

Swimming NATIONAL WINTER CHAMPIONSHIPS 25M

Swim England National Winter Championships (25m) 2026

10 – 13 December 2026, Ponds Forge, Sheffield

Qualifying Times

Open/Male Born 10 or younger	Open/Male Born 09/08	Open/Male Born 07 or older		Female Born 07 or older	Female Born 09/08	Female Born 10 or younger
25/50m	25/50m	25/50m	Event	25/50m	25/50m	25/50m
24.20	23.70	23.00	50m Freestyle	26.50	26.80	27.00
53.10	51.50	50.30	100m Freestyle	57.20	57.70	58.30
1:56.00	1:53.50	1:51.00	200m Freestyle	2:04.20	2:05.00	2:06.20
4:07.00	4:03.20	3:58.70	400m Freestyle	4:23.50	4:24.50	4:26.00
8:40.00	8:32.00	8:25.40	800m Freestyle	9:05.00	9:07.00	9:10.50
16:40.00	16:23.00	16:18.00	1500m Freestyle	17:35.00	17:40.00	17:45.00
30.50	30.10	28.60	50m Breaststroke	33.00	33.40	34.00
1:06.70	1:05.30	1:02.50	100m Breaststroke	1:11.70	1:12.75	1:13.25
2:26.25	2:23.90	2:18.20	200m Breaststroke	2:36.30	2:37.50	2:39.00
26.30	25.70	24.90	50m Butterfly	28.50	28.75	28.90
58.60	57.10	55.20	100m Butterfly	1:03.00	1:03.50	1:04.00
2:12.90	2:09.00	2:07.00	200m Butterfly	2:21.00	2:22.00	2:22.75
27.20	27.00	26.30	50m Backstroke	29.60	30.00	30.10
59.10	58.00	57.00	100m Backstroke	1:03.50	1:04.00	1:04.50
2:08.50	2:06.50	2:04.90	200m Backstroke	2:18.00	2:19.00	2:20.00
1:01.00	59.50	58.30	100m Ind. Medley	1:05.60	1:06.40	1:06.90
2:12.00	2:08.25	2:05.50	200m Ind. Medley	2:20.50	2:21.30	2:22.20
4:40.00	4:36.00	4:32.00	400m Ind. Medley	5:00.00	5:00.90	5:01.90

Entry times for individual entrants from Swim England, Scottish Swimming or Swim Wales must be recorded in British Rankings, from Swimming Competitions designated or Licensed at Level 1 or 2 since 1 September 2025.

Times can be achieved in either a 50m or 25m pool. The fastest time will be used for entry. There will be no conversions.

Closing date for entries, 12 noon, Wednesday 25 November 2026