.95 (41.98)		
4	Jack, Linden	60	Biggleswade SC	1:18.44	1:19.82	271	7
	37.95				1:19.82 (41.87)		
5	Wood, Tiggi	62	Lewes SC	1:25.03	1:29.02	196	6
	41.89				1:29.02 (47.13)		

Event 18 Female 65-69 100 LC Meter Free

1	Hartle, Catherine	68	City of Sheffield Swim Squad L	1:22.74	1:30.40	187	10
	42.25				1:30.40 (48.15)		

Event 18 Female 70-74 100 LC Meter Free

1	Fordham, Alyson	70	Black Country n Potteries Mast	1:13.90	1:13.11	353	10
	34.92				1:13.11 (38.19)		
2	Jones, Viv	72	Seagulls Swimming Club	1:18.68	1:18.81	282	9
	37.53				1:18.81 (41.28)		
3	Boxall, Barbara	71	Black Country n Potteries Mast	1:19.20	1:22.58	245	8
	39.36				1:22.58 (43.22)		
4	Lehman, Toni	74	Lewes SC	1:54.63	1:57.42	85	7
	52.79				1:57.42 (1:04.63)		

Event 18 Female 80-84 100 LC Meter Free

1	Alden, Judy	80	Barnet Copthall SC	1:44.32	1:42.68	127	10
	48.03				1:42.68 (54.65)		
2	Crosse, Kay	80	Carrick Masters	2:24.01	2:21.07	49	9
	1:04.54				2:21.07 (1:16.53)		

Event 18 Female 95-99 100 LC Meter Free

1	Asher, Jane	95	Kings Cormorants SC	1:46.18	2:11.46	60	10
	1:07.56				2:11.46 (1:03.90)		

Event 19 Open/Male 18-24 100 LC Meter Free

1	Sproston, James	21	Erith & District SC	54.09	55.89	572	10
	26.22				55.89 (29.67)		
2	Hopkins, Louis	19	Seagulls Swimming Club	1:00.82	1:04.54	371	9
	29.89				1:04.54 (34.65)		
3	Bergonzi, Lorenzo	22	Hillingdon Swimming Club	1:05.51	1:11.30	275	8
	33.55				1:11.30 (37.75)		
4	Zachariou, Michael	24	Enfield Swim Squad	1:15.89	1:13.65	250	7
	33.43				1:13.65 (40.22)		

Event 19 Open/Male 25-29 100 LC Meter Free

1	Cunningham, Jamie	29	Woking SC	52.13	54.15	629	10
	25.41				54.15 (28.74)		

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2	Sawkins, Andrew	28	Tower Hamlets SC	54.35	54.85	605	9
	26.59		54.85 (28.26)				
3	Vick, James	27	Erith & District SC	53.62	55.37	588	8
	26.41		55.37 (28.96)				
4	Robinson, Harry	28	Otter SC	54.56	55.84	573	7
	26.70		55.84 (29.14)				
5	Fairclough, Dylan	26	Otter SC	52.70	55.97	569	6
	26.07		55.97 (29.90)				
6	Tikvica, Andro	29	AC East London	54.13	56.35	558	5
	26.86		56.35 (29.49)				
7	Phelps, Ben	27	South London Open Water SC	59.51	1:00.23	457	4
	29.05		1:00.23 (31.18)				
8	Brooks, Andrew	25	Greenwich Royals SC	58.02	1:02.29	413	3
	28.03		1:02.29 (34.26)				
9	Metheus, Anujan	29	Newham & University of East Lo	1:04.53	1:04.25	376	2
	28.80		1:04.25 (35.45)				
10	Sutherland, Luke	28	Greenwich Royals SC	1:08.76	1:06.99	332	1
	32.09		1:06.99 (34.90)				
11	Chowdhury, Shagor	25	Barking & Dagenham Aquatics Cl	1:07.17	1:08.11	316	
	31.94		1:08.11 (36.17)				

Event 19 Open/Male 30-34 100 LC Meter Free

1	Shone, Matthew	33	Newham & University of East Lo	58.10	58.55	497	10
	28.91		58.55 (29.64)				
2	Grace, Michael	33	Saxon Crown (Lewisham) SC	1:00.65	58.83	490	9
	28.19		58.83 (30.64)				
3	Hanlon, Myles	30	Out To Swim	1:00.16	1:02.88	401	8
	29.88		1:02.88 (33.00)				
4	Chadwick, Matthew	32	City Of Ely Amateur Swimming C	1:06.50	1:06.76	335	7
	32.29		1:06.76 (34.47)				
5	Batten, Callum	33	Otter SC	1:06.60	1:09.09	302	6
	32.60		1:09.09 (36.49)				

Event 19 Open/Male 35-39 100 LC Meter Free

1	Peh, Fraser	36	Otter SC	55.68	57.17	534	10
	27.81		57.17 (29.36)				
2	Guyen, Yigit	39	Tower Hamlets SC	56.69	58.89	489	9
	28.32		58.89 (30.57)				
3	Romero, Alejandro	37	Tower Hamlets SC	1:00.28	58.94	487	8
	29.41		58.94 (29.53)				

Event 19 Open/Male 40-44 100 LC Meter Free

1	Hargreaves, Tom	40	Hackney Anaconda	55.67	56.68	548	10
	27.30		56.68 (29.38)				
2	Small, Liam	40	Basingstoke Bluefins SC	55.87	57.02	538	9
	27.30		57.02 (29.72)				
3	Giltinane, Brendan	40	Basingstoke Bluefins SC	56.96	57.85	515	8
	27.26		57.85 (30.59)				
4	Hibbert, Andrew	44	Teddington SC	58.48	59.78	467	7
	28.29		59.78 (31.49)				
5	Dunn, Ed	40	Lewes SC	1:05.48	1:04.29	375	6
	29.70		1:04.29 (34.59)				
6	Lewis, Mark	44	Team Luton Swimming	1:03.58	1:04.64	369	5
	31.11		1:04.64 (33.53)				
7	Harding, Adam	44	Cally Masters Islington	1:14.41	1:10.57	284	4
	32.76		1:10.57 (37.81)				

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 19 Open/Male 45-49 100 LC Meter Free**

1	North, Sean	46	Guildford City Swimming Club	54.48	56.15	564	10
	26.93				56.15 (29.22)		
2	Barraclough, John	45	Newcastle SwimTeam	1:05.79	1:05.43	356	9
	30.92				1:05.43 (34.51)		
3	Southworth, Phil	45	Hillingdon Swimming Club	1:09.53	1:08.18	315	8
	32.88				1:08.18 (35.30)		
4	Rudd, Barnaby	48	Woking SC	1:09.38	1:10.30	287	7
	33.40				1:10.30 (36.90)		
5	Hillis, Gordon	45	Rushmoor Royals SC	1:12.97	1:13.28	253	6
	34.00				1:13.28 (39.28)		

Event 19 Open/Male 50-54 100 LC Meter Free

1	Bransby, Craig	52	Tower Hamlets SC	56.14	56.50	553	10
	27.03				56.50 (29.47)		
2	Allen, Paul	54	Boston Amateur SC	59.19	1:00.59	449	9
	28.52				1:00.59 (32.07)		
3	Squires, Andrew	54	Team Anglia Masters Swimming C	1:00.66	1:02.49	409	8
	29.57				1:02.49 (32.92)		
4	Mckechnie, Jim	51	Honiton SC	1:08.02	1:08.04	317	7
	32.79				1:08.04 (35.25)		
5	Milana, Luca	54	Spencer Swim Team	1:09.75	1:11.64	271	6
	33.79				1:11.64 (37.85)		

Event 19 Open/Male 55-59 100 LC Meter Free

1	Turner, Spencer	57	Basingstoke Bluefins SC	55.76	57.35	529	10
	28.18				57.35 (29.17)		
2	Belcham, Ade	59	Crawley SC	59.49	59.97	463	9
	28.38				59.97 (31.59)		
3	Dixon, Peter	58	Tower Hamlets SC	1:00.16	1:01.76	424	8
	30.01				1:01.76 (31.75)		
4	McQuaid, Sean	58	Barnet Cophall SC	1:00.02	1:03.08	397	7
	30.22				1:03.08 (32.86)		
5	Smoothy, Paul	58	Guildford City Swimming Club	1:05.15	1:09.59	296	6
	33.77				1:09.59 (35.82)		

