

Event Programme

Swim England Diving National Skills Finals 2026

18-19 July | BH Live Active, The Quays, Southampton

Hosted by Swim England South East Region



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Welcome to the National Skills Finals 2026

Swim England South East Region is delighted to be hosting this year's Swim England Diving National Skills Finals.

On behalf of our region, I am pleased to welcome you to BH Live Active, The Quays, home to Southampton Diving Academy.

Congratulations to everyone who has qualified for this year's competition. It is fantastic to see so many entries from a variety of clubs covering the length and breadth of the country.

This year's competition also includes guests from Wales, Scotland and Ireland.

Whether this is your first national event or if you are returning after another successful year of training and competing, we hope you enjoy it and wish you every success.

Lastly, I would like to thank all the volunteers, officials and stakeholders involved in the planning, organisation and delivery of the event, including Southampton Diving Academy and the BH Live Active staff at the Quays.

Without everyone's tireless dedication and support, events such as this one would not be possible for the athletes.

Yours in diving,

Matt Pipe

**Swim England South East Region
Diving Manager**



Photography

We are all aware of the wide range of devices including mobile telephones which have photographic and filming capabilities. This enables the capture of both static and moving images.

It should be acknowledged that the majority of images taken within a Swim England setting are appropriate and taken in good faith. However, images of children and adults can be misused, and sharing images widely without consent may betray a confidence or identify of a child or adult, which could present a risk of harm to that individual if common sense procedures are not followed.

Parents and carers of participants under the age of 18 who wish to take images are requested to focus on their own children as much as reasonably possible and to avoid including other children in images, particularly if those images are being shared with family and friends or through social media platforms. Whilst it is acknowledged that parents/carers wish to celebrate the achievements of their own children when taking part in aquatic events, it should be recognised and respected that other parents/carers may not wish their child's image to be taken and shared in this way.

Swim England encourages all spectators and participants at Swim England events to make themselves familiar with the photography and filming arrangements for the event and be vigilant during that event.

Should individuals have any concerns about photography or filming at the event, this should be brought to the immediate attention of the Swim England Event Officer.

Swim England is committed to ensuring that all children who participate in Swim England activities are able to take part in an enjoyable, safe environment and be safeguarded from harm. If you have any child safeguarding concerns at the event, please contact an Event Officer immediately to disclose your concerns.

Event Photography and Filming

Events will be photographed. Static images will be displayed on the Swim England website www.swimming.org. They may be used to promote the sport at this event and events in the future. In addition, Swim England may use these recordings and images for the purposes of education and training, analysis, pro-motion, performance, development and selection and event analysis, including publications on Swim England social and digital channels.

Event Photography/Video Consent

Close-up and identifiable photographs or videos will be taken at the event in accordance with **Wavepower** and Swim England Privacy Policy (See policy **SE 1046**) and retained for a period of five years. With your permission, close-up and identifiable photographs or videos may be used by Swim England on its website and our social media channels to promote the event and events in the future, and/or for education, analysis and performance development.

If you wish to withdraw your consent or have any concerns with the publication of an image or video, you may do so by contacting nationalevents@swimming.org. Please note that photographs or videos, once published, will be very difficult to recall entirely.



Competition Schedule

Saturday 18 July

Session 1	07.45	B Female + B Open – restricted training
	08.30	Parade preparation and parade
	08.45	Competition
	09.45	Results, certificates and medal presentations
Session 2	10.00	C1 Female + C1 Open – restricted training
	10.55	Parade preparation and parade
	11.15	Competition
	12.45	Results, certificates and medal presentations
Session 3	13.00	C2 Female + C2 Open – restricted training
	13.45	Parade preparation and parade
	14.00	Competition
	15.05	Results, certificates and medal presentations
Session 4	15.20	E1 Female, E1 Open, E2 Female, E2 Open – restricted training
	16.15	Parade preparation and parade
	16.35	Competition
	18.00	Results, certificates and medal presentations

Sunday 19 July

Session 5	07.45	A Female 1m + A Open 3m – restricted training
	08.20	Parade preparation and parade
	08.35	Competition
	09.05	Results, certificates and medal presentations
Session 6	09.20	D1 Female + D1 Open – restricted training
	10.20	Parade preparation and parade
	10.40	Competition
	12.10	Results, certificates and medal presentations
Session 7	12.30	A Open 1m + A Female 3m – restricted training
	13.05	Parade preparation and parade
	13.20	Competition
	13.50	Results, certificates and medal presentations
Session 8	14.05	D2 Female + D2 Open – restricted training
	15.15	Parade preparation and parade
	15.40	Competition
	17.30	Results, certificates and medal presentations



Event Photographer

Official event photography will be provided by **DEphoto**. The photographer holds a valid DBS certificate(s) and is up to date with Child Protection policies.

