

1. GOVERNING RULES & LAWS

- 1.1. This Meet shall be conducted under Swim England Laws, Regulations and Technical Rules of Swimming and these Promoter's Conditions.

2. MEET ADMINISTRATION

- 2.1. The nominated Meet Manager for this meet is Alan Thurlow (alancthurlow@gmail.com)
2.2. The Promoter for these Meet is Nick Hallam (london_region_meets@icloud.com); and
2.3. The Lead Referee is Ralph Shortland (hs.officer@londonswimming.org).

3. GENERAL CONDITIONS

- 3.1. A swimmer's age shall be determined as at midnight on 31st December 2020.
3.2. Closing deadline for entries and full payment is 10pm on 26th February 2020.
3.3. In the interest of safety, to keep the event within the available time booked at the hosting facility and to ensure the smooth running of this Meet, the London Swimming Events Team reserve the right to restrict the number of entries in any given event. In all cases, competitors with the fastest submitted times by age group will take preference.
3.4. London Swimming remind all those attending this Meet (competitors, coaches, team managers, spectators, officials, volunteers, contracted staff etc.) wishing to use cameras, video or digital image capturing devices (including mobile phones) that they should only do so after reference to their obligations and the recommendations laid down in Wavepower 2016-2019, the Swim England Child Safeguarding Policy & Procedures and other Swim England Photography guidance. Your adherence to the guidelines and vigilance during the event will assist in our efforts to avoid the misuse of such equipment and the images/videos produced.
3.5. With the specific exception of official photographers appointed by London Swimming, flash photography is prohibited at all times during the Meet.
3.6. All meet attendees must respect the privacy and wishes of all other users of the facilities, regardless of their celebrity status.
3.7. A secondary strobe and backstroke starting ledges will be available.

4. DATA PROTECTION.

- 4.1. We will process personal data submitted by the swimmer or their club in accordance with the current Privacy Notice published by London Swimming. With respect to this meet we will process personal data for the legitimate purpose of running the gala. The items of personal data processed are name, Swim England number, date of birth, and gender. During the gala we will process name, gender and competition age in reports for the legitimate purpose of running the gala efficiently. At the end of the gala we will process name, gender, Swim England number and date of birth in the electronic submission made to British Rankings. We will also make this information available on request to the club of the swimmer as the data controller.
4.2. After the gala the personal data processed will be stored securely in both document and electronic formats for 12 months and then erased. This period of storage permits the accurate response to enquiries about the gala and provides statistical information for the purpose of designing the following year's gala. No personal data will remain on any electronic timing systems used to run the gala. You have the right to have your personal data erased from our systems if you have withdrawn from the gala. You also have the right to object to the processing of your personal data. In both cases, please make your request to the promoter.

5. FOOD, DRINKS & REFRESHMENTS.

- 5.1. Spectators ARE NOT permitted to bring any food/drinks/refreshments into the London Aquatic Centre, regardless of purpose or intent. Only refreshments that have been purchased on site may be consumed in the communal areas and spectators seating areas.
5.2. Swimmers/Coaches/Poolside Supervisors ARE permitted to bring food/drinks/refreshments into the facility.
5.3. In the circumstance that food/drinks/refreshments are consumed on the poolside/deck, the swimmers/coaches/supervisors club are considered responsible for the management/collection of the waste produced.

5.4. In the circumstance that waste/refuse is not collected and disposed of by a club, that club will be liable for the full payment of any additional cleaning charge levied by the operators of the facility.