Event 19 Open/Male 60-64 100 LC Meter Free

1	Reynolds, Mark	63	Barnet Cophall SC	57.85	1:01.28	434	10
	29.05				1:01.28 (32.23)		
2	Pavitt, Richard	64	Bracknell & Wokingham SC	1:07.40	1:06.42	340	9
	32.38				1:06.42 (34.04)		
3	Pinel, Ralph	64	Newham & University of East Lo	1:02.77	1:08.47	311	8
	32.37				1:08.47 (36.10)		
4	Long, Peter	63	Wincanton SC	1:01.36	1:14.48	241	7
	28.33				1:14.48 (46.15)		
5	Fresher, Martyn	64	City Of Ely Amateur Swimming C	1:08.06	1:14.60	240	6
	35.01				1:14.60 (39.59)		

Event 19 Open/Male 65-69 100 LC Meter Free

1	Hobsley, James	66	Barnet Cophall SC	1:04.64	1:07.83	320	10
	32.17				1:07.83 (35.66)		
2	Wright, Terry	65	Bracknell & Wokingham SC	1:08.83	1:10.07	290	9
	33.63				1:10.07 (36.44)		
3	Pirrie, David	69	Hemel Hempstead SC	1:10.79	1:14.48	241	8
	35.78				1:14.48 (38.70)		

Event 19 Open/Male 70-74 100 LC Meter Free

1	Ayres, Mark	70	Hemel Hempstead SC	1:18.73	1:20.68	190	10
	36.99				1:20.68 (43.69)		
2	Woollard, Ian	72	Barnet Cophall SC	1:24.73	1:22.32	179	9
	37.99				1:22.32 (44.33)		

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****(Event 19 Open/Male 70-74 100 LC Meter Free)**

3	Appleby, Martin	73	Ruislip Northwood Masters SC	1:24.65	1:31.64	129	8
	43.22		1:31.64 (48.42)				

Event 19 Open/Male 75-79 100 LC Meter Free

1	Shead, David	76	Lewes SC	1:31.04	1:36.61	110	10
2	Webster, Michael	78	Out to Swim London	1:33.98	1:44.25	88	9
	49.61		1:44.25 (54.64)				

Event 19 Open/Male 80-84 100 LC Meter Free

1	Dunn, Chris	80	Hatfield SC	1:09.93	1:13.94	247	10
	36.12		1:13.94 (37.82)				

Event 20 Female 18-24 50 LC Meter Fly

1	Cookson, Elisha	22	City of Cambridge SC	30.65	30.53	512	10
2	Struc, Cassandra	21	Hillingdon Swimming Club	30.74	30.90	494	9
3	Ambrose, Sarah	24	Otter SC	33.15	32.82	412	8

Event 20 Female 25-29 50 LC Meter Fly

1	Sampher, Bethany	27	Newmarket & Dist SC	30.07	30.16	531	10
2	Edwards, Ciara	25	Hackney Anaconda	33.47	32.23	435	9
3	Bennett, Lucy	29	Basingstoke Bluefins SC	33.41	32.34	431	8
4	Abdel Khalik, Esraa	29	Newham & University of East Lo	33.20	33.51	387	7
5	Fox, Elizabeth	27	Bor of Waltham Forest (Gators)	33.02	33.52	387	6
6	Benson, Megan	28	Newham & University of East Lo	33.07	34.09	368	5
7	Rose, Emily	27	Diss Otters SC	33.57	36.14	308	4
8	Gracey, Savannah	26	Newham & University of East Lo	38.33	36.66	295	3
9	Lennon, Emily	25	Otter SC	40.60	37.50	276	2
10	Ryan-Goff, Meris	29	Frognaal Masters Swimming Club	39.59	39.57	235	1

Event 20 Female 30-34 50 LC Meter Fly

1	Kelly, Kayrine	31	Forth Valley Tridents	29.47	29.39	574	10
2	Chan, Janet	31	Otter SC	33.08	32.63	419	9
3	Yang, Jacquelyn	30	Hackney Anaconda	32.61	32.77	414	8
4	Turner, Sarah	31	Otter SC	32.60	33.77	378	7
5	Hole, Katriona	30	Greenwich Royals SC	34.94	36.06	310	6
6	Clarke, Sarah-Louise	32	Loughborough Town SC	39.72	40.17	224	5
7	Davies, Imogen	31	Academy Swim Team Burnham	39.23	41.73	200	4

Event 20 Female 35-39 50 LC Meter Fly

1	Phillips, Marian	37	Cally Masters Islington	32.71	32.64	419	10
2	Black, Catriona	37	Camden Swiss Cottage SC	34.93	35.74	319	9
3	Steggles, Amy	37	Diss Otters SC	39.56	36.28	305	8

Event 20 Female 40-44 50 LC Meter Fly

1	Ramm, Aimee	44	Great Britain Police	29.87	30.92	493	10
2	Brown, Hayley	43	Witham Dolphins SC	32.37	33.51	387	9
3	Waters, Rebecca	44	Tigersharks	33.46	33.77	378	8
4	Buzo, Eva	40	Otter SC	39.20	36.57	298	7
5	Zmarjova, Anastassia	42	Greenwich Royals SC	51.80	51.72	105	6

Event 20 Female 45-49 50 LC Meter Fly

1	Summers, Emily	45	St Albans Masters SC	34.62	34.35	359	10
2	Long, Lizzie	46	Rochford & District SC	35.20	34.99	340	9
3	Spink, Deborah	45	Otter SC	37.26	39.81	231	8

Event 20 Female 50-54 50 LC Meter Fly

1	Walker, Emma	52	Newmarket & Dist SC	34.11	34.67	349	10
2	Tarr, Elizabeth	50	Teddington SC	36.02	36.30	304	9
3	Henry, Gail	52	Portsmouth Northsea SC	35.88	37.99	265	8

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****(Event 20 Female 50-54 50 LC Meter Fly)**

4 Taylor, Kirsty	50 Haringey Aquatics	41.01	40.64	217	7
5 Williams, Alex	52 Saxon Crown (Lewisham) SC	54.20	52.46	100	6

Event 20 Female 55-59 50 LC Meter Fly

1 Proctor, Claire	57 Barnet Copthall SC	35.07	36.13	309	10
2 Kelly-Onay, Lindsay	59 Wantage White Horses	40.22	40.08	226	9
3 Day, Claudine	55 Redhill & Reigate SC	54.02	1:02.54	59	8

Event 20 Female 60-64 50 LC Meter Fly

1 Matless, Debbie	63 City of Norwich SC	33.37	35.08	337	10
2 Dill, Hayley	62 Camden Swiss Cottage SC	42.02	40.36	221	9

Event 20 Female 65-69 50 LC Meter Fly

1 Heath, Amanda	69 Black Country n Potteries Mast	38.09	40.19	224	10
2 Baker, Frances	66 Spencer Swim Team	41.17	47.53	135	9

Event 21 Open/Male 18-24 50 LC Meter Fly

1 Williams, Rhys	19 Rushmoor Royals SC	31.91	32.10	333	10
2 Bergonzi, Lorenzo	22 Hillingdon Swimming Club	33.48	35.74	241	9

Event 21 Open/Male 25-29 50 LC Meter Fly

1 Iosip, Stefan	26 Tower Hamlets SC	26.16	26.21	613	10
2 Curley, Sean	25 Hackney Anaconda	27.33	28.95	455	9
3 Phelps, Ben	27 South London Open Water SC	29.12	28.97	454	8
4 Chowdhury, Shagor	25 Barking & Dagenham Aquatics Cl	31.82	32.94	309	7
5 Metheus, Anujan	29 Newham & University of East Lo	33.14	35.50	246	6

Event 21 Open/Male 30-34 50 LC Meter Fly

1 Lo, Jeffrey	31 Tower Hamlets SC	25.28	25.55	662	10
2 Price, Brad	34 Great Britain Police	24.78	25.58	659	9
3 Bugakov, Anatoly	33 Hackney Anaconda	26.79	27.69	520	8
4 Liu, Kim	33 Otter SC	28.24	28.33	485	7
5 Strachan, Andrew	31 Out to Swim London	27.96	28.43	480	6
6 Evans, George	31 Newham & University of East Lo	28.77	28.92	456	5
7 Patel, Josh	33 Otter SC	28.62	28.98	453	4
8 Juarez Rocha, Humberto	32 Cally Masters Islington	29.50	29.00	452	3
9 Hampson, Joshua	30 Hackney Anaconda	29.52	29.28	439	2
10 Chadwick, Matthew	32 City Of Ely Amateur Swimming C	32.19	32.22	330	1
11 Batten, Callum	33 Otter SC	35.92	36.05	235	

