



Masters

NATIONAL CHAMPIONSHIPS 25M

Swim England Masters National Championships 2026 | Ponds Forge, Sheffield | 23 – 25 October

PHASE 1 QUALIFYING TIMES - OPEN/MALE

Para Competitors with swimming classification which is held on the British Swimming Classification Database at the time of entry shall be exempt from qualifying times.

EVENT	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80 & OV
50 Free	00:25.0	00:25.0	00:25.5	00:26.0	00:26.5	00:27.20	00:28.0	00:28.5	00:29.2	00:32.0	00:33.6	00:39.0	NO QUALIFICATION TIMES REQUIRED
100 Free	00:55.0	00:56.0	00:57.5	00:58.0	00:59.0	01:00.0	01:02.0	01:04.0	01:06.0	01:12.0	01:20.0	01:35.0	
200 Free	02:06.00	02:07.00	02:08.00	02:09.00	02:12.00	02:15.00	02:19.00	02:22.00	02:27.00	02:35.00	02:50.00	03:30.00	
400 Free	04:30.00	04:30.00	04:35.00	04:40.00	04:45.00	04:50.00	04:58.00	05:05.00	05:15.00	05:40.00	06:20.00	07:35.00	
800 Free	09:45.00	09:50.00	09:55.00	10:00.00	10:05.00	10:15.00	10:30.00	10:40.00	10:55.00	11:40.00	13:45.00	15:45.00	
1500 Free	19:00.00	19:10.00	19:20.00	19:35.00	19:55.00	20:05.00	20:20.00	20:40.00	21:00.00	23:30.00	25:00.00	26:30.00	
50 Back	00:28:00	00:28:50	00:29:00	00:30:00	00:31:00	00:32.50	00:33.20	00:34:00	00:35:00	00:36:50	00:40:00	00:50:00	
100 Back	01:02.00	01:02.50	01:03.00	01:03.50	01:04.50	01:08.50	01:11.00	01:13.00	01:16.00	01:20.00	01:30.00	01:45.00	
200 Back	02:16.00	02:18.00	02:20.00	02:23.00	02:26.00	02:29.00	02:35.00	02:39.50	02:46.00	03:05.00	03:30.00	03:55.00	
50 Breast	00:31:50	00:31:50	00:32:00	00:32:50	00:33:00	00:34:00	00:35:50	00:36:50	00:37:50	00:39:50	00:44:00	00:55:00	
100 Breast	01:10.00	01:10.50	01:11.00	01:12.00	01:14.00	01:15.50	01:17.50	01:19.50	01:23.00	01:29.00	01:36.00	01:45.00	
200 Breast	02:32.50	02:35.00	02:37.50	02:40.00	02:42.50	02:45.00	02:49.00	03:02.00	03:08.00	03:20.00	03:40.00	04:10.00	
50 Fly	00:27:00	00:27:50	00:28:00	00:28:50	00:29:00	00:29:50	00:30:00	00:31:50	00:33:50	00:36:00	00:40:00	00:50:00	
100 Fly	01:01.00	01:01.50	01:02.50	01:03.50	01:04.50	01:06.00	01:07.50	01:10.00	01:14.00	01:19.00	01:25.00	01:40.00	
200 Fly	02:18.00	02:20.00	02:25.00	02:30.00	02:35.00	02:40.00	02:45.00	02:53.00	03:02.00	03:30.00	04:15.00	04:30.00	
100 IM	01:04.30	01:05.00	01:06.00	01:07.00	01:08.00	01:11.00	01:14.00	01:17.00	01:20.00	01:23.00	01:30.00	01:50.00	
200 IM	02:20.00	02:22.00	02:24.00	02:26.00	02:28.00	02:30.00	02:35.00	02:41.00	02:51.00	03:00.00	03:25.00	03:50.00	
400 IM	05:05.00	05:10.00	05:15.00	05:20.00	05:25.00	05:35.00	05:45.00	05:55.00	06:15.00	07:00.00	07:35.00	08:15.00	

NATIONAL CHAMPIONSHIPS 25M

PHASE 2 QUALIFYING TIMES - OPEN/MALE

Para Competitors with swimming classification which is held on the British Swimming Classification Database at the time of entry shall be exempt from qualifying times.