Shortly after the conclusion of the competition, images will be available to purchase online at <https://dephoto.biz/>

A password will be required to access these images, which will be provided at the event. Please do not share this password on social media.

Photographs of every competitor cannot be guaranteed.



Food and Drink

Hot and cold drinks and snacks can be brought from the on-site café.

Event Merchandise

Event Hoodies and T-shirts

SwimPath is offering a range of commemorative event merchandise that can be purchased [here](#).

Choose your clothing option, colour and personalisation. Orders will be dispatched direct to your home.

T-shirts are priced at £22.99 and hoodies at £39.99. Free delivery on orders over £24.99.

This merchandise can only be purchased online from SwimPath. No hoodies or T-shirts will be available to buy at the event.



Event Conditions

Group E1 (8 years), E2 (9 years), D1 (10 years), D2 (11 years)

Age Category	Height	Skills	Dive No.	Degree of Difficulty
E1 (8)	Section 1 (Poolside)	1. Plain header (3-bubble rip)	101A	1.0
		2. Armswing back jump tucked	200C	1.0
		3. Forward dive tucked	101C	1.0
		4. Armswing forward jump pike	100B	1.0
E2 (9)	Section 2 (1m)	5. 2-bounce forward jump straight	100A	1.0
		6. T armswing back jump straight	200A	1.0
		7 – 8. One dive from List A and one dive from List B (in any order)		DD to count
D1 (10)	Section 3 (3m)	9. Forward fall straight	10A	1.2
		10. Forward tuck to pike roll	11C	1.2
		11. Back fall straight (hands on thighs)	20A	1.4
		12. Crouched back tuck roll	21C	1.3
D2 (11)				

List A (1m)

101C, 101B, 103C, 103B, 401C, 401B

List B (1m)

Standing back fall straight 20A (1.0), 201C, 201B, 301C, 301B

Group E and Group D – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start.

Back take-offs are to be performed with a T-start armswing.

Group E – Inward dives may be performed starting with the arms above the head (no armswing) OR a T-start armswing.

Group D – Inward dives are to be performed with a T-start armswing.



Group C1 (12 years), C2 (13 years)

Age Category	Height	Skills	Dive No.	Degree of Difficulty
C1 (12)	Section 1 (1m)	1. Hurdle step forward jump straight	100A	1.0
		2. T armswing back jump straight	200A	1.0
		3 – 5. Three dives from List C (Three groups must be covered)		DD to count
C2 (13)	Section 2 (3m)	6. Forward line-up from line-up list		DD to count
		7. Back line-up from line-up list		DD to count
		8 – 10. Three dives from List D (Three groups must be covered)		DD to count

List C (1m)

101C, 101B, 103C, 103B, 401C, 401B, 201C, 201B, 301C, 301B

Line-up list (3m)

10A, 11C, 20A, 21C

List D (3m)

101C, 101B, 103C, 103B, 401C, 401B, 403C, 201C, 201B, 301C, 301B, 20A*, 21C*

*Back line-up tariffs 1.0

Group C – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

Back take-offs are to be performed with a T-start armswing.

Inward dives are to be performed with a T-start armswing.



Group B (14/15 years)

Age Category	Height	Dives	Degree of Difficulty
B (14/15)	Section 1 (1m)	1 – 5. Either 3 dives from List E + 2 dives from List F OR 2 dives from List E + 3 dives from List F (in either case, at least 2 groups must be covered from each list)	DD to count
	Section 2 (3m)	6 – 10. 5 dives from List G (at least 3 groups must be covered)	DD to count

List E (1m)

101C, 101B, 103C, 103B, 104C, 401C, 401B, 402C, 403C – repeats permitted (1.0) *

List F (1m)

201C, 201B, 202C, 203C, 301C, 301B, 5122D, 5221D – repeats permitted (1.0) *

List G (3m)

101C, 101B, 103C, 103B, 105C, 401C, 401B, 403C, 403B, 201C, 201B, 203C, 203B, 301C, 301B, 303C – repeats permitted (1.0) *

*Dives of the same number on the same board are considered to be a repeat, even if they are in a different shape.

Group B and Group A – Optional Dives

Forward and reverse dives are to be performed with either a standing T-start armswing OR a 2-bounce start OR with a hurdle step.

Back take-offs are to be performed with a T-start armswing.