Event 21 Open/Male 35-39 50 LC Meter Fly

1 Mellino, Francesco	35 Hackney Anaconda	29.70	29.61	425	10
2 Watson, Jake	37 Kings Cormorants SC	30.40	30.07	406	9
3 Barrientos, Gonzalo	36 Hackney Anaconda	29.69	30.29	397	8
4 Potvin, Stephen	35 Otter SC	31.31	31.08	367	7
5 Pacheco, Sady	36 South Beds Masters Swimming Cl	31.23	31.36	358	6
6 Deriglazov, Leon	39 Camden Swiss Cottage SC	34.40	32.29	328	5
7 Bull, Christopher	39 Hackney Anaconda	36.21	34.82	261	4

Event 21 Open/Male 40-44 50 LC Meter Fly

1 Giltinane, Brendan	40 Basingstoke Bluefins SC	27.41	27.82	512	10
2 Rimbach, Wade	42 Otter SC	28.66	29.42	433	9
3 Harding, Adam	44 Cally Masters Islington	36.17	35.35	250	8
4 Jay, Mikko	40 Black Country n Potteries Mast	35.73	35.72	242	7

Event 21 Open/Male 45-49 50 LC Meter Fly

1 Bennell, Martin	49 Basingstoke Bluefins SC	26.67	26.56	589	10
2 Roberts, William	47 Tower Hamlets SC	26.74	27.13	553	9
3 Turner, Ross	46 Rugby SC	28.46	29.59	426	8

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****(Event 21 Open/Male 45-49 50 LC Meter Fly)**

4	Lewis, Grant	49	Llanelli Swimming Club	29.92	30.85	376	7
5	Barraclough, John	45	Newcastle SwimTeam	32.80	32.06	335	6
6	Southworth, Phil	45	Hillingdon Swimming Club	34.55	34.98	258	5

Event 21 Open/Male 50-54 50 LC Meter Fly

1	Smerkis, Viacheslav	54	Kings Cormorants SC	29.78	30.14	403	10
2	O'Brien, Sean	53	Basingstoke Bluefins SC	31.89	33.05	305	9
3	Mckechnie, Jim	51	Honiton SC	34.46	34.65	265	8

Event 21 Open/Male 55-59 50 LC Meter Fly

1	Hodgson, Michael	59	Woking SC	26.86	27.55	528	10
2	Proctor, Christopher	57	Barnet Cophthall SC	30.50	31.12	366	9

Event 21 Open/Male 60-64 50 LC Meter Fly

1	Benson, Clive	63	Spencer Swim Team	30.83	30.28	397	10
2	Partridge, Mark	63	Stroud Masters SC	34.09	35.59	245	9
3	Waters, Timothy	61	Beckenham SC	38.60	39.62	177	8

Event 21 Open/Male 65-69 50 LC Meter Fly

1	Cartwright, Paul	65	Camden Swiss Cottage SC	32.66	31.77	344	10
2	Meerlo, Ashley	66	Hackney Anaconda	31.64	33.49	294	9
3	Banwell, Mark	65	City Of Ely Amateur Swimming C	33.14	34.37	272	8

Event 21 Open/Male 70-74 50 LC Meter Fly

1	Ayres, Mark	70	Hemel Hempstead SC	36.40	36.88	220	10
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Event 21 Open/Male 75-79 50 LC Meter Fly

1	Kelleher, Kieran	78	Swim Ireland	37.77	37.91	202	10
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Event 22 Female 18-24 100 LC Meter Back

1	Kayani, Amina	22	Bor of Waltham Forest (Gators)	2:45.52	2:42.97	43	10
				1:17.36	2:42.97 (1:25.61)		

Event 22 Female 25-29 100 LC Meter Back

1	Shaw, Jessica	27	Otter SC	1:01.93	1:03.97	712	10
				30.76	1:03.97 (33.21)		
2	Moores, Rowena	29	Otter SC	1:13.16	1:11.71	505	9
				33.97	1:11.71 (37.74)		
3	Lau, Sze Wing Erica	28	Chelsea & Westminster SC	1:06.49	1:12.27	493	8
				34.94	1:12.27 (37.33)		
4	Stanton, Nicole	29	Hackney Anaconda	1:14.58	1:15.20	438	7
				36.70	1:15.20 (38.50)		

Event 22 Female 30-34 100 LC Meter Back

1	Cumber, Helen	34	Metropolitan Police SC	1:13.39	1:13.17	475	10
				34.89	1:13.17 (38.28)		
2	Ping, Lei	34	Otter SC	1:16.14	1:20.53	357	9
				37.34	1:20.53 (43.19)		

Event 22 Female 35-39 100 LC Meter Back

1	Steggles, Amy	37	Diss Otters SC	1:30.62	1:30.39	252	10
2	Wright, Katie	35	Newham & University of East Lo	1:24.30	1:34.33	222	9
				44.81	1:34.33 (49.52)		

Event 22 Female 40-44 100 LC Meter Back

1	Smith, Sarah	44	City Of Ely Amateur Swimming C	1:19.01	1:19.90	365	10
				39.06	1:19.90 (40.84)		
2	Cotton-Hunt, Jemma	43	Honiton SC	1:19.47	1:20.83	353	9
				38.73	1:20.83 (42.10)		

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 22 Female 45-49 100 LC Meter Back**

1	Johnson, Kirsty	45	Bracknell & Wokingham SC	1:05.77	1:07.76	599	10
	32.51				1:07.76 (35.25)		
2	Summers, Emily	45	St Albans Masters SC	1:19.66	1:21.71	341	9
	40.77				1:21.71 (40.94)		
3	Tsang, Alaine	45	Newham & University of East Lo	1:23.93	1:25.71	296	8
	41.42				1:25.71 (44.29)		
4	Waltho-Smith, Clair	48	Ruislip Northwood Masters SC	1:44.74	1:42.01	175	7
	50.04				1:42.01 (51.97)		

Event 22 Female 50-54 100 LC Meter Back

1	Barrison, Helen	51	Barnet Copthall SC	1:15.65	1:18.92	379	10
	38.52				1:18.92 (40.40)		
2	Taylor, Kirsty	50	Haringey Aquatics	1:32.19	1:35.33	215	9
	47.05				1:35.33 (48.28)		

Event 22 Female 55-59 100 LC Meter Back

1	Stewart, Rebecca	59	Saxon Crown (Lewisham) SC	1:26.59	1:25.23	301	10
	41.52				1:25.23 (43.71)		
2	Farrall, Katrina	56	Basildon and Phoenix SC	1:20.43	1:26.70	286	9
	40.79				1:26.70 (45.91)		
3	Day, Claudine	55	Redhill & Reigate SC	1:52.19	2:05.87	93	8
	1:01.56				2:05.87 (1:04.31)		

Event 22 Female 60-64 100 LC Meter Back

1	Nisbet, Trixie	62	Lewes SC	1:59.12	2:01.30	104	10
	57.36				2:01.30 (1:03.94)		

Event 22 Female 65-69 100 LC Meter Back

1	Baker, Frances	66	Spencer Swim Team	1:32.70	1:43.23	169	10
	49.88				1:43.23 (53.35)		
2	Rees, Lynda	66	Ruislip Northwood Masters SC	1:43.70	1:44.42	163	9
	50.51				1:44.42 (53.91)		

Event 22 Female 70-74 100 LC Meter Back

1	Hodge, Linda	70	Biggleswade SC	1:42.49	1:44.33	164	10
	48.34				1:44.33 (55.99)		
2	Lehman, Toni	74	Lewes SC	2:34.72	2:34.93	50	9
	1:13.90				2:34.93 (1:21.03)		