EVENT	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80 & OV
50 Free	00:28.00	00:28.00	00:29.00	00:29.50	00:31.00	00:31.50	00:32.00	00:33.00	00:33.50	00:34.50	00:37.00	00:40.00	NO QUALIFICATION TIMES REQUIRED
100 Free	01:03.00	01:03.50	01:04.00	01:07.00	01:08.00	01:09.00	01:11.00	01:15.00	01:19.00	01:23.00	01:27.00	01:35.00	
200 Free	02:25.00	02:28.00	02:30.00	02:32.50	02:35.00	02:38.00	02:40.00	02:42.00	02:47.00	02:53.00	03:15.00	03:45.00	
400 Free	05:05.00	05:10.00	05:15.00	05:20.00	05:25.00	05:35.00	05:45.00	05:55.00	06:30.00	07:00.00	07:30.00	08:10.00	
800 Free	10:45.00	11:00.00	11:15.00	11:30.00	11:40.00	11:50.00	12:00.00	12:30.00	13:30.00	14:30.00	15:45.00	17:00.00	
1500 Free	21:00.00	21:15.00	21:30.00	22:00.00	22:30.00	23:00.00	23:30.00	24:30.00	26:00.00	27:30.00	29:30.00	31:30.00	
50 Back	00:33.00	00:33.00	00:33.50	00:34.00	00:35.00	00:36.50	00:38.00	00:40.00	00:42.00	00:45.00	00:49.00	00:55.00	
100 Back	01:17.00	01:18.50	01:20.00	01:22.00	01:24.00	01:26.00	01:28.00	01:30.00	01:32.00	01:35.00	01:45.00	02:00.00	
200 Back	02:40.00	02:45.00	02:50.00	02:55.00	03:00.00	03:05.00	03:15.00	03:25.00	03:35.00	03:45.00	04:00.00	04:20.00	
50 Breast	00:37.00	00:38.00	00:39.00	00:40.00	00:41.00	00:42.00	00:43.00	00:45.00	00:48.00	00:52.00	00:58.00	01:05.00	
100 Breast	01:26.00	01:27.00	01:28.50	01:30.00	01:32.00	01:35.00	01:38.00	01:42.00	01:45.00	01:50.00	02:00.00	02:15.00	
200 Breast	03:08.00	03:11.00	03:14.00	03:17.00	03:20.00	03:25.00	03:32.00	03:40.00	03:50.00	04:05.00	04:30.00	04:55.00	
50 Fly	00:32.00	00:32.30	00:32.50	00:32.70	00:33.20	00:34.00	00:35.00	00:38.00	00:41.00	00:45.00	00:50.00	00:55.00	
100 Fly	01:16.00	01:18.00	01:20.00	01:22.00	01:25.00	01:27.00	01:29.00	01:35.00	01:40.00	01:48.00	01:55.00	02:05.00	
200 Fly	03:00.00	03:05.00	03:10.00	03:15.00	03:20.00	03:30.00	03:40.00	03:50.00	04:05.00	04:20.00	04:40.00	05:00.00	
100 IM	01:19.00	01:20.00	01:21.00	01:23.00	01:27.00	01:31.00	01:35.00	01:39.00	01:45.00	01:52.00	02:00.00	02:10.00	
200 IM	02:55.00	03:00.00	03:05.00	03:10.00	03:15.00	03:20.00	03:25.00	03:30.00	03:40.00	04:00.00	04:20.00	04:40.00	
400 IM	06:00.00	06:10.00	06:20.00	06:30.00	06:40.00	06:50.00	07:10.00	07:15.00	07:30.00	08:20.00	09:00.00	10:30.00	

NATIONAL CHAMPIONSHIPS 25M

PHASE 1 QUALIFYING TIMES - FEMALE

Para Competitors with swimming classification which is held on the British Swimming Classification Database at the time of entry shall be exempt from qualifying times.