6. ELIGIBILITY FOR ENTRY

- 6.1. The Meet is open to eligible competitors, as defined by the Swim England, who are members of clubs affiliated to Swim England, SASA, WASA and competitors from one of the countries affiliated to FINA (Foreign Competitors).
- 6.2. For all events, the London Swimming Events Team have defined Long Course and Short Course entry qualifying times. Swimmers may enter if they have achieved either time in the relevant pool length. No converted times are permitted. *Note that short course times have been generated from the long course times using Swim England’s Equivalent Performance Tables.*
- 6.3. Competitors must have equalled or bettered the published entry qualifying time at an event licensed at Levels 1, 2 or 3 by Swim England or WASA, or Levels 1 or 2 by the SASA, or an event outside of Great Britain. For UK registered swimmers, the entry time must be registered on the Swim England rankings database. For Foreign competitors, entry times must be recorded in the FINA Rankings or in official results from a National Governing Body sanctioned competition.
- 6.4. By submitting an entry to this Meet, a competitor - or in the case of a competitor being under 18 years of age during the meet, the competitor’s legal guardians – attest to the fitness and ability of the competitor to complete the event without foreseeable injury or incident and without causing delay to the event schedule.

7. VENUES

7.1. The locations and dates of competition are shown in the following table:

Dates	Licence No.	Locations	Events
14/15 March 2020	1LR200423	London Aquatics Centre, Queen Elizabeth Olympic Park, Stratford, London	All events

8. EVENTS

8.1. The following tables detail the schedule of events:

Session: 1 14 March 2020, Warm Up 8am	Session: 2 14 March 2020, Warm Up TBA	Session: 3 14 March 2020, Warm Up TBA
Boys 11 & Over 1500 Freestyle	Boys 11 & Over 800 Freestyle	Boys 11 & Over 200 Freestyle
Girls 11 & Over 100 Freestyle	Girls 11 & Over 400 Freestyle	Girls 11 & Over 200 IM
Boys 11 & Over 200 Backstroke	Boys 11 & Over 50 Freestyle	Boys 11 & Over 50 Butterfly
Girls 11 & Over 50 Breaststroke	Girls 11 & Over 200 Breaststroke	Girls 11 & Over 50 Backstroke
Boys 11 & Over 100 Breaststroke	Boys 11 & Over 200 Butterfly	Boys 11 & Over 100 Backstroke
Girls 11 & Over 400 IM	Girls 11 & Over 100 Butterfly	

Session: 4 15 March 2020, Warm Up 8am	Session: 5 15 March 2020, Warm Up TBA	Session: 6 15 March 2020, Warm Up TBA
Girls 11 & Over 1500 Freestyle	Girls 11 & Over 800 Freestyle	Girls 11 & Over 200 Freestyle
Boys 11 & Over 100 Freestyle	Boys 11 & Over 400 Freestyle	Boys 11 & Over 200 IM
Girls 11 & Over 200 Backstroke	Girls 11 & Over 50 Freestyle	Girls 11 & Over 50 Butterfly
Boys 11 & Over 50 Breaststroke	Boys 11 & Over 200 Breaststroke	Boys 11 & Over 50 Backstroke
Girls 11 & Over 100 Breaststroke	Girls 11 & Over 200 Butterfly	Girls 11 & Over 100 Backstroke
Boys 11 & Over 400 IM	Boys 11 & Over 100 Butterfly	

9. ENTRY FEES

- 9.1. The entry fee for each event (with the specific exception of the 800m & 1500m Freestyle events) shall be £7.50.
- 9.2. The entry fee for the long-distance events (specifically the 800m & 1500m Freestyle events) shall be £10.00. Please note that we are targeting only three heats each of the 800m and 1500m event to be run during this meet and that in accordance with Clause 3.3, competitors with the faster submitted times will take preference.

- 9.3. Full payment for entries submitted must be received by the Meet Manager on or before the stated entry deadline.
- 9.4. Entries will not be accepted from clubs with an outstanding debt to London Swimming.
- 9.5. Refunds will not be considered with the specific exception where Clause 3.3 has been exercised.

10. ENTRY PROCEDURE FOR ALL EVENTS

- 10.1. An Events file containing the full schedule of events and all qualifying times/criteria is available for download from the London Swimming website. This file should be used in conjunction with the “Hy-Tek Team Manager” software application. This is a licensable fully-featured application, however a free-to-download “Lite” edition of the software for handling meet entries only may be obtained by visiting <https://hytek.active.com/downloads.html>. The events file is also compatible for use with Team Unify and other compatible software applications.
- 10.2. Entry files from Team Unify, and other compatible software application, are acceptable for entry.
- 10.3. All Club entries must complete a Meet Summary form.
- 10.4. The London Swimming Events Team reserves the right to issue a penalty fine to clubs for submitting incorrect entries.