Event 22 Female 80-84 100 LC Meter Back

1	Crosse, Kay	80	Carrick Masters	2:30.96	2:24.32	62	10
	1:10.08				2:24.32 (1:14.24)		

Event 22 Female 95-99 100 LC Meter Back

1	Asher, Jane	95	Kings Cormorants SC	1:59.50	2:18.70	69	10
	1:10.69				2:18.70 (1:08.01)		

Event 23 Open/Male 18-24 100 LC Meter Back

1	Hopkins, Louis	19	Seagulls Swimming Club	1:11.35	1:17.62	293	10
	37.81				1:17.62 (39.81)		

Event 23 Open/Male 25-29 100 LC Meter Back

1	Brooks, Andrew	25	Greenwich Royals SC	1:10.46	1:14.67	329	10
	35.43				1:14.67 (39.24)		

Event 23 Open/Male 30-34 100 LC Meter Back

1	Evans, George	31	Newham & University of East Lo	1:04.08	1:07.68	443	10
	33.18				1:07.68 (34.50)		
2	Sartorius, Martin	34	Otter SC	1:07.32	1:09.98	400	9
	32.78				1:09.98 (37.20)		

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 23 Open/Male 40-44 100 LC Meter Back**

1	Hibbert, Andrew	44	Teddington SC	1:14.33	1:10.74	388	10
	34.83	1:10.74 (35.91)					
2	Thomas, Kevin	40	Hillingdon Swimming Club	1:27.22	1:27.62	204	9
	42.84	1:27.62 (44.78)					

Event 23 Open/Male 50-54 100 LC Meter Back

1	Squires, Andrew	54	Team Anglia Masters Swimming C	1:10.59	1:15.30	321	10
	35.58	1:15.30 (39.72)					

Event 23 Open/Male 65-69 100 LC Meter Back

1	Parkins, Alan	66	Crawley SC	1:15.88	1:19.60	272	10
	39.02	1:19.60 (40.58)					

Event 23 Open/Male 75-79 100 LC Meter Back

1	Preston, Christopher	75	Out To Swim	1:55.41	1:55.57	89	10
	56.23	1:55.57 (59.34)					

Event 23 Open/Male 80-84 100 LC Meter Back

1	Wilson, Roy	80	Ruislip Northwood Masters SC	2:16.62	2:20.07	49	10
	1:06.44	2:20.07 (1:13.63)					

Event 24 Female 18-24 200 LC Meter Fly

1	Counsell, Holly	18	Lewes SC	2:59.81	3:00.42	307	10
	38.74	1:27.56 (48.82)	2:16.54 (48.98)	3:00.42 (43.88)			

Event 24 Female 40-44 200 LC Meter Fly

1	Davis, Hayley	42	Otter SC	2:47.28	2:45.48	398	10
	36.34	1:18.86 (42.52)	2:01.83 (42.97)	2:45.48 (43.65)			
2	Brown, Hayley	43	Witham Dolphins SC	2:54.29	2:57.01	325	9
	40.34	1:25.83 (45.49)	2:12.00 (46.17)	2:57.01 (45.01)			

Event 24 Female 50-54 200 LC Meter Fly

1	MacKenzie, Karen	53	Team Luton Swimming	3:26.01	3:27.46	202	10
	43.65	1:39.05 (55.40)	2:33.03 (53.98)	3:27.46 (54.43)			

Event 24 Female 55-59 200 LC Meter Fly

1	Prior, Judy	56	Enfield Swim Squad	3:18.88	3:26.96	203	10
	45.52	1:38.61 (53.09)	2:32.22 (53.61)	3:26.96 (54.74)			

Event 24 Open/Male 25-29 200 LC Meter Fly

1	Vu, Victor	28	Southwark Aquatics SC	2:34.82	2:39.09	333	10
	32.86	1:12.48 (39.62)	1:54.33 (41.85)	2:39.09 (44.76)			

Event 24 Open/Male 45-49 200 LC Meter Fly

1	Rahmede, Christoph	47	Newham & University of East Lo	2:40.06	2:39.93	328	10
	35.02	1:14.77 (39.75)	1:57.36 (42.59)	2:39.93 (42.57)			

Event 24 Open/Male 50-54 200 LC Meter Fly

1	Acland, Adam	50	Teddington SC	2:37.59	2:35.46	357	10
	34.27	1:13.89 (39.62)	1:55.72 (41.83)	2:35.46 (39.74)			

Event 24 Open/Male 55-59 200 LC Meter Fly

1	Wallace, Ian	56	Newham & University of East Lo	2:35.76	3:07.88	202	10
	40.89	1:28.26 (47.37)	2:19.10 (50.84)	3:07.88 (48.78)			

Event 25 Female 18-24 400 LC Meter Free

1	Tate, Hannah	22	City of Cambridge SC	5:07.07	5:05.01	459	10
	33.69	1:11.88 (38.19)	1:50.71 (38.83)	2:30.25 (39.54)			
	3:09.52 (39.27)	3:49.07 (39.55)	4:27.63 (38.56)	5:05.01 (37.38)			
2	Kayani, Amina	22	Bor of Waltham Forest (Gators)	9:11.10	9:26.54	71	9
	59.06	2:05.45 (1:06.39)	3:17.15 (1:11.70)	4:27.15 (1:10.00)			
	5:39.41 (1:12.26)	6:53.92 (1:14.51)	8:09.63 (1:15.71)	9:26.54 (1:16.91)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 25 Female 25-29 400 LC Meter Free**

1	Goff, Hattie	26	Otter SC	5:00.56	5:05.07	459	10
	34.37	1:12.88 (38.51)	1:52.08 (39.20)	2:32.53 (40.45)			
	3:10.61 (38.08)	3:49.13 (38.52)	4:27.73 (38.60)	5:05.07 (37.34)			
2	Renton, Molly	25	Camden Swiss Cottage SC	5:08.75	5:19.56	399	9
	35.16	1:14.98 (39.82)	1:55.18 (40.20)	2:36.24 (41.06)			
	3:16.57 (40.33)	3:57.96 (41.39)	4:38.99 (41.03)	5:19.56 (40.57)			

Event 25 Female 30-34 400 LC Meter Free

1	Cordeaux, Grace	30	Out to Swim London	NT	5:14.92	417	10
	33.68	1:12.04 (38.36)	1:52.33 (40.29)	2:32.97 (40.64)			
	3:13.97 (41.00)	3:54.97 (41.00)	4:35.80 (40.83)	5:14.92 (39.12)			
2	Clarke, Sarah-Louise	32	Loughborough Town SC	6:35.48	6:21.46	234	9
	41.78	1:29.59 (47.81)	2:18.18 (48.59)	3:05.57 (47.39)			
	3:53.46 (47.89)	4:41.53 (48.07)	5:31.49 (49.96)	6:21.46 (49.97)			

Event 25 Female 35-39 400 LC Meter Free

1	Keen, Emma	36	Out To Swim	5:23.45	5:17.50	407	10
	34.44	1:14.28 (39.84)	1:55.87 (41.59)	2:37.66 (41.79)			
	3:19.35 (41.69)	4:00.45 (41.10)	4:40.22 (39.77)	5:17.50 (37.28)			
2	Dinsdale-Young, Alice	38	Otter SC	5:20.61	5:21.55	392	9
	34.93	1:14.53 (39.60)	1:55.37 (40.84)	2:37.04 (41.67)			
	3:18.43 (41.39)	4:00.31 (41.88)	4:41.66 (41.35)	5:21.55 (39.89)			
3	Conway, Fiona	36	Loughborough Town SC	5:48.45	5:56.74	287	8
	40.56	1:25.13 (44.57)	2:10.69 (45.56)	2:56.60 (45.91)			
	3:42.14 (45.54)	4:27.75 (45.61)	5:12.95 (45.20)	5:56.74 (43.79)			
4	McCourt, Alexandra	35	Diss Otters SC	6:26.92	6:25.42	227	7
	41.89	1:29.21 (47.32)	2:18.87 (49.66)	3:07.97 (49.10)			
	3:57.96 (49.99)	4:48.67 (50.71)	5:38.38 (49.71)	6:25.42 (47.04)			