EVENT	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80 & OV
50 Free	00:29:00	00:29:50	00:30:0	00:30:50	00:31:00	00:31:50	00:32:50	00:33:00	00:34:50	00:37:50	00:45:00	00:50:00	NO QUALIFICATION TIMES REQUIRED
100 Free	01:04.50	01:05.50	01:06.00	01:06.50	01:07.50	01:09.00	01:11.50	01:14.00	01:19.00	01:25.00	01:30.00	01:42.00	
200 Free	02:20.00	02:22.00	02:23.00	02:24.50	02:26.00	02:32.00	02:39.00	02:46.00	02:53.00	03:00.00	03:10.00	03:40.00	
400 Free	04:53.00	04:58.00	05:03.00	05:08.00	05:13.00	05:20.00	05:27.00	05:39.00	05:50.00	06:15.00	06:40.00	07:30.00	
800 Free	10:30.00	10:32.00	10:35.00	10:45.00	10:55.00	11:15.00	11:35.00	11:50.00	12:05.00	13:00.00	14:30.00	16:00.00	
1500 Free	20:30.00	20:40.00	20:50.00	21:00.00	21:15.00	21:30.00	22:00.00	22:30.00	23:30.00	25:15.00	27:30.00	29:30.00	
50 Back	00:33.00	00:33:50	00:34:00	00:35:00	00:35:50	00:36:00	00:36:50	00:38:00	00:40:00	00:42:00	00:46:00	00:50:00	
100 Back	01:10.00	01:11.00	01:12.00	01:14.50	01:16.50	01:18.00	01:19.50	01:23.00	01:27.00	01:31.00	01:40.00	01:50.00	
200 Back	02:32.50	02:35.00	02:38.00	02:42.00	02:45.00	02:50.00	02:55.00	03:05.00	03:15.00	03:35.00	03:55.00	04:15.00	
50 Breast	00:37.00	00:37:00	00:37:50	00:38:50	00:39:50	00:40:50	00:42.00	00:43.50	00:45:00	00:47:00	00:52:00	00:57:00	
100 Breast	01:20.00	01:21.00	01:22.00	01:25.50	01:26.00	01:27.50	01:30.00	01:35.00	01:39.00	01:44.00	01:58.00	02:10.00	
200 Breast	02:50.00	02:56.00	03:01.00	03:03.00	03:05.00	03:08.00	03:16.00	03:25.00	03:36.00	03:50.00	04:15.00	04:30.00	
50 Fly	00:31:00	00:31:50	00:32:00	00:33:00	00:34:00	00:35:00	00:36:00	00:37:00	00:38:50	00:41:00	00:46:00	00:55:00	
100 Fly	01:10.50	01:11.00	01:11.50	01:12.00	01:15.50	01:19.00	01:22.00	01:25.00	01:28.00	01:40.00	01:50.00	02:10.00	
200 Fly	02:40.00	02:44.00	02:48.00	02:50.00	02:55.00	03:06.00	03:10.00	03:20.00	03:30.00	03:45.00	04:00.00	04:15.00	
100 IM	01:14.00	01:15.00	01:16.00	01:18.00	01:20.00	01:21.00	01:22.00	01:24.00	01:27.50	01:36.00	01:45.00	02:00.00	
200 IM	02:42.00	02:43.00	02:45.00	02:46.00	02:48.00	02:50.00	02:55.00	03:00.00	03:10.00	03:30.00	03:50.00	04:20.00	
400 IM	05:35.00	05:40.00	05:45.00	05:50.00	05:55.00	06:08.00	06:20.00	06:40.00	07:00.00	07:20.00	07:45.00	08:15.00	

NATIONAL CHAMPIONSHIPS 25M

PHASE 2 QUALIFYING TIMES - FEMALE

Para Competitors with swimming classification which is held on the British Swimming Classification Database at the time of entry shall be exempt from qualifying times.