11. COACHES/CHAPERONES/PHYSIOTHERAPISTS/PERSONAL CARE ATTENDANTS

- 11.1. All coaches/chaperones/team managers/physiotherapists and personal care attendants who wish to be on deck/poolside during the event must have a valid Pass.
- 11.2. Passes must be clearly displayed at all times when on deck/poolside.
- 11.3. Passes are made available to clubs and their coaches to ensure the safety and wellbeing of their swimmers. Clubs must ensure there are enough adults on poolside with valid passes to provide adequate supervision.

12. QUALIFYING TIMES

- 12.1. The Qualifying Times for entry are set out in the following tables. Qualifying times are given as short course and long course times for all events. Swimmers may enter if they have achieved either time in the relevant pool length. No converted times are permitted. *Note that short course times have been generated from the long course times using the ASA’s Equivalent Performance Tables.*

GIRLS LONG COURSE QUALIFYING TIMES

Gender	Distance	Stroke	11/12	13	14	15	16	17	18&Over
Female	50m	Freestyle	33.08	32.05	31.11	30.39	30.39	30.39	30.08
Female	100m	Freestyle	1:12.66	1:10.05	1:07.98	1:06.62	1:06.62	1:06.62	1:04.63
Female	200m	Freestyle	2:37.86	2:30.54	2:27.14	2:25.23	2:24.71	2:24.20	2:22.14
Female	400m	Freestyle	5:24.09	5:13.63	5:10.03	5:10.03	5:08.23	5:06.60	4:57.15
Female	800m	Freestyle	11:03.87	10:42.95	10:32.49	10:31.39	10:30.36	10:29.85	10:27.27
Female	1500m	Freestyle	22:07.73	21:25.89	21:04.98	21:02.78	21:00.72	20:59.69	20:54.54
Female	50m	Breaststroke	43.91	42.24	40.64	39.68	39.68	39.68	39.68
Female	100m	Breaststroke	1:36.18	1:32.00	1:29.91	1:29.33	1:27.60	1:27.60	1:26.74
Female	200m	Breaststroke	3:28.34	3:20.49	3:17.19	3:11.76	3:11.64	3:11.64	3:11.53
Female	50m	Butterfly	37.11	35.34	33.91	33.53	33.53	32.88	32.18
Female	100m	Butterfly	1:25.73	1:21.55	1:17.36	1:15.39	1:14.62	1:14.62	1:13.59
Female	200m	Butterfly	3:09.22	2:59.29	2:54.58	2:51.64	2:50.11	2:50.11	2:49.05
Female	50m	Backstroke	39.14	37.04	35.61	35.00	35.00	35.00	34.61
Female	100m	Backstroke	1:22.59	1:19.45	1:18.00	1:16.76	1:16.76	1:16.76	1:16.09
Female	200m	Backstroke	2:52.49	2:48.84	2:45.71	2:45.58	2:45.47	2:45.47	2:44.72
Female	200m	IM	3:00.86	2:52.49	2:49.36	2:46.55	2:45.47	2:44.00	2:43.20
Female	400m	IM	6:16.36	6:05.91	5:57.22	5:57.22	5:56.58	5:56.58	5:55.81