Event 25 Female 40-44 400 LC Meter Free

1	Stevens, Katherine	44	Saxon Crown (Lewisham) SC	5:46.72	5:47.60	310	10
	38.28	1:20.93 (42.65)	2:05.13 (44.20)	2:49.77 (44.64)			
	3:34.75 (44.98)	4:20.17 (45.42)	5:04.82 (44.65)	5:47.60 (42.78)			
2	Ha, Sophia	40	Frognal Masters Swimming Club	6:04.42	6:00.86	277	9
	41.12	1:28.62 (47.50)	2:16.85 (48.23)	3:04.80 (47.95)			
	3:50.19 (45.39)	4:36.00 (45.81)	5:20.15 (44.15)	6:00.86 (40.71)			
3	Doggett-Brookes, Aine	44	South Beds Masters Swimming Cl	6:01.09	6:03.45	271	8
	40.83	1:25.46 (44.63)	2:10.90 (45.44)	2:57.62 (46.72)			
	3:45.50 (47.88)	4:32.86 (47.36)	5:19.23 (46.37)	6:03.45 (44.22)			
4	Zmarjova, Anastassia	42	Greenwich Royals SC	7:51.57	7:49.19	126	7
	47.85	1:45.35 (57.50)	2:46.18 (1:00.83)	3:47.26 (1:01.08)			
	4:48.79 (1:01.53)	5:50.35 (1:01.56)	6:52.26 (1:01.91)	7:49.19 (56.93)			

Event 25 Female 45-49 400 LC Meter Free

1	Long, Lizzie	46	Rochford & District SC	5:21.03	5:35.87	344	10
	36.72	1:18.59 (41.87)	2:01.92 (43.33)	2:44.99 (43.07)			
	3:28.25 (43.26)	4:11.53 (43.28)	4:54.39 (42.86)	5:35.87 (41.48)			
2	Tsang, Alaine	45	Newham & University of East Lo	6:03.65	6:05.30	267	9
	40.23	1:24.86 (44.63)	2:13.19 (48.33)	2:59.95 (46.76)			
	3:49.30 (49.35)	4:36.04 (46.74)	5:22.50 (46.46)	6:05.30 (42.80)			
3	Green, Kirsty	49	Hillingdon Swimming Club	6:29.24	6:46.28	194	8
	46.98	1:36.58 (49.60)	2:28.38 (51.80)	3:20.04 (51.66)			
	4:12.14 (52.10)	5:04.28 (52.14)	5:56.31 (52.03)	6:46.28 (49.97)			
4	Pandya, Roopa	48	Camden Swiss Cottage SC	7:35.82	8:06.15	113	7
	55.26	1:55.44 (1:00.18)		3:59.83 ()			
	5:03.68 (1:03.85)	6:06.08 (1:02.40)	7:06.77 (1:00.69)	8:06.15 (59.38)			

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1	Tarr, Elizabeth	50	Teddington SC	5:03.53	5:05.89	455	10
	35.50	1:14.31 (38.81)	1:53.62 (39.31)	2:32.60 (38.98)			
	3:11.10 (38.50)	3:49.75 (38.65)	4:28.52 (38.77)	5:05.89 (37.37)			
2	Shivik, Maida	52	Camden Swiss Cottage SC	6:02.39	5:57.39	285	9
	40.74	1:26.08 (45.34)	2:12.49 (46.41)	2:58.41 (45.92)			
	3:44.39 (45.98)	4:29.98 (45.59)	5:14.71 (44.73)	5:57.39 (42.68)			
3	Hopkins, Joy	51	Seagulls Swimming Club	6:14.57	6:20.42	236	8
	43.28	1:30.02 (46.74)	2:18.45 (48.43)	3:06.98 (48.53)			
	3:55.78 (48.80)	4:44.66 (48.88)	5:33.84 (49.18)	6:20.42 (46.58)			
4	Cowie, Alison	53	Basildon and Phoenix SC	7:07.60	7:35.85	137	7
	51.03	1:47.89 (56.86)	2:45.85 (57.96)	3:44.37 (58.52)			
	4:42.93 (58.56)	5:41.65 (58.72)	6:40.29 (58.64)	7:35.85 (55.56)			

Event 25 Female 55-59 400 LC Meter Free

1	Kelly-Onay, Lindsay	59	Wantage White Horses	6:01.40	5:52.31	298	10
	39.58	1:23.62 (44.04)	2:08.75 (45.13)	2:53.99 (45.24)			
	3:39.08 (45.09)	4:24.48 (45.40)	5:09.16 (44.68)	5:52.31 (43.15)			
2	King, Kate	58	Wycombe District SC	6:00.10	6:11.50	254	9
	42.44	1:29.83 (47.39)	2:17.54 (47.71)	3:05.07 (47.53)			
	3:52.07 (47.00)	4:39.27 (47.20)	5:26.53 (47.26)	6:11.50 (44.97)			
3	Adams, Zorika	56	Camden Swiss Cottage SC	6:33.70	6:33.89	213	8
	44.82	1:35.00 (50.18)	2:26.15 (51.15)	3:16.67 (50.52)			
	4:07.48 (50.81)	4:58.43 (50.95)	5:47.06 (48.63)	6:33.89 (46.83)			

Event 25 Female 60-64 400 LC Meter Free

1	Shaw, Elizabeth	60	Otter SC	5:40.68	5:50.81	302	10
	39.42	1:23.14 (43.72)	2:07.75 (44.61)	2:52.88 (45.13)			
	3:38.12 (45.24)	4:23.31 (45.19)	5:07.99 (44.68)	5:50.81 (42.82)			
2	Harris, Helen	60	Larkfield SC	5:47.46	5:53.46	295	9
	39.49	1:23.81 (44.32)	2:08.88 (45.07)	2:54.67 (45.79)			
	3:40.13 (45.46)	4:25.53 (45.40)	5:10.28 (44.75)	5:53.46 (43.18)			
3	Welham, Sue	62	St Albans Masters SC	5:57.96	5:57.24	286	8
	40.75	1:25.42 (44.67)	2:12.04 (46.62)	2:58.09 (46.05)			
	3:43.82 (45.73)	4:29.62 (45.80)	5:14.73 (45.11)	5:57.24 (42.51)			

Event 25 Female 65-69 400 LC Meter Free

1	Baker, Frances	66	Spencer Swim Team	5:51.77	6:32.49	215	10
	43.86	1:33.22 (49.36)	2:23.00 (49.78)	3:14.04 (51.04)			
	4:04.67 (50.63)	4:55.15 (50.48)	5:44.54 (49.39)	6:32.49 (47.95)			
2	Hartle, Catherine	68	City of Sheffield Swim Squad L	6:10.32	6:40.02	203	9
	45.29	1:35.28 (49.99)	2:26.22 (50.94)	3:17.76 (51.54)			
	4:08.60 (50.84)	4:59.44 (50.84)	5:49.91 (50.47)	6:40.02 (50.11)			

Event 25 Open/Male 30-34 400 LC Meter Free

1	Woodcock, Dean	34	City of Bristol SC	4:41.44	4:38.62	492	10
	30.60	1:04.83 (34.23)	1:40.10 (35.27)	2:16.24 (36.14)			
	2:52.02 (35.78)	3:28.31 (36.29)	4:03.85 (35.54)	4:38.62 (34.77)			
2	Chadwick, Matthew	32	City Of Ely Amateur Swimming C	5:09.65	5:13.84	344	9
	34.48	1:13.35 (38.87)	1:53.12 (39.77)	2:33.49 (40.37)			
	3:13.07 (39.58)	3:54.02 (40.95)	4:34.58 (40.56)	5:13.84 (39.26)			
3	Georgiev, Ivan	34	AC East London	6:10.09	6:19.67	194	8
	40.90	1:27.76 (46.86)	2:17.10 (49.34)	3:06.54 (49.44)			
	3:56.45 (49.91)	4:45.73 (49.28)	5:34.27 (48.54)	6:19.67 (45.40)			

Event 25 Open/Male 35-39 400 LC Meter Free

1	Romero, Alejandro	37	Tower Hamlets SC	4:44.19	4:51.66	429	10
	33.36	1:09.10 (35.74)	1:45.73 (36.63)	2:22.42 (36.69)			
	3:00.09 (37.67)	3:37.91 (37.82)	4:16.07 (38.16)	4:51.66 (35.59)			

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2	Warner, Adam	36	Enfield Swim Squad	5:00.73	5:04.35	378	9
	33.19	1:10.44 (37.25)	1:49.62 (39.18)	2:29.81 (40.19)			
	3:09.15 (39.34)	3:48.86 (39.71)	4:28.36 (39.50)	5:04.35 (35.99)			
3	Arandia, Lloyd Anthony	39	Out To Swim	5:26.97	5:35.98	281	8
	37.52	1:19.40 (41.88)	2:02.62 (43.22)	2:46.44 (43.82)			
	3:30.21 (43.77)	4:13.93 (43.72)	4:56.34 (42.41)	5:35.98 (39.64)			
4	Castro, Diogo	38	Out To Swim	8:13.87	8:14.90	87	7
	50.33	1:49.52 (59.19)	2:52.13 (1:02.61)	3:56.48 (1:04.35)			
	5:00.83 (1:04.35)	6:06.42 (1:05.59)	7:12.43 (1:06.01)	8:14.90 (1:02.47)			