EVENT	18/24	25/29	30/34	35/39	40/44	45/49	50/54	55/59	60/64	65/69	70/74	75/79	80 & OV
50 Free	00:33.00	00:34.00	00:35.00	00:36.00	00:37.00	00:38.00	00:39.00	00:41.00	00:43.00	00:45.00	00:50.00	00:55.00	NO QUALIFICATION TIMES REQUIRED
100 Free	01:19.00	01:20.00	01:21.00	01:22.00	01:24.00	01:26.00	01:28.00	01:33.00	01:40.00	01:45.00	01:50.00	02:00.00	
200 Free	02:50.00	02:52.50	02:55.00	02:57.50	03:02.50	03:05.00	03:10.00	03:20.00	03:35.00	03:50.00	04:10.00	04:30.00	
400 Free	05:45.00	05:50.00	05:55.00	06:00.00	06:10.00	06:20.00	06:30.00	06:40.00	07:10.00	07:40.00	08:20.00	09:00.00	
800 Free	11:30.00	11:40.00	11:50.00	12:00.00	12:10.00	12:20.00	12:35.00	12:50.00	13:15.00	14:00.00	15:00.00	17:00.00	
1500 Free	22:00.00	22:30.00	23:00.00	23:30.00	24:00.00	24:45.00	25:30.00	26:45.00	28:00.00	31:00.00	33:00.00	36:00.00	
50 Back	00:39.00	00:39.50	00:40.00	00:41.00	00:42.00	00:43.50	00:45.00	00:47.00	00:50.00	00:55.00	01:00.00	01:05.00	
100 Back	01:29.00	01:30.00	01:31.00	01:32.00	01:34.00	01:36.00	01:38.00	01:40.00	01:45.00	01:52.50	02:00.00	02:15.00	
200 Back	03:05.00	03:10.00	03:15.00	03:20.00	03:25.00	03:30.00	03:40.00	03:50.00	04:05.00	04:20.00	04:40.00	05:00.00	
50 Breast	00:44.00	00:45.00	00:46.00	00:47.00	00:48.00	00:50.00	00:54.00	00:58.00	01:03.00	01:10.00	01:20.00	01:30.00	
100 Breast	01:38.00	01:39.00	01:40.00	01:42.00	01:44.00	01:48.00	01:52.00	01:58.00	02:10.00	02:20.00	02:30.00	02:40.00	
200 Breast	03:37.00	03:40.00	03:43.00	03:46.00	03:49.00	03:54.00	04:03.00	04:15.00	04:30.00	04:50.00	05:10.00	05:50.00	
50 Fly	00:38.50	00:39.00	00:40.00	00:41.00	00:42.00	00:43.00	00:44.00	00:45.00	00:48.00	00:51.00	00:55.00	01:00.00	
100 Fly	01:28.00	01:30.00	01:32.00	01:34.00	01:37.00	01:40.00	01:44.00	01:48.00	01:53.00	02:10.00	02:32.00	02:50.00	
200 Fly	03:15.00	03:20.00	03:25.00	03:30.00	03:40.00	03:50.00	04:00.00	04:10.00	04:25.00	04:40.00	05:00.00	05:30.00	
100 IM	01:30.00	01:31.00	01:33.00	01:36.00	01:39.00	01:43.00	01:48.00	01:54.00	02:00.00	02:15.00	02:35.00	03:00.00	
200 IM	03:15.00	03:18.00	03:21.00	03:25.00	03:30.00	03:35.00	03:40.00	03:50.00	04:10.00	04:40.00	05:30.00	06:30.00	
400 IM	06:40.00	06:50.00	07:00.00	07:10.00	07:20.00	07:30.00	07:50.00	08:10.00	08:30.00	09:00.00	10:00.00	11:30.00	