GIRLS SHORT COURSE QUALIFYING TIMES

Gender	Distance	Stroke	11/12	13	14	15	16	17	18&Over
Female	50m	Freestyle	32.45	31.31	30.39	29.66	29.66	29.66	29.36
Female	100m	Freestyle	1:11.38	1:08.80	1:06.64	1:05.30	1:05.30	1:05.30	1:03.24
Female	200m	Freestyle	2:35.53	2:28.11	2:24.61	2:22.66	2:22.14	2:21.63	2:19.57
Female	400m	Freestyle	5:19.51	5:08.90	5:05.19	5:05.19	5:03.33	5:01.69	4:52.11
Female	800m	Freestyle	10:54.57	10:33.35	10:22.74	10:21.61	10:20.57	10:20.06	10:17.38
Female	1500m	Freestyle	21:51.09	21:08.75	20:47.54	20:45.27	20:43.21	20:42.18	20:36.93
Female	50m	Breaststroke	43.16	41.41	39.86	38.83	38.83	38.83	38.83
Female	100m	Breaststroke	1:34.76	1:30.54	1:28.37	1:27.86	1:26.11	1:26.11	1:25.18
Female	200m	Breaststroke	3:25.59	3:17.66	3:14.36	3:08.80	3:08.70	3:08.70	3:08.59
Female	50m	Butterfly	36.57	34.81	33.27	32.96	32.96	32.24	31.52
Female	100m	Butterfly	1:24.77	1:20.55	1:16.32	1:14.26	1:13.54	1:13.54	1:12.51
Female	200m	Butterfly	3:07.46	2:57.37	2:52.63	2:49.64	2:48.10	2:48.10	2:47.07
Female	50m	Backstroke	38.63	36.46	35.02	34.40	34.40	34.40	33.99
Female	100m	Backstroke	1:21.58	1:18.38	1:16.94	1:15.60	1:15.60	1:15.60	1:14.98
Female	200m	Backstroke	2:50.46	2:46.76	2:43.56	2:43.46	2:43.36	2:43.36	2:42.53
Female	200m	IM	2:58.50	2:50.05	2:46.86	2:43.98	2:42.95	2:41.40	2:40.58
Female	400m	IM	6:11.42	6:00.81	5:51.95	5:51.95	5:51.33	5:51.33	5:50.51

BOYS LONG COURSE QUALIFYING TIMES

Gender	Distance	Stroke	11/12	13	14	15	16	17	18&Over
Male	50m	Freestyle	32.81	31.57	29.79	28.64	28.31	27.78	26.27
Male	100m	Freestyle	1:12.44	1:09.35	1:05.52	1:02.82	1:02.55	1:01.26	57.50
Male	200m	Freestyle	2:36.82	2:28.98	2:23.98	2:22.15	2:15.28	2:13.69	2:12.07
Male	400m	Freestyle	5:28.27	5:14.68	5:07.28	5:01.31	4:56.11	4:45.31	4:42.01
Male	800m	Freestyle	11:12.96	10:45.08	10:29.92	10:17.68	10:07.04	9:44.89	9:38.13
Male	1500m	Freestyle	21:36.36	20:44.09	19:46.59	19:38.19	19:14.29	18:56.09	18:38.89
Male	50m	Breaststroke	43.88	41.82	38.98	37.50	37.50	37.50	35.86
Male	100m	Breaststroke	1:37.16	1:32.92	1:27.44	1:23.97	1:22.09	1:20.04	1:18.18
Male	200m	Breaststroke	3:27.00	3:14.45	3:11.49	3:09.26	2:56.18	2:56.18	2:47.79
Male	50m	Butterfly	36.62	35.28	32.77	31.11	30.54	30.08	28.20
Male	100m	Butterfly	1:26.77	1:19.45	1:15.23	1:12.79	1:10.30	1:06.95	1:02.73
Male	200m	Butterfly	3:10.27	2:56.68	2:46.22	2:45.25	2:34.55	2:34.55	2:27.19
Male	50m	Backstroke	38.57	37.74	35.08	33.99	33.99	33.16	32.45
Male	100m	Backstroke	1:24.42	1:19.45	1:16.74	1:14.74	1:14.74	1:11.17	1:08.37
Male	200m	Backstroke	2:57.73	2:48.32	2:43.09	2:42.34	2:42.01	2:37.59	2:34.29
Male	200m	IM	2:59.59	2:49.36	2:44.98	2:42.01	2:37.15	2:29.66	2:27.74
Male	400m	IM	6:25.78	6:05.91	5:50.22	5:47.26	5:32.24	5:24.45	5:18.78