Event 25 Open/Male 40-44 400 LC Meter Free

1	Thomas, Kevin	40	Hillingdon Swimming Club	5:19.26	5:26.37	306	10
	34.56	1:13.69 (39.13)	1:55.35 (41.66)	2:37.06 (41.71)			
	3:19.26 (42.20)	4:02.57 (43.31)	4:45.22 (42.65)	5:26.37 (41.15)			

Event 25 Open/Male 45-49 400 LC Meter Free

1	Turner, Ross	46	Rugby SC	4:59.62	5:15.91	338	10
	32.18	1:09.05 (36.87)	1:48.65 (39.60)	2:29.77 (41.12)			
	3:11.09 (41.32)	3:52.50 (41.41)	4:34.35 (41.85)	5:15.91 (41.56)			

Event 25 Open/Male 50-54 400 LC Meter Free

1	Morgan, Christopher	54	Newham & University of East Lo	5:00.59	5:33.26	287	10
	37.31	1:18.87 (41.56)	2:01.62 (42.75)	2:44.24 (42.62)			
	3:26.65 (42.41)	4:09.23 (42.58)	4:51.86 (42.63)	5:33.26 (41.40)			

Event 25 Open/Male 55-59 400 LC Meter Free

1	Dixon, Peter	58	Tower Hamlets SC	4:31.94	4:45.63	457	10
	31.53	1:06.62 (35.09)	1:42.92 (36.30)	2:19.28 (36.36)			
	2:55.94 (36.66)	3:33.00 (37.06)	4:10.17 (37.17)	4:45.63 (35.46)			
2	Clash, Russell	56	Basingstoke Bluefins SC	5:02.08	5:09.58	359	9
	34.14	1:11.99 (37.85)	1:50.92 (38.93)	2:31.03 (40.11)			
	3:11.55 (40.52)	3:51.86 (40.31)	4:31.36 (39.50)	5:09.58 (38.22)			

Event 25 Open/Male 60-64 400 LC Meter Free

1	Pavitt, Richard	64	Bracknell & Wokingham SC	5:15.25	5:08.09	364	10
	34.59	1:13.12 (38.53)	1:52.20 (39.08)	2:31.52 (39.32)			
	3:10.83 (39.31)	3:50.18 (39.35)	4:30.04 (39.86)	5:08.09 (38.05)			
2	Pinel, Ralph	64	Newham & University of East Lo	5:02.94	5:37.46	277	9
	39.46	1:21.29 (41.83)	2:04.04 (42.75)	2:47.03 (42.99)			
	3:29.85 (42.82)	4:13.13 (43.28)	4:56.24 (43.11)	5:37.46 (41.22)			
3	Oddy, Keith	63	Metropolitan Police SC	5:42.08	5:52.05	244	8
	37.85	1:21.42 (43.57)	2:06.94 (45.52)	2:52.72 (45.78)			
	3:38.68 (45.96)	4:24.15 (45.47)	5:08.94 (44.79)	5:52.05 (43.11)			

Event 25 Open/Male 65-69 400 LC Meter Free

1	Parkins, Alan	66	Crawley SC	5:25.66	5:34.92	283	10
	35.79	1:16.31 (40.52)	1:59.06 (42.75)	2:42.43 (43.37)			
	3:26.06 (43.63)	4:09.92 (43.86)	4:54.08 (44.16)	5:34.92 (40.84)			

Event 25 Open/Male 75-79 400 LC Meter Free

1	Kelleher, Kieran	78	Swim Ireland	7:06.86	7:18.13	126	10
	46.70	1:39.55 (52.85)	2:35.05 (55.50)	3:30.69 (55.64)			
	4:28.42 (57.73)	5:26.21 (57.79)	7:18.13 (1:51.92)				

Event 26 Female 18-24 50 LC Meter Free

1	Cookson, Elisha	22	City of Cambridge SC	28.30	28.79	551	10
2	Struc, Cassandra	21	Hillingdon Swimming Club	28.92	29.37	519	9

Event 26 Female 25-29 50 LC Meter Free

1	Shaw, Jessica	27	Otter SC	26.35	27.70	619	10
2	Stanton, Nicole	29	Hackney Anaconda	29.39	29.27	524	9

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3	Lau, Sze Wing Erica	28	Chelsea & Westminster SC	29.29	29.29	523	8
4	Bennett, Lucy	29	Basingstoke Bluefins SC	31.10	30.08	483	7
5	Doughty, Anna	27	Greenwich Royals SC	29.27	30.30	473	6
6	Lennon, Emily	25	Otter SC	31.03	30.95	443	5
7	Staurylaite, Gerda	26	Newham & University of East Lo	31.42	31.00	441	4
8	Fox, Elizabeth	27	Bor of Waltham Forest (Gators)	33.35	31.15	435	3
9	Gracey, Savannah	26	Newham & University of East Lo	33.22	32.28	391	2
10	Ryan-Goff, Meris	29	Frognaal Masters Swimming Club	33.50	32.83	371	1
11	Carton, Alanna	28	Tower Hamlets SC	40.34	41.51	184	

Event 26 Female 30-34 50 LC Meter Free

1	Turner, Sarah	31	Otter SC	28.81	28.73	554	10
2	Yang, Jacquelyn	30	Hackney Anaconda	28.94	29.26	525	9
3	Cumber, Helen	34	Metropolitan Police SC	30.14	29.70	502	8
4	Chan, Janet	31	Otter SC	29.77	29.71	501	7
5	Western, Jaye	31	Flitwick Dolphins SC	31.44	31.93	404	6
6	Hole, Katriona	30	Greenwich Royals SC	31.74	32.71	376	5
7	Davies, Imogen	31	Academy Swim Team Burnham	35.27	36.96	260	4

Event 26 Female 35-39 50 LC Meter Free

1	Hibberd, Laura	36	Hillingdon Swimming Club	28.75	29.11	533	10
2	Phillips, Marian	37	Cally Masters Islington	29.30	30.66	456	9
3	Black, Catriona	37	Camden Swiss Cottage SC	31.41	31.88	406	8
4	Steggles, Amy	37	Diss Otters SC	34.80	34.50	320	7
5	Conway, Fiona	36	Loughborough Town SC	35.64	37.79	243	6

Event 26 Female 40-44 50 LC Meter Free

1	King, Carla	43	South Beds Masters Swimming Cl	28.19	29.15	531	10
2	Ramm, Aimee	44	Great Britain Police	28.27	29.30	523	9
3	Buzo, Eva	40	Otter SC	32.25	31.40	425	8
4	Mercer, Sarah	42	South Downs Trojan Swimming Cl	31.63	31.71	412	7
5	Doggett-Brookes, Aine	44	South Beds Masters Swimming Cl	37.52	35.32	298	6
---	Shatalova, Maria	41	Camden Swiss Cottage SC	31.91	DQ		

4.4 Initiating a start before the signal

Event 26 Female 45-49 50 LC Meter Free

1	Hunt, Sarah	45	Basingstoke Bluefins SC	27.18	27.56	628	10
2	Kenny, Sorrell	47	South Downs Trojan Swimming Cl	28.86	29.30	523	9
3	Summers, Emily	45	St Albans Masters SC	30.74	31.40	425	8
4	Neal, Michelle	46	Team Luton Swimming	31.47	31.70	413	7
5	Spink, Deborah	45	Otter SC	32.24	32.46	384	6
6	Kapitanovova, Michaela	49	Cesky Svaz Plaveckych Sportu	33.32	33.30	356	5
7	Liebenberg, Melanie	46	Newmarket & Dist SC	33.62	34.55	319	4
8	Pandya, Roopa	48	Camden Swiss Cottage SC	38.73	44.34	150	3