Inward dives are to be performed with a T-start armswing.

Group A (16/18 years)

Age Category	Height	Dives	Degree of Difficulty
A (16/18)	1m event	3 dives from 3 groups (5.4 dd) + 3 dives from 3 groups (6.9 dd) Minimum 4 groups to be covered (no repeats)	DD to count
	3m event	3 dives from 3 groups (5.7 dd) + 3 dives from 3 groups (7.9 dd) Minimum 4 groups to be covered (no repeats)	DD to count

Event Formats

Groups E and D are run in a 'circuit' format with groups of competitors simultaneously competing on poolside, 1m and 3m, enabling 12 rounds to be completed in the same amount of time as four.

Groups C and B are run in a 'circuit' format with groups of competitors simultaneously competing on 1m and 3m, enabling 10 rounds to be completed in the same amount of time as five.

The winner is the diver with the highest combined points total from ALL stations added together.

Group A has separate 1m and 3m events.

Entries

Saturday 18 July

Session One

B Female (14/15)

Name	Club	Score	Rank
Skye Walter	Southend Diving		
Poppy Roberts	Southend Diving		
Madeleine Kelly	City of Bradford Esprit Diving		
Lily Bryant	Southampton Diving Academy		
Leah Holt	Sandwell Diving Club		
Isobel Stefanovic	Southend Diving		
Isabel Wright	Dacorum Diving Club		
Freya Swaisland	Havering Cormorants DC		
Amelie Holland	Amersham Swimming Club		
Maya Philpot	Maidstone Diving Team		
Louisa Dovey	Star Diving Club Guildford		
Rosa Bates	Tunbridge Wells Diving Club		
Eve Dallas (guest)	Edinburgh Diving Club		
Lila Ross (guest)	Edinburgh Diving Club		
Freya Olsson (guest)	Edinburgh Diving Club		



B Open (14/15)

Name	Club	Score	Rank
Leo Thompson	Sandwell Diving Club		
Max Duggan	Luton Diving Club		
Anthony Marton	Amersham Swimming Club		
Kyle Walls (guest)	Aberdeen Diving Club		
Tadhg Smyth (guest)	Shamrock Diving Club		

Session Two

C1 Female (12)

Name	Club	Score	Rank
Taliyah Clarke	Southampton Diving Academy		
Stephie Clarke	Plymouth Diving		
Prudence Halfacre	Southend Diving		
Olivia Canto	Dive London Aquatics Club		
Molly Tomlinson	Albatross Diving Club Reading		
Halle Watson	Southend Diving		
Erin Miller	Southampton Diving Academy		
Emma Wood	Luton Diving Club		
Daisy Roberts	Southend Diving		
Cora Murray	City of Sheffield Diving Club		
Charlotte Buthee	Amersham Swimming Club		
Charleigh Sharpe	Plymouth Diving		
Brooke Reid (guest)	Aberdeen Diving Club		
Beatrice Toanca	Havering Cormorants DC		
Amelie Richardson	Southend Diving		
Amelia Farrar	City of Leeds Diving Club		
Emma Etheridge	Southampton Diving Academy		
Avery Wraith (guest)	Aberdeen Diving Club		
Honor-Grace Kelly	Plymouth Diving		
Emily Hughes-Burnell	Luton Diving Club		

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Abigail Earl	Plymouth Diving		
Saoirse Smyth (guest)	Shamrock Diving Club		

C1 Open (12)

Name	Club	Score	Rank
Oliver Tebbutt	Corby Steel Diving Club		
Ethan Nolan	Amersham Swimming Club		
Joseph Lobley	City of Bradford Esprit Diving		
Reuben Foster	Southend Diving		
George Forster	Star Diving Club Guildford		
William Davidson	Star Diving Club Guildford		
Hamish Darrah	Albatross Diving Club Reading		
Arthur Coxhead	Southend Diving		
Robert Caia	Corby Steel Diving Club		
Fox Donald	Dive London Aquatics Club		

Session Three

C2 Female (13)

Name	Club	Score	Rank
Safwa Sandford	Dive London Aquatics Club		
Ruby Royall	Albatross Diving Club Reading		
Rose Kerrigan-Hird	Sandwell Diving Club		
Melodie Meeds	Cambridge Dive Team		
Imogen-Rose Hockings	Plymouth Diving		
Hope Mansell	Sandwell Diving Club		
Flossie Smith	Plymouth Diving		
Esme Guild (guest)	Edinburgh Diving Club		
Ava Beer	Dive London Aquatics Club		
Aowyn Wrigley	City of Sheffield Diving Club		
Amelia Eddy	Southend Diving		
Amelie Gardner	Maidstone Diving Team		