BOYS SHORT COURSE QUALIFYING TIMES

Gender	Distance	Stroke	11/12	13	14	15	16	17	18&Over
Male	50m	Freestyle	32.14	30.90	29.05	27.91	27.50	26.99	25.44
Male	100m	Freestyle	1:11.17	1:08.08	1:04.17	1:01.39	1:01.08	59.84	55.93
Male	200m	Freestyle	2:34.40	2:26.47	2:21.42	2:19.57	2:12.56	2:10.91	2:09.27
Male	400m	Freestyle	5:23.73	5:09.93	5:02.41	4:56.33	4:51.08	4:40.06	4:36.66
Male	800m	Freestyle	11:03.73	10:35.51	10:20.16	10:07.70	9:56.88	9:34.33	9:27.43
Male	1500m	Freestyle	21:19.36	20:26.32	19:28.02	19:19.47	18:55.16	18:36.62	18:19.22
Male	50m	Breaststroke	43.16	40.99	38.11	36.57	36.57	36.57	34.92
Male	100m	Breaststroke	1:35.79	1:31.46	1:25.90	1:22.40	1:20.44	1:18.38	1:16.43
Male	200m	Breaststroke	3:24.25	3:11.58	3:08.49	3:06.33	2:52.94	2:52.94	2:44.39
Male	50m	Butterfly	36.05	34.71	32.14	30.49	29.87	29.36	27.50
Male	100m	Butterfly	1:25.80	1:18.38	1:14.16	1:11.69	1:09.11	1:05.71	1:01.39
Male	200m	Butterfly	3:08.49	2:54.79	2:44.18	2:43.26	2:32.34	2:32.34	2:24.92
Male	50m	Backstroke	38.01	37.18	34.51	33.37	33.37	32.55	31.83
Male	100m	Backstroke	1:23.43	1:18.38	1:15.60	1:13.54	1:13.54	1:09.94	1:07.16
Male	200m	Backstroke	2:55.72	2:46.24	2:40.89	2:40.16	2:39.86	2:35.32	2:32.03
Male	200m	IM	2:57.26	2:46.86	2:42.43	2:39.44	2:34.50	2:26.88	2:24.92
Male	400m	IM	6:20.89	6:00.81	5:44.84	5:41.86	5:26.61	5:18.68	5:12.91

13. MEET PROCEDURE

13.1. WITHDRAWAL SYSTEM

- 13.1.1. A withdrawal system will be in operation. Competitors who are not intending to swim (or their representatives) must submit their withdrawal either electronically by email to the Meet Manager before Midday on Friday 13th March 2020 (the day before the start of the competition), or at the Withdrawals table at the pool by completing an official withdrawal form no later than 50 minutes before the advertised starting time of the first event in each session.
- 13.1.2. Heat start lists for each event will be posted before each session starts and it is the competitor's responsibility to ensure their name appears on the list prior to the start time of the session. Failure to report to the Clerks of the Course prior to an event shall forfeit the competitor's right to compete.
- 13.1.3. All events shall be decided on a Heat Declared Winner (HDW) basis i.e. on individual heat time.

14. AWARDS

- 14.1. The first, second and third placed individual in the following age categories of each event shall be awarded medals; 11/12 yrs., 13 yrs., 14 yrs., 15 yrs., 16 yrs., 17 yrs, 18+yrs
- 14.2. There shall be no official presentation of medals.
- 14.3. Medals will be available for personal collection from the Presentation Desk subsequent to the publishing of the official results for each event.
- 14.4. Medals not collected during the meet will not be made available subsequent to the meet.

15. DISPUTES

- 15.1. Any dispute, for which the foregoing Conditions do not provide, shall be determined by the London Swimming Events Team.

16. BANK ACCOUNT FOR PAYMENT OF ENTRY FEES/COACH PASSES/FINES

- 16.1. SORT CODE: 40-20-09
- 16.2. ACCOUNT NUMBER: 41469932
- 16.3. ACCOUNT NAME: Swim England London
- 16.4. PAYMENT REFERENCE: [CLUB CODE] or [COMPETITOR SURNAME] + "LONOPN20"