Event 26 Female 50-54 50 LC Meter Free

1	Ware, Michelle	53	Woking SC	27.89	28.83	549	10
2	Clarke, Kelly	54	Metropolitan Police SC	30.95	31.47	422	9
3	Walker, Emma	52	Newmarket & Dist SC	31.39	32.09	398	8
4	Edmonds, Anne	54	Newmarket & Dist SC	31.26	32.32	389	7
5	Sacre, Sandra	52	Lewes SC	33.56	32.46	384	6
6	McDonald, Sarah	53	Otter SC	32.93	33.75	342	5
7	Cartwright, Emma	52	Otter SC	33.36	34.95	308	4
8	Williams, Alex	52	Saxon Crown (Lewisham) SC	44.70	44.08	153	3

Event 26 Female 55-59 50 LC Meter Free

1	Proctor, Claire	57	Barnet Copthall SC	31.72	32.96	367	10
2	King, Kate	58	Wycombe District SC	33.54	36.33	274	9

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 26 Female 60-64 50 LC Meter Free**

1	Matless, Debbie	63	City of Norwich SC	31.20	31.66	414	10
2	Beardsworth, Joanne	61	Harrogate District SC	31.96	32.47	384	9
3	Maidment, Suzanne	60	Spencer Swim Team	34.04	33.74	342	8
4	Andrews, Helen	60	Portsmouth Northsea SC	35.00	36.07	280	7
5	Dill, Hayley	62	Camden Swiss Cottage SC	36.68	36.41	272	6
6	Wood, Tiggi	62	Lewes SC	40.52	41.04	190	5
7	Nisbet, Trixie	62	Lewes SC	40.53	43.81	156	4
8	Peet, Ann	60	Transplant Swimming UK SC	41.52	43.88	155	3

Event 26 Female 65-69 50 LC Meter Free

1	Goodair, Christine	69	Kings Cormorants SC	37.71	40.64	196	10
2	Rees, Lynda	66	Ruislip Northwood Masters SC	42.90	44.02	154	9

Event 26 Female 70-74 50 LC Meter Free

1	Jones, Viv	72	Seagulls Swimming Club	35.18	35.28	299	10
2	Boxall, Barbara	71	Black Country n Potteries Mast	35.34	37.03	259	9
3	Lehman, Toni	74	Lewes SC	53.30	56.18	74	8

Event 26 Female 80-84 50 LC Meter Free

1	Alden, Judy	80	Barnet Copthall SC	41.40	42.72	168	10
2	Crosse, Kay	80	Carrick Masters	57.64	59.97	61	9

Event 26 Female 95-99 50 LC Meter Free

1	Asher, Jane	95	Kings Cormorants SC	45.44	58.90	64	10
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Event 27 Open/Male 18-24 50 LC Meter Free

1	Bergonzi, Lorenzo	22	Hillingdon Swimming Club	29.06	30.38	326	10
2	Zachariou, Michael	24	Enfield Swim Squad	32.22	32.67	262	9

Event 27 Open/Male 25-29 50 LC Meter Free

1	Cphoon, Thomas	28	Cirencester SC	22.36	23.21	731	10
2	Tikvica, Andro	29	AC East London	24.31	24.59	614	9
3	Cunningham, Jamie	29	Woking SC	23.85	24.86	595	8
4	Rogers, Matthew	26	Otter SC	24.97	25.22	569	7
5	Adam, George	26	City of Cambridge SC	26.20	25.84	529	6
6	Phelps, Ben	27	South London Open Water SC	25.77	25.85	529	5
7	Curley, Sean	25	Hackney Anaconda	25.94	27.15	456	4
8	Metheus, Anujan	29	Newham & University of East Lo	28.56	27.95	418	3
9	Coccia, Francesco	27	AC East London	28.27	28.55	392	2
10	Sutherland, Luke	28	Greenwich Royals SC	30.26	29.54	354	1
11	Chowdhury, Shagor	25	Barking & Dagenham Aquatics Cl	29.97	30.45	323	

Event 27 Open/Male 30-34 50 LC Meter Free

1	Price, Brad	34	Great Britain Police	23.41	24.28	638	10
2	Trigg, Sonny	31	Okehampton Otters SC	23.73	24.83	597	9
3	Liu, Kim	33	Otter SC	25.84	26.59	486	8
4	Hampson, Joshua	30	Hackney Anaconda	26.44	26.87	471	7
5	Grace, Michael	33	Saxon Crown (Lewisham) SC	26.99	26.99	465	6
6	Juarez Rocha, Humberto	32	Cally Masters Islington	26.61	27.53	438	5
7	Hanlon, Myles	30	Out To Swim	26.72	27.58	435	4
8	Sartorius, Martin	34	Otter SC	25.82	27.60	434	3
9	Strachan, Andrew	31	Out to Swim London	26.64	27.64	432	2
10	Batten, Callum	33	Otter SC	29.93	30.71	315	1
11	Torrie, William	34	Greenwich Royals SC	35.41	32.71	261	

Event 27 Open/Male 35-39 50 LC Meter Free

1	Guyen, Yigit	39	Tower Hamlets SC	25.74	26.40	496	10
2	Mellino, Francesco	35	Hackney Anaconda	27.43	26.98	465	9
3	Watson, Jake	37	Kings Cormorants SC	27.72	27.25	451	8

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****(Event 27 Open/Male 35-39 50 LC Meter Free)**

4	Deriglazov, Leon	39	Camden Swiss Cottage SC	28.48	27.37	445	7
5	Romero, Alejandro	37	Tower Hamlets SC	27.75	27.54	437	6
6	Potvin, Stephen	35	Otter SC	27.91	28.25	405	5
7	Pacheco, Sady	36	South Beds Masters Swimming Cl	28.28	28.54	393	4
8	Bull, Christopher	39	Hackney Anaconda	39.79	31.32	297	3

Event 27 Open/Male 40-44 50 LC Meter Free

1	Hargreaves, Tom	40	Hackney Anaconda	25.13	25.37	559	10
2	Hibbert, Andrew	44	Teddington SC	25.68	26.08	515	9
3	Grant, Nicholas	41	Out to Swim London	31.07	29.41	359	8
4	Jay, Mikko	40	Black Country n Potteries Mast	30.37	30.33	327	7
5	Harding, Adam	44	Cally Masters Islington	32.46	30.86	311	6

Event 27 Open/Male 45-49 50 LC Meter Free

1	North, Sean	46	Guildford City Swimming Club	24.56	24.50	621	10
2	Roberts, William	47	Tower Hamlets SC	24.58	25.64	542	9
3	Barraclough, John	45	Newcastle SwimTeam	29.48	29.68	349	8
4	Rudd, Barnaby	48	Woking SC	30.26	30.62	318	7
5	Hillis, Gordon	45	Rushmoor Royals SC	32.84	32.30	271	6

Event 27 Open/Male 50-54 50 LC Meter Free

1	Bransby, Craig	52	Tower Hamlets SC	25.14	24.98	586	10
2	Allen, Paul	54	Boston Amateur SC	26.05	26.99	465	9
3	Smerkis, Viacheslav	54	Kings Cormorants SC	27.44	27.64	432	8
4	Squires, Andrew	54	Team Anglia Masters Swimming C	27.36	28.23	406	7
5	O'Brien, Sean	53	Basingstoke Bluefins SC	28.28	29.39	360	6
6	Mckechnie, Jim	51	Honiton SC	30.07	30.37	326	5

Event 27 Open/Male 55-59 50 LC Meter Free

1	Hodgson, Michael	59	Woking SC	25.12	26.19	508	10
2	Belcham, Ade	59	Crawley SC	26.75	26.83	473	9
3	Proctor, Christopher	57	Barnet Cophall SC	27.37	28.67	387	8
4	Lee, Edmond	59	Out to Swim London	37.34	39.04	153	7

Event 27 Open/Male 60-64 50 LC Meter Free

1	Reynolds, Mark	63	Barnet Cophall SC	26.72	27.84	423	10
2	Long, Peter	63	Wincanton SC	27.28	28.01	416	9
3	Williams, Simon	63	Otter SC	29.27	29.09	371	8
4	Pinel, Ralph	64	Newham & University of East Lo	27.74	30.35	327	7
5	Partridge, Mark	63	Stroud Masters SC	30.24	30.73	315	6
6	Fresher, Martyn	64	City Of Ely Amateur Swimming C	29.56	30.78	313	5
7	Attwood, Phil	61	Godalming Asc	32.52	33.54	242	4
8	Waters, Timothy	61	Beckenham SC	33.66	34.73	218	3