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Betty Tickle	Dive London Aquatics Club		
Phoebe Carter Burch	Cambridge Dive Team		
Winter McMurray	Manchester Aquatics Centre DC		
Sofia Wright	City of Leeds Diving Club		

C2 Open (13)

Name	Club	Score	Rank
Makar Smyk	Albatross Diving Club Reading		
Ian Smith	Sandwell Diving Club		
Oscar Shelton	City of Sheffield Diving Club		
Oliver Salter	Albatross Diving Club Reading		
Edward Salter	Albatross Diving Club Reading		
Blair Riddoch (guest)	Aberdeen Diving Club		
Matthew Basham	Albatross Diving Club Reading		
Fionn Richardson (guest)	Shamrock Diving Club		

Session Four

E1 Female (8)

Name	Club	Score	Rank
Octavia Steer	Cambridge Dive Team		
Grace Rotherwell	Burscough Diving Club		
Reeva Brown	Dive London Aquatics Club		
Clara Syazeddy	Sandwell Diving Club		

E1 Open (8)

Name	Club	Score	Rank
Ray Simpson	Southend Diving		
Austin Bolitho	Plymouth Diving		

E2 Female (9)

Name	Club	Score	Rank
Zaira De Vries	City of Sheffield Diving Club		

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Stella Xi (guest)	Edinburgh Diving Club		
Nina Jezierska	City of Leeds Diving Club		
Nancy Moore	Plymouth Diving		
Nancy Piddock	Sandwell Diving Club		
Merri Ahmed	City of Leeds Diving Club		
Madeleine Wood	Amersham Swimming Club		
Lyla Hill	Corby Steel Diving Club		
Jessica Low	Southend Diving		
Imogen Rodenhurst	City of Sheffield Diving Club		
Evelyn Groves	City of Bradford Esprit Diving		
Ella-Grace McCardle	Southend Diving		
Cosima Humphrey	Cambridge Dive Team		
Cleo Norman-Rueda (guest)	Edinburgh Diving Club		
Bella-Grace Oakes	Sandwell Diving Club		
Annabel Hopwood	City of Sheffield Diving Club		
Amelia Crossley	City of Leeds Diving Club		
Ada Bamford	City of Leeds Diving Club		
Reva Chhaya	Tunbridge Wells Diving Club		
Misha Colton	Albatross Diving Club Reading		
Georgie Rogers	Tunbridge Wells Diving Club		
Poppy Smith (guest)	Aberdare Comets Diving Club		
Ines Hernandez Chmurowicz	Dive London Aquatics Club		
Ella Casey	Plymouth Diving		
Poppy Mackie	City of Sheffield Diving Club		

E2 Open (9)

Name	Club	Score	Rank
Albus Walter	Southend Diving		
Anton Reilly	Cambridge Dive Team		
Ryan Drinkall	City of Leeds Diving Club		
Jack Cormack (guest)	Edinburgh Diving Club		

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Edward Nason	Amersham Swimming Club		
Freddie Hesketh	Harrogate District Diving Club		

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Session Five

A Female (16/18) – 1m

Name	Club	Score	Rank
Yuzu Baxendale	Cambridge Dive Team		
Hannah Massey	Southend Diving		
Freya Sisson	Southampton Diving Academy		
Eva Tsang	Cambridge Dive Team		
Poppy Baker	Dacorum Diving Club		

A Open (16/18) – 3m

Name	Club	Score	Rank
James Connery	Corby Steel Diving Club		
Dylan Irwin	City of Leeds Diving Club		
Nathan Jones	West Wilts Diving Club		
James Barnes	Star Diving Club Guildford		

Session Six

D1 Female (10)

Name	Club	Score	Rank
Sienna Mitchell	Southend Diving		
Sasha Wrigley	City of Sheffield Diving Club		
Millie-Rose Lawley	Sandwell Diving Club		
Lucy Tam	Southend Diving		
Lily Piggott-Hague	City of Sheffield Diving Club		
Isabella Ng	Star Diving Club Guildford		
Isabella Walker	City of Leeds Diving Club		
Hartley Williams (guest)	Aberdare Comets Diving Club		