Event 27 Open/Male 65-69 50 LC Meter Free

1	Cartwright, Paul	65	Camden Swiss Cottage SC	30.44	30.16	333	10
2	Wright, Terry	65	Bracknell & Wokingham SC	31.24	31.98	279	9
3	Burrige, Nicholas	67	Portsmouth Northsea SC	33.75	33.37	246	8

Event 27 Open/Male 70-74 50 LC Meter Free

1	Woollard, Ian	72	Barnet Cophall SC	35.06	34.92	214	10
2	Appleby, Martin	73	Ruislip Northwood Masters SC	37.20	39.10	152	9

Event 27 Open/Male 75-79 50 LC Meter Free

1	Wilson, Douglas	79	City of Cambridge SC	34.23	35.01	213	10
2	Shead, David	76	Lewes SC	40.45	42.56	118	9
3	Webster, Michael	78	Out to Swim London	39.96	43.48	111	8

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 27 Open/Male 80-84 50 LC Meter Free**

1	Dunn, Chris	80	Hatfield SC	30.11	32.32	270	10
2	Curtis, Lee	81	Brighton Dolphin SC	40.40	46.80	89	9
3	Wilson, Roy	80	Ruislip Northwood Masters SC	51.37	52.90	61	8

Event 28 Mixed 100-119 4x50 LC Meter Medley Relay

1	City of Cambridge SC	A		NT	2:04.99		10
	1) Tate, Hannah W22	2) Potts, Martin M32	3) Adam, George M26	4) Cookson, Elisha W22			
	35.90	1:08.74 (32.84)	1:36.78 (28.04)	2:04.99 (28.21)			
2	Otter SC	A		NT	2:06.41		9
	1) Steenbergen, Michanne W34	2) Patel, Josh M33	3) Ambrose, Sarah W24	4) Robinson, Harry M28			
	33.95	1:08.55 (34.60)	1:40.75 (32.20)	2:06.41 (25.66)			

Event 28 Mixed 120-159 4x50 LC Meter Medley Relay

1	Otter SC	B		NT	2:03.17		10
	1) Ping, Lei W34	2) Liu, Kim M33	3) Lawman, Lucas M24	4) Turner, Sarah W31			
	35.66	1:07.88 (32.22)	1:34.39 (26.51)	2:03.17 (28.78)			
2	Newham & University of Eas	A		2:03.21	2:10.93		9
	1) Evans, George M31	2) Leahy, Sean M36	3) Jaeggi, Christine W45	4) Benson, Megan W28			
	31.78	1:04.84 (33.06)	1:39.52 (34.68)	2:10.93 (31.41)			
3	Greenwich Royals SC	A		NT	2:20.97		8
	1) Doughty, Anna W27	2) Torrie, William M34	3) Falla, Lauren W40	4) Sutherland, Luke M28			
	34.82	1:17.01 (42.19)	1:50.25 (33.24)	2:20.97 (30.72)			

Event 28 Mixed 160-199 4x50 LC Meter Medley Relay

1	City Of Ely Amateur Swimmi	A		2:20.13	2:19.31		10
	1) Smith, Sarah W44	2) Fresher, Martyn M64	3) Chadwick, Matthew M32	4) Kershaw, Hannah W38			
	38.00	1:15.76 (37.76)	1:47.97 (32.21)	2:19.31 (31.34)			

Event 28 Mixed 200-239 4x50 LC Meter Medley Relay

1	Basingstoke Bluefins SC	A		NT	1:58.68		10
	1) Coster, Lizzie W47	2) Bennell, Martin M49	3) Turner, Fleur W50	4) Turner, Spencer M57			
	32.72	1:01.89 (29.17)	1:33.57 (31.68)	1:58.68 (25.11)			

Event 29 Female 120-159 4x50 LC Meter Medley Relay

1	Otter SC	A		NT	2:12.28		10
	1) Shaw, Jessica W27	2) Ping, Lei W34	3) Steenbergen, Michanne W34	4) Dinsdale-Young, Alice W38			
	29.99	1:07.99 (38.00)	1:41.28 (33.29)	2:12.28 (31.00)			
2	Newmarket & Dist SC	A		NT	2:22.02		9
	1) Sampher, Bethany W27	2) Niel, Eleanor W25	3) Walker, Emma W52	4) Liebenberg, Melanie W46			
	34.00	1:12.69 (38.69)	1:47.24 (34.55)	2:22.02 (34.78)			
3	Newham & University of Eas	A		2:26.51	2:30.17		8
	1) Tsang, Alaine W45	2) Staurylaite, Gerda W26	3) Jaeggi, Christine W45	4) Benson, Megan W28			
	39.94	1:21.92 (41.98)	1:57.49 (35.57)	2:30.17 (32.68)			
4	Frognaal Masters Swimming	A		NT	2:43.89		7
	1) Ryan-Goff, Meris W29	2) Ha, Sophia W40	3) Hurst, Natalie W33	4) Horwitz, Karen W52			
	40.91	1:20.07 (39.16)	2:00.92 (40.85)	2:43.89 (42.97)			

Event 29 Female 200-239 4x50 LC Meter Medley Relay

1	Camden Swiss Cottage SC	A		NT	2:52.53		10
	1) Knowles, Elizabeth W66	2) Dill, Hayley W62	3) Shatalova, Maria W41	4) Adams, Zorika W56			
	51.06	1:30.43 (39.37)	2:12.28 (41.85)	2:52.53 (40.25)			

Event 29 Female 280-319 4x50 LC Meter Medley Relay

1	Black Country n Potteries M:	A		2:37.01	2:31.88		10
	1) Tunnicliffe, Kathleen W74	2) Heath, Amanda W69	3) Gowland, Lindsey W69	4) Fordham, Alyson W70			
	42.63	1:24.62 (41.99)	2:00.85 (36.23)	2:31.88 (31.03)			

Event 30 Open/Male 72-99 4x50 LC Meter Medley Relay

1	Okehampton Otters SC	A		1:50.00	1:50.71		10
	1) Polling, Dom M29	2) Pickering, Jack M28	3) Tyson, Jake M29	4) Trigg, Sonny M31			
	26.66	58.83 (32.17)	1:25.90 (27.07)	1:50.71 (24.81)			

SE London Region Masters Competition 2026 - 16/05/2026**Results - Saturday 16 May 2026, Warm Up 1pm****Event 30 Open/Male 120-159 4x50 LC Meter Medley Relay**

1	Tower Hamlets SC	A		1:43.42	1:45.00	10
	1) Sawkins, Andrew M28	2) Mak, Manson M27	3) Lo, Jeffrey M31	4) Brooks, Matthew M37		
	27.33	57.54 (30.21)	1:22.37 (24.83)	1:45.00 (22.63)		
2	Otter SC	A		NT	1:54.74	9
	1) Robinson, Harry M28	2) Lawman, Lucas M24	3) Flockhart, Douglas M43	4) Liu, Kim M33		
	30.22	1:01.97 (31.75)	1:30.06 (28.09)	1:54.74 (24.68)		
3	Newham & University of Eas	A		1:55.71	1:57.31	8
	1) Evans, George M31	2) Shone, Matthew M33	3) Mavericks, Reece M31	4) Leahy, Sean M36		
	31.17	1:04.32 (33.15)	1:33.62 (29.30)	1:57.31 (23.69)		

Event 30 Open/Male 160-199 4x50 LC Meter Medley Relay

1	Basingstoke Bluefins SC	A		NT	1:51.10	10
	1) Small, Liam M40	2) Bennell, Martin M49	3) Espinasse, Olly M42	4) Giltinane, Brendan M40		
	29.74	59.68 (29.94)	1:26.17 (26.49)	1:51.10 (24.93)		
2	Tower Hamlets SC	B		1:49.81	1:51.53	9
	1) Kirlew, Josh M27	2) Cunningham, John M56	3) Iosip, Stefan M26	4) Bransby, Craig M52		
	27.34	1:00.47 (33.13)	1:26.68 (26.21)	1:51.53 (24.85)		

Event 30 Open/Male 200-239 4x50 LC Meter Medley Relay

1	Newham & University of Eas	B		2:18.74	2:30.91	10
	1) Rahmede, Christoph M47	2) Morgan, Christopher M54	3) Wallace, Ian M56	4) Pinel, Ralph M64		
	36.79	1:23.22 (46.43)	1:59.07 (35.85)	2:30.91 (31.84)		