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Georgie Thomas (guest)	Aberdare Comets Diving Club		
Freyja Mundy	Star Diving Club Guildford		
Freya Cawood	City of Leeds Diving Club		
Eva Colman	Plymouth Diving		
Esme Yau	City of Leeds Diving Club		
Ella Suckling	Southend Diving		
Eliza De Cruz	Southend Diving		
Eilidh Wasson (guest)	Edinburgh Diving Club		
Eden Beresford	Sandwell Diving Club		
Darcie Stubbs	Sandwell Diving Club		
Cora Fitzmaurice	Plymouth Diving		
Chloe Velleman	Southend Diving		
Charlotte Wilkinson	City of Leeds Diving Club		
Cadence Ngan	Dive London Aquatics Club		
Blu Anjos	Dive London Aquatics Club		
Bethany Harrison	City of Sheffield Diving Club		
Sandie Bishop	Dive London Aquatics Club		

D1 Open (10)

Name	Club	Score	Rank
Abel Zacharias	City of Sheffield Diving Club		
Jamie Randall	City of Sheffield Diving Club		
Leo Ozkan	Plymouth Diving		
Austin O`Callaghan	City of Sheffield Diving Club		
Christopher Lleshaj	Luton Diving Club		
Parker Harrison	Plymouth Diving		
Harry Clark (guest)	Edinburgh Diving Club		
Daniel Tull	Southampton Diving Academy		
Dylan Fountain	Star Diving Club Guildford		



Session Seven

A Open (16/18) – 1m

Name	Club	Score	Rank
Dylan Irwin	City of Leeds Diving Club		
James Connery	Corby Steel Diving Club		
James Barnes	Star Diving Club Guildford		

A Female (16/18) – 3m

Name	Club	Score	Rank
Oli Tieu	Havering Cormorants DC		
Eva Tsang	Cambridge Dive Team		
Freya Sisson	Southampton Diving Academy		
Yuzu Baxendale	Cambridge Dive Team		
Hannah Massey	Southend Diving		
Poppy Baker	Dacorum Diving Club		

Session Eight

D2 Female (11)

Name	Club	Score	Rank
Willow Sawyer	Southend Diving		
Violet Elford	Plymouth Diving		
Tirana-Kacie Malaj	Southampton Diving Academy		
Ruby Blundell	Burscough Diving Club		
Primrose Rice	Dive London Aquatics Club		
Paige Gaunt	City of Leeds Diving Club		
Maya Saunders	City of Sheffield Diving Club		
Lyra Coulthard	Amersham Swimming Club		
Lucy Freeman	Star Diving Club Guildford		
Olivia Birkett	Plymouth Diving		
Lily Marie Burgin	City of Sheffield Diving Club		
Isla O'Hanlon	Dive London Aquatics Club		

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Hazel Owens	City of Sheffield Diving Club		
Hallie Tonet	Corby Steel Diving Club		
Eva Lebow	Dive London Aquatics Club		
Edie Whatley (guest)	Edinburgh Diving Club		
Daphne Simpson	Southend Diving		
Connie Holt	Sandwell Diving Club		
Bethany Hockaday	Plymouth Diving		
Beth Crooks	City of Sheffield Diving Club		
Ava Rogers	Amersham Swimming Club		
Aria Osborn-Jenkins	Southampton Diving Academy		
Angel Boynton	Dive London Aquatics Club		
Alice Fortt	Southend Diving		
Alana Pulsford	Southampton Diving Academy		
Edith Bell	City of Bradford Esprit Diving		
Olivia Walker	City of Bradford Esprit Diving		
Maisie Sheldon	Sandwell Diving Club		
Sophie Wyand-Mara	Amersham Swimming Club		
Olivia Lynes (guest)	Edinburgh Diving Club		
Abigail Sutcliffe	Southampton Diving Academy		
Ada Butterfield	Albatross Diving Club Reading		
Grace Griffiths (guest)	Aberdare Comets Diving Club		
Yesara Dahanayake (guest)	Edinburgh Diving Club		
Sophie Patterson	City of Leeds Diving Club		

D2 Open (11)

Name	Club	Score	Rank
Sebastian Zanella	Cambridge Dive Team		
Cory Wills	City of Sheffield Diving Club		
Edward Slade	Luton Diving Club		
Sidney Osmond	Plymouth Diving		
Freddy Osmond	Plymouth Diving		

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Madden Murphy	Southend Diving		
Henry Martin	Luton Diving Club		
Zak Langstaff	City of Leeds Diving Club		
James Hughes	Cambridge Dive Team		
Joaquin Bayarri	City of Sheffield Diving Club		
Finley Andrew-Mundy	Plymouth Diving		
Edward Robertson	Dive London Aquatics Club		
Austin Low (guest)	Aberdeen Diving Club		
Teddy Dalley	Plymouth Diving		
Arthur Oxley	Harrogate District Diving